Solemnity of the Body & Blood of Christ

02 JUNE 2024

Pro-Cathedral of the Assumption

480 McIntyre Street West - North Bay, Ontario - P1B 2Z4

Welcome to our Families on this First Communion Sunday!



In the first reading, Moses and the people offer sacrifices to God. The author of the second reading emphasizes that Christ sacrificed his own blood, an offering far greater than an animal. In the Gospel, Jesus sends his disciples to prepare for Passover. While they were eating, Jesus blessed bread and wine and gave it to his disciples, saying, this is my body, and this is my blood of the covenant. As we celebrate the solemnity of the Most Holy Body and Blood of Christ, we give thanks in a particular way for Christ's perfect offering of himself as the eternal sacrifice. In ancient times, sacrifices of animals, material goods, or even humans were offered to divine entities. These were ritual ceremonies forced upon the people as an act of worship or placation. Jesus, in revealing to all the one, true God, offers his own body and blood for our salvation. This perfect sacrifice has united us to the Father once more, and is the source and summit of our life in Christ.

Our Parish Mission Statement

We, the members of the Pro-Cathedral of the Assumption community, believe that we have been called through Baptism to live the Good News of Jesus Christ under the patronage of Mary, our Mother. We accomplish this by proclaiming the Word, celebrating the Sacraments, & reaching out to others.

Most Rev. Thomas Dowd, D.D.
Bishop of the Diocese of Sault Ste. Marie

Rev. Larry Rymes
Pastor of the Pro-Cathedral Parish

PERMANENT MINISTERS

Deacons	*Diocesan Order of Women*
Rev. Mr. Albert Falconi	Mrs. Shirley Falconi
Rev. Mr. Donald Shago	Mrs. Norma Milligan
Rev. Mr. Rick Hamelin	Miss Ruth Godon
Rev. Mr. Gary Westenenk	

IN RESIDENCE

Rev. Joseph de Viveiros, CR Chaplain, Nipissing-Parry Sound District Schools

Our faith community dates back to 1886 when we were **originally located on Main Street West and called St. Mary's of** the Lake. The cornerstone of the existing Cathedral was laid in 1904. The history of our parish is recorded in the memories of thousands of people who built our community.



(705) 472-3970

office@procathedral.ca

www.procathedral.ca

facebook.com/procathedral

Parish Sacraments



Marriage: Please pick up a Marriage Information Booklet in the Church Vestibule to review prior to contacting the parish office.

Anointing the Sick: Please call the parish office for more information.

Reconciliation: 3:00 to 3:45 PM each Saturday.

Eucharist: Please see mass schedule published in this bulletin. Call the parish office to arrange for a Eucharistic Minister to visit the sick and shut-in who are unable to attend Mass.

Adoration of the Blessed Sacrament: Each Friday from 11:00 am until 12:00 noon.

Baptism: Please pick up a Baptism Information Booklet in the Church Vestibule to review prior to contacting the parish office.

The Pro-Cathedral is **wheel chair accessible**. The entrance to the elevator is on Algonquin Avenue. Please enter the vestibule and ring the bell for an attendant. Service available at all weekend Masses. Weekday Masses service available 11:30 AM to 12:45 PM. A **Hearing Aid System** is available for use by the hearing impaired. Please ask an Usher or Sacristan to assist you upon entering the church.

OFFICE HOURS THIS WEEK

Monday	**OFFICE CLOSED**
Tuesday to Thursday	**8:30 AM to 4:30 PM**
Friday	**8:30 AM to 12:00 NOON**

READINGS FOR THE WEEK

Monday	2 Peter 1. 1-7; Mark 12. 1-12
Tuesday	2 Peter 3. 12-15a, 17-18; Mark 12. 13-17
Wednesday	2 Timothy 1. 1-3, 6-12; Mark 12. 18-27
Thursday	2 Timothy 2. 8-15; Mark 12. 28-34
Friday	Hosea 11. 1-4, 8ac-9; Ephesians 3. 8-12, 14-19; John 19. 31-37
Saturday	Isaiah 61. 9-11; Luke 2. 41-51
Sunday	Genesis 3. 8-15; 2 Corinthians 4. 13-5.1; Mark 3. 20-35

What's Happening at the Cathedral This Week
Monday to Sunday, 03 ~ 09 June

Date	Time	Location	Event
Monday	6:30 PM	Hall	CWL Rehearsal
Tuesday	10-Noon	Hall	CWL Meeting Preparation
Wednesday	5:30 PM	Hall	CWL June Meeting with Service Award Presentation
Thursday	6:30 PM	Church	Choir Practice
Sunday	12:15 PM	Church	Baptisms

THIS WEEKEND - 02 JUNE - REMINDER
There is no Liturgy of the Word with Children this weekend so that families who have children celebrating First Communion can be together.

✝ MEMORIAL FUND ✝



The following name has been received at the request of donors in memory of our deceased friends and relatives:

LILA LEGAULT



The Pro-Cathedral Prayer Line consists of a group of parishioners who pray for the needs of others.

Concerns great and small are presented to the Lord on your behalf.

If you have a prayer request *or would like to join the group* call Sister Shirley McNamara at 474-3800, Ext. 295 or Lorraine Atchison at 474-0613

Sunday Collection - 26 May

Sunday Offering	Building Fund
$3,772.50	$828.00

ROOF CAMPAIGN REPORT to 26 May 2024	
Roof Campaign Balance	$59,230.68
Sunday, 26 May Collection Roof Loose 33 Receipted Donations	 $585.15 $679.10
Orchard Gift Card Sales 72 Cards X $5.00 Profit	$360.00 Profit to Date: $1,225.00
Twiggs Gift Card Sales 9 Cards X $5.00 Profit	$45.00 Profit to Date: $115.00
NEW CAMPAIGN BALANCE	$60,899.93

MASSES THIS WEEK

Tuesday, June 4 - Weekday in Ordinary Time - 12:05 PM
Intention of Kristy and Nicholas Beaulieu - Karen Beaulieu
In Thanksgiving to the Blessed Virgin Mary - Arthur & Lucille Schiavo

Wednesday, June 5 - Memorial of St. Boniface - 12:05 PM
Intention of Richard Levesque Jr. - Richard Levesque
Int. of Living and Deceased Members of the Catholic Women's League

Thursday, June 6 - Weekday in Ordinary Time - 12:05 PM
Lloyd Voisin - The Voisin Family
Glenna McAuley - Jean and June McAuley

Friday, June 7 - Solemnity The Sacred Heart of Jesus - 12:05 PM
Milan Hlusek - Emilia and Michelle
Sam and Lillian Veraldi - Myrtle Veraldi

Saturday, June 8 - Tenth Sunday in Ordinary Time - 4:00 PM
Serafim Carreiro - The Family
Intention of Ben and Helen Vaillancourt - A Friend

Sunday, June 9 - Tenth Sunday in Ordinary Time
9:00 AM Taylor Hagg - Goulais and Durand Families

11:00 AM Int. of the Pro-Cathedral Parishioners - Fr. Larry Rymes



Adoration of the Blessed Sacrament
Each Friday 11 AM - NOON



Blessed white candles are available immediately before and after all masses on the weekend and weekdays. You may enter the Sacristy to pick up and light a vigil candle. At that time you may place your candle on the stand. An offering of $5 per candle is suggested to help defray costs.



TAKE THE CAMPAIGN

LOOSE CHANGE CHALLENGE!

To reach our goal this year of raising $200,000 for our campaign, we take a LOOSE CHANGE SECOND COLLECTION for the Roof at our Masses.

We currently average about $450 in LOOSE donations in this collection. If someone donates in an envelope that has their name on it to receive a tax donation – *it is NOT included in this total.* The challenge is to match the loose collection only.

If you would like to take the Loose Change Challenge– contact the parish office. You can choose the weekend you would like to do this and your donation can be acknowledged or remain anonymous.

Solemnity of the Body & Blood of Christ



It takes only a few moments of holding one's breath to realize how desperately we need oxygen to survive. If only we were always as cognizant and mindful of the importance of the Eucharist for the same reason! Today's solemnity is a powerful reminder not to take the Eucharist for granted. It is the Church's formal and official homage to Jesus Christ who, "with his own blood" obtained for us eternal redemption. St. Thomas Aquinas offers this description of how wonderful, precious, and important the Eucharist is with the following words: "The only-begotten Son of God, wishing to enable us to share in his divinity, assumed our nature, so that by becoming man he might make us gods." (Opusc. 57, 1-4) Like the disciples on the night of the Last Supper, we, too, receive the body and blood of Jesus under the appearance of bread and wine. He dwells within us, intercedes for us, and through grace he transforms us.

Spending time with our Lord at Eucharistic adoration is a profound opportunity to open our hearts to him. Just as we know that we cannot love others well if we don't love ourselves, likewise we cannot share the love of Christ with others well if we don't take time to allow Christ to enter our hearts and our lives. By taking the time to talk to Jesus and listen, we can, in turn, witness to his love to others. We can use this time to pray for a specific person, seek help with a personal dilemma, or ask the Lord to show us where we need repentance and conversion in our own lives so as to be more like him. The more we are conformed to Christ, the better we can bring Christ to the world.

Draw closer to the Lord through a talk on the meaning of the Eucharist by watching "The Real Presence of Jesus in the Eucharist" with Bishop Robert Barron under LINKS on our website at procathedral.ca

Catholic Women's League

Reminder: One of the Mass intentions at the noon Mass on the first Wednesday of every month is for the living and deceased members of our CWL. Attend this Mass and celebrate our CWL sisterhood.

You can now e-transfer your CWL Membership by sending your $40 fee to: 480cwlpro@gmail.com

You can also drop off a cheque in the collection or to the parish office. Be sure to print your name and address on your envelope when doing this and mark it clearly: "CWL MEMBERSHIP" Membership Cards for 2024 will only be issued to members who require one. This can be done by making a request by email to passmorebe@gmail.com or by phoning 474-0447. Thank you!

DID YOU GET YOUR CWL MEMBERSHIP THIS YEAR YET? IT'S NOT TOO LATE!



CATHOLIC GIRLS LEAGUE NEWS!

Here I Am Lord, Send Me!

Faith & Friendship in Action - On Saturday, May 25th, the Catholic Girls League (CGL) supported the Compassionate Committee for the Homeless in North Bay (made up of CWL members and representatives from churches of other faith denominations) by helping with the committee's annual *Backpacks of Love Campaign*. The girls helped sort and fill 100 backpacks which will be distributed amongst various front line support organizations in North Bay who will then distribute them to unhoused clients in need.

Way to go girls for your hearts of faith and service!!

The Catholic Girls League are made up of girls from 10-17 years of age who follow the four pillars of:

- ✞ Faith - spiritual activities
- ✞ Friendship - activities involving service and social action
- ✞ Fun - social activities
- ✞ Formation - activities related to membership & training

If you would like to know more or are interested in joining, please contact Katie Laporte at: 705-492-5632



Here's the Dish!



Thank you to everyone who supported our youth by donating to the ice cream fundraiser last weekend! The Pro-Cathedral raised $861.50 to help the youth attend a summer youth conference in Ohio this July. With the support of the local Catholic parishes, we were able to raise $2,938.15 for the trip!



Watch for information on the next fundraiser - a CAR WASH on June 29 -

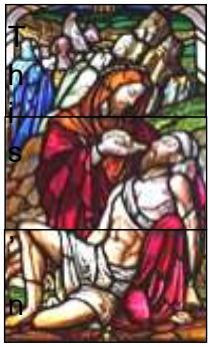


A huge thank you to everyone who donated to our April Food Bank Collection. Your support was wonderful and generous!

If you are out shopping before our next collection and see non-perishable items on sale, why not pick up a few extras to donate at the end of the month? Thank you!

- Food Bank Sunday -
Last Sunday of the Month at all Masses

THE GOOD SAMARITAN CORNER



North Bay Demonstrates Generosity and Compassion in Record Numbers

The community of North Bay has, once again, stepped up to support those of its members in need. Continuing the Backpacks of Love with the fifth campaign, the Compassionate Committee for the Homeless in North Bay put a call out to the community to give generously.

The committee of volunteers packed a record number of 100 backpacks filled with donated toothbrushes, toothpaste, soaps, antiperspirant, lip balm, socks, emergency blankets, ball caps, and more. Backpacks were donated to The Gathering Place, the AIDS Committee of North Bay, True Self, Boots on the Ground, Catholic Charities and Open Arms Café; frontline organizations who provide much-needed assistance to the homeless in North Bay.

New this year were several volunteers from the Pro-Cathedral Catholic Girls League and their group leaders. Many hands truly made for light work as the backpacks were packed on Saturday, May 25 in record time!

"Once again, we had a great outpouring of generosity and compassion from the community!" stated Leah Pierce, chairperson for the Compassionate Committee for the Homeless in North Bay. "A heartfelt thank-you to the North Bay churches who donated record numbers of socks, businesses, organizations, and individuals who donated essential items and monies during the drop-off day."

The Compassionate Committee for the Homeless in North Bay was created in February 2021, and based on research conducted, the Backpacks of Love campaign was born. "With 10 churches involved, and 17 volunteers through faith, service and social justice we are addressing the urgent needs of the homeless and are engaging with all levels of government to ensure that homelessness is front and centre in the political arena," states Leah Pierce.

The committee is made up of the faithful from churches primarily in North Bay's downtown, who have joined together to address the immediate needs of the homeless. Its goal is to work with all levels of government, existing support services and organizations to find homes for the homeless who want them. Each committee member has received a calling by the Holy Spirit to help the homeless.

For more information about the Compassionate Committee for the Homeless in North Bay visit https://www.facebook.com/compassionatecommitteeofnorthbay or contact Leah Pierce at 705-472-5687 or at CompassionNorthBay@gmail.com

REMINDER
The Pro-Cathedral can Accept E-transfer Donations at music.finance@procathedral.ca



OUR CHURCH NEEDS YOUR HELP!

To Purchase Tickets Visit:

www.rafflebox.ca/raffle/procathedral

Licence #RAF1355768

4th Annual Catholic Family Retreat: August 3-5—registration now open! Held at Sacred Way Farms, Powassan. Theme this year is from the Book of Esther "A Time Such as This" and our Retreat Leaders are Chris & Katie Bray! Join us for prayer, family fun, activities and inspiring talks! Optional Camping is available on the property. For full schedule, more information and to register, visit: holynamestalphonsus.com/familyretreat

Come Sing With Us! Baytones Harmony Chorus Inc—North Bay's Women's Acapella. Every Wednesday evening 6:30-8:30 PM at St. Andrew's United Church (McIntyre entrance) Contact Janet at 705-662-2770 or baytonesmembership@gmail.com

First Nations Pilgrimage June 14, 15, Martyrs' Shrine, Midland Ontario: Friday Evening 7 pm to Saturday evening. Admission: Indigenous free with proof of status card, Non-Indigenous: $10.00 Under 18 - Free. Responsible for own accommodations: Call Anishinabe Spiritual Centre (705-869-4994) to reserve for free lunch, information, and schedule of events.

Community Living North Bay looking for compassionate host families to open their hearts and homes to an adult with an intellectual disability. Reach out to familyhomje@clnb.org or 476-5117 ext. 225 for more information about renumeration, support and relief.

Pray During the Day! Holy Name is open daily Tues-Fri, 11:30am to 4:30pm for prayer in front of Jesus in the Blessed Sacrament. You can pop in at any time, for how long or how short you would like. We need adorers—call Karen at 495-6675 if you can help.

EDGE for students in Grades 6, 7 & 8 - Thursdays from 6:30pm to 8pm. Students are welcome to join us for games, music, prayer, friends and faith at Holy Name of Jesus Church Visit for more info: www.holynamestalphonsus.com/edge

That Man is You! is an interactive men's program that combines the latest findings of modern science with the teachings of the Church and the wisdom of the saints to develop authentic male leaders capable of transforming themselves, their families and greater society. Food, fellowship and faith at 7:00 AM at St. Peter's. For more information or to register visit: tmiynorthbay.ca