17 MARCH 2024

FIFTH SUNDAY IN LENT

PRO-CATHEDRAL OF THE ASSUMPTION

480 McIntyre Street West - North Bay, Ontario - P1B 2Z4

March 17 - Solidarity Sunday - Share Lent Collection this Weekend



Jeremiah prophesies the Lord will one day establish a new covenant with his people whereby he will write his law *upon their hearts*. The author of Hebrews says that Jesus' *prayers and supplications* were heard because of his reverence. In the Gospel, Jesus tells his disciples that the time for him to fulfill his purpose is upon him. We want to serve and follow the Lord, but we also want to enjoy our lives and ensure that our children and grandchildren have a good life. In today's Gospel, Jesus challenges us to choose the Lord first, and the Father will honor whoever serves him. Choosing the path of surrender in service to him glorifies God and allows us to produce much fruit, including care for our own families.

Our Parish Mission Statement

We, the members of the Pro-Cathedral of the Assumption community, believe that we have been called through Baptism to live the Good News of Jesus Christ under the patronage of Mary, our Mother. We accomplish this by proclaiming the Word, celebrating the Sacraments, & reaching out to others.

Most Rev. Thomas Dowd, D.D.
Bishop of the Diocese of Sault Ste. Marie

Rev. Larry Rymes
Pastor of the Pro-Cathedral Parish

PERMANENT MINISTERS

Deacons	*Diocesan Order of Women*
Rev. Mr. Albert Falconi	Mrs. Shirley Falconi
Rev. Mr. Donald Shago	Mrs. Norma Milligan
Rev. Mr. Rick Hamelin	Miss Ruth Godon
Rev. Mr. Gary Westenenk	

IN RESIDENCE

Rev. Joseph de Viveiros, CR Chaplain, Nipissing-Parry Sound District Schools

Our faith community dates back to 1886 when we were **originally located on Main Street West and called St. Mary's of** the Lake. The cornerstone of the existing Cathedral was laid in 1904. The history of our parish is recorded in the memories of thousands of people who built our community.



(705) 472-3970

office@procathedral.ca

www.procathedral.ca

facebook.com/procathedral

Parish Sacraments



Marriage: Please pick up a Marriage Information Booklet in the Church Vestibule to review prior to contacting the parish office.

Anointing the Sick: Please call the parish office for more information.

Reconciliation: 3:00 to 3:45 PM each Saturday.

Eucharist: Please see mass schedule published in this bulletin. Call the parish office to arrange for a Eucharistic Minister to visit the sick and shut-in who are unable to attend Mass.

Adoration of the Blessed Sacrament: Each Friday from 11:00 am until 12:00 noon.

Baptism: Please pick up a Baptism Information Booklet in the Church Vestibule to review prior to contacting the parish office.

The Pro-Cathedral is **wheel chair accessible**. The entrance to the elevator is on Algonquin Avenue. Please enter the vestibule and ring the bell for an attendant. Service available at all weekend Masses. Weekday Masses service available 11:30 AM to 12:45 PM. A **Hearing Aid System** is available for use by the hearing impaired. Please ask an Usher or Sacristan to assist you upon entering the church.

OFFICE HOURS THIS WEEK

Monday to Thursday	**8:30 AM to 4:30 PM**
Friday	**8:30 AM to 12:00 NOON**

READINGS FOR THE WEEK

Monday	**Dan. 13. 1-9, 15-17, 19-30, 33-64; John 8. 1-11**
Tuesday	2 Samuel 7. 4-5a, 12-14a, 16; Romans 4. 13, 16-18, 22; Luke 2. 41-51a
Wednesday	**Dan. 3. 13-20, 24, 49-50, 91-95; John 8. 31-42**
Thursday	Genesis 17. 3-9; John 8. 51-59
Friday	**Jeremiah 31. 10, 11-12ab, 13; John 11. 45-56**
Saturday	Ezekiel 37. 21-28; John 11. 45-56q
Sunday	Mark 11. 1-10; Isaiah 50. 4-7; Philippians 2. 6-11; Mark 14. 1-15. 47

What's Happening at the Cathedral This Week
Monday to Sunday, 18 - 24 March

Date	Time	Location	Event
Tuesday	5:00 PM	Hall	Alpha Gathering
Thursday	6:30 PM	Church	Choir Practice
Friday	5:30 PM	Church	Stations of the Cross
Saturday	9:25 AM	Atrium	Level I, II, III Catechesis of the Good Shepherd
	10:00 AM	Church	Decorating Committee
Sunday	9:00 AM	Sacristy	Children's Liturgy of the Word



Blessings to Josie Verrillo who celebrates her 106th Birthday on March 24, 2024

♥

May God bless you with an abundance of peace, joy, and love this coming year.

Sunday Collection - 10 March	
Sunday Offering	**Building Fund**
$2,994.15	**$1,652.00**

ROOF CAMPAIGN REPORT

Roof Campaign Balance	**$ 31,372.57**
Sunday, 10 March	
Roof Loose	$ 398.10
35 Receipted Donations	$ 1,032.90
New Roof Campaign Balance	**$ 32,803.57**

Thank you for your continued generosity!
The Campaign requires an average of $3,845 weekly to reach our goal of $200,000 this year.

MASSES THIS WEEK

Tuesday, March 19 - Solemnity of St. Joseph - 12:05 PM
JA Stephenson - Crystal Nguyenan-Stephenson
Michael O'Hagan - O'Hagan and Mulligan Families
Denise Middleton - Frank and Barb Gurini

Wednesday, March 20 - Weekday in Lent - 12:05 PM
Cyril Liberty - Elda Liberty
Clarence Nadrofsky - Lorna Rick
Intention of Kristy and Nicholas Beaulieu - Karen Beaulieu

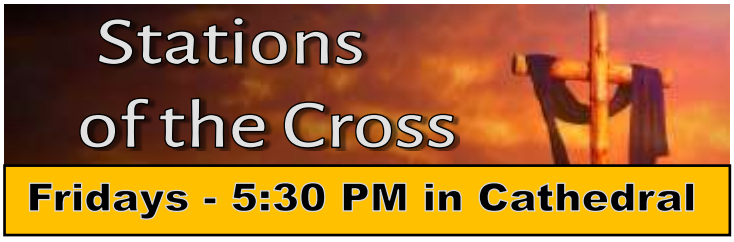
Thursday, March 21 - Weekday in Lent - 12:05 PM
Vic Pettella - Mary Lou Smith
Shaelagh Pendergast - Marthe Smith
Intention of Maxim Truchon - Richard Levesque

Friday, March 22 - Weekday in Lent - 12:05 PM
In Thanksgiving to the Blessed Virgin Mary - Arthur and Lucille Schiavo
Intention of Ray Walter - Robert and Judy
For a Special Intention - Lakshmi Wickramasinghe

Saturday, March 23 - Palm Sunday Passion of the Lord - 4:00 PM
Lloyd Voisin - The Voisin Family
Dianne Wilson - Tom Wilson and Family
Intention of the Zappala Family - Helen and Vince Zappala

Sunday, March 24 - Palm Sunday of the Passion of the Lord
9:00 AM Geraldine & Clarence Lefebvre - Carol Lefebvre & Family
Michael Keenan - Anne Keenan and Family

11:00 AM Audrey Loukidelis - Marthe Smith
Int. of the Pro-Cathedral Parishioners - Fr. Larry Rymes



Create a clean heart in me O God.



Building Fund VS Roof Campaign

The **Roof Campaign** specifically goes to the expenses we will incur as we do the work on the tower and roof. We need to raise these funds to have on hand for this planned work.

The **Building Fund** is a collection for regular maintenance of our facilities such as repairs, utilities, snow removal, etc.

We ask that people who made a commitment to the building fund continue to donate to it and view the roof campaign as an extra contribution. ***For those who are currently not contributing to either of these funds, we ask that you consider donating to them in your planned giving as long as it does not cause a hardship to do so.***

Catholic Women's League

Results of CWL
"Hunger Knows No Season" Food Drive

On February 17 the CWL Diocesan-wide food drive took place. CWL members in Sudbury, Chelmsford, North Bay, Callander and Sault Ste. Marie were present at a major grocery store in their community. The smaller area communities held the food drive in their parishes.



The Diocesan total was monetary donations, $6,571.40; 3,952 pounds of food; plus 200 boxes of cereal and food valued at $665.00.

The results for North Bay Region, the smallest Region of the Diocese, were monetary donations, $379.95 and 1,331 pounds of food, which was split among Catholic Charities, North Bay Food Bank and Nipissing University Food Bank."



For Children in Grade 2 & 3

Preparation will begin in May. If your child has celebrated First Reconciliation and would like to prepare for the Sacrament of First Communion, please complete an online registration form found under SACRAMENTS on our website at procathedral.ca
If your child recently celebrated Confession with us they are already registered and there is no need to submit another form.

Baptism & First Reconciliation are the pre-requisites to receiving First Communion.
If your child has not received these two sacraments contact our parish office.
We want to work with you to have your child be able to receive their First Communion.

Church Cleaning Volunteers



Do you have time to help us out on Friday mornings? Cleaning supplies and coffee supplied!

We just need you to help out with some dusting, wiping down woodwork, removing debris from the pews, etc. No heavy lifting or vacuuming. Call the parish office if you can help out! Thank you for considering this important ministry.



On Tuesday, March 19 we celebrate the Solemnity of Saint Joseph, Spouse of the Blessed Virgin Mary and Patron of the Universal Church.

Prayer to St. Joseph

Hail, Guardian of the Redeemer, Spouse of the Blessed Virgin Mary. To you God entrusted his only Son; in you Mary placed her trust; with you Christ became man.

Blessed Joseph, to us too, show yourself a father and guide us in the path of life. Obtain for us grace, mercy, and courage, and defend us from every evil. Amen



To all Single Women!!

(Divorced, Single, Widowed ~ All Welcome)

You're invited to join the Pro Cathedral Single Ladies Social Group. Together, we go to a movie, dinner, antiquing, shopping in the surrounding area, coffee every Thursday, theatre (local/Shaw/Stratford), berry picking, card nights, sleigh ride, long & short trips and a number of events.

If this is something you might enjoy, please call Karen for more information at 705-495-6675, or email: kbeaulieu914@gmail.com or text 705-493-4191

We only have two meetings per year to set the agenda and you can choose to attend or not attend any event that is planned. Entirely at your commitment and comfort level.

What has the time of Lent taught us?
Are we seeing the world differently?
Are we engaging more deeply in conversations with the Lord, in prayer and meditation and reflection and sacred silence?
Are we giving ourselves to others more generously and joyfully?
Are we striving more purposefully to see Christ in the stranger — and to be Christ to those in need?



It's not easy. We all have lives, families, jobs, obligations, responsibilities, deadlines. We try to be holier, to seek opportunities to be the saints we think we can become, but the world keeps intruding. Let's face it: Nobody does Lent perfectly. But we need to keep trying.

The very word "Lent" comes from an ancient Middle English word meaning "springtime." This is a time for renewal and growth.

Jesus understood as much. Even facing his own death, Jesus offered this resolute hope: "Unless a grain of wheat falls to the ground and dies, it remains just a grain of wheat; but if it dies, it produces much fruit."

Maybe we don't realize it, but each of us is part of that harvest. We are the fruit of Christ's suffering, death and resurrection — the Christian faithful who, all these generations later, continue to spread his Good News, in ways large and small. Lent should help deepen our awareness of that extraordinary fact — and help us understand more deeply what was given for us, and what we have to give to others.
There is still time for our Lent to be meaningful to prepare us for Easter.

Easter Memorial Flowers & Decorations

A beautiful way to remember loved ones during this holy season is to donate memorial flowers and decorations in their memory. Your donation will help decorate the altar and sanctuary during the greatest season of the year ... ***the Resurrection!***



Please use an envelope and drop into the weekly collection or to the parish office. Remember to include the names of the people you wish remembered as well as your full name and address for income tax purposes. Printing would be best!

A listing of remembrances will be printed in the Easter Sunday Bulletin. All donations over $10 are tax deductible.

Remember your loved ones this Easter and give glory to the Lord by helping to decorate for this beautiful season!



www.rafflebox.ca/raffle/procathedral
Licence #RAF1355768

North Bay Pregnancy Help & Resource Centre

Support available for women experiencing unexpected pregnancy - providing a safe place to make an informed decision. For support or to make a donation please call 705-475-9270 or email nbphrc@hotmail.com



Coming to Stillness: The Deep Love of Jesus

Is your life too hectic? Out of balance? Do you need renewed energy for your inner life? Why not try a contemplative prayer experience on ZOOM sponsored by Shalom Place and facilitated by Sr Léa Joanisse.

This evening of guided contemplative prayer will include restful music, inspiring meditation material, silent moments for personal reflection, and optional sharing will be held on **Monday, March 18 from 7:00 to 8:00 PM**. This is the third of six sessions but all are welcome to attend any individual session.

Register by email by Friday, March 15 at shalomssm@shaw.ca, on our website at www.shalomplace.ca or by phone at (705) 254-4690. Your financial gift (whatever you can afford) allows the ministry of Shalom Place to thrive and grow. Thank you for your generosity.



The Good Samaritan Corner

Free Easter Dinner for People Experiencing Homelessness : In partnership with Open Arms Café, the Compassionate Committee for the Homeless in North Bay will host an Easter Dinner on Sunday, March 31 from 4 to 6 p.m. at St. John's Anglican Church, 307 Main St. East. Come in from the damp and cold and enjoy a hot-cooked meal served with a heaping of compassion.

For more information about the Compassionate Committee for the Homeless in North Bay contact Leah Pierce at 705-472-5687 or at CompassionNorthBay@gmail.com Follow us on Facebook!

Spring Sweets Dessert Gala: Support the North Bay Pregnancy Help & Resource Centre by attending this event May 3 at the Callander Community Centre 1984 Swale Street—6:00 PM. Tickets are $25 and can be purchased by contacting nbphrc@hotmail.com or 475-9270

Soup for the Soul Spring Luncheon & Bake Sale: Redeemer Lutheran Church Saturday, April 6 from 11 AM to 2 PM. Cost $8/person choice of homemade soups, bun, tea/coffee, and sweets! Homemade pies, cakes, squares, cookies & more will be available for sale!

Holy Name Ring the Bell Raffle Lottery — Win $25,000: All proceeds to bell tower restoration. **Main Prize Draw of $25,000 on Easter Sunday 2024.** Tickets are $20 available at Holy Name or call 495-1501. Must be 18+ to purchase a ticket. Lottery License M853216.

Fish Fry & Concert—Easter Sunday, March 31 from 3 to 7 PM at **Paroisse Ste-Marguerite d'Youville in Val Therese**. $20/Ticket, Students/Free. You can purchase in advance by calling 705-969-9339. 3 Pieces of fish, fries and coleslaw, cookies and fruit salad.

CLAY is a fun, faith-filled youth group led by parent volunteers, for grades JK-grade 5. Join us Thursdays 6:30- 8pm at St. Joseph's Parish, Powassan. Contact Jessica Shepherd 497-6219 for info.



Getting married in 2024? To help you prepare to live out your vocation as husband and wife, the Church requires that you participate in a marriage preparation program. Plan to attend the Marriage Preparation Weekend April 12 & 13: 6:30—9:30 pm on Friday, April 12 followed by 9:30 am—5:00 pm on Saturday, April 13. Interested couples should call Samantha at 705-471-3284 for more information and to register.

GRIEF & BEREAVEMENT SUPPORT GROUP



People process grief in many ways. Reactions to grief may include feelings of numbness, anger, guilt, anxiety, sadness and/or despair.

This Grief & Bereavement Support Group format provides group members an opportunity to share and receive peer support as part of the spiritual processing of the journey of grief. Meetings will be held every Tuesday from 1pm to 3pm in the church hall at Holy Name of Jesus Church starting April 2 and will conclude on May 21. Number of participants will be limited to 10 or less. Adults of any age and spiritual background are welcome. If you are interested in attending, please contact the Holy Name Parish Office at 495-1501 and provide your name, contact information and the person you are grieving for.