10 MARCH 2024

FOURTH SUNDAY IN LENT

PRO-CATHEDRAL OF THE ASSUMPTION

480 McIntyre Street West - North Bay, Ontario - P1B 2Z4

Welcome to Your Father's House!

The first reading chronicles the fall of Jerusalem because of the people's unfaithfulness, and the fulfillment of the prophecies through Cyrus, king of Persia. In his Letter to the Ephesians, Paul speaks of the richness of God's mercy and *the immeasurable riches of his grace*. The Gospel tells of Jesus' conversation with Nicodemus and the immense love God has for us. We offer our humble gifts of prayer, fasting, and almsgiving to God out of gratitude. We recognize that all is gift. God has poured out his grace upon us. We joyfully draw near to the giver of all good gifts in the spiritual practices we take up in this season.



Our Parish Mission Statement

We, the members of the Pro-Cathedral of the Assumption community, believe that we have been called through Baptism to live the Good News of Jesus Christ under the patronage of Mary, our Mother. We accomplish this by proclaiming the Word, celebrating the Sacraments, & reaching out to others.

Most Rev. Thomas Dowd, D.D.
Bishop of the Diocese of Sault Ste. Marie

Rev. Larry Rymes
Pastor of the Pro-Cathedral Parish

PERMANENT MINISTERS

Deacons

Rev. Mr. Albert Falconi
Rev. Mr. Donald Shago
Rev. Mr. Rick Hamelin
Rev. Mr. Gary Westenenk

Diocesan Order of Women

Mrs. Shirley Falconi
Mrs. Norma Milligan
Miss Ruth Godon

IN RESIDENCE

Rev. Joseph de Viveiros, CR Chaplain, Nipissing-Parry Sound District Schools

Our faith community dates back to 1886 when we were **originally located on Main Street West and called St. Mary's of** the Lake. The cornerstone of the existing Cathedral was laid in 1904. The history of our parish is recorded in the memories of thousands of people who built our community.



(705) 472-3970
office@procathedral.ca
www.procathedral.ca
facebook.com/procathedral

Parish Sacraments



Marriage: Please pick up a Marriage Information Booklet in the Church Vestibule to review prior to contacting the parish office.

Anointing the Sick: Please call the parish office for more information.

Reconciliation: 3:00 to 3:45 PM each Saturday.

Eucharist: Please see mass schedule published in this bulletin. Call the parish office to arrange for a Eucharistic Minister to visit the sick and shut-in who are unable to attend Mass.

Adoration of the Blessed Sacrament: Each Friday from 11:00 am until 12:00 noon.

Baptism: Please pick up a Baptism Information Booklet in the Church Vestibule to review prior to contacting the parish office.

The Pro-Cathedral is **wheel chair accessible**. The entrance to the elevator is on Algonquin Avenue. Please enter the vestibule and ring the bell for an attendant. Service available at all weekend Masses. Weekday Masses service available 11:30 AM to 12:45 PM. A **Hearing Aid System** is available for use by the hearing impaired. Please ask an Usher or Sacristan to assist you upon entering the church.

OFFICE HOURS THIS WEEK

Monday to Thursday	**8:30 AM to 4:30 PM**
Friday	**8:30 AM to 12:00 NOON**

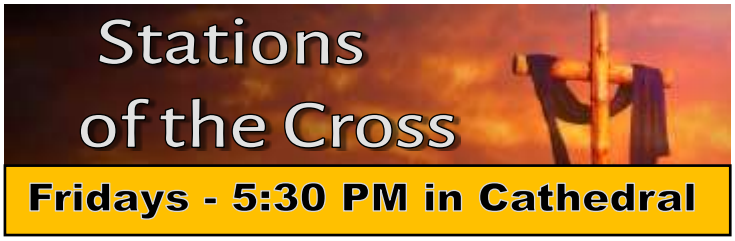
READINGS FOR THE WEEK

Monday	Isaiah 65. 17-21; John 4. 43-54
Tuesday	Ezekiel 47. 1-9, 12; John 5. 1-16
Wednesday	Isaiah 49. 8-15; John 5. 16-30
Thursday	Exodus 32. 7-14; John 5. 18, 31-47
Friday	Wisdom 2. 1a, 12-22; John 7. 1-2, 10, 25-30
Saturday	Jeremiah 11. 18-20; John 7. 40-53
Sunday	Jeremiah 31. 31-34; Hebrews 5. 7-9; John 12. 20-33

What's Happening at the Cathedral This Week
Monday to Sunday, 11 - 17 March

Date	Time	Location	Event
Tuesday	6:30 PM	Hall	North Bay Right to Life
	7:00 PM	Sacristy	Baptism Preparation Meeting
Thursday	6:30 PM	Church	Choir Practice
Friday	12:45 PM	Hall	Development and Peace Hunger Meal **See Insert**
	5:30 PM	Church	Stations of the Cross
Saturday	10:00 AM	Church	Mass in the Malayalam (Indian) Language — All are Welcome!
	5:00 PM	Hall	St. Patrick's Social
Sunday	9:00 AM	Sacristy	Children's Liturgy of the Word





Sunday Collection - 03 March	
Sunday Offering	**Building Fund**
$4,668.35	**$1,743.00**

ROOF CAMPAIGN REPORT

Roof Campaign Balance	**$ 29,014.52**
Sunday, 03 March	
Roof Loose	$ 424.00
41 Receipted Donations	$ 1,824.05
Orchard Gift Card Sales	
22 Cards X $5.00 Profit	$ 110.00
Total Profit to 03 March	**$ 330.00**
New Roof Campaign Balance	**$ 31,372.57**

MASSES THIS WEEK

Tuesday, March 12 - Weekday in Lent - 12:05 PM
Armand Schiavo - Arthur and Lucille Schiavo
Intention of Peter Murray - Alpha 2024
Intention of Kristy and Nicholas Beaulieu - Karen Beaulieu

Wednesday, March 13 - Weekday in Lent - 12:05 PM
Priests of the Diocese Attending Mass of Chrism in Wikwimekong
COMMUNION SERVICE TODAY

Thursday, March 14 - Weekday in Lent - 12:05 PM
Gordon Forbes Shankland - Pro-Cathedral Choir
Harry Kraus - Mary Lou Smith
Carmela De Marco - Maureen Marchildon and Brigida Plutino

Friday, March 15 - Weekday in Lent - 12:05 PM
Leo Beaupre - Don and Lorraine Shago
Intention of Ben Oakes - Ann Sullivan
Intention of Julliette Levesque - Richard Levesque

Saturday, March 16 - Fifth Sunday of Lent - 4:00 PM
Sam and Lillian Veraldi - Myrtle Veraldi
Michel Hebert - Catherine and Kelly Boudreau
Arthur Brownson - Carol and John Rowe

Sunday, March 17 - Fifth Sunday of Lent
9:00 AM Shaelagh Pendergast - Joan Dunn
Carmela De Marco - Catholic Women's League
Intention of Francisca Grillo - The Family

11:00 AM Cyn Riley - Pro-Cathedral Choir
Int. of the Pro-Cathedral Parishioners - Fr. Larry Rymes

Mass of Chrism will be held next week - March 13 at Wasse Abin High School & Holy Cross Mission at Wikwimekong, Manitoulin Island

A Diocesan Celebration held each year in which the bishop blesses the Holy Oils that are used in the Sacraments of the Church. Priests and deacons will also renew their promises to serve God and His people.



Please keep our priests in your prayers.



A Baptismal Preparation Meeting will be held in the Lower Sacristy on Tuesday, March 12 beginning at 7:00 PM. Those who wish to register for this meeting to have their child baptized are asked to call the parish office by Monday, March 11. *Baptism Preparation is mandatory by Diocesan policy.*



NEXT WEEKEND

Solidarity Sunday - This Lent, Please Give Generously

The Development and Peace — Caritas Canada's ***Reaping our Rights*** campaign invites you to give generously and thanks you warmly for your generosity ***next weekend***.

"Development and Peace — Caritas Canada accompanies, supports and respects our institutional autonomy. It creates a climate of trust. I thank our sisters and brothers in Canada for their solidarity, a solidarity that generates life opportunities, that accompanies the dreams of women and men, of families, of communities and territories. **Thank you**!"

Eva Colque, Executive Director, Fundación NUNA,
a partner in Bolivia

NEXT WEEKEND help support in the Global South by giving to our Share Lent parish collection or visit devp.org/give. **Thank you for your solidarity!**

Help create hope and dreams next weekend by supporting the Development and Peace collection. Envelopes will be in the pews and on the bookcases next weekend or simply write your name and address on any envelope and mark it clearly DEVELOPMENT & PEACE and deposit it into the collection basket.
100% of this collection goes to the effort to transform the lives of some of our most vulnerable sisters and brothers across the world.

Lent

But those who hope in the Lord will renew their strength.

Special Parish Collection for Catholic Charities

According to the Government of Canada, in 2023 one in five (20%) who menstruate say they may not afford hygiene products at some point in the next 12 months, and 7% say this is very likely. Six in ten of the first group agree that inflation has increased the likelihood of not affording these products.

The Pro-Cathedral Catholic Women's League of Canada will be collecting pads, tampons and menstrual underwear at the back of the church from March 9-31 for our Catholic Charities
(Located in the Pro-Cathedral rectory basement)

Help us support the health and welfare of women who struggle financially to purchase these products.

Please bring your donation and place in the baskets that will be provided for this purpose.

Development and Peace "God's Love for Humanity and our Interconnectedness"

Patricia Walsh Warren, Animator, Newfoundland & Labrador

Lent is a time of reflection, penance and spiritual discipline. If we spend time in reflection, thinking seriously about our journey through life, we may discern errors in the ways we have journeyed in the past. This may lead us to seek penance for our erroneous actions. This process creates in us the disciplined approach needed for deepening our own faith and personal spirituality.

In *Laudate Deum,* Pope Frances reminds us, "Everything is connected." During Lent, we reflect not only upon our own life and journey but also our interconnectedness with the world and the people in it. Pope Francis goes on to say, "No one is saved alone." This means that we all have a role to play in ensuring that the human and environmental rights of all who live in God's world are fully respected.

Today, we find ourselves at the fourth Sunday of Lent, over halfway through our Lenten journey of reflection, penance and spiritual discipline. Today's readings remind us of the importance of living out our faith through good works and service to others. We are called to be witnesses to the love of Christ in the world, to reflect His light and to share His message of hope with all whom we encounter. We are called to action, to play the role that Pope Francis says we all have in saving each other.

In Bolivia, that call to action has been heeded by Fundación NUNA, a Development and Peace-Caritas Canada partner organization. NUNA contributes to the economic, political, social and cultural development of the communities it serves, building fair and equitable relationships to preserve life and nature.

Bolivia is very vulnerable to climate change. In the northern mountainous region, imbalances in the microclimate of the Lake Titicaca ecosystem are causing both abnormally heavy rainfall and long periods of drought and cold. Fundación NUNA is helping Indigenous and peasant communities in the region cope with these changes.

With our support and thanks to the generosity of people like you, NUNA accompanies local farmers in adapting their farming practices with land management and water conservation methods so that they can secure their food sovereignty. Participants benefit from continuous learning through experience exchanges in their field laboratory. Thus far, 779 people have participated in agriculture, livestock-rearing and food processing projects. A true example of how we are all connected and share in caring for all of humanity and creation.

In this Lenten season, let us take time to reflect on the profound love that God has for all of humanity and share in it with Him. Let us feel the connection we have with everyone in the world. May we renew our commitment to live out our faith through works of love and service, like the work of Fundación NUNA, sharing the good news of the Gospel with all those around us.



Winner of the FEB 2024 Draw of $702.00 is ELIZABETH DELAROSBEL (Ticket #B-1244)

Congratulations!

Raffle is conducted by the Pro-Cathedral of the Assumption, a charity in North Bay, Ontario under License #RAF1355768 . Each draw is generated by computer and the winner is chosen randomly. Rafflebox is a government regulated raffle provider.

THANK YOU TO EVERYONE FOR THEIR SUPPORT!

Easter Memorial Flowers & Decorations

A beautiful way to remember loved ones during this holy season is to donate memorial flowers and decorations in their memory. Your donation will help decorate the altar and sanctuary during the greatest season of the year ... ***the Resurrection!***



Please use an envelope and drop into the weekly collection or to the parish office. Remember to include the names of the people you wish remembered as well as your full name and address for income tax purposes. Printing would be best!

A listing of remembrances will be printed in the Easter Sunday Bulletin. All donations over $10 are tax deductible.

Remember your loved ones this Easter and give glory to the Lord by helping to decorate for this beautiful season!



The Pro-Cathedral Prayer Line consists of a group of parishioners who pray for the needs of others.

Concerns great and small are presented to the Lord on your behalf.

If you have a prayer request *or would like to join the group* call Sister Shirley McNamara at 474-3800, Ext. 295 or Lorraine Atchison at 474-0613

Getting married in 2024? To help you prepare to live out your vocation as husband and wife, the Church requires that you participate in a marriage preparation program. Plan to attend the Marriage Preparation Weekend April 12 & 13: 6:30—9:30 pm on Friday, April 12 followed by 9:30 am—5:00 pm on Saturday, April 13. Interested couples should call Samantha at 705-471-3284 for more information and to register.





Coming to Stillness: The Deep Love of Jesus

Is your life too hectic? Out of balance? Do you need renewed energy for your inner life? Why not try a contemplative prayer experience on ZOOM sponsored by Shalom Place and facilitated by Sr Léa Joanisse.

This evening of guided contemplative prayer will include restful music, inspiring meditation material, silent moments for personal reflection, and optional sharing will be held on **Monday, March 18 from 7:00 to 8:00 PM**. This is the third of six sessions but all are welcome to attend any individual session.

Register by email by Friday, March 15 at shalomssm@shaw.ca, on our website at www.shalomplace.ca or by phone at (705) 254-4690. Your financial gift (whatever you can afford) allows the ministry of Shalom Place to thrive and grow. Thank you for your generosity.



www.rafflebox.ca/raffle/procathedral
Licence #RAF1355768

Catholic Young Adults Social March 15, 7:00 PM at Holy Name of Jesus: Stations of the Cross followed by prayer from the Liturgy of the hours, a talk and discussion led by Father Daniele about the Sacrament of Reconciliation and for those who would like to go, Confession The evening will end with refreshments and games.

St. Francis Table Community Free Meal: March 16 from 11:30 AM to 1:15 PM at Holy Name Church.

Holy Name Ring the Bell Raffle Lottery — Win $25,000: All proceeds to bell tower restoration. Main Prize Draw of $25,000 on Easter Sunday 2024. Early Bird Draw of $1,000 this coming New Year's Eve. Tickets are $20 available at Holy Name or call 495-1501. Must be 18+ to purchase a ticket. Lottery License M853216.

Fish Fry & Concert—Easter Sunday, March 31 from 3 to 7 PM at **Paroisse Ste-Marguerite d'Youville in Val Therese**. $20/Ticket, Students/Free. You an purchase in advance by calling 705-969-9339. 3 Pieces of fish, fries and coleslaw, cookies and fruit salad.

Looking for ....



Extraordinary Ministers of Holy Communion for Hospital Ministry

Do you have 90 minutes per week for one month and for every second month thereafter?

If you do we need you for this important ministry.

Please help us by calling Deacon Rick Hamelin at 476-8115 to find out more about this ministry.

GRIEF & BEREAVEMENT SUPPORT GROUP



People process grief in many ways. Reactions to grief may include feelings of numbness, anger, guilt, anxiety, sadness and/or despair.

This Grief & Bereavement Support Group format provides group members an opportunity to share and receive peer support as part of the spiritual processing of the journey of grief. Meetings will be held every Tuesday from 1pm to 3pm in the church hall at Holy Name of Jesus Church starting April 2 and will conclude on May 21. Number of participants will be limited to 10 or less. Adults of any age and spiritual background are welcome. If you are interested in attending, please contact the Holy Name Parish Office at 495-1501 and provide your name, contact information and the person you are grieving for.