11 February 2024

Sixth Sunday in Ordinary Time

PRO-CATHEDRAL OF THE ASSUMPTION

480 McIntyre Street West - North Bay, Ontario - P1B 2Z4

Welcome to Your Father's House!



The first reading regulates procedures for dealing with people with skin disease. They are denounced unclean and must live alone. Paul calls the Corinthians to give glory to God in everything they do. In the Gospel, Jesus is moved with pity for a man with leprosy. Jesus touches the man, and he is made clean. *Do everything for the glory of God*. Paul's words are both commanding and encouraging. As Christians, whatever we do ought to reflect who we are: children of the Most High God, adopted sons and daughters of the Lord. We are sisters and brothers of Christ, and our very identity should permeate all we say and do. We are encouraged in this endeavor, and aided by grace, so that we can glorify God for his sake, and for the sake of the world's salvation.

Our Parish Mission Statement

We, the members of the Pro-Cathedral of the Assumption community, believe that we have been called through Baptism to live the Good News of Jesus Christ under the patronage of Mary, our Mother. We accomplish this by proclaiming the Word, celebrating the Sacraments, & reaching out to others.

Most Rev. Thomas Dowd, D.D.
Bishop of the Diocese of Sault Ste. Marie

Rev. Larry Rymes
Pastor of the Pro-Cathedral Parish

PERMANENT MINISTERS

Deacons

Rev. Mr. Albert Falconi
Rev. Mr. Donald Shago
Rev. Mr. Rick Hamelin
Rev. Mr. Gary Westenenk

Diocesan Order of Women

Mrs. Shirley Falconi
Mrs. Norma Milligan
Miss Ruth Godon

IN RESIDENCE

Rev. Joseph de Viveiros, CR Chaplain, Nipissing-Parry Sound District Schools

Our faith community dates back to 1886 when we were **originally located on Main Street West and called St. Mary's of** the Lake. The cornerstone of the existing Cathedral was laid in 1904. The history of our parish is recorded in the memories of thousands of people who built our community.



(705) 472-3970
office@procathedral.ca
www.procathedral.ca
facebook.com/procathedral

Parish Sacraments



Marriage: Please pick up a Marriage Information Booklet in the Church Vestibule to review prior to contacting the parish office.

Anointing the Sick: Please call the parish office for more information.

Reconciliation: 3:00 to 3:45 PM each Saturday.

Eucharist: Please see mass schedule published in this bulletin. Call the parish office to arrange for a Eucharistic Minister to visit the sick and shut-in who are unable to attend Mass.

Adoration of the Blessed Sacrament: Each Friday from 11:00 am until 12:00 noon.

Baptism: Please pick up a Baptism Information Booklet in the Church Vestibule to review prior to contacting the parish office.

The Pro-Cathedral is **wheel chair accessible**. The entrance to the elevator is on Algonquin Avenue. Please enter the vestibule and ring the bell for an attendant. Service available at all weekend Masses. Weekday Masses service available 11:30 AM to 12:45 PM. A **Hearing Aid System** is available for use by the hearing impaired. Please ask an Usher or Sacristan to assist you upon entering the church.

OFFICE HOURS THIS WEEK

Monday to Thursday	**8:30 AM to 4:30 PM**
Friday	**8:30 AM to 12:00 NOON**

READINGS FOR THE WEEK

Monday	James 1. 1-11; Mark 8. 11-13
Tuesday	James 1. 12-18; Mark 8. 14-21
Ash Wednesday	Joel 2. 12-18; 2 Corinthians 5. 20-6.2; Matthew 6. 1-6, 16-18
Thursday	Deuteronomy 30. 15-20; Luke 9. 22-25
Friday	Isaiah 58. 1-9a; Matthew 9. 14-15
Saturday	Isaiah 58. 9b-14; Luke 5. 27-32
Sunday	Gen. 9. 8-15; 1 Peter 3. 18-22; Mark 1. 12-15

What's Happening at the Cathedral This Week
Monday to Sunday, 12 – 18 February

Date	Time	Location	Event
Monday	10:00 AM	Church	Funeral: Caterina Bruno
Tuesday	5:00 PM	Hall	Knights of Columbus Shrove Tuesday Pancake Supper
	6:00 PM	Church	Decorate Church
Wednesday	9:30 AM	Church	School Ash Wed. Mass
	12 NOON & 5:30 PM	Church	Ash Wednesday Masses with Distribution of Ashes
	6:30 PM	Hall	Right to Life Gathering
Thursday	6:30 PM	Church	Choir Practice
Friday	5:30 PM	Church	Stations of the Cross

STATIONS OF THE CROSS

Fridays During Lent

Held in the Cathedral at 5:30 PM



Looking for Volunteers

Would you be willing to spare an hour or two to help stock the pews with envelope supplies?

If you can help us out, give the office a call. Thank you!

Sunday Collection - 04 February

Sunday Offering	Building Fund
$4,058.10	$891.00

ROOF CAMPAIGN REPORT

Roof Campaign Balance	**$ 10,171.20**
Sunday, 04 February	
Roof Loose	$ 332.40
45 Receipted Donations	$ 1,673.10
Investment Shares Donation	**$ 6,665.50**
January 50/50 Draw Profit	**$ 332.17**
Orchard Gift Card Sales	
28 Cards X $5.00 Profit	$ 140.00
Total Profit to 04 February	**$ 200.00**
New Roof Campaign Balance	**$ 19,314.37**

MASSES THIS WEEK

Tuesday, February 13 - Weekday in Ordinary Time - 12:05 PM
Alice Hopkinson - Vivian Molnar
Mike Rossi - The Family
Colleen Klein - Joe and Louise Defonzo

Wednesday, February 14 - Ash Wednesday
9:30 AM Mother. St. Bride/St. Alexander School Mass
12:05 PM Mass with Distribution of Ashes
5:30 PM Mass with Distribution of Ashes



Thursday, February 15 - Weekday in Lent - 12:05 PM
Frances Agius - John Agius
Sam and Lillian Veraldi - Myrtle Veraldi
Intention of Kristy and Nicholas Beaulieu - Karen Beaulieu

Friday, February 16 - Weekday in Lent - 12:05 PM
Grace Boudreau - Susan Boudreau and Family
Virginia Tedesco - Maria Gosselin and Family
Abraham Barrios - Sergio and Amanda Barrios

Saturday, February 17 - First Sunday of Lent - 4:00 PM
Ron Sutcliffe - Rollande Sutcliffe
Intention of Claudette St. Louis
Intention of Eleanore Lunney - Rosary Friend

Sunday, February 18 - First Sunday of Lent
9:00 AM Arthur Georgeneau - Gerald Georgeneau
Intention of Laura Smith - Mary Lou Smith

11:00 AM Int. of the Pro-Cathedral Parishioners - Fr. Larry Rymes

Catholic Women's League

CWL Memberships 2024

NEW

You can now e-transfer your CWL Membership by sending your $40 fee to this email: 480cwlpro@gmail.com

You can also drop off a cheque in the collection or to the parish office. Be sure to print your name and address on your envelope when doing this and mark it clearly: "CWL MEMBERSHIP"

Please be advised that CWL Membership Cards for 2024 will only be issued to members who require one. This can be done by making a request by email to passmorebe@gmail.com or by phoning 474-0447. Thank you!

♥

"Hunger Knows No Season"
sponsored by
Catholic Women's League, Diocese of Sault Ste. Marie
Members of the CWL will be holding a one-day diocese wide food drive on Saturday, February 17 from 9 a.m. to 2 p.m.
Jeff & Tanis' No Frills, 300 Lakeshore Drive
Please drop by. Please be Generous!

Gracious God, Lent begins a period of inner reflection and examination. The days stretch before me and invite me inward to that silent, holy space that holds your Spirit. This special time beckons me to see my life through Christ's eyes and the truth and reality of your love incarnate. Give me the grace to enter the space of these days with anticipation of our meeting. And when I open my soul to your presence, let your loving kindness flow over me and enter my heart. I ask this for the sake of your love.



The Pro-Cathedral Prayer Line consists of a group of parishioners who pray for the needs of others.

Concerns great and small are presented to the Lord on your behalf.

If you have a prayer request *or would like to join the group* call Sister Shirley McNamara at 474-3800, Ext. 295 or Lorraine Atchison at 474-0613

ENVELOPE USERS

Do not use envelopes from any year but 2024

We change the numbers each year and someone else is now assigned your number & will get credit for your donations. Please add your name and address to the first 2-3 weeks on your new envelopes so we can assign the number to you. Thank you so much for your cooperation!

To all Single Women!!

(Divorced, Single, Widowed ~ All are Welcome)

You're invited to join the Pro Cathedral Single Ladies Social Group. Together, we go to a movie, dinner, antiquing, shopping in the surrounding area, coffee every Thursday, theatre (local/Shaw/Stratford), berry picking, card nights, sleigh ride, long & short trips and a number of events.

If this is something you might enjoy, please call Karen for more information at 705-495-6675, or email: kbeaulieu914@gmail.com or text 705-493-4191



We only have two meetings per year to set the agenda and you can choose to attend or not attend any event that is planned. Entirely at your commitment and comfort level.

ASH WEDNESDAY - FEB 14

THE BEGINNING OF LENT



For the liturgy for Ash Wednesday, we use ashes made from the burned palm branches distributed on the Palm Sunday of the previous year. The blessed ashes are imposed on the foreheads of the faithful, making the sign of the cross and saying, "Remember, man you are dust and to dust you shall return," or "Turn away from sin and be faithful to the Gospel."

As we begin this holy season of Lent in preparation for Easter, we must remember the significance of the ashes we have received: We mourn and do penance for our sins. We again convert our hearts to the Lord, who suffered, died and rose for our salvation. We renew the promises made at our baptism, when we died to an old life and rose to a new life with Christ. Finally, mindful that the kingdom of this world passes away, we strive to live the kingdom of God now and look forward to its fulfillment in Heaven.

Fasting & Abstinence

We may give up meat or other desirable foods on Fridays during Lent, and especially on Good Friday, the day of Christ's saving death on the cross.

Our abstinence for Catholics 14 years and older (as long as there are no health issues) is another way of sharing in Christ's work of saving the world. We may also substitute other good actions for abstinence. These could include special acts of charity (visiting the sick or aged, helping those in any need, contributing to a work of charity) or other acts of piety (taking part in a service of worship with others, praying with our family, spending some extra time in personal prayer, especially with the scriptures.



Catholic Charities Food Collection next weekend!

Distribution from our Catholic Charities Food Bank (located in the basement of the Rectory) takes place Tuesdays from 9:00 to 11:30 AM.

Please bring donations to the office during the week or to Masses next weekend.

Whatever you can spare ... we can share! ❤

Also looking for these items to go with bread:





www.rafflebox.ca/raffle/procathedral
Licence #RAF1355768



Coming to Stillness: An Invitation to Face Sacred Moments

Is your life too hectic? Out of balance? Do you need renewed energy for your inner life? Why not try a contemplative prayer experience on ZOOM sponsored by Shalom Place and facilitated by Sr Léa Joanisse.

This evening of guided contemplative prayer will include restful music, inspiring meditation material, silent moments for personal reflection, and optional sharing will be held on **Monday February 19 from 7:00 to 8:00 PM**. This is the second of six sessions but all are welcome to attend any individual session.

Register by email at shalomssm@shaw.ca, on our website at www.shalomplace.ca or by phone at (705) 254-4690. Please register by Friday February 16.

So we fix our eyes not on what is seen, but on what is unseen, since what is seen is temporary, but what is unseen is eternal.

The Good Samaritan Corner



Lent begins on February 14. As Christians, we are taught to pray, fast, and give alms during Lent. This Lenten season please consider praying for the poor and homeless in our community. Please consider skipping a coffee from your favourite coffee shop and, instead, donate that money to worthwhile charities in our community.

Consider donating to Open Arms Café who feed the hungry a hot dinner everyone Wednesday evening out of the basement of St. John the Divine Anglican Church.

Consider donating to Trinity United Church towards their food bank, which has seen a large increase in the hungry and needy.

Consider donating to "Hunger Knows No Season" sponsored by the Catholic Women's League, Diocese of Sault Ste. Marie. Members of the CWL will be holding a one-day diocese wide food drive on Saturday, February 17, 2024, from 9 a.m. to 2 p.m. at Jeff & Tanis' No Frills, 300 Lakeshore Drive.

For more information visit https://www.facebook.com/compassionatecommitteeofnorthbay or contact Leah Pierce at 472-5687 or at CompassionNorthBay@gmail.com

Getting married in 2024? To help you prepare to live out your vocation as husband and wife, the Church requires that you participate in a marriage preparation program. Plan to attend the Marriage Preparation Weekend April 12 & 13: 6:30—9:30 pm on Friday, April 12 followed by 9:30 am—5:00 pm on Saturday, April 13. Interested couples should call Samantha at 705-471-3284 for more information and to register.



North Bay Pregnancy Help & Resource Centre

Support available for women experiencing unexpected pregnancy - providing a safe place to make an informed decision. For support or to make a donation please call 705-475-9270 or email nbphrc@hotmail.com

Catholic Community of Volunteers are in the hospital



The availability of the Eucharist to patients is on Wednesday, Friday and Sundays.

Those who identify as a member of the Catholic Community and wish to receive Eucharist must authorize the visitation as volunteers ***do not have access to patient lists to determine what patients are Catholic.***

If someone is not already on the visitation list, they or a family member can contact Deacon Rick Hamelin at 705-476-8115 or Hospital Chaplain Services at 705-491-0318 to arrange to receive the Eucharist.

Lenten Retreat Saturday, March 9, at St. Joseph's Catholic Church, Powassan, **with Msgr. Dave Tramontini**, 9:00 am to 1:00 pm. Begins with Holy Mass followed by a talk, "Journey to Wholeness", and concludes with the Sacrament of Reconciliation. Refreshments will be served. Good-will offerings to defray expenses are appreciated. Everyone welcome.

Holy Name Ring the Bell Raffle Lottery — Win $25,000: All proceeds to bell tower restoration. Main Prize Draw of $25,000 on Easter Sunday 2024. Early Bird Draw of $1,000 this coming New Year's Eve. Tickets are $20 available at Holy Name or call 495-1501. Must be 18+ to purchase a ticket. Lottery License M853216.

EDGE for students in Grades 6, 7 & 8 - Thursdays from 6:30pm to 8pm. Students are welcome to join us for games, music, prayer, friends and faith at Holy Name of Jesus Church Visit for more info: www.holynamestalphonsus.com/edge

OVER THE EDGE for students in high school Grades 9-12 -Thursdays from 8pm - 9:30pm beginning November 9! Come to support one another in growing as young people who know and love our faith in Jesus. Nights include games, talks, prayer and socializing and take place at Holy Name of Jesus Church or visit for more info: www.holynamestalphonsus.com/overtheedge

CLAY is a fun, faith-filled youth group led by parent volunteers, for grades JK-grade 5. Join us Thursdays 6:30- 8pm at St. Joseph's Parish, Powassan. Contact Jessica Shepherd 497-6219 for info.