Pro-Cathedral of the Assumption

480 McIntyre Street West
North Bay, ON P1B 2Z4

Third Sunday of Lent
12 March 2023

Welcome to Your Father's House!



In the first reading, the people are thirsty and complaining. Moses strikes a rock with his staff, and God provides flowing water for the people to drink. Paul writes **to the Romans that we have been justified by faith. In God's great love he sent** Christ to die for sinners. In the Gospel, Jesus encounters a woman by a well in Samaria. He speaks of living water and knows her past; she believes he is the Messiah. Just as Jesus approaches the outcast Samaritan woman at the well with intimate knowledge of her history and her heart, so, too, does Christ approach us. He comes with the offer of living water that will forever satiate our thirst if only we soften our hearts to hear his voice.

Our Parish Mission Statement

We, the members of the Pro-Cathedral of the Assumption community, believe that we have been called through Baptism to live the Good News of Jesus Christ under the patronage of Mary, our Mother. We accomplish this by proclaiming the Word, celebrating the Sacraments, & reaching out to others.

Most Rev. Thomas Dowd, D.D.
Bishop of the Diocese of Sault Ste. Marie

Rev. Larry Rymes
Pastor of the Pro-Cathedral Parish

PERMANENT MINISTERS

Deacons

Rev. Mr. Albert Falconi
Rev. Mr. Donald Shago
Rev. Mr. Rick Hamelin
Rev. Mr. Gary Westenenk

Diocesan Order of Women

Mrs. Shirley Falconi
Mrs. Norma Milligan
Miss Ruth Godon

Our faith community dates back to 1886 when we were **originally located on Main Street West and called St. Mary's of** the Lake. The cornerstone of the existing Cathedral was laid in 1904. The history of our parish is recorded in the memories of thousands of people who built our community.



(705) 472-3970
(705) 494-8222
office@procathedral.ca
www.procathedral.ca
facebook.com/procathedral

Parish Sacraments



Marriage: Please pick up a Marriage Information Booklet in the Church Vestibule to review prior to contacting the parish office.

Anointing the Sick: Please call the parish office for more information.

Reconciliation: 3:00 to 3:45 PM each Saturday.

Eucharist: Please see mass schedule published in this bulletin. Call the parish office to arrange for a Eucharistic Minister to visit the sick and shut-in who are unable to attend Mass.

Adoration of the Blessed Sacrament: Each Friday from 11:00 am until 12:00 noon.

Baptism: Please pick up a Baptism Information Booklet in the Church Vestibule to review prior to contacting the parish office.

The Pro-Cathedral is **wheel chair accessible**. The entrance to the elevator is on Algonquin Avenue. Please enter the vestibule and ring the bell for an attendant. Service available at all weekend Masses. Weekday Masses service available 11:30 AM to 12:45 PM. A **Hearing Aid System** is available for use by the hearing impaired. Please ask an Usher or Sacristan to assist you upon entering the church.

OFFICE HOURS THIS WEEK	
Monday to Thursday	**8:30 AM to 4:30 PM**
Friday	**8:30 AM to 12:00 NOON**

Scripture Readings: 13 - 19 March	
Monday	2 Kings 5. 1-15a; Luke 4. 24-30
Tuesday	Daniel 3. 25, 34-43; Matthew 18. 21-35
Wednesday	Deuteronomy 4. 1, 5-9; Matthew 5. 17-19
Thursday	Jeremiah 7. 23-28; Luke 11. 14-23
Friday	Hosea 14. 1-9; Mark 12. 28b-34
Saturday	Hosea 5. 15b-6.6; Luke 18. 9-14
Sunday	1 Samuel 16. 1b, 6-7, 10-13; Ephesians 5. 8-14; John 9. 1-41



This raffle is conducted by the Pro-Cathedral of the Assumption, a charity in North Bay under Licence #RAF1286202

PURCHASE YOUR MARCH DRAW TICKET BY VISITING

www.rafflebox.ca/raffle/procathedral

Tickets Amount
1 for $5, 4 for $10, 20 for $20, 100 for $50

These draws are run through a government-approved website called rafflebox. Draws will be held monthly and your regular purchase of tickets will help our Roof Campaign as 100% of our profits will go to this fund. ***All purchases must be made on the secure rafflebox website with a credit card and the purchaser must reside in Ontario.***



Thank you so much to Lisa Henry!

Due to her increased workload and unpredictable travel schedule in her capacity as Diocesan Catholic Women's League President, she will be stepping down as Usher Coordinator effective June 1st. Don't worry! Lisa will remain as an usher, so you will see her smiling, welcoming presence at Masses! ☺

Daley Boutilier has kindly agreed to take on the role of Usher Coordinator and we appreciate his willingness to head up this rewarding ministry.

As an introduction to the ushers, Lisa says, *"Daley is conscientious, hard working, easy to work with and genuinely cares about this ministry and the amazing volunteers who make it so worthwhile."*

Welcome, and thank you Daley!

In a message of thanks to our ushers, Lisa also shared the following and it is worth a public repeating:

"I thank you all sincerely for your dedication and unbelievable service to this ministry, especially during COVID. Your faithfulness, can-do attitude, professionalism and fellowship made the tasks we faced so much easier.
I felt a tremendous amount of pride and gratitude for the many ways everyone stepped up in faith to help and support our parish community during that time and how it continues on to this day. Tremendous thanks go out to Fr. Larry, Msgr Dave, Karen Steel, Gary Westenenk, Carol Williams-Boegel and Sharon Brown who's support, leadership and friendship made this role so fulfilling."

Thank you Lisa for you servant heart and blessings to you as you continue your service to the Church.

Weekday Masses are Held at 12:05 PM

MASS SCHEDULE



Monday, 13 March - Weekday in Lent
No Celebration on Mondays

Tuesday, 14 March - Weekday in Lent
Irene McParland - Patricia MacIntyre
Emile Lamothe - Robert and Judy

Wednesday, 15 March - Weekday in Lent
Devotion to Our Lady of Perpetual Help
Deceased and Living Members of Gerald Scully Family
For Holy Souls in Purgatory - A Friend
Tina Francisco - Terry, Keith and Alex Campbell

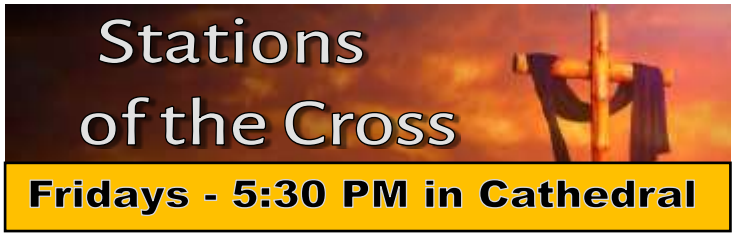
Thursday, 16 March - Weekday in Lent
Victor Grech - Denis and Teresa Daoust
Aurele Boudreau - Ernest and Liza Boudreau
Intention of Kristy and Nicholas Beaulieu - Karen Beaulieu

Friday, 17 March - Weekday in Lent
Sheila Flannery - Ann Sullivan
Sister Kathryn Cameron, CSC - Donald and Lorraine Shago

4:00 PM Saturday, 18 March - Fourth Sunday of Lent
Emile Lamothe - Sharon and John Phillips
Intention of Angie McGuinty - Colleen Klein

Sunday, 19 March - Fourth Sunday of Lent
9:00 AM Aurele Boudreau - Jessica and Pedro Costa and FamilyFor Souls in Purgatory - Fleurette Ranger

11:00 AM Intention of the Parishioners - Rev. Larry Rymes



Have you ever considered being an Usher?
We could use your help at our Masses
4 PM (2 Required) and 9 AM (1 Required)
If you think you can help us out, please call or email the parish office.

We need your helping ...



Adoration of the Blessed Sacrament
Each Friday 11 AM - NOON



Catholic Women's League

Greeting from the sometimes, sunny South! Spring is in the air down here, but I send "Good News"! The Robins, the heralds of Spring have left here from Florida, for their Spring and Summer homes, as will I, within the next couple of weeks.

I am filled with Gratitude for those who insured that CWL matters were well attend to, in my absence. Thank you to Shirlene Condie -McVeigh, Mary-Lynn Truchon, and Vicki Doucette and others of the Executive.

Thank you to our members who braved the bitter cold, to attend our first important meeting of the year, to vote on important matters, such as the instructed vote and our yearly budget.

Did you know that we have donated $2,500 to the Roof Fund, as well as $500, to the Compassionate Committee, for the homeless in in our region, as well as met our usual commitments?

April also, heralds Spring and with this in mind, comes a change from our usual meeting, to a Special Gathering, at the Motherhouse, honoring the Congregation of the Sisters of St. Joseph, in Gratitude for their continuous Spiritual contribution and support of our council over the years.

In order to reach out to our members, who are uncomfortable with evening meetings, it has been decided for this special event, with an afternoon tea and dessert at 2pm. I apologize to those of our working members who are unable to attend, but promise, the majority of our Gathering will return to our regular times and locations.

Since, the meeting in March was business oriented, this gathering will dispense with the usual agenda and a special agenda is in the planning.



Mark your calendars for April 5, 2 pm at the Motherhouse for our next CWL Gathering. All Members are Welcome!

Ladies of the Parish, won't you consider joining us? Registration will be required for this event, in order to prepare for the Tea Social.

If you require transportation to the Motherhouse, it will be provided.

Watch for further announcements in the Bulletin, emails well as our Facebook Page. To book a reservation and request transportation, contact Ruth Godon at 476-4984.

Annette Dutrisac, President

Are you helping to suport your church?

Ways You can Help Financially Support your Parish

- **Parish Envelopes**
- **Pre-authorized donations from your bank account.**
- **Credit card donations**
- **E-transfer music.finance@procathedral.ca**
- **"Donate Today" on our website at procathedral.ca**

Collection: 05 March 2023	
Sunday Offering	**Building Fund**
$4,805.50	$842.00
ROOF CAMPAIGN (Second Collection)	**ROOF CAMPAIGN (In Regular Collection)**
$2,593.30	$1,285.75



Pornography Hurts!

Viewing violent, graphic and degrading images that often target women and children breeds a culture of sexual assault, violence and abuse. Porn fuels the global sex trade, inciting a surge in child exploitation and human trafficking. It is highly addictive and negatively affects children's cognitive development, distorting their views on sex and intimacy. Porn can lead to a lifetime of destructive attitudes that destroy marriages, families and innocent victims.

Our goal is to defend human dignity and stop sexual exploitation by raising awareness of porn's addiction, victims, and destructive effect on children, marriages and families. ***Children have unrestricted access to porn websites simply by clicking an 18+ button.***

You can help express your concern for the proliferation of pornography and its harmful effects on society. Postcards addressed to the government are in the church on the bookcases behind the last pews. Please pick one up, complete it and drop into a mailbox. It is pre-addressed and no postage necessary.



Baptism Preparation

Our next meeting for parents will be held in the Parish Hall on Tuesday, March 21 beginning at 7:00 PM. Those who wish to register for this meeting to have their child baptized are asked to call the parish office by Monday, March 20.

Baptism Preparation is mandatory by Diocesan Policy.

Have you made more room for God in your life this Lent?

MASS OF CHRISM

Everyone Welcome!

Ste-Anne-des-Pins Parish, Sudbury
Wednesday, 29 march 2023
7:00 PM

A Diocesan Celebration in which the entire diocese, bishop, priests, deacons and lay faithful gather.

Bishop Thomas Dowd will bless the holy oils used in the sacraments of the church, and the priests & deacons will renew their promises to serve God and his people.



Development & Peace Share Lent Hunger Meal & Stations of the Cross

Friday, March 24

Hunger Meal after the 12:05 PM Mass

Solidarity Stations of the Cross at 5:30 PM

Come out and share solidarity with those who try to survive each day without the basic necessities of life.
Voluntary Donations accepted with proceeds to Development & Peace Share Lent Collection

What is a Hunger Meal? A "rich-poor" meal of plain fare (soup & bun) which raises awareness and solidarity with those around the world who often go without basic necessities. Everyone is invited: Families, single people, married couples, children, grandchildren.

Development and Peace



Land is essential to human life. It is the key to food sovereignty, biodiversity and human dignity. In his messages to popular movements, Pope Francis has continued to highlight land, work and housing as the main, interconnected social issues of our time. In a world that reduces land to raw material, we must rediscover a spirituality of the land, one that appreciates the gifts of the land and comes alongside those who are defending it from abuse. That is why this year, Development and Peace — Caritas Canada is highlighting our partners engaged in land defence. All around the world, people are standing up for the gift of the land, a choice that often results in displacement, defamation and even death. As a Catholic solidarity movement, walking on the path of decolonization, let us learn from our partners in the Global South and connect their struggles to the struggles for the land nearer to us, making these struggles our own. As we do so, we will discover not only the abundant gift of the land, but also the core of our faith, where land is central, good and available for all.

"Indigenous peoples often speak of belonging to the land. We say that the land owns us," writes Anishnaabe author Patty Krawec. "Land is our first relationship, and it is the first relationship that we need to restore. We are used to standing on it, planting in it and marveling at it, but our relationship with it is complicated and colonial."

What gifts does it bear? What anxieties does it carry? Who "owns" it? How does it resist being owned? What human, animal and plant life has this land supported over millennia? What is your relationship to this land? With important exceptions, in particular among Indigenous peoples, these kinds of questions are not natural for most of us in Canada. In our global economy, land is only as good as what can be done on it or to it.

"We need to restore our relationship with the land around us," writes Krawesec. We can start with the land beneath us. Return to the land beneath your feet that greeted you at the beginning. What do you notice? What do you hear? What do you feel?

St. Joseph's Church—Powassan Euchre Tournament Fundraiser: Join us for a fun day of cards while supporting the church restoration. A light luncheon is provided and there are prizes to be won. Located at 250 Clark Street, Saturday April 1. From 10am- 2pm, $20/person

Free Bereavement Support Group (Surviving the loss of a loved one)
The format of this group provides members an opportunity to share and receive peer support as part of the spiritual processing of the journey of grief. Held every Tuesday from 1pm to 3pm in the hall at Holy Name of Jesus starting Tuesday, March 21 and concluding week eight (May 9). Adults of any age and spiritual background are welcome. To register, please call the Parish at 495-1501 and provide your contact information **before March 17**.

Good Samaritan Corner



Spring may be just around the corner; however, the grip of winter has not let go. The homeless are desperate no matter the season, however, cold temperatures can be especially difficult. Here is what you can do if you see someone that is homeless in the cold:

1) Save a life - call 911
2) Buy something hot to eat or drink
3) Make a handout care package – fruit, granola bars, pre-packaged cookies, pre-packaged cheese and crackers, packaged chocolates, warm socks and gloves, gift cards to a local grocery store, lip balm, a handwritten note with a message of kindness
4) Donate to a charity that supports the homeless such as Low Income People Involvement of Nipissing https://lipinipissing.com/

For more information visit https://www.fredvictor.org/2019/11/11/lets-help-homeless-this-winter/

Did you know Dr. Phil discussed the homelessness crisis in America? You can watch the episodes at https://www.drphil.com/videos/la-county-rv-park-provides-community-for-people-on-the-verge-of-homelessness/, at https://www.drphil.com/videos/addiction-mental-illness-not-primary-causes-of-homelessness-says-national-coalition-for-the/ and at https://www.drphil.com/videos/you-cant-reach-those-higher-levels-of-development-without-housing-says-advocate-for-the/

For more information about the Compassionate Committee for the Homeless in North Bay visit https://www.facebook.com/compassionatecommitteeofnorthbay/ or contact Leah Pierce at 472-5687 or at CompassionNorthBay@gmail.com.

WANT TO LEARN MORE ABOUT THE CATHOLIC FAITH? KNOW SOMEONE WHO DOES?

- **Been THINKING ABOUT BECOMING A CATHOLIC for some time but never got around to doing anything about it?**
- **MARRIED TO A CATHOLIC, but not yet made a religious commitment of your own?**
- **INVOLVED IN THE PARISH here at the Pro-Cathedral but never taken the step towards becoming a member in full communion with the Church?**
- **BAPTISED, but not active in a church, or find yourself wanting more?**

Is the time right for you? Call the Parish Office to see how we can welcome you into the Church.