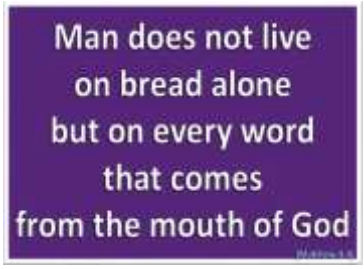
Pro-Cathedral of the Assumption

480 McIntyre Street West
North Bay, ON P1B 2Z4

First Sunday of Lent
26 February 2023

Welcome to Your Father's House!



In the first reading, the serpent convinces the woman to eat fruit from the forbidden tree, which she shares with her husband. Their eyes are opened and they realize they are naked. In the second reading Paul writes that, through the obedience of Christ, many will become righteous. In the Gospel, Jesus is tempted by Satan after fasting for 40 days and 40 nights. Jesus resists all that Satan offers and commands him to *get away*. On this first Sunday of Lent, our readings bring into focus the great drama of our salvation history: Our first parents sinned, and through them death came to all. Yet our gracious God sent his Son not to condemn but to free us and show his power over Satan. Through him we are made righteous.

Our Parish Mission Statement

We, the members of the Pro-Cathedral of the Assumption community, believe that we have been called through Baptism to live the Good News of Jesus Christ under the patronage of Mary, our Mother. We accomplish this by proclaiming the Word, celebrating the Sacraments, & reaching out to others.

Most Rev. Thomas Dowd, D.D.
Bishop of the Diocese of Sault Ste. Marie

Rev. Larry Rymes
Pastor of the Pro-Cathedral Parish

PERMANENT MINISTERS

Deacons

Rev. Mr. Albert Falconi
Rev. Mr. Donald Shago
Rev. Mr. Rick Hamelin
Rev. Mr. Gary Westenenk

Diocesan Order of Women

Mrs. Shirley Falconi
Mrs. Norma Milligan
Miss Ruth Godon

Our faith community dates back to 1886 when we were **originally located on Main Street West and called St. Mary's of** the Lake. The cornerstone of the existing Cathedral was laid in 1904. The history of our parish is recorded in the memories of thousands of people who built our community.



(705) 472-3970
(705) 494-8222
office@procathedral.ca
www.procathedral.ca
facebook.com/procathedral

Parish Sacraments



Marriage: Please pick up a Marriage Information Booklet in the Church Vestibule to review prior to contacting the parish office.

Anointing the Sick: Please call the parish office for more information.

Reconciliation: 3:00 to 3:45 PM each Saturday.

Eucharist: Please see mass schedule published in this bulletin. Call the parish office to arrange for a Eucharistic Minister to visit the sick and shut-in who are unable to attend Mass.

Adoration of the Blessed Sacrament: Each Friday from 11:00 am until 12:00 noon.

Baptism: Please pick up a Baptism Information Booklet in the Church Vestibule to review prior to contacting the parish office.

The Pro-Cathedral is **wheel chair accessible**. The entrance to the elevator is on Algonquin Avenue. Please enter the vestibule and ring the bell for an attendant. Service available at all weekend masses. Weekday masses service available 11:30 AM to 12:45 PM. A **Hearing Aid System** is available for use by the hearing impaired. Please ask an Usher or Sacristan to assist you upon entering the church.

OFFICE HOURS THIS WEEK	
Monday to Thursday	**8:30 AM to 4:30 PM**
Friday	**8:30 AM to 12:00 NOON**

Scripture Readings: 27 February-05 March	
Monday	Leviticus 19. 1-2, 11-18; Matthew 25. 31-46
Tuesday	Isaiah 55. 10-11; Matthew 6. 7-15
Wednesday	Jonah 3. 1-110; Luke 11. 29-32
Thursday	Esther 14. 1, 3-5, 12-14; Matthew 7. 7-12
Friday	Ezekiel 18. 21-28; Matthew 5. 20-26
Saturday	Deuteronomy 26. 16-19; Matthew 5. 43-48
Sunday	Genesis 12. 1-4; 2 Timothy 1. 8b-10; Matthew 17. 1-9

World Day of Prayer

"I Have Heard About Your Faith"



Artwork by Hui-Wen HSAIO

An Ecumenical Worship Service will be held at the Pro-Cathedral on Friday, March 3 at 1:30 PM. This celebration will be followed by a reception in the Parish Hall and all are welcome.

This year's service has been written by the World Day of Prayer Committee of Taiwan. Please join us in prayer that invites us to enrich our faith experience with the experience of Christians from 150 other countries and cultures and to bring hope to women touched by injustice.

A free-will offering can be made at this celebration with 100% of the donations forwarded to the Women's Inter-Church Council of Canada. Donations over $20 will receive and income tax receipt by their office.

Can you help with our reception?

Looking for easy finger foods to serve that do not require heating. Desserts such as squares, and cookies, cheeze and crackers, or vegetable and dip trays would be wonderful! Please help us provide a wonderful reception to our guests! Please bring your donations to the Parish Hall between 12:00 noon and 1:15 PM

Experience Peace and Love through the beautiful Sacrament of Confession:



Heard Saturdays 3:00-3:45 PM

Attention—Scam Email!

Several parishioners have reported receiving e-mails and text messages from the office or Fr. Larry asking for money, gift cards or credit card information. These are all SCAMS from people who have full access to our information that is public on the internet. Always check with us in person or by phone before giving out your private information. We appreciate your generosity to the parish and don't want you to be taken advantage of by ruthless thieves.

Reminder—CWL members who paid their membership can pick up their cards located on the bookcase in the church.

Weekday Masses are Held at 12:05 PM

MASS SCHEDULE

Monday, 27 February - Weekday in Lent
No Celebration on Mondays

Tuesday, 28 February - Weekday in Lent
Emile Lamothe - Jessica and Pedro Costa and Family
Ken Carey - Robert and Judy
Bill Balfour - Mary-Ellen Balfour

Wednesday, 01 March - Weekday in Lent
Devotion to Our Lady of Perpetual Help
Victor Grech - Denis and Teresa Daoust and Family
Aurele Boudreau - Karen Beaulieu
Intention of Kristy and Nicholas Beaulieu



Thursday, 02 March - Weekday in Lent
Paul Smith - Helen Randle
Emile Lamothe - Suzanne Lukasik
Fay Vincent - Marthe Smith

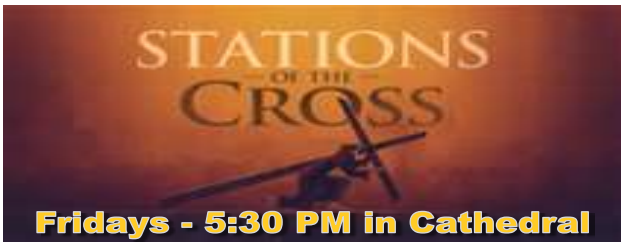
First Friday, 03 March - Weekday in Lent
Milan Hlusek - Emilia and Michelle
Intention of Ray and Marlene Walter - Judy and Robert

World Day of Prayer Celebration
Ecumenical Celebration ~ 1:30 PM

4:00 PM Saturday, 04 March - Second Sunday of Lent
Irene McParland - Lum and Angela Ceccanese
Paul Smith - Jessica and Pedro Costa and Family

Sunday, 05 March - Second Sunday of Lent
9:00 AM Salena Trask
In Thanksgiving - Nicole Robert

11:00 AM Intention of the Parishioners - Rev. Larry Rymes



Lent & Fasting & Abstinence

We may give up meat or other desirable foods on Fridays during Lent, and especially on Good Friday, the day of Christ's saving death on the cross.



Our abstinence for Catholics 14 years and older (as long as there are no health issues) is another way of sharing in Christ's work of saving the world. We may also substitute other good actions for abstinence. These could include special acts of charity (visiting the sick or aged, helping those in any need, contributing to a work of charity) or other acts of piety (taking part in a service of worship with others, praying with our family, spending some extra time in personal prayer, especially with the scriptures.

Catholic Women's League

First General Council Meeting of 2023
This Wednesday, March 1st!

This is the date of our Council's first General (Meeting) Gathering of 2023. At this meeting an "Instructed Vote" will be taken following reading and discussion on a proposed amendment to the *Constitution & Bylaws 2022 (C&B).* The five proposed revisions are covered in one amendment, so it will not be time consuming. ***We do need a quorum for this Instructed Vote, 10% of our Council members*** to be in attendance, so please come out to support this important voting process."

Join the CWL ~ Contact Brenda Passmore for information at: **passmorebe@gmail.com or 474-0447**

Coming up Soon! Save the Date!
We have been invited to join the ladies of St. Peter's CWL for an information session on Development and Peace
Guest Speaker Kiegan Irish with Q&A Time
THURSDAY, MARCH 9 @ 7:00 PM
Held at St. Peter's Parish Hall
Refreshments will be Served



Baptism Preparation

Our next meeting for parents will be held in the Parish Hall on Tuesday, March 21 beginning at 7:00 PM. Those who wish to register for this meeting to have their child baptized are asked to call the parish office by Monday, March 12.

Baptism Preparation is mandatory by Diocesan Policy.

Lord, may my sacrifice of today (state your Lenten sacrifice) remind me of my dependence on You for all the blessings I enjoy. Amen.



Adoration of the Blessed Sacrament
Each Friday 11 AM - NOON

Collection: 19 February 2023	
Sunday Offering	**Building Fund**
$3,744.00	**$536.00**

ROOF CAMPAIGN (Second Collection)	ROOF CAMPAIGN (In Regular Collection)
$747.50	**$270.00**



This raffle is conducted by the Pro-Cathedral of the Assumption, a charity in North Bay under Licence #RAF1286202

PURCHASE YOUR FEBRUARY DRAW TICKET BY VISITING

www.rafflebox.ca/raffle/procathedral

Tickets Amount
1 for $5, 4 for $10, 20 for $20, 100 for $50

These draws are run through a government-approved website called rafflebox. Draws will be held monthly and your regular purchase of tickets will help our Roof Campaign as 100% of our profits will go to this fund. ***All purchases must be made on the secure rafflebox website with a credit card and the purchaser must reside in Ontario.***

Sunday Liturgy With Children

Each Sunday 9 AM Mass



Sunday Liturgy With Children is held every Sunday at the 9:00 AM Mass from September until June for all children ages 4-12 years old. The focus of each group is to incorporate a variety of experiences that appeal to a young child's natural sense of wonder about God. Children are welcome to start at anytime of the year. Each week there is a progression to their experiences and time is spent introducing the children to the Celebration of God's Word.

WHY REGISTER?

CREATING A COMMUNITY

PARTICIPATE * BUILD UP * CONTRIBUTE * SHARE

Parish life is about our experience of God in community. To create the community, the first step is getting to know one another. If you haven't yet registered, why not pick up a registration form in the pamphlet holder in the church? You can complete the registration pamphlet and either drop the form into the collection basket or to the office directly at 480 McIntyre Street West.

Lent is not really about anything you do or read, buy or try. The aim of Lent is increased spiritual fervor — a refocusing on prayer, fasting and almsgiving, which should always be a strong part of the Christian walk, but are highlighted in our lives in a special way during Lent.



This holy season gives us an opportunity to put greater distance between ourselves and our earthly attachments, so that we may cling more devotedly to our heavenly goals and seek a more intimate relationship with Our Lord, who waged war against the devil during his own 40 days in the desert and who suffered and died for us.

Here are a few ways you and your family can live the season intentionally:

- ✞ *Commit to the Stations of the Cross devotion. Fridays through Lent at 5:30 PM. Good Friday Stations at 7:00 PM.*
- ✞ Attend Mass regularly.
- ✞ *Make acts of service and sacrifice a priority.*
- ✞ *Gather for family prayer at home. Offer prayers for particular people who may need them.*
- ✞ *Give alms — together! Include your children/grandchildren. Donate clothing or food. Help a neighbour.*
- ✞ *Nourish your mind and soul through spiritual reading, listening and watching.*
- ✞ *Spend time in Eucharist Adoration—Fridays at Pro-Cathedral from 11:00 AM to 12:00 Noon*
- ✞ *Start a "gratitude list" and write down something each day that you are thankful for.*

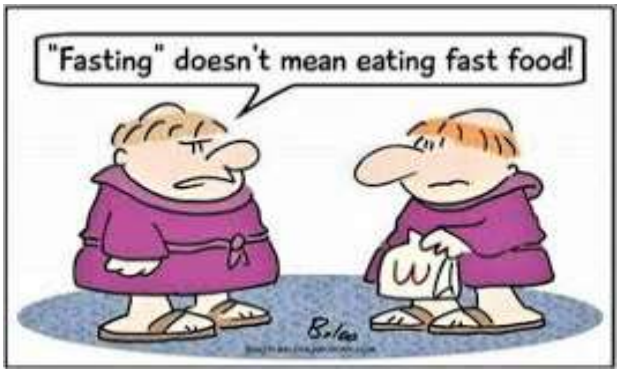
St. Joseph's Church—Powassan Euchre Tournament Fundraiser: Come join us for a fun day of cards while supporting the the church restoration. A light luncheon is provided and there are prizes to be won. Located at 250 Clark Street, Saturday March 4 and again on Saturday April 1. From 10am- 2pm, $20/person

Lenten Mission - "The Fullness of Purpose - Living the Catholic Faith" February 26, 27 & 28, each evening at 7pm at Holy Name of Jesus Church, North Bay. Start your Lenten journey with a three-evening Mission with Canadian Catholic Speaker, **Ken Yasinski**! Ken is the most sought-after Speaker, Apologist and Evangelist who speaks all across the world and has a popular online presence. This Mission is three evenings that begin at 7pm for 90 minutes, and include time of prayer, a talk and time for reflection. All Welcome!

Is your child starting Kindergarten in September 2023? Join the Nipissing-Parry Sound Catholic District School Board for one of our Kindergarten Information Sessions, where you will have the opportunity to explore everything our schools have to offer! Please visit www.npsc.ca for more details.

Free Bereavement Support Group (Surviving the loss of a loved one)
People process grief in many ways. Reactions to grief may include: feelings of numbness, anger, guilt, anxiety, sadness and/or despair. This Bereavement Support Group format provides group members an opportunity to share and receive peer support as part of the spiritual processing of the journey of grief. Held every Tuesday from 1pm to 3pm in the hall at Holy Name of Jesus starting Tuesday, March 21 and concluding week eight (May 9). Adults of any age and spiritual background are welcome. To register, please contact the Parish at 495-1501 and provide your name, email address, phone number and text or email preference **before March 17**.

Shalom Place, a ministry of the Sisters of St. Joseph, presents a Lenten Series – Three Evenings of Reflection on each of the Woman at the Well, the Man Born Blind and the Raising of Lazarus. Come and spend some time immersed in these stories of encounter with Jesus facilitated by Burnie Thorp. **Sundays March 5, 12, 19** from 7:00 to 8:30 PM on ***ZOOM***. Register by March 3 by email at shalomssm@shaw.ca, using the "contact us" link at www.shalomplace.ca or by phone at 705-254-4690. Your offering gift allows the ministry of Shalom Place to continue. Thank you.



Good Samaritan Corner



The Compassionate Committee for the Homeless in North Bay recognize that the homeless and near homeless have urgent needs. If you would like to help but unsure what to donate or whom to donate to, please consider the following:

North Bay Food Bank - 1016 Fisher St., 495-3290

Your donations help! Kleenex, bodywash, paper towels, deodorant, sanitary pads, baby wipes, baby shampoo, diapers (large sizes 4, 5 and 6), granola bars, juice boxes, individual packets of crackers, individual apple sauce, jam, Cheesewhiz, cookie mix, muffin mix, Mr. Noodles, Hamburger of Tuna Helper, Sidekicks.

Items for no-cook homeless care packages**:** cans with pull tabs for easy access – beans, prepared pasta, tuna, individual crackers with cheese or peanut butter

When you donate items to Rebuilt Resources, the homeless and near homeless benefit! Donations of used items allow Rebuilt Resources to offer low income and homeless people clothing and furniture at no cost. For more information, please contact Rebuilt Resources at 705-497-7878 or visit them at 1356 Regina St.

For more information about the Compassionate Committee for the Homeless in North Bay visit https://www.facebook.com/compassionatecommitteeofnorthbay/ or contact Leah Pierce at 472-5687 or at compassionnorthbay@gmail.com