08 JANUARY 2023

THE EPIPHANY OF THE LORD

PRO-CATHEDRAL OF THE ASSUMPTION

480 McIntyre Street West - North Bay, Ontario - P1B 2Z4

Welcome to Your Father's House!



Today's first reading is a prophecy about the radiance of the Lord's light shining on all nations. The second reading speaks of the Gentiles as co-heirs, along with the Jews, to the promises of Jesus. The Gospel tells of the visit of the Magi to the child Jesus, and how they were led by a star, fulfilling ancient prophesies. The visit of the Magi is a dramatic event that symbolizes the universality of Christ's saving mission on earth. In effect, this event tells us that Jesus opened the kingdom of God not only to the Jews, but to all humankind. It is up to each of us to walk in the light of Christ so that we might come to share eternal life in heaven.

Our Parish Mission Statement

We, the members of the Pro-Cathedral of the Assumption community, believe that we have been called through Baptism to live the Good News of Jesus Christ under the patronage of Mary, our Mother. We accomplish this by proclaiming the Word, celebrating the Sacraments, & reaching out to others.

Most Rev. Thomas Dowd, D.D.
Bishop of the Diocese of Sault Ste. Marie

Rev. Larry Rymes
Pastor of the Pro-Cathedral Parish

PERMANENT MINISTERS

Deacons

Rev. Mr. Albert Falconi
Rev. Mr. Donald Shago
Rev. Mr. Rick Hamelin
Rev. Mr. Gary Westenenk

Diocesan Order of Women

Mrs. Shirley Falconi
Mrs. Norma Milligan
Miss Ruth Godon

Our faith community dates back to 1886 when we were **originally located on Main Street West and called St. Mary's of** the Lake. The cornerstone of the existing Cathedral was laid in 1904. The history of our parish is recorded in the memories of thousands of people who built our community.



(705) 472-3970

(705) 494-8222

office@procathedral.ca

www.procathedral.ca

facebook.com/procathedral

Parish Sacraments



Marriage: Please pick up a Marriage Information Booklet in the Church Vestibule to review prior to contacting the parish office.

Anointing the Sick: Please call the parish office for more information.

Reconciliation: 3:00 to 3:45 PM each Saturday.

Eucharist: Please see mass schedule published in this bulletin. Call the parish office to arrange for a Eucharistic Minister to visit the sick and shut-in who are unable to attend Mass.

Adoration of the Blessed Sacrament: Each Friday from 11:00 am until 12:00 noon.

Baptism: Please pick up a Baptism Information Booklet in the Church Vestibule to review prior to contacting the parish office.

The Pro-Cathedral is **wheel chair accessible**. The entrance to the elevator is on Algonquin Avenue. Please enter the vestibule and ring the bell for an attendant. Service available at all weekend masses. Weekday masses service available 11:30 AM to 12:45 PM. A **Hearing Aid System** is available for use by the hearing impaired. Please ask an Usher or Sacristan to assist you upon entering the church.

OFFICE HOURS THIS WEEK

Monday to Thursday	**8:30 AM to 4:30 PM**
Friday	**8:30 AM to 12:00 NOON**

Scripture Readings: 09—15 January 2023

Monday	Isaiah 42. 1-4, 6-7; Matthew 3. 13-17
Tuesday	Hebrews 2. 5-12; Mark 1. 21-28
Wednesday	Hebrews 2. 14-18; Mark 1. 29-39
Thursday	Hebrews 3. 7-14; Mark 1. 40-45
Friday	Hebrews 4. 1-5, 11; Mark 2. 1-12
Saturday	Hebrews 4. 12-16; Mark 2. 13-17
Sunday	Isaiah 49. 3, 5-6; 1 Corinthians 1. 1-3; John 1. 29-34



FIRST GATHERING coming up January 22

The celebration of First Reconciliation will be held in March 2023 and First Eucharist will be held in June 2023.

Please pre-register your child now and correspondence will be sent to you at a later date regarding preparation gatherings. The on-line registration form can be found on our website under SACRAMENTS under both Eucharist & Reconciliation. The forms have the option to register for one or both of the sacraments and once completed, they can be emailed to: office@procathedral.ca

Children who have already celebrated Baptism are invited to participate in Reconciliation and Children who have received Baptism & First Reconciliation can register for First Eucharist.

As with all of our sacraments for children, the preparation process takes place "in the midst of the community" especially when it gathers at the Sunday assembly throughout the year. Children preparing for the reception of the sacraments are invited to participate in the Sunday Celebration of the Word with Children at the 9:00 AM Mass.

Preparation Dates—All Gatherings in Parish Hall
Sacrament Celebrations in Church

1st Reconciliation AND 1st Eucharist Meeting

Welcome Meeting Sunday, 22 January 10:00 AM

Meet and greet for all children celebrating either one (or both!) of these sacraments will be held.

First Reconciliation Preparation Dates

Gathering One	Thursday, 02 February	6:15 PM
Gathering Two	Thursday, 23 February	6:15 PM
Rehearsal	Sunday, 05 March	10:00 AM
Celebration	Wednesday, 08 March	6:00 PM

First Eucharist Preparation Dates

Gathering One	Wednesday, 10 May	6:15 PM
Gathering Two	Wednesday, 24 May	6:15 PM
Rehearsal	Sunday, 04 June	10:00 AM
Celebration	Sunday, 11 June	9 or 11 AM Mass

OFFERING A MASS



Offering Mass intentions is a tradition of prayer, support, and community. You may request a mass for someone who is deceased; for the intentions of someone who is living; for those who are sick and suffering who need prayers; or in celebration of a special occasion. Contact the parish office if you would like to book a mass. Mass Stipends are $15.00

MASS SCHEDULE

Weekday Masses are Held at 12:05 PM

Monday, 09 January - The Baptism of the Lord
No Celebration on Mondays

Tuesday, 10 January - Weekday in Ordinary Time
Lillian Veraldi-Wilcock - Myrtle Veraldi
Intention of Noreen Kelly - Robert and Judy

Wednesday, 11 January - Weekday in Ordinary Time
Devotion to Our Lady of Perpetual Help

Deceased and Living Members of Gerald Scully Family
Intention of Sheila Stepaniak - Divine Will Prayer Group
Intention of Kristy and Nicholas Beaulieu - Karen Beaulieu

Thursday, 12 January - St. Marguerite Bourgeoys, Virgin
Rita Azzano - Louise and Joe Defonzo
Richard Levesque Jr. - Richard Levesque
Paul Smith - Louise Cappadocia

Friday, 13 January - Weekday in Ordinary Time
Sue Cecilia McMartin - Michelle and Grant McMartin
Rita and Pat Masciangelo - Joe and Louise Defonzo
Intention of Ray and Marlene Walter - Robert and Judy

4:00 PM Saturday, 14 January - Second Sunday in Ordinary Time

Oscar Paquette - Philip Paquette
Rolande Laframboise - Frank and Ann Sherry
Serafim Carreiro - The Carreiro Family

Sunday, 15 January - Second Sunday in Ordinary Time
9:00 AM Emile Lamothe - Joe and Joanne Laplante and Family
Paul Smith - Sue Tedesco and Family

11:00 AM Intention of the Parishioners - Rev. Larry Rymes

Dear Jesus, as You led the Three Kings to You by the light of a star, please draw us ever closer to You by the light of Faith. Help us to desire You as ardently as they did. Give us the grace to overcome all the obstacles that keep us far from You. May we, like them, have something to give You when we appear before You. Amen

Catholic Women's League

CWL MEMBERSHIPS

You may pick up your Membership Cards in the CWL Box at the entrance back Pew, Algonquin Side. It is never too late to Renew! We invite those not yet members to consider joining - Your Voice Matters.

We understand that the annual fee of $40 can be cost prohibitive for some people. Please contact Annette in strict confidence if the $40 membership provides a difficulty for you. We don't want to lose you — your membership is important! Members, if you are in a position to financially sponsor a membership fee for someone else, please contact Annette at 495-3584.

For those who purchased before December 31, the *EARLY BIRD DRAW*, winner will be drawn at our first General Meeting of 2023, March 8.

Parish Donations ~ We Need Your Support

If you need any information on our donation options, please do not hesitate to call or email the parish office.

If you are currently not contributing financially we ask that you prayerfully consider making a financial commitment to the parish.

Ways You can Help Support our Parish

- **Parish Envelopes**
- **Pre-authorized donations from your bank account.**
- **Credit card donations**
- **E-transfer music.finance@procathedral.ca**
- **Use our "Donate Today" button on our website at procathedral.ca**

Only if it does not cause financial hardship—we appreciate your financial support!

- Are you using envelope 212 in 2023? We don't know who you are - please call the parish office.
- Please do not use any envelopes from any year other than 2023 or put previously used numbers on envelopes.
- If putting your envelope number on Roof Campaign envelopes, make sure it is your 2023 number and put your name on the envelope for the month of January so we can cross-reference what number you are using.

Christmas Collection Report
25 December 2022

Christmas Offering	Flowers & Decorations
$11,816.20	$1,625.00

Sunday Offering	Building Fund
$2,618.00	$887.95

ROOF CAMPAIGN (Second Collection)	ROOF CAMPAIGN (In Regular Collection)
$2,962.00	$7,273.40

New Year's Weekend: 01 January 2023

Sunday Offering	Building Fund
$3,468.00	$616.00

New Year's Collection Total: $1,391.00

ROOF CAMPAIGN (Second Collection)	ROOF CAMPAIGN (In Regular Collection)
$791.35	$395.00

Gold Envelopes are in the pews for our weekly second collection for Roof Campaign Donations

Getting Married in 2023?

A Marriage Preparation Program Weekend will be held on Friday, February 10 and Saturday, February 11 hosted at Holy Name of Jesus Parish. The weekend includes dynamic speakers, enriching exercises designed to promote dialogue and discussion amongst the couples, plus an opportunity to celebrate Mass.

Friday session: 6:30 PM—9:00 PM
Saturday session 9:30 AM—5:00 PM (Lunch Provided)

Interested couples are asked to contact Samantha Briggs at 705-471-3284 to register for this preparation.

"God loves each of us
as if there were only one of us."



Funeral Volunteers

Here at the Cathedral we have a wonderful service offered by a group of volunteers. It is a great help to the family of the deceased person, removing the stress of having to feed the friends and family who have come to help them grieve and bury a loved one.

This ministry is open to anyone in the parish, men or women, who would like to help.

Of course there is no way to determine the frequency of working. Sometimes there are two funerals in a week and then you may go for two months without one. You are not obligated to join a team. You can be on the spare list and could be called by any one of the four teams to help. Any way you can help would be welcomed. Please consider joining this very worthwhile group of volunteers. If you wish to be a spare, that's fine too. For further information contact Shirlene Condie-McVeigh at 493-0718.

Supporting our Priests

The priest in the North Bay Region are taking a course called Kick Start offered by Divine Renovations.
The course helps develop a vision and the structures necessary for our priests to meet the needs of the Church today.
They are committed to doing this to better serve us.
Would you like to help?
Join us on January 9 & 23 for one hour of prayer, intercession and adoration for our priests.
Holy Name of Jesus Parish – 7:00 pm
Come and bless your priest!

A New Year - A New Commitment to be a More Spiritual Person in 2023

> "The object of a New Year is not that we should have a new year. It is that we should have a new soul."
>
> -G.K. Chesterton

One small step toward improving your spiritual life is all you need to become a stronger Catholic in the new year. And with each step you take, you can follow it up with another when you're ready.

Renew your baptismal vows: Kick off the new year by renewing your baptismal promises with your family. It's easy, you can do it within your own home, and it will remind you of what it is to be a Catholic. It might just be the boost you need to be a more spiritual person in 2023.

Go to confession: Some of us don't get to confession nearly enough. The new calendar year is your opportunity to get in the habit by setting aside the time to go. Confessions are held from 3:00 to 3:45 PM each Saturday. If this time is not accessible to you, contact the parish office about scheduling a specific time for you to attend. Try to go to confession on a regular basis. If you're nervous, remember that your priest has likely heard it all in confessions over the years and there are apps to help you get through it. Apps can also provide access to daily readings, prayers, podcasts, video series, and other spiritual resources. Read reviews from other users before downloading an app.

Set a time each day to pray: Start small. If you haven't been praying daily at all, set aside just five minutes during your favorite part of the day. If you already pray daily but feel like you can do more, than choose a time of day when you aren't praying to add additional prayer time in. Why not try the Divine Mercy Chaplet at 3:00 PM? If you aren't praying the rosary daily, you can add those 15 minutes in during your day too.

Celebrate feast days with the children: Take a look at a Catholic calendar and find some feast days to celebrate with your children (or grandchildren). Start with your patron saints and find ways to make it fun for children to learn about these saints. Visit cccb.ca/evangelization under Children & Youth to find out more about Canadian saints.

Attend daily Mass: Daily Mass can be tricky when you work or have small children. Our daily Mass is at 12:05 PM from Tuesday to Friday and lasts approximately 30 minutes. While you likely won't be able to attend each day unless you work from home you can put it on your calendar for once a month or once a week and make an effort to go.

Bring a friend to Sunday Mass: We often ask you to invite a friend our neighbour to Mass. Whether the person is a former Catholic, a Catholic who has strayed, or someone who has never been to Catholic Mass or any church service whatsoever, it is an important part of being Catholic to evangelize. Helping someone to see the beauty of the Catholic faith can help reignite your own faith and remind you of why you are Catholic.

Catholic Young Adults (Aged 18-35): Meet other Catholic Young Adults looking to deepen faith, grow in relationship with Jesus, and make some Catholic friends. To receive updates on events that are planned, email youngadultsnb@ssmd.ca to get on the mailing list. Facebook and Instagram @youngadultsnb

EDGE for students in grades 6, 7 & 8—Thursdays from 6:30-8:00 PM: Students are welcome to join us for games, music, prayer, friends and faith at Holy Name of Jesus Church. www.holynamestalphonsus.com/edge

OVER THE EDGE for students in high school grades 9-12-Thursdays at Holy Name from 8:00 –9:30 PM. Come to support one another in growing as young people who know and love our faith in Jesus. Nights include games, talks, prayer and socializing. Now more than ever, we need good friends to support our faith journey in life! www.holynamestalphonsus.com/overtheedge

North Bay Pregnancy Help Resource Center: We have a **Prayer Team** who are vital to this ministry—you are welcome to join! For more information contact Judy at judynbphrc@gmail.com or call 475-9270.

Family Enrichment Program, a targeted resource program for parents and their children age birth to four is looking for volunteers. For more information on how you can help, call 472-2152

St. Francis Table Community Meal: Third Saturday of every month at Holy Name Church from 11:30 AM to 1:00 PM. All are welcome for free food and friendship. Call 495-1501 for more information.

Regional Eucharistic Adoration Tuesday to Friday from 11:30 AM to 4:30 PM at Holy Name. ***We need adorers—can you help?*** Please call Karen Beaulieu at 495-6675.

North Bay Right to Life Collects returnable bottles and cans—drop off at 1498 Pinegrove Crescent under the carport. Thank you!

Good Samaritan Corner



The Compassionate Committee for the Homeless in North Bay recognize that the homeless have urgent needs.

Did you know that most homeless people are able to access free hot water from compassionate restaurants?

The next time you give to area food banks/ soup kitchens please consider the following items that they can use once they receive hot water: dry soup mixes, Ramen noodles, oatmeal, bouillon, freeze-dried food, rice, couscous.

Do you know the top 5 barriers to housing? During the recent Nipissing Counts they discovered the following:

#1 – low income
#2 – rent is too high
#3 – rental units are not available
#4 – substance use
#5 – addiction

46% of those surveyed were chronically homeless for 180 or more days per year.

For more information about the Compassionate Committee for the Homeless in North Bay visit https://www.facebook.com/compassionatecommitteeofnorthbay/ or contact Leah Pierce at 472-5687 or at compassionnorthbay@gmail.com