22 January 2023

Third Sunday in Ordinary Time

# PRO-CATHEDRAL OF THE ASSUMPTION

## 480 McIntyre Street West - North Bay, Ontario - P1B 2Z4

## Welcome to Your Father's House!



Isaiah proclaims a new time, where once there was darkness and despair there will now be light and joy. In the second reading, Paul urges unity among the community in Corinth, reminding them that the Church is one Church in Christ. In the Gospel, Jesus begins his ministry in Galilee, preaching that the kingdom of heaven is at hand. In today's Liturgy of the Word, we read about God's power to fulfill promises. Acknowledging the darkness of life prior to the Messiah, the prophets assure us that there has always been the promise of our salvation. The Gospel proclaims this direct fulfillment of the words in Isaiah, and we know that it is only the beginning of what Jesus sets out to do. Our salvation is at hand.

### *Our Parish Mission Statement*

***We, the members of the Pro-Cathedral of the Assumption community, believe that we have been called through Baptism to live the Good News of Jesus Christ under the patronage of Mary, our Mother. We accomplish this by proclaiming the Word, celebrating the Sacraments, & reaching out to others.***

**Most Rev. Thomas Dowd, D.D.**
**Bishop of the Diocese of Sault Ste. Marie**

**Rev. Larry Rymes**
**Pastor of the Pro-Cathedral Parish**

### PERMANENT MINISTERS

| *Deacons* | *Diocesan Order of Women* |
|---|---|
| Rev. Mr. Albert Falconi | Mrs. Shirley Falconi |
| Rev. Mr. Donald Shago | Mrs. Norma Milligan |
| Rev. Mr. Rick Hamelin | Miss Ruth Godon |
| Rev. Mr. Gary Westenenk | |

Our faith community dates back to 1886 when we were **originally located on Main Street West and called St. Mary's of** the Lake. The cornerstone of the existing Cathedral was laid in 1904. The history of our parish is recorded in the memories of thousands of people who built our community.




**(705) 472-3970**

**(705) 494-8222**

**office@procathedral.ca**

**www.procathedral.ca**

**facebook.com/procathedral**


## Parish Sacraments



**Marriage:** Please pick up a Marriage Information Booklet in the Church Vestibule to review prior to contacting the parish office.

**Anointing the Sick**: Please call the parish office for more information.

**Reconciliation:** 3:00 to 3:45 PM each Saturday.

**Eucharist:** Please see mass schedule published in this bulletin. Call the parish office to arrange for a Eucharistic Minister to visit the sick and shut-in who are unable to attend Mass.

**Adoration of the Blessed Sacrament:** Each Friday from 11:00 am until 12:00 noon.

**Baptism:** Please pick up a Baptism Information Booklet in the Church Vestibule to review prior to contacting the parish office.

The Pro-Cathedral is **wheel chair accessible**. The entrance to the elevator is on Algonquin Avenue. Please enter the vestibule and ring the bell for an attendant. Service available at all weekend masses. Weekday masses service available 11:30 AM to 12:45 PM. A **Hearing Aid System** is available for use by the hearing impaired. Please ask an Usher or Sacristan to assist you upon entering the church.

## OFFICE HOURS THIS WEEK

| | |
|---|---|
| **Monday to Thursday** | **8:30 AM to 4:30 PM** |
| **Friday** | **8:30 AM to 12:00 NOON** |

### Scripture Readings: 23-29 January 2023

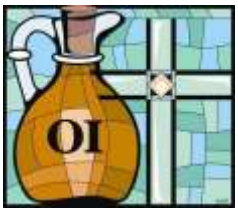
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|---|---|
| Monday | Hebrews 9. 15, 24-28; Mark 3. 22-30 |
| Tuesday | Hebrews 10. 1-10; Mark 3. 31-35 |
| Wednesday | **Acts 22. 3-16; Mark 16. 15-18** |
| Thursday | **2 Timothy 1. 1-8; Luke 10. 1-9** |
| Friday | Hebrews 10. 32-39; Mark 4. 26-34 |
| Saturday | Hebrews 11. 1-2, 8-19; Mark 4. 35-41 |
| Sunday | **Zephaniah 2. 3; 3. 12-13; 1 Corinthians 1. 26-31; Matthew 5. 1-12** |

## *Catholic Women's League*

**"Mark Your Calendars for March 1st!** This is the date of our Council's first General (Meeting) Gathering of 2023. At this meeting an "Instructed Vote" will be taken following reading and discussion on a proposed amendment to the *Constitution & Bylaws 2022 (C&B).* The five proposed revisions are covered in one amendment, so it will not be time consuming. We **do** need a quorum for this Instructed Vote, 10% of our Council members to be in attendance, so please come out to support this important voting process."

### *CWL MEMBERSHIPS*

***You may pick up your Membership Cards in the CWL Box at the entrance back Pew, Algonquin Side. It is never too late to Renew! We invite those not yet members to consider joining - Your Voice Matters.***




## SACRAMENT OF THE SICK

Feb. 11th is the **31st World Day of the Sick.** This year, the Holy Father's message is entitled "Take Care of Him" where Pope Francis invites "all of us to reflect on the fact that it is especially through the experience of vulnerability and illness that we can learn to walk together according to the style of God, which is closeness, compassion, and tenderness."

In honour of this annual occasion, Fr. Larry will be celebrating the Sacrament of the Sick during the **Friday, February 10 noon Mass**. Anyone seriously sick being in danger of death by reason of illness or old age may be anointed.




## Do you love baking?

Our funeral team invites you to help us provide an important component of our funeral lunches to bereaved families—baking! Fancier items similar to Christmas baking is especially welcomed—bars, squares, brownies, shortbreads. **We could really use your assistance.** We like to have a supply of baking on hand so if you can help, please drop items off to the parish office so that we can place them in the freezer. Questions? Call Shirlene at 493-0718.

## Food Bank Sunday ~ Next Weekend

***Our next Food Bank Collection will be held NEXT WEEKEND! Please be generous in helping to stock our shelves for our neighbours in need!***




**Weekday Masses are Held at 12:05 PM**

## MASS SCHEDULE

**Monday, 23 January - Weekday in Ordinary Time**
**No Celebration on Mondays**

**Tuesday, 24 January - Memorial of St. Francis de Sales**
Joan Watier - Catholic Women's League
Paul Smith - Colleen and Bart Hutson
Glennis Dolighan - Richard Dolighan

**Wednesday, 25 January - Feast of The Conversion of St. Paul**
**Devotion to Our Lady of Perpetual Help**

Lillian Veraldi-Wilcock - Myrtle Veraldi
Emile Lamothe - Art and Elizabeth Appleton
Intention of Grace Lough - Elsbeth Dillig

**Thursday, 26 January - Memorial of St. Timothy & St. Titus**
Lois Wishak - Richard Levesque
Intention of Kristy and Nicholas Beaulieu - Karen Beaulieu
Intention of Emma Brisson - Andree Cornish

**Friday, 27 January - Weekday in Ordinary Time**
Bev Brown - Robert and Judy
Walter Martin - Maria Gosselin
Abraham Barrisos & Ester Marroquin - Sergio Barrios

**4:00 PM Saturday, 28 January-Fourth Sunday in Ordinary Time**

Emile Lamothe - Joe and Louise Defonzo
Gerry Lafontaine - Karen-Anne McArthur
Donna Durand - Nola Goulais and Family

**Sunday, 29 January - Fourth Sunday in Ordinary Time**
**9:00 AM** Lloyd Voisin - The Family
Paul Smith - Lum and Angela Ceccanese and Family

**11:00 AM** Intention of the Parishioners - Rev. Larry Rymes

## Third Sunday in Ordinary Time

***"Come after me, and I will make you fishers of men."***

From the disobedience in the Garden, to Cain and Abel, to conflicts and wars throughout the centuries, it's clear that we humans are prone to picking sides and fighting over them.

We hear about this even within the early Church from St. Paul in today's second reading. There were rivalries, and Christians were saying things such as, "I belong to Paul" or "I belong to Cephas." But Paul wisely asks: "Is Christ divided? Was Paul crucified for you? Or were you baptized in the name of Paul?" Clearly not.

There is only one source of Truth – Jesus Christ – and Paul never hesitated to refuse credit for himself, and to instead glorify the Lord in his word and deed. This is the model set for us – to refuse to set ourselves or God-made-in-our-own -image over and against the Triune God who created us. Christ came to unite us with himself and to one another, in reconciliation with the Father. His words are now our words: Repent and believe in the Gospel. Pray for the grace to come together as the body of Christ so that we can be his hands and feet in the world and carry out the work he began.

**Most families in our parish data system were entered long before email was even "a thing" - can you imagine? For our records, we would like to add emails whenever possible to your contact information. Could you please complete the following so we can update our system? Just drop this back to the parish office or email us with the information at: office@procathedral.ca THANK YOU!** ***Please print clearly.***

**FAMILY LAST NAME:** _____ **FIRST NAME:** _____

**EMAIL ADDRESS:** _____



## Building Fund VS Roof Campaign

The **Roof Campaign** specifically goes to the expenses we will incur as we do the work on the tower and roof. We need to raise these funds to have on hand for this planned work.

The **Building Fund** is a collection for regular maintenance of our facilities such as repairs, utilities, snow removal, etc.

We ask that people who made a commitment to the building fund continue to donate to it and view the roof campaign as an extra contribution. ***For those who are currently not contributing to either of these funds, we ask that you consider donating to them in your planned 2023 giving as long as it does not cause a hardship to do so.***

- **Are you using envelope 180 in 2023?** We don't know who you are - please call the parish office.
- Please do not use any envelopes from any year other than 2023 or put previously used numbers on envelopes.
- If putting your envelope number on Roof Campaign envelopes, make sure it is your 2023 number and put your name on the envelope for the month of January so we can cross-reference what number you are using.
- 2022 was closed off January 1, 2023. Donations received after this date will be added to your 2023 income tax receipt.

| Collection: 15 January 2023 | |
|---|---|
| **Sunday Offering** | **Building Fund** |
| **$3,223.65** | **$579.00** |

| ROOF CAMPAIGN (Second Collection) | ROOF CAMPAIGN (In Regular Collection) |
|---|---|
| **$798.70** | **$1,740.00** |

**Roof Campaign - Investment Shares**

**$7,260.28**

**Talk to your Financial Advisor about how you can make a similar donation in this unique way.**




**The Blessing of the Throats** is a sacramental of the Roman Catholic Church, ordinarily celebrated on February 3, the feast day of Saint Blaise of Sebaste. Saint Blase was the bishop of Sebaste in Armenia during the fourth century and was reputed to have miraculously cured a little boy who nearly died because of a fishbone in his throat. From the eighth century he has been invoked on behalf of the sick, especially those afflicted with illnesses of the throat. ***The blessing of throats will take place at the Masses on February 4 and 5 for anyone who would like to receive this blessing.***

## Parish Donations ~ We Need Your Support

***If you need any information on our donation options, please do not hesitate to call or email the parish office.***

**If you are currently not contributing financially we ask that you prayerfully consider making a financial commitment to the parish.**

### Ways You can Help Support our Parish

- **Parish Envelopes**
- **Pre-authorized donations from your bank account.**
- **Credit card donations**
- **E-transfer music.finance@procathedral.ca**
- **Use our "Donate Today" button on our website at procathedral.ca**

**Only if it does not cause financial hardship—we appreciate your financial support!**

## Supporting our Priests

**Join us on January 23 for one hour of prayer, intercession and adoration for our priests.**
**Holy Name of Jesus Parish – 7:00 pm**
**Come and bless your priest—Reception Follows**

**The priest in the North Bay Region are committed to serving us better by taking a course called Kick Start offered by Divine Renovations. The course helps develop a vision and the structures necessary for our priests to meet the needs of the Church today.**

**The Diocese of Sault Ste. Marie is once again hosting the 2023 Northern Ontario Catholic Leadership Conference on Saturday, February 25, 2023 at St. Joseph-Scollard Hall in North Bay. Registration for this event is now open at www.holynamestalphonsus.com/levelup**

**SEE POSTER BELOW**







**ALPHA EXPERIENCE BEGINS FEBRUARY 6, 2023**

Imagine what it would look like if each one of us invited one person that we already share life with to explore a relationship with Jesus through Alpha and find new hope this year.
We are asking our parishioners to have the courage to invite someone or even sponsor them through the Alpha Experience, where they can come to learn more about faith and ask the tough questions that prevent them from having a relationship with Jesus.
Alpha begins February 6 and continues for 11 weeks each Monday evening at Holy Name of Jesus Church (895 Memorial Drive). A free meal begins each session. More information at www.alphanorthbay.com

**Who will you invite?**

**Euchre Tournament:** Come join us for a fun day of cards while supporting the restoration of our St. Joseph's church building in Powassan. Light luncheon provided and prizes to be won -250 Clark Street, Powassan. Saturday, Feb 4 from 10am- 2pm. $20/person

**Catholic Young Adults (Aged 18-35):** Meet other Catholic Young Adults looking to deepen faith, grow in relationship with Jesus, and make some Catholic friends. To receive updates on events that are planned, email youngadultsnb@ssmd.ca to get on the mailing list. Facebook and Instagram @youngadultsnb

**EDGE for students in grades 6, 7 & 8—Thursdays from 6:30-8:00 PM:** Students are welcome to join us for games, music, prayer, friends and faith at Holy Name of Jesus Church. www.holynamestalphonsus.com/edge

**OVER THE EDGE for students in high school grades 9-12-Thursdays at Holy Name from 8:00 –9:30 PM.** Come to support one another in growing as young people who know and love our faith in Jesus. Nights include games, talks, prayer and socializing. Now more than ever, we need good friends to support our faith journey in life! www.holynamestalphonsus.com/overtheedge

**North Bay Pregnancy Help Resource Center:** We have a **Prayer Team** who are vital to this ministry—you are welcome to join! For more information contact Judy at judynbphrc@gmail.com or call 475-9270.

**Family Enrichment Program,** a targeted resource program for parents and their children age birth to four is looking for volunteers. For more information on how you can help, call 472-2152

**St. Francis Table Community Meal:** Third Saturday of every month at Holy Name Church from 11:30 AM to 1:00 PM. All are welcome for free food and friendship. Call 495-1501 for more information.

**Regional Eucharistic Adoration** Tuesday to Friday from 11:30 AM to 4:30 PM at Holy Name. ***We need adorers—can you help?*** Please call Karen Beaulieu at 495-6675.

**North Bay Right to Life Collects returnable bottles and cans—**drop off at 1498 Pinegrove Crescent under the carport. Thank you!

**Good Samaritan Corner**

The **North Bay Roman Catholic Charities** is located at the Pro-Cathedral of the Assumption. They serve between 50-70 homeless and near homeless people in North Bay each Tuesday and are looking for the following items: sugar, powdered milk, kid's snacks, cereal, juice boxes, dog food. Volunteers are always welcome. Please drop off donations Tuesday morning or at the parish office. For more information contact the parish office at 472-3970.

*Did you know that during the Nipissing Counts 2021, point-in-time count, held from Wednesday, October 13th, to Thursday, October 14th identified the* ***top 5 reasons for homelessness in Nipissing District*** *are the following?*

Reasons not indicated on survey = 38
Substance abuse = 29
Conflict with spouse/partner = 29
Incarceration = 25
Not enough income = 24

46% of respondence were chronically homeless (homeless for 180 or more days per year).

**For more information about the Compassionate Committee for the Homeless in North Bay visit https://www.facebook.com/compassionatecommitteeofnorthbay/ or contact Leah Pierce at 472-5687 or at compassionnorthbay@gmail.com**