27 November 2022

First Sunday of Advent

PRO-CATHEDRAL OF THE ASSUMPTION

480 McIntyre Street West - North Bay, Ontario - P1B 2Z4

Welcome to Your Father's House!



The promise of Advent is the promise of a candle in a dark room – of the dawn breaking over the horizon. It is the promise that the darkness cannot stand in the presence of the light. In this holy season, we must be watchers, searching for Christ's light, eagerly awaiting the dawn. Are we awake? Are we prepared? Isaiah prophesies the nations streaming toward *the mountain of the Lord's house* and all nations being instructed in God's ways. Paul warns the Romans that salvation is near, and the day is at hand, so they should *put on the armor of*. In the Gospel, Jesus warns his disciples to stay awake for the coming of the Son of Man.

Our Parish Mission Statement

We, the members of the Pro-Cathedral of the Assumption community, believe that we have been called through Baptism to live the Good News of Jesus Christ under the patronage of Mary, our Mother. We accomplish this by proclaiming the Word, celebrating the Sacraments, & reaching out to others.

Most Rev. Thomas Dowd, D.D.
Bishop of the Diocese of Sault Ste. Marie

Rev. Larry Rymes
Pastor of the Pro-Cathedral Parish

PERMANENT MINISTERS

Deacons

Rev. Mr. Albert Falconi
Rev. Mr. Donald Shago
Rev. Mr. Rick Hamelin
Rev. Mr. Gary Westenenk

Diocesan Order of Women

Mrs. Shirley Falconi
Mrs. Norma Milligan
Miss Ruth Godon

Our faith community dates back to 1886 when we were **originally located on Main Street West and called St. Mary's of** the Lake. The cornerstone of the existing Cathedral was laid in 1904. The history of our parish is recorded in the memories of thousands of people who built our community.



(705) 472-3970

(705) 494-8222

office@procathedral.ca

www.procathedral.ca

facebook.com/procathedral

Parish Sacraments



Marriage: Please pick up a Marriage Information Booklet in the Church Vestibule to review prior to contacting the parish office.

Anointing the Sick: Please call the parish office for more information.

Reconciliation: 3:00 to 3:45 PM each Saturday.

Eucharist: Please see mass schedule published in this bulletin. Call the parish office to arrange for a Eucharistic Minister to visit the sick and shut-in who are unable to attend Mass.

Adoration of the Blessed Sacrament: Each Friday from 11:00 am until 12:00 noon.

Baptism: Please pick up a Baptism Information Booklet in the Church Vestibule to review prior to contacting the parish office.

The Pro-Cathedral is **wheel chair accessible**. The entrance to the elevator is on Algonquin Avenue. Please enter the vestibule and ring the bell for an attendant. Service available at all weekend masses. Weekday masses service available 11:30 AM to 12:45 PM. A **Hearing Aid System** is available for use by the hearing impaired. Please ask an Usher or Sacristan to assist you upon entering the church.

OFFICE HOURS THIS WEEK

Monday to Thursday	**8:30 AM to 4:30 PM**
Friday	**8:30 AM to 12:00 NOON**

Scripture Readings: 28 NOV—04 DEC 7

Monday	Isaiah 4. 2-6; Matthew 8. 5-11, 13
Tuesday	Isaiah 11. 1-10; Luke 10. 21-24
Wednesday	Romans 10. 9-18; Matthew 4. 18-22
Thursday	Isaiah 26. 1-6; Matthew 7. 21, 24-27
Friday	Isaiah 29. 17-24; Matthew 9. 27-31
Saturday	Is. 30. 19-21, 13-26; Mt. 9. 35—10. 1, 5a, 6-8
Sunday	Isaiah 11. 1-10; Romans 15. 4-9; Matthew 3.1-12

Have you ever considered being an Usher?
We could use your help at our 4 PM and 9 AM Weekend Masses.
If you think you can help us out, please call or email the parish office.

We need your helping ...

Membership is Priceless!
November and December are CWL Membership Months

It is time to purchase or renew your membership in The League. Dues are $40.00 per year.
Membership envelopes can be found at the back of the church and you can place your envelope in the collection basket or the mail slot at the parish office. Memberships purchased by December 31 will be entered into our *EARLY BIRD DRAW*, winner to be drawn at our first General Meeting of 2023, March 8.

The December 7th CWL Dinner will joyfully be celebrated with an old-fashioned potluck dinner!
All ladies of the parish are invited to come out and bring one item to share for the buffet table.

In the spirit of giving, please bring a warm item to be donated to Catholic Charities which runs out of the Pro-Cathedral rectory basement. Hats, warm socks, mitts, scarves - all are welcome to help our neighbours in need.
Come out to our dinner and bring a friend to join in the fun!

Christmas Memorial Flowers & Decorations

A beautiful way to remember loved ones during this holy season is to donate memorial flowers and decorations in their memory. Your donation will help decorate the altar and sanctuary during the Christmas Season.
Pre-printed envelopes are available for your donation at the entrance to the church. Please fill out the requested information as neat as possible (printing would be best!). Include your donation and return the envelope to the office or in the weekly collection. A listing of remembrances will be printed in the Christmas Sunday Bulletin. ***Please have your names to the parish office by Monday, December 19.***

Remember your loved ones this Christmas while helping to decorate for this beautiful season!

MASS SCHEDULE
Weekday Liturgies are Held at 12:05 PM

Monday, 28 November - Weekday of Advent
No Celebration on Mondays

Tuesday, 29 November - Weekday of Advent
Deborah Kennelly - Diane and Al Orlando
For Souls in Purgatory - A Parishioner

Wednesday, 30 November - Weekday of Advent
Devotion to Our Lady of Perpetual Help

Simone Truchon - Suzanne Lukasik
John de Viveiros - Maria de Viveiros
Intention of Kristy and Nicholas Beaulieu

Thursday, 01 December - Weekday of Advent
Mildred Puddister - The Family
Isabelle Kunkel - Margaret Anne Lafontaine

Friday, 02 December - Weekday of Advent
Milan Hlusek - Emilia and Michelle
Mignonne Delguidice - Norma Milligan

4:00 PM Saturday, 03 December - Second Sunday of Advent
Eugenio and Maria Gerbasi - The Family
John de Viveiros - Maria de Viveiros and Family

Sunday, 04 December - Second Sunday of Advent
9:00 AM Leo Poulin - Simone and Henriette Potvin
Rollande Laframboise - Linda Ellis

11:00 AM Intention of the Parishioners - Rev. Larry Rymes



Adoration of the Blessed Sacrament
Each Friday 11 AM - NOON

May we never allow opportunities for encounter between civilizations, religions and cultures to evaporate. Let us never permit the roots of our humanity to dry up! Let us work together! Let us work for togetherness, for hope! Pope Francis



Beautiful Stained Glass Window All-Occasion Cards

Purchases Support the Pro-Cathedral Building Fund Campaign

Inside Blank - Use for:
- Thank You, Christmas, Personal Note Cards, Birthdays, Anniversaries & More!
- $10 for Six Beautiful Cards of Selected Pro-Cathedral Stained Glass Windows
- The Annunciation (2 Styles), The Visitation, Presentation of the Rosary, Jesus Blesses the Children, Thou Art Peter



Pickup at Parish Office or before and after Mass

Respect for Life Mass



Our Respect for Life Mass celebrates the sanctity and dignity of each human life from conception to natural death. This mass is celebrated December 8 on the Solemnity of the Immaculate Conception of the Blessed Virgin Mary. Everyone welcome to attend this special Mass with a reception to follow in the Parish Hall.

Pro-Cathedral of the Assumption
~ 12:05 Noon Mass ~
Thursday, 08 December



WARNING……WARNING: ADVENT VIRUS

Be on the alert for symptoms of inner **Hope, Peace, Joy and Love**. The hearts of a great many have already been exposed to this virus and it is possible that people everywhere could come down with it in epidemic proportions. This could pose a serious threat to what has, up to now, been a fairly stable condition of conflict in the world.

Some signs and symptoms of The Advent Virus:

- A tendency to think and act spontaneously rather than on fears based on past experiences.
- An unmistakable ability to enjoy each moment.
- A loss of interest in judging other people.
- A loss of interest in interpreting the actions of others.
- A loss of interest in conflict.
- A loss of the ability to worry.
- Frequent, overwhelming episodes of appreciation.
- Contented feelings of connectedness with others and nature.
- Frequent attacks of smiling.
- An increasing tendency to let things happen rather than make them happen.

An increased susceptibility to the love extended by others as well as the uncontrollable urge to extend it. This virus can and has affected many systems. Some systems have been completely cleaned out because of it.

COLLECTION REPORT: 20 November	
Sunday Offering	**Building Fund**
$4,483.00	**$563.00**

ROOF CAMPAIGN
$6,555.00 TO DATE

Next week we will begin reporting the amount collected weekly for the Roof Campaign

REVERSE ADVENT CALENDAR TO HELP MAKE ADVENT MORE MEANINGFUL

Each day add an item to a box. On the weekend of 07-08 January bring your donations to church for our Catholic Charities Food Bank. Located in the rectory, our food bank distributes items on Tuesday mornings.

December 1	Box of Cereal
December 2	Peanut Butter
December 3	School Snack
December 4	Box of Potatoes
December 5	Can of Soup
December 6	Canned Fruit
December 7	Canned Tomatoes
December 8	Tea Bags
December 9	Cake Mix
December 10	Jar of Applesauce
December 11	Canned Potatoes
December 12	Granola Bars
December 13	Canned Beans
December 14	Box of Crackers
December 15	Package of Rice
December 16	Box of Toothpaste
December 17	Package of Pasta
December 18	Spaghetti Sauce
December 19	Macaroni & Cheese
December 20	Can of Corn
December 21	Canned Tuna
December 22	Jar of Jam
December 23	Drinking Box
December 24	Can Vegetable

Feel free to make substitutions. Dried milk, coffee, mustard, relish, ketchup, bar of soap, toilet paper, etc.



Development and Peace
CARITAS CANADA

A MOVEMENT for GLOBAL JUSTICE

Development and Peace—Caritas Canada is the official international development organization of the Catholic Church in Canada.

Our 11,000+ members across Canada are the heart of what we are: a popular movement for international solidarity that acts for social justice.

We support humanitarian aid and people-led development programs inspired by Catholic Social Teaching, especially the preferential option for the poor.

What can we do to address the challenges that we are facing globally? Be part of the change by joining our campaigns, by becoming a member, and by making a donation.

As part of our 55th Year of Service, D & P has set a goal to recruit 550 new members - won't you be one of them? Membership registration forms are available in the pamphlet racks at the entrance to the church or by using the online, preferred method at devp.org

Membership is FREE! Belong to a community who share your values, learn about international development and social justice through our workshops and webinars, contribute to the success of our education, advocacy, and fundraising campaigns. Join us and amplify your voice to bring about positive social change.

For more news about how Development and Peace-Caritas Canada is helping in Ukraine, Somalia and Haiti, visit procathedral.ca under OUT-REACH

This year could be the year! No rushing around, no crazy last-minute shopping, no stress. How about studying the daily readings, read that Advent devotional, settle into the season of waiting?



Advent gives us an opportunity to ready our souls for Jesus' coming. It's less about what we do when than about preparing our hearts. Through prayer, study and the liturgies of this season, we can ask God to help us clean house within and prepare for Jesus' coming.

Today is not only the first Sunday of Advent, but the first day of the liturgical year. Today's readings encourage us to prepare for Christ's coming. St. Paul's imagery: "Let us then throw off the works of darkness and put on the armor of light. Let us … put on the Lord Jesus Christ." Just as we make resolutions for the new calendar year, Advent affords us an opportunity to start anew. However, the gift of our faith reminds us that we are not alone in this! We can seek the help of the Holy Spirit through prayer. We can be a light to others through our words, attitudes, and actions. As we light our houses and light our Christmas trees this year, we can remember to put on the armor of light ourselves as we begin this holy season.

Supporting our Priests

The priest in the North Bay Region have decided to take a 6 series course called Kick Start offered by Divine Renovations. The course helps develop a vision and the structures necessary for our priests to meet the needs of the Church today. They are committed to doing this to better serve us. Would you like to help? Join us for 5 Monday nights, for one hour of prayer, intercession and adoration for our Priests December 5 & 19. January 9 & 23 Holy Name of Jesus Parish – 7:00 pm Come and bless your priest!

Job Opening—North Bay Pregnancy Help Resource Center has a current opening for an Executive Director. This is a part time permanent position 24 hours / week, (Including some evenings or weekends.) Our MISSION STATEMENT: We demonstrate Christ's love to anyone challenged by an unexpected pregnancy or pregnancy loss by providing hope, emotional and practical support. Accurate information and education is offered in a non-judgmental, confidential and compassionate environment. See job posting on bulletin board or email NBPHRC@hotmail.com for further information.

Catholic Young Adults (Aged 18-35): Meet other Catholic Young Adults looking to deepen faith, grow in relationship with Jesus, and make some Catholic friends. To receive updates on events that are planned, email youngadultsnb@ssmd.ca to get on the mailing list. Facebook and Instagram @youngadultsnb

St. Peter's Church 27th Turkey Dinner (Take-out Only) Sunday December 4 from 4:30-6:30pm. Meal includes dessert. Limited Number of Tickets call the church office to purchase your tickets 472-1817. Tickets are $18 for one ticket & $30 for two tickets.

2022 Advent Mission at St. Peter's Church with Father Allan MacDonald, CC of the Companions of the Cross. Father Allan will lead us in a journey with the theme: "Give God Permission". What better way to prepare our hearts for Christmas! Every night – December 12, 13, & 14. 6:30pm Confessions, 7:00pm Mass with extended homily, 8:15pm Social. Invite a friend—we look forward to spending the evening with you!

EDGE for students in grades 6, 7 & 8—Thursdays from 6:30-8:00 PM : Students are welcome to join us for games, music, prayer, friends and faith at Holy Name of Jesus Church. www.holynamestalphonsus.com/edge

OVER THE EDGE for students in high school grades 9-12-Thursdays at Holy Name from 8:00 –9:30 PM. Come to support one another in growing as young people who know and love our faith in Jesus. Nights include games, talks, prayer and socializing. Now more than ever, we need good friends to support our faith journey in life! www.holynamestalphonsus.com/overtheedge

North Bay Pregnancy Help Resource Center: We have a **Prayer Team** who are vital to this ministry—you are welcome to join! For more information contact Judy at judynbphrc@gmail.com or call 475-9270.

Good Samaritan Corner



The Compassionate Committee for the Homeless in North Bay will be holding its second **Soles for Souls Campaign** on Saturday, December 3 from 9 am to 3 pm at the Pro-Cathedral parking lot. Show compassion for our brothers and sisters who are homeless and are at the lowest point in their lives by donating new mitts, hats, scarves, warm socks, and monetary donations for boots and shoes. Be that change!

The Compassionate Committee has partnered with Trinity United Church to offer an information session entitled ***"What you need to know about helping people who are experiencing homelessness."*** Frontline organizations attending will include: Canadian Mental Health Association of North Bay and District (Healthy Community Ambassador Program); District of Nipissing Social Services Administration Board; True Self; AIDS Committee of North Bay. Please join us on Friday, December 2 at Trinity Church, 111 McIntyre St. E., in the Sanctuary, doors open at 6:30 pm to learn to learn from frontline organizations how they support people experiencing homelessness in North Bay, what they observe, and an opportunity to ask questions. Those attending are encouraged to donate hats, mitts, warm socks, scarves, or monetary donations for the purchase of boots and shoes in support of the Soles for Souls Campaign (see above).

St. Brice's Anglican Church Training Session by Caitlin Dobratz and Tawnia Healy from the Health Unit on Sunday, December 4, 12:30 pm on ***how to facilitate conversations with people who may be experiencing mental health/substance use*** concerns followed by a naloxone training. Contact Leah at 472-5687 for more information.

For more information about the Compassionate Committee for the Homeless in North Bay visit https://www.facebook.com/compassionatecommitteeofnorthbay/ or contact Leah Pierce at 472-5687 or at compassionnorthbay@gmail.com