19 JUNE 2022

BODY & BLOOD OF CHRIST

PRO-CATHEDRAL OF THE ASSUMPTION

480 McIntyre Street W.
North Bay, ON P1B 2Z4

HAPPY Father's DAY

Welcome to Your Father's House!

In the first reading, Melchizedek – a priest of God Most High – brings bread and wine to Abram and blesses him. Paul writes to the Corinthians, telling them what he received from the Lord: that the Lord offered his body and blood to his disciples. Paul says, as often as you eat this bread and drink the cup, you proclaim the death of the Lord until he comes. In the Gospel, Jesus speaks to the crowds **about God's kingdom and heals all who need healing. He then feeds them (about five thousand in** number), using five loaves and two fish. Today we profess and acknowledge the Eucharist as the **source and summit of our faith. Here, under the appearance of bread and wine, Christ's body and blood are broken and shared, and we celebrate Christ's enduring presence with us. Here we encounter** his compassionate love and healing, and here we are strengthened and nourished to live the Gospel.

Our Parish Mission Statement

We, the members of the Pro-Cathedral of the Assumption community, believe that we have been called through Baptism to live the Good News of Jesus Christ under the patronage of Mary, our Mother. We accomplish this by proclaiming the Word, celebrating the Sacraments, & reaching out to others.

Most Rev. Thomas Dowd, D.D.
Bishop of the Diocese of Sault Ste. Marie

Rev. Larry Rymes
Pastor of the Pro-Cathedral Parish

PERMANENT MINISTERS

Deacons	*Diocesan Order of Women*
Rev. Mr. Albert Falconi	Mrs. Shirley Falconi
Rev. Mr. Donald Shago	Mrs. Norma Milligan
Rev. Mr. Rick Hamelin	Miss Ruth Godon
Rev. Mr. Gary Westenenk	

Our faith community dates back to 1886 when we were **originally located on Main Street West and called St. Mary's of** the Lake. The cornerstone of the existing Cathedral was laid in 1904. The history of our parish is recorded in the memories of thousands of people who built our community.



(705) 472-3970

(705) 494-8222

office@procathedral.ca

www.procathedral.ca

facebook.com/procathedral

Parish Sacraments



Marriage: Please pick up a Marriage Information Booklet in the Church Vestibule to review prior to contacting the parish office.

Anointing the Sick: Please call the parish office for more information.

Reconciliation: 3:00 to 3:45 PM each Saturday.

Eucharist: Please see mass schedule published in this bulletin. Call the parish office to arrange for a Eucharistic Minister to visit the sick and shut-in who are unable to attend Mass.

Adoration of the Blessed Sacrament: Each Friday from 11:00 am until 12:00 noon.

Baptism: Please pick up a Baptism Information Booklet in the Church Vestibule to review prior to contacting the parish office.

The Pro-Cathedral is **wheel chair accessible**. The entrance to the elevator is on Algonquin Avenue. Please enter the vestibule and ring the bell for an attendant. Service available at all weekend masses. Weekday masses service available 11:30 AM to 12:45 PM. A **Hearing Aid System** is available for use by the hearing impaired. Please ask an Usher or Sacristan to assist you upon entering the church.

OFFICE HOURS THIS WEEK

Monday—Thursday	**8:30 AM to 4:30 PM**
Friday	**8:30 AM to 12:00 NOON**

Scripture Readings: 20 ~ 26 June	
Monday	2 Kings 17. 5-8, 13-15a, 18; Matthew 7. 1-5
Tuesday	2 Kings 19. 9b-11, 14-21, 31-36; Mt 7. 6, 12-14
Wednesday	2 Kings 22. 8-13; 23. 1-3; Matthew 7. 15-20
Thursday	Isaiah 49. 1-6; Acts 13. 22-26; Luke 1. 57-66, 80
Friday	Ezekiel 34. 11-16; Romans 5. 5b-11; Lk. 15. 3-7
Saturday	Isaiah 61. 9-11; Luke 2. 41-51
Sunday	1 Kings 19. 16b, 19-21; Galatians 5. 1, 13-18; Luke 9. 51-62



Blessings to
Noreen & Colin Vezina
who celebrate
66 Years of Marriage
on Thursday, 23 June 2022.
♥
May God bless you with an abundance of peace, joy, and love this coming year.

Pope Francis invited the universal Church to participate in the Synod of Bishops back in December 2021 on the topic of synodality.

Back in the 1960's Saint Pope Paul VI established a universal body called the Synod of Bishops which met on average every 3 years to discuss topics established by the Pope.

The usual final product of the Synod is a document presented to the Pope to serve as input for him to write a post-Synodal "exhortation", a kind of summary that can also serve as record of decisions and an action plan.

In January 2022, Bishop Dowd invited the people of our Diocese to participate in a synodal process by meeting and sharing on a series of questions.

With input from across the Diocese, a Synthesis or the final reports of the synodal consultation phase is now available for your viewing at:

https://dioceseofsaultstemarie.org/synod

Extra Ordinary Ministers of Holy Communion

For those who do not receive their schedule on-line, the new July to November schedule is available for pickup in the Sacristy this weekend.



The Pro-Cathedral Prayer Line consists of a group of parishioners who pray for the needs of others.

Concerns great and small are presented to the Lord on your behalf.

If you have a prayer request
***or would like to join the group* call**
Sister Shirley McNamara at 474-3800, Ext. 295
or Lorraine Atchison at 474-0613

MASS SCHEDULE

Weekday Liturgies are Held at 12:05 PM

Monday, 20 June - Weekday in Ordinary Time
Communion Service

Tuesday, 21 June - Memorial of St. Aloysius Gonzaga, Religious
Lucille Desormeau - Carole Valade and Claudette St. Louis
Intention of Joan Watier - Andree Cornish

Wednesday, 22 June - Weekday in Ordinary Time
Devotion to Our Lady of Perpetual Help

Rocco and Maria Schiavo - Arthur and Lucille Schiavo
Intention of Grant Lafontaine - Margaret Anne Lafontaine

Thursday, 23 June - The Nativity of St. John the Baptist
Santa Cappadocia - Elfio, Mary Lou, and Peter Cappadocia
Intention of Kristy Beaulieu - Karen Beaulieu

Friday, 24 June - Solemnity of the Most Sacred Heart of Jesus
For Souls in Purgatory - A Parishioner
Marc Bedard - Bonnie Parslow

4:00 PM Saturday, 25 June - Thirteenth Sunday in Ordinary Time
Bertha Yzereef - Helena Potter
Rejane Porterfield - Mary Kelly

Sunday, 26 June - Thirteenth Sunday in Ordinary Time
9:00 AM Roy Swanson - Bunty Swanson
Rita Reed - Cecile Robert

11:00 AM Intention of the Parishioners - Rev. Larry Rymes



Adoration of the Blessed Sacrament
Each Friday 11 AM - NOON



Blessed white candles are available immediately before and after all masses on the weekend and weekdays. You may enter the Sacristy to pick up and light a vigil candle. At that time you may place your candle on the stand. An offering of $5 per candle is suggested to help defray costs.

COLLECTION REPORT: 12 JUNE	
Sunday Offering	**Building Fund**
$2,983.00	**$922.00**

Please Remember our Parish when you are on holiday this Summer!
If you attend and are not a regular donator we need your financial support.

Welcome and Thank You to our Newest Usher & Minister of Hospitality!

Please join us in welcoming Ben to the usher ministry! Ben is one of a few new youth ushers who are sharing their gifts of welcome and hospitality.



We are happy to welcome all those 7 - 18 years of age to join this ministry for any one of the three masses each weekend. Parents, please contact Karen Steel at the Pro-Cathedral office: 472-3970 or office@procathedral.ca if you would like to know more or to register your young ones to join as a youth usher.



Almighty God, as we observe Father's Day, we lift all the fathers of this world up to you with adoration and love.
Bless those fathers who have taken upon themselves the responsibility of parenting.
Bless those who have lost a spouse to death, separation, or divorce, and who are parenting their children alone.
Bless those who long to be fathers and those for whom this day is difficult.
Strengthen all Dads by your love that they may become the loving, caring persons they are meant to be.
Grant this through Christ our Lord, Amen.

Holy Father's June Prayer Intention

We pray for Christian families around the world; may they embody and experience unconditional love and advance in holiness in their daily lives.

Food Bank Collection
Help Fill our Shelves for Summer!



Bring your donations for the Catholic Charities Food Bank to mass next weekend or drop them off at the parish office. We are in need of individually wrapped snacks, drinking boxes, granola bars, etc. Other suggestions: peanut butter, jam, canned meat, tuna, salmon, spaghetti sauce, vegetables, beans, powdered milk, rice, pasta and cooking oils.

A Plea from Peru to the Canadian Mining Industry



The Prospectors and Developers Association of Canada (PDAC) was held this week in Toronto. The Episcopal Commission for Social Action (CEAS), a long-time Peruvian partner of Development and Peace — Caritas Canada, has written an open letter to the convention delegates.

CEAS is the official organization of the Peruvian Episcopal Conference that works for the defense and promotion of human rights in the light of the Gospel and the social doctrine of the Catholic Church. In an open letter, Bishop Jorge Izaguirre Rafael, president of CEAS, addresses important issues concerning the Peruvian mining sector, in which Canadian companies play a major role.

The letter can be viewed on our website at procathedral.ca under LINKS



In preparation for the 10th World Meeting of Families (WMF), the CCCB Standing Committee for Family and Life is hosting a live and nationwide **Rosary for the Family** via Zoom Webinar. The free, virtual event will take place on Sunday, June 19th, 2022, at 3:00 p.m. (DST) and will be facilitated by several families from across the country.

As part of the *Amoris Laetita Family Year*, the Pope's Worldwide Prayer Network and the Dicastery for the Laity, Family and Life have published a "***Rosary for the Family***". The publication is a beautiful meditation focused on families, children, couples and grandparents. It is the hope of the Standing Committee for Family and Life that this moment will be an opportunity to gather at the national level in prayer as well as to witness alongside other faith-filled families.

To view the meditation publication and sign up to participate in this live event, go to our webpage at procathedral.ca, and click on LINKS

Come back to the Catholic Church

We will Welcome You!

Have Questions? Call us: 705-472-3970

Or Email: office@procathedral.ca

The Solemnity of the Most Holy Body and Blood of Christ



On the Solemnity of the Most Holy Body and Blood of Christ, we as Catholics reflect on the source and summit of our faith. "For in the blessed Eucharist is contained the whole spiritual good of the Church, namely Christ himself …" *(catechism, 1324)* Our readings today remind us that the Eucharist is more than a powerful symbol; as Catholics, we believe we receive Christ himself – body, blood, soul, and divinity – in the form of the consecrated bread and wine. As Pope Francis said in a homily on this solemnity in 2019: "If we receive it into our hearts, this bread will release in us the power of love. We will feel blessed and loved, and we will want to bless and love in turn." That is what the early disciples did, whether feeding the 5,000 or nurturing the early Church. The Eucharistic Revival gives each of us an opportunity to give thanks for the gift of the Eucharist and share it with others.

Eucharistic Adoration is an excellent opportunity to spend time with Jesus and reflect on Christ's gift of himself in the Eucharist. What should be our response to this gift? As Pope Francis has said, it is a call "to go out and bring Jesus to others." Just as Jesus challenged the disciples when they didn't think they had enough bread and fish to serve the 5,000, we may feel we "don't have enough" to give. Nourished by the Eucharist, however, and by our devotion to the real presence of God in that Eucharist, we have all we need to go out and witness to the love of Jesus. Go forth and announce the Gospel of the Lord.

Adoration in the Pro-Cathedral Every Friday
10:00 AM to 12:00 NOON

2022 CATHOLIC FAMILY RETREAT

July 30, 31 & August 1

The 2022 Catholic Family Retreat will be hosted on
SAT, July 30; SUN, July 31 and MON, August 1
at Sacred Way Farm
(745 Kells Road, Powassan, Ontario)

Join us for prayer, worship, Adoration, family games, activities and inspiring talks. Optional camping on site is available too. For more information, a complete itinerary of the weekend events, to see our guest speakers and to register your family, please visit:
holynamestalphonsus.com/familyretreat.



The 2022 Catholic Family Retreat is proudly presented by Sacred Way Ministries, Holy Name of Jesus Church, North Bay; St. Alphonsus Liguori Church, Callander; & St. Joseph Church, Powassan.



REGIONAL NEWS

North Bay Right to Life/Pro-vie can be reached by calling 474-3666 or by mail at Box 235 North Bay Ontario P1B 8H2. Our Mandate is Pro-Life Education, and we work to deepen respect for human life and heighten public opposition to abortion and euthanasia and other threats against human life. **View our newsletter on the Pro-Cathedral Website at procathedral.ca under LINKS**. If you can help, we collect pop cans, wine bottles, beer cans and bottles which can be dropped off to the carport at **1498 Pinegrove Crescent**. Thank you for your support!

Pilgrimage to the Shrine of St. Ann, Cormac, Ontario: Celebrate with Bishop Guy Desrochers from Thursday, July 28 at 7 PM to Sunday, July 31 at 2 PM with Mass, Homilies, Mass of Healing, Exposition, and Reconciliation. Food and refreshments available. For information call 613-628-2020 or visit www.cormacpilgrimage.ca

Near North Palliative Care Network Live Butterfly Release on July 9 from 11 AM to 2:00 PM. A celebration of life and a day of remembrance for those we have lost during the Covid-19 pandemic. Email events@nnpcn.com or call 497-9239 for more information.

North Bay Pregnancy Help & Resource Centre: Appointments can be made to see clients/visitors by calling 475-9270. Along with guidance and support, did you know that we provide layettes to new moms and also have a baby clothes closet? Donations of diapers, wipes, baby wash, etc. & much more are appreciated. Please call to see what our requirements are. If you would like to volunteer, or be part of our prayer ministry, email judyproulx@icloud.com



The Good Samaritan Corner

The Compassionate Committee for the Homeless in North Bay recognize that the homeless have urgent needs.

Did you know that Shawna Lafreniere at St. John's Anglican Church, located at 301 Main Street East, is offering free haircuts for those who cannot afford a wash and a cut every Wednesday from 9 a.m. to 3 p.m? Please consider donating the following: shampoo, conditioner, hair products, towels and hairdressing capes.

For more information call Leah Pierce at 705-472-5687 or visit https://www.facebook.com/compassionatecommitteeofnorthbay

Development and Peace Stamp Collection



Don't forget that your stamps affixed to the right corner of your envelopes can help fund Development and Peace projects as they sell them to stamp collectors. Please support this initiative by simply cutting off the stamps from your envelopes without damaging the perforations.

Save them in baggies/envelopes & drop them into the office mail slot.

Our D & P Coordinator, Lorraine Atchison, will make sure they are sent to the Stamp Project. Thank you!