20 February 2022

Seventh Sunday in Ordinary Time

PRO-CATHEDRAL OF THE ASSUMPTION

480 McIntyre Street West - North Bay, Ontario - P1B 2Z4

Welcome to Your Father's House!



Even though Saul is delivered into his hands by the Lord, David chooses not to kill him. Paul writes that just as we have borne the image of Adam, we shall also bear the image of Christ. Jesus tells his disciples to love their enemies, give to everyone who asks, and be merciful as the Father is merciful. The Lord delivers Saul into David's hands, and yet David chooses not to kill but to show mercy. As followers of Christ, we are called to love even our enemies and treat them as we would want them to treat us. We are asked to ignore our natural inclinations toward revenge and recompense, and instead choose forgiveness and generosity – to conform ourselves to Christ.

Our Parish Mission Statement

We, the members of the Pro-Cathedral of the Assumption community, believe that we have been called through Baptism to live the Good News of Jesus Christ under the patronage of Mary, our Mother. We accomplish this by proclaiming the Word, celebrating the Sacraments, & reaching out to others.

Most Rev. Thomas Dowd, D.D.
Bishop of the Diocese of Sault Ste. Marie

Rev. Larry Rymes
Pastor of the Pro-Cathedral Parish

PERMANENT MINISTERS

Deacons	*Diocesan Order of Women*
Rev. Mr. Albert Falconi	Mrs. Shirley Falconi
Rev. Mr. Donald Shago	Mrs. Norma Milligan
Rev. Mr. Rick Hamelin	Miss Ruth Godon
Rev. Mr. Gary Westenenk	

Our faith community dates back to 1886 when we were **originally located on Main Street West and called St. Mary's of** the Lake. The cornerstone of the existing Cathedral was laid in 1904. The history of our parish is recorded in the memories of thousands of people who built our community.



(705) 472-3970

(705) 494-8222

office@procathedral.ca

www.procathedral.ca

facebook.com/procathedral

Parish Sacraments



Marriage: Please pick up a Marriage Information Booklet in the Church Vestibule to review prior to contacting the parish office.

Anointing the Sick: Please call the parish office for more information.

Reconciliation: Saturdays from 3:00 until 3:45 PM.

Eucharist: Please see mass schedule published in this bulletin. Call the parish office to arrange for a Eucharistic Minister to visit the sick and shut-in who are unable to attend Mass.

Adoration of the Blessed Sacrament: Each Friday from 11:00 am until 12:00 noon.

Baptism: Please pick up a Baptism Information Booklet in the Church Vestibule to review prior to contacting the parish office.

The Pro-Cathedral is **wheel chair accessible**. The entrance to the elevator is on Algonquin Avenue. Please enter the vestibule and ring the bell for an attendant. Service available at all weekend masses. Weekday masses service available 11:30 AM to 12:45 PM. A **Hearing Aid System** is available for use by the hearing impaired. Please ask an Usher or Sacristan to assist you upon entering the church.

OFFICE HOURS THIS WEEK

Monday	**OFFICE CLOSED**
Tuesday—Thursday	**8:30 AM to 4:30 PM**
Friday	**8:30 AM to 12:00 NOON**

READINGS: 21 - 27 FEBRUARY

Monday	James 3. 13-18; Mark 9. 14-29
Tuesday	1 Peter 5. 1-4; Matthew 16. 13-19
Wednesday	James 4. 13-17; Mark 9. 38-40
Thursday	James 5. 1-6; Mark 9. 41-50
Friday	James 5. 9-12; Mark 10. 1-12
Saturday	James 5. 13-20; Mark 10. 13-16
Sunday	Sirach 27. 4-7; 1 Corinthians 15. 54-58 Luke 6. 39-45

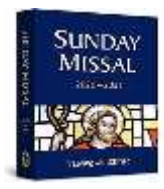


Food Bank Collection NEXT WEEKEND

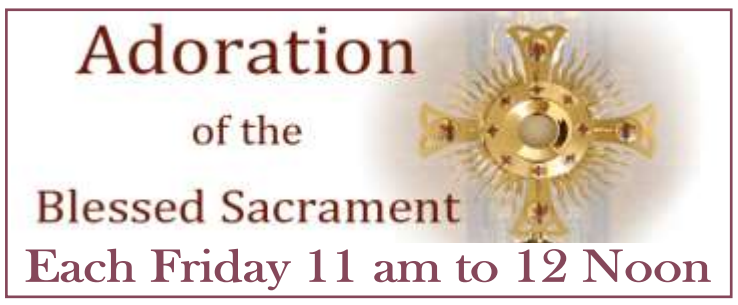


Please help us stock up our panty at our Catholic Charities Food Bank located in the Rectory Basement of the Pro-Cathedral!

We can accept donations at the parish office all week during office hours or bring them with you to church next weekend. Catholic Charities is in need of snacks, drinking boxes, granola bars. Also, non-perishable food items are welcomed! Peanut butter, jam, canned meat, tuna, salmon, spaghetti sauce, powdered milk, rice, pasta, beans, vegetables, beans, cooking oils, etc.



Don't forget you can pick up a Sunday Missal at St. Peter's Church for 2022. They still have some left.



Catholic Women's League

MEMBERSHIP CARDS

Next weekend, your 2022 Membership Cards will be available for pickup in the church. Ask an usher to help you and they will get you your card.



If you haven't already joined or renewed your membership, the *$25 Membership Fee for 2022 is due now.*

Drop off with your name and address through the parish office mail slot or into the collection clearly addressed "CWL MEMBERSHIP CHAIR" Call Brenda Passmore if you have questions — 474-0447

All women are welcome to be members of The Catholic Women's League of Canada. Come join us!

MASS SCHEDULE

Weekday Celebrations are Held at 12:05 PM

Monday,21 February - Weekday in Ordinary Time
COMMUNION SERVICE

Tuesday, 22 February - Chair of St. Peter, Apostle
Dr. Frank Fazzari - The DeGrosbois Family

Wednesday, 23 February - St. Polycarp, Bishop/Martyr
Devotion to Our Lady of Perpetual Help Prior to Mass

Winifred Hastie - Ken and Elaine Hastie

Thursday, 24 February - Weekday in Ordinary Time
Denis Beaulieu - Karen Beaulieu and Family
Intention of Vaune Frechette - Donna and Bob Frechette

Friday, 25 February - Weekday in Ordinary Time
Adoration of the Blessed Sacrament from 11 am to 12 Noon
Intention of Patricia Anderson - Divine Will Prayer Group

4:00 PM Saturday, 26 February - 8th Sunday in Ordinary Time
Dina Colonello - David and Paul Colonello
Bill Balfour - Mary Ellen Balfour and Family
Margaret Ross - Larry and Lois Keenan

Sunday, 27 February - Eighth Sunday in Ordinary Time
9:00 AM Lillian Sullivan - Ann Sullivan

11:00 AM Intention of the Parishioners - Rev. Larry Rymes

OFFERING A MASS



Offering Mass intentions is a tradition of prayer, support, and community. You may request a mass for someone who is deceased or for the intentions of someone who is living.
You can offer a mass for those who are sick and suffering who need prayers. A mass can also be offered in celebration of an anniversary, sacrament, or birthday.

USHERS NEEDED AT 11 AM MASS



Ushers represent our parish community as we welcome parishioners and visitors to celebrate mass. If you have a heart to serve the Lord in a powerful way, the Usher Ministry could be the opportunity you've been looking for!

The role of our ushers is to welcome parishioners/visitors to all celebrations; assist with seating, the collection, run the elevator and hand out bulletins and other materials as required.

No special gifts or talents are required; only a sincere desire to warmly welcome those that visit our church.

Training is provided so you feel comfortable and prepared.

If you can help us out, call the parish office. Thank you!



Volunteer Church Cleaners

Would you be interested in joining us on Friday mornings to help clean our beautiful church? Light dusting, wiping down pews, re-stocking pew envelopes, etc. No major cleaning such as vacuuming or washing floors. If you can help, please contact the parish office by email or telephone. We aim to begin at 8:30 AM to be finished by 10:00 AM, Friday Exposition of the Blessed Sacrament. Thank you for considering this ministry!

Collection Report: 13 FEBRUARY	
Sunday Offering	**Building Fund**
$4,080.00	$905.00

January Pre-Authorized Donations	
Sunday Offering	**Building Fund**
$7,802.00	$2,307.00

Liturgy of the Word with Children

"It is the Spirit alive in the children, our love for one another, and our belief in God's presence in the Word upon which everything else depends."

Gerard A. Pottebaum



Children are invited to participate—especially children who have recently celebrated the Sacrament of Reconciliation. Come and celebrate the **Liturgy of the Word every Sunday at the 9:00 AM Mass**. This is an opportunity to listen to God's Word and see how God is speaking to you. You can share your ideas and try to make a difference in your home, school and neighbourhood.

The Liturgy of the Word begins ~ Sunday, 06 March 2022
We look forward to meeting you!

Darlene Truchon and a Wonderful Team of Adults in our Parish

Catechesis of the Good Shepherd Atrium



Thank you so much to Mark Kelly for the Upper Room he made for the level 2 children. We will be reflecting on the last supper and later Pentecost using this diorama and are just now waiting for our Apostles.

Thank you Mark — this will be a wonderful addition to the atrium.

Thank you also, so much to Noreen Vezina and Cathy Vezina who have been sewing different items for the Atrium. We are blessed to have so many talented, generous people in our parish. Thank you also to Colin Vezina for being "ubber" whenever we need him!

The Children & Catechists, Good Shepherd Atrium

CREATING A COMMUNITY — WHY REGISTER?
PARTICIPATE * BUILD UP * CONTRIBUTE * SHARE

Have you wondered why you need to register and participate with our parish?

Parishes each have their own culture and depend on members to contribute and build it. Parish life is about our experience of God in community. To create the community, the first step is getting to know one another.

When members are registered in our parish, it allows our staff an opportunity to know about you and to prepare for what might be happening to you, from good or difficult periods in your life. It also gives you a chance to know your church better because the staff can more easily keep you informed. Registering gives you the ability to participate in the sacraments and helps the staff know when to offer more faith formation or even if special clubs or ministries may be needed.

There are rights and responsibilities that come with membership in a parish. The staff is responsible to make available to our members sacraments, religious education, and spiritual support. We also have the responsibility to make it possible for our members to live their own baptismal call by providing opportunities to get involved in ministry and service. At the Pro-Cathedral of the Assumption, we have over 20 ministries and clubs to help our members get involved making us a dynamic parish interested in serving others while enjoying our community together.

All Christians are called to take an active role in the work of the Body of Christ. While you have a right to all that is listed above, as a member, you are also responsible to help your parish community to thrive. You have the responsibility of stewardship to support the work of the parish and our universal Catholic church by giving your time, talents, and financial support.

How do you Register? For those who have registered already, we thank you and we want you to know we are working hard for you. **If you haven't yet registered, why not take a few minutes and complete a registration form?**

- Registration pamphlets are at the entrance of the church at the center doors.
- Complete the form and drop into the collection basket at Mass.
- Drop by the parish office and introduce yourself. Our parish secretary will provide a registration form at that time.

Seventh Sunday in Ordinary Time

Today's Gospel starts with the Golden Rule. The specific examples remain relevant 2,000 years later: *Love your enemies and do good for them; stop judging; stop condemning; give*. Building on last Sunday's account of the beatitudes, Luke provides us a prescription for how to live a moral and happy life, one that reflects those who "bear the image of the heavenly one."

We can be thankful for the people who we have in our lives who bring out the best in others, and certainly who bring out the best in us. We can each point to others who have guided and encouraged us: A teacher, a dear friend, a favorite aunt, a neighbor or coach. Today's readings encourage us to be that person for others, even when it's hard. Nobody said being a witness to Christ would be a cake walk! Fortunately, we can turn to prayer and the Scriptures for encouragement. It may begin with small steps, such as listening to those with whom we disagree, not getting drawn into social media debates, and being more generous with our time. As we reflect on today's readings, perhaps we can each choose one change we would like to make or challenge as we move into the week and ask God to help us put it into practice.



Praise God each day this coming week. And then challenge yourself to offer a compliment to one person every day as well. Praising God and others puts us in right relationship with God and with our brothers and sisters.

PARISH DONATIONS

Your Father's House requires your financial support!

If you are currently not contributing we ask that you prayerfully consider making a financial commitment to the parish.

If you are currently donating—we respectfully ask that you consider increasing your donations by $5/Weekly or $20/Monthly

THANK YOU FOR YOUR GENEROSITY!

REGIONAL NEWS

Looking for a Catholic Podcast? The Catholic Buzz Podcast is a weekly Catholic podcast recorded in our own Diocese of Sault Ste. Marie! Hosted by Fr. Daniele Muscolino, Josh Sullivan and Mat VanMilligen, these three tackle all sorts of Catholic topics, news and answer your questions too. You can watch the podcast on YouTube, or listen on Apple Podcasts, Google Podcasts, Spotify, Amazon Music and more! Visit https://linktr.ee/thecatholicbuzz for all the links, or follow on Facebook (@thecatholicbuzz) or on Instagram (@thecatholicbuzzpodcast).

North Bay Right to Life works to deepen respect for human life and heighten public opposition to abortion and euthanasia and other threats against human life both in the Christian Community and among the general public.

North Bay Pregnancy Help & Resource Centre: Appointments can be made to see clients/visitors by calling 475-9270. Along with guidance and support, did you know that we provide layettes to new moms and also have a baby clothes closet? Donations of diapers, wipes, baby wash, etc. & much more are appreciated. Please call to see what our requirements are. If you would like to volunteer, or be part of our prayer ministry, email judyproulx@icloud.com



The Good Samaritan Corner

The Compassionate Committee for the Homeless in North Bay recognize that the homeless have urgent needs.

The Gathering Place has taken on the task of providing a day-time warming centre located at the old Health Unit on Commercial Street. Please consider donating sleeping bags, blankets, yoga mats, crossword puzzle books etc. Contact Alicia Smith, Operational Manager/Program Coordinator at gpfoodoutreach@gmail.com

The Coldest Night of the Year fundraiser will take place on Saturday, February 26, in support of The Gathering Place. By sponsoring a walker or a team you can help people experiencing hurt, hunger and homelessness. For more information visit: https://cnoy.org/location/northbay

For more information about the Compassionate Committee

https://www.facebook.com/compassionatecommitteeofnorthbay

Leah Pierce at 472-5687 or at pn.thebay@gmail.com

ARE YOU REGISTERED? PARISH REGISTRATION:

Please help keep our records up-to-date! You may bring this form to the parish office or place in the collection.

Name: _____ Email: _____

Address: _____ Phone: _____

City: _____ P/C: _____ Cell Phone: _____

☐ I am new to the parish and I wish to register

☐ I am unsure if registered, please check

☐ I have recently moved, please update



I wish to donate using:

Contribution Envelopes ☐

VISA/MasterCard ☐

Pre-Authorized Bank Donations ☐