23 JANUARY 2022

Third Sunday in Ordinary Time

PRO-CATHEDRAL OF THE ASSUMPTION

480 McIntyre Street West - North Bay, Ontario - P1B 2Z4

Welcome to Your Father's House!



Nehemiah, Ezra, and others instruct the people to rejoice and not be sad, for their God has made the day holy. Saint Paul instructs the Corinthians, using the image of the body to describe the Church and explaining that each person has a role in it. In the Gospel, Jesus reads from the book of the prophet Isaiah in the synagogue in Nazareth and proclaims, Today this Scripture passage is fulfilled in your hearing. Today's Gospel opens with the words and intentions of Luke the Evangelist. He has decided to write a Gospel – a narrative of the events regarding Jesus Christ that will draw from the memories of those who witnessed his life, death, and resurrection, and who have handed on his teachings to future generations. We cling to that Gospel message, which reminds us of God's mercy and challenges us to live in Christ.

Our Parish Mission Statement

We, the members of the Pro-Cathedral of the Assumption community, believe that we have been called through Baptism to live the Good News of Jesus Christ under the patronage of Mary, our Mother. We accomplish this by proclaiming the Word, celebrating the Sacraments, & reaching out to others.

Most Rev. Thomas Dowd, D.D.
Bishop of the Diocese of Sault Ste. Marie

Rev. Larry Rymes
Pastor of the Pro-Cathedral Parish

PERMANENT MINISTERS

Deacons	*Diocesan Order of Women*
Rev. Mr. Albert Falconi	Mrs. Shirley Falconi
Rev. Mr. Donald Shago	Mrs. Norma Milligan
Rev. Mr. Rick Hamelin	Miss Ruth Godon
Rev. Mr. Gary Westenenk	

Our faith community dates back to 1886 when we were **originally located on Main Street West and called St. Mary's of** the Lake. The cornerstone of the existing Cathedral was laid in 1904. The history of our parish is recorded in the memories of thousands of people who built our community.



(705) 472-3970

(705) 494-8222

office@procathedral.ca

www.procathedral.ca

facebook.com/procathedral

Parish Sacraments



Marriage: Please pick up a Marriage Information Booklet in the Church Vestibule to review prior to contacting the parish office.

Anointing the Sick: Please call the parish office for more information.

Reconciliation: Saturdays from 3:00 until 3:45 PM.

Eucharist: Please see mass schedule published in this bulletin. Call the parish office to arrange for a Eucharistic Minister to visit the sick and shut-in who are unable to attend Mass.

Adoration of the Blessed Sacrament: On the First Friday of each month from 10:00 AM until 12:00 noon.

Baptism: Please pick up a Baptism Information Booklet in the Church Vestibule to review prior to contacting the parish office.

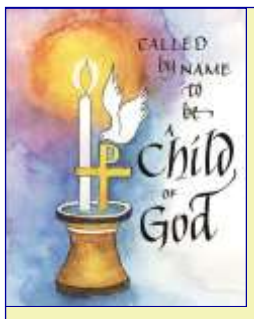
The Pro-Cathedral is **wheel chair accessible**. The entrance to the elevator is on Algonquin Avenue. Please enter the vestibule and ring the bell for an attendant. Service available at all weekend masses. Weekday masses service available 11:30 AM to 12:45 PM. A **Hearing Aid System** is available for use by the hearing impaired. Please ask an Usher or Sacristan to assist you upon entering the church.

OFFICE HOURS THIS WEEK

Monday - Thursday	**8:30 AM to 4:30 PM**
Friday	**8:30 AM to 12:00 NOON**

READINGS: 24-30 JANUARY

Monday	2 Samuel 5. 1-7, 10; Mark 3. 22-30
Tuesday	Acts 22. 3-16; Mark 16. 15-18
Wednesday	2 Timothy 1. 1-8; Luke 10. 1-9
Thursday	**2 Samuel 7. 18-19, 24-29; Mark 4. 21-25**
Friday	**2 Samuel 11. 1-4a, 5-1-a, 13-17; Mark 4. 26-34**
Saturday	**2 Samuel 12. 1-7a, 10-17; Mark 4. 35-41**
Sunday	Jeremiah 1. 4-5, 17-19; 1 Corinthians 12. 31—13. 13; Luke 4. 21-30



Congratulations to the following family who recently celebrated the baptism of their child!

Sergio and Jessica Timpone (Wallace) on the baptism of their daughter Caterina Rosa Timpone.

May your lives be filled with love and peace and may God bless and protect your child!

Catholic Women's League

CWL be starting their first-ever monthly newsletter very soon! Make sure you are signed up here: http://eepurl.com/hRWo19

Bell Let's Talk Day, January 26: This campaign encourages Canadians to support themselves and each other. Bell donates $0.05 to Canadian mental health programs for every applicable text, local or long-distance call, tweet or TikTok video using #BellLetsTalk, for every Facebook, Instagram, LinkedIn, Snapchat, TikTok, Twitter and YouTube view of the Bell Let's Talk video and for every use of the Bell Let's Talk Facebook frame or Snapchat lens. It is at no cost to participants beyond what they pay their service provider for online or telephone access.

MEMBERSHIPS

Join the CWL! ***$25 Membership Fee for 2022 is due now.*** **Drop off with your name and address through the parish office mail slot or into the collection clearly addressed "CWL MEMBERSHIP CHAIR"**

Ways You can Help Financially Support our Parish

- **Parish Envelopes**
- **Pre-authorized donations from your bank account.**
- **Credit card donations**
- **E-transfer music.finance@procathedral.ca**
- **Use our "Donate Today" button on our website at procathedral.ca**

Collection Report: 16 JANUARY	
Sunday Offering	**Building Fund**
$2,802.40	**$770.00**

January Credit Card Donations	
Sunday Offering	**Building Fund**
$6,799.67	**$941.00**

MASS SCHEDULE

Weekday Celebrations are Held at 12:05 PM

Monday, 24 January - St. Francis de Sales, Bishop/Doctor
COMMUNION SERVICE

Tuesday, 25 January - The Conversion of St. Paul the Apostle
John and Mary Doyle - The Family
Lillian Sullivan - Ann Sullivan

Wednesday, 26 January - St. Timothy and St. Titus, Bishops
Devotion to Our Lady of Perpetual Help Prior to Mass

Thomas Lavoie - Bonnie Langevin
Rocco and Maria Schiavo - Arthur and Lucille Schiavo

Thursday, 27 January - Weekday in Ordinary Time
Dr. Frank Fazzari - The Swanson Family
Walter Martin - Maria Gosselin and Family
Intention of the Members of the Choir - Pat Anderson

Friday, 28 January - Memorial of St. Thomas Aquinas, Priest/Dr.
Adoration of the Blessed Sacrament from 11 am to 12 Noon
Intention of Jack - Robert and Judy
Intention of Lucille Desormeau - Carole Valade

4:00 PM Saturday, 29 January - 4th Sunday in Ordinary Time
Lloyd Voisin - The Voisin Family
For Souls in Purgatory - A Parishioner

Sunday, 30 January - Fourth Sunday in Ordinary Time

9:00 AM Giuseppe Pavone - The Pavone Family
Intention of the Donors and those Remembered in the Pro-Cathedral Memorial Fund

11:00 AM Intention of the Parishioners - Rev. Larry Rymes



You are My Beloved And I am With You Always

Intimate conversation with God roots us in the reality of a love that can conquer death.

"Jesus could not be here more truly than He is here [in the Eucharist]. He could not be here more truly than if He appeared in the flesh ... You would not see Him more truly if you were at Bethlehem where He was born, if you were among the shepherds, if you were among the angels, if you were among the wise men. You would not see Him more clearly if you watched Him work miracles on the hills of Galilee. You would not hear His voice more plainly, more powerfully, if you were present for the sermon on the Mount. He is here, absolutely, as realistically, as He was on the cross, as He was in the Garden of the Resurrection, as He appeared again to the apostles. This is the Christ, the Son of the living God."

- John Cardinal O'Connor



The Pro-Cathedral Prayer Line consists of a group of parishioners who pray for the needs of others.

Concerns great and small are presented to the Lord on your behalf.

If you have a prayer request
***or would like to join the group* call**
Sister Shirley McNamara at 474-3800, Ext. 295
or Lorraine Atchison at 474-0613



Food Bank Collection NEXT WEEKEND



Bring your donations for the Catholic Charities Food Bank to mass next weekend or drop them off at the parish office. We are in need of individually wrapped snacks, drinking boxes, granola bars, etc. Other suggestions: peanut butter, jam, canned meat, tuna, salmon, spaghetti sauce, vegetables, beans, powdered milk, rice, pasta and cooking oils.

YOU ARE INVITED TO ATTEND THE CATHOLIC CONVERSATION SERIES

The Evangelization Committee of North Bay & Area have organized Catholic Conversation Series of presentations on the Catholic faith. Each month there will be a new topic and speaker beginning with Fr. Daniele Muscolino on January 19th.

Your are invited! And why not bring a friend who might be interested too!?

These presentations are free to attend.

Come out to learn more, explore and grow in faith, and leave feeling fulfilled and inspired.

Ready to take part in the action, ask questions? Come join us!

HOW TO BE A CATHOLIC IN TODAY'S CULTURE	END OF LIFE CARE	HOW TO RAISE CHILDREN TO EMBRACE THE CATHOLIC FAITH
Wednesday, 16 February	Wednesday, 16 March	Wednesday, 27 April
7:00 PM With Presenter	7:00 PM With Presenters	7:00 PM With Presenters
Rev. Daniel Muscolino	Dr. Cheryl Clayton & Rev. Francis Ezeneji	Mat & Theresa-Marie VanVilligen

ALL EVENINGS HELD AT ST. PETER THE APOSTLE PARISH ~ 299 AIRPORT ROAD



To Find our more and to register, visit:
https://www.catholicconversation.net/
Also on LINKS at our website at procathedral.ca

You are the only Bible
some unbelievers will ever read.
Jesus first, Others next, then Yourself.

Catechesis of the Good Shepherd Atrium - Do you do wood work, paint, sew? We need you!



We are in Ordinary Time for our church and at this time we look at the Kingdom of God parables such as; the Merchant and the Pearl. For this liturgical season we need a number of materials for our level 2 Atrium children 6-9 years old.

If you have a wood working shop and are interested in a winter project then we have projects for you:

We would be looking for someone to build the house for the merchant. This is a shoe box size house made of wood and it has a particular design for children to use. There is a handout available to answer all your materials needs and instructions for how to build this item.

When we enter the Season of Lent, we will be in need of a City of Jerusalem and an Upper Room for the Last Supper. Both pieces have a handout available to answer all your building instruction needs. For Easter we will need a Resurrection Tomb and there is a template for this building as well.

For anyone who paints, we will supply wooden figures, 4-6 inches high, for the Last Supper and Pentecost that require is painting, as well as a few parable pieces, approximately 3 inches high.

If you are a sewer we have a few prayer table clothes that need hemming.

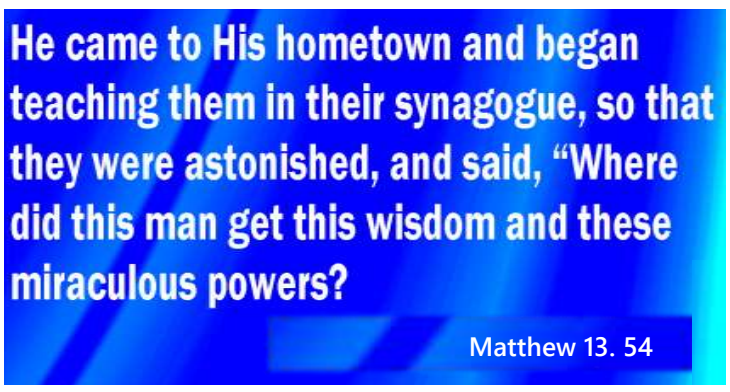
Our atrium is a reflection of the many gifts in our parish community. It is a joy sharing your gifts with the children and parents.

Your catechists, Susan, Erin, and Suzanne

Third Sunday in Ordinary Time

Do you ever find yourself feeling like you are at the cusp of something remarkable? Like you are witnessing an incredible, historic, athletic, or aeronautical feat? You can imagine that it might have been like that for the followers of Jesus when he began his public ministry: "News of him spread throughout the whole region. He taught in their synagogues and was praised by all." In today's Gospel, Jesus reads the words of the prophet Isaiah that are effectively a "job description" of his mission: glad tidings to the poor, liberty of captives, sight to the blind, freedom for the oppressed. What Isaiah prophesied, Jesus claims to fulfill. He thus inaugurates his public ministry with a claim that is straightforward, bold, true, and of great consequence. Today, by virtue of our baptism, we are part of the body of Christ and share in that mission. Whatever our backgrounds, abilities, or talents, we each have something to contribute to building up one another and the Church. And with the help of the Holy Spirit, we, too, can be bold in our own proclamation of Jesus Christ as Lord.

We've heard the phrase "Don't sell yourself short." Social media aside, many of us tend to focus on our shortcomings: We may wish we could run faster, be better at our jobs, have a cleaner home, in general, "get it together!" Truth is, we're all works in progress. Paul's Letter to the Corinthians reminds us that each one of us – whatever our strengths or weaknesses – is part of the body of Christ. God loves us with our imperfections, not in spite of them. As such, each of us has indispensable value and much to contribute to the mission of the Church. As we move into the week ahead, today's readings invite us to place ourselves at the service of the Church and one another. Beyond that, we can invite others to join us by recognizing that God values the talents – and foibles – that each of us brings to his service.



REGIONAL NEWS

Marriage Preparation Program: 6:30—9:30 pm on Friday, January 28, followed by 9:30 am—5:00 pm on Saturday, January 29. Interested couples should call Samantha at 705-471-3284 for more information or to sign up.

Children's Aid Society looking for volunteers to provide transportation for adults and children to and from various appointments, family visits, day care, school, outings, etc. For more information please call 472-0910. Tax free reimbursement $.48/km.

North Bay Pregnancy Help & Resource Centre: Appointments can be made to see clients/visitors by calling 475-9270. Along with guidance and support, did you know that we provide layettes to new moms and also have a baby clothes closet? Donations of diapers, wipes, baby wash, etc. & much more are appreciated. Please call to see what our requirements are. If you would like to volunteer, or be part of our prayer ministry, email judyproulx@icloud.com



The Good Samaritan Corner

The ***Compassionate Committee for the Homeless in North Bay*** recognize that the homeless have urgent needs.

Hope Awaits Ministries
390 1st Avenue East, 494-5465

How you can donate towards their current needs: olive oil, juice boxes, soya sauce, apple sauce cups, fruit cups, oats, plastic spoons, paper towel, dish soap.
For more information visit https://www.hopeawaitsministries.com/

AIDS Committee 102-147 McIntyre Street West
For Information Visit: https://aidsnorthbay.ca/

Did you know that the AIDS Committee of North Bay & Area assists and supports all persons infected or affected by HIV and/or hepatitis C and to limit the spread of the viruses through education, outreach strategies and treatment? Through their outreach program, they work frontline with the homeless. They are looking for the following items: Warm socks, gloves, mitts, blankets, sleeping bags, hygiene items (deodorant, soaps, toothbrushes, toothpaste, shampoo, conditioner, body wash, tampons, feminine hygiene wipes, brushes, combs, toilet paper etc.). New underwear, new/used bras. Footwear for adults: women's sizes 7-9 and men's sizes 8-11.

https://www.facebook.com/compassionatecommitteeofnorthbay
Leah Pierce at 472-5687 or at pn.thebay@gmail.com

ARE YOU REGISTERED? PARISH REGISTRATION:
Please help keep our records up-to-date! You may bring this form to the parish office or place in the collection.

Name: _____ Email: _____

Address: _____ Phone: _____

City: _____ P/C: _____ Cell Phone: _____

☐ I am new to the parish and I wish to register
☐ I am unsure if registered, please check
☐ I have recently moved, please update



I wish to donate using:
Contribution Envelopes ☐
VISA/MasterCard ☐
Pre-Authorized Bank Donations ☐