Fourteenth Sunday in Ordinary Time

04 JULY 2021

Pro-Cathedral of the Assumption

480 McIntyre Street West - North Bay, Ontario - P1B 2Z4

Welcome to Your Father's House!



In the first reading, the prophet Ezekiel is sent by God to the rebellious house of Israel. In the second reading, Paul explains to the Corinthians that he had asked for an affliction of his to be removed, but the Lord had said to him, *My grace is sufficient for you, for power is made perfect in weakness*. In the Gospel, Jesus faces opposition in his native place and is amazed by the people's lack of faith. We are a world full of social division and unrest – not unlike the rebellious house of Israel in the first reading. But God never abandons us: He sends prophets; he also chooses the seemingly most unlikely of people, such as Paul, to proclaim the Good News. And in our own faults and weaknesses, he has the power to work through us if we but direct our efforts toward Christ and allow his grace to transform us.

Our Parish Mission Statement

We, the members of the Pro-Cathedral of the Assumption community, believe that we have been called through Baptism to live the Good News of Jesus Christ under the patronage of Mary, our Mother. We accomplish this by proclaiming the Word, celebrating the Sacraments, & reaching out to others.

PASTOR **Most Rev. Thomas Dowd, D.D.**
Bishop of Sault Ste. Marie

RECTOR **Msgr. Dave Tramontini**

ASSISTANT **Rev. Rex Lumine**

PERMANENT MINISTERS

Deacons	*Diocesan Order of Women*
Rev. Mr. Albert Falconi	Mrs. Shirley Falconi
Rev. Mr. Donald Shago	Mrs. Norma Milligan
Rev. Mr. Rick Hamelin	Miss Ruth Godon
Rev. Mr. Gary Westenenk	

Our faith community dates back to 1886 when we were **originally located on Main Street West and called St. Mary's of** the Lake. The cornerstone of the existing Cathedral was laid in 1904. The history of our parish is recorded in the memories of thousands of people who built our community.



(705) 472-3970

(705) 494-8222

office@procathedral.ca

www.procathedral.ca

facebook.com/procathedral

Parish Sacraments



Please call or email the parish office if you require more information for the following:

Marriage, Baptism, Reconciliation, Eucharist, and Anointing of the Sick.

You can also visit our website at procathedral.ca

The Pro-Cathedral is **wheel chair accessible**. The entrance to the elevator is on Algonquin Avenue. Please enter the vestibule and ring the bell for an attendant. Service available at all weekend masses. Weekday masses service available 11:30 AM to 12:45 PM. A **Hearing Aid System** is available for use by the hearing impaired. Please ask an Usher or Sacristan to assist you upon entering the church.

OFFICE HOURS THIS WEEK

Monday	**OFFICE CLOSED**
Tuesday & Wednesday	**8:30 AM to 12:00 NOON**
Friday	**OFFICE CLOSED**

Come back to the Catholic Church
We will Welcome You! Have Questions?
Call us at 705-472-3970

READINGS: 05 ~ 11 JULY

Monday	Genesis 28. 10-22a; Matthew 9. 18-26
Tuesday	Genesis 32. 22-32; Matthew 9. 32-38
Wednesday	Genesis 41. 55-57; 42. 5-7a, 17-24; Mt. 10. 1-7
Thursday	Genesis 44. 18-21; 23b-29; 45. 1-5; Mt. 10. 7-15
Friday	Genesis 46. 1-7, 28-30; Matthew 10. 16-23
Saturday	Genesis 49. 28-31, 33; 50. 15-26; Mt. 10. 24-33
Sunday	Amos 7. 12-15; Ephesians 1. 3-14; Mark 6. 7-13



Social-distancing protocols are in place as you attend mass in person.

Seating will be at the direction of our ushers. Your understanding and cooperation is greatly appreciated as we all work together to keep each other safe.

It is very important that you sit in the pew you are directed to and do not move once seated to another location. Moving locations cross-contaminates and does not allow time for proper sanitization.

Reminders:

* A dispensation from the Sunday and Holy Day obligation to participate in the Mass remains in place for all Catholics. ***Pope Francis invites you to make a Spiritual Communion—that is to invite Christ in to our hearts, and ask that Christ come close to us, and that we come close to Christ. You can join Pope Francis for Spiritual Communion on our website under LINKS***
* Anyone who is in an at-risk health group or does not feel comfortable attending a public gathering should stay home. Even with the best health practices and increased efforts to clean the Church, there is a risk of infection anytime a person enters a public space.
* Anyone who is sick or has recently been exposed to the coronavirus should refrain from attending a public mass as it is an act of charity to safeguard the health of others.
* Attendance at mass is still restricted to ensure proper social distancing.
* We are mandated to wear masks by the Ontario Medical Office of Health and the Assembly of Catholic Bishops of Ontario. We ask that you ***please bring and wear your mask before entering the Cathedral***.
* Follow all directions from our ushers so social distancing can be maintained.

♥ STAY CONNECTED ♥

Not only do we send out the bulletin electronically each week in full colour, we use this means of communication to periodically share current news on a timely basis that affects the Cathedral.
Stay connected by signing up for the bulletin at:
procathedral.ca
All we need is your name and a current email!

Instead of taking away Paul's affliction, God's power shone through him more in his weakness. Otherwise what he said and did might have been attributed to his own brilliance. So he now totally accepts all his weaknesses. "That is why," says Paul, "I am content with my weaknesses, and with insults, hardships, persecutions, and the agonies I go through for Christ's sake. For it is when I am weak that I am strong." That is the voice of a true prophet. He is the fragile vessel of clay.

MASS SCHEDULE

Weekday Masses are Held at 12:05 PM

Monday, 05 July - Weekday in Ordinary Time
Msgr. Norm Clement - Friends
Len Miscio - The Doyle Family
Patricia Murphy - Garry Murphy

Tuesday, 06 July - Weekday in Ordinary Time
Lloyd Voisin - Katherine Voisin
Rita and Pat Masciangelo - Joe and Louise Defonzo
Theresa Berghamer - Nipissing-Parry Sound Catholic Dist. School Board

Wednesday, 07 July - Weekday in Ordinary Time
Devotion to Our Lady of Perpetual Help
Living and Deceased Members - Catholic Women's League
Atanas and Anne Holowchak - Ray and Marlene Walter
Benedict and Pani Lumine - Mary Lou and Paul Smith

Thursday, 08 July - Weekday in Ordinary Time
Armand Lalande, p.m.e. - Andrée Cornish
Angelina Duquette - Beverly Falconi and Jules Duchanes
Rocco and Maria Schiavo - Arthur and Lucille Schiavo

Friday, 09 July - Weekday in Ordinary Time
Mildred Puddister - The Family
Lois Fitzpatrick - Stan and Mariann Zima
Intention of Nicholas Beaulieu - Karen Beaulieu

4:00 PM Saturday, 10 July – 15th Sunday in Ordinary Time
Phyllis Arseneault - Catholic Women's League
Roy Swanson - Jim and Eileen O'Connor
Sam Veraldi - Myrtle Veraldi

Sunday, 11 July - Fifteenth Sunday in Ordinary Time
9:00 AM Gerard Brosseau - Fleurette Kilmartin
Dec. Parents of Lloyd & Katherine Voisin - Katherine Voisin
Intention of Connie Zimbalatte - Lorraine Atchison

11:00 AM Intention of the Parishioners - Msgr. Dave Tramontini

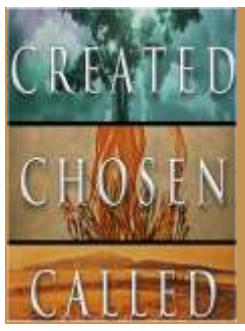
Note: Only weekday masses are announced verbally.

Hi Everyone,



Can you help? We are looking for volunteers to help water our plants in our gardens. If you can help out, even once in a while, it would be appreciated.

Call the parish office if you can help! Thank you.



IS GOD CALLING YOU TO BE A PRIEST?

"Trust in the Lord with all your heart … He will direct your path." (Proverbs 3: 5-6)

WWW.BEAPRIEST.CA

Strengthening Faith
Practical application: Shipbuilding our faith

- We have seen from the *Catechism* that we can guard our faith and help it grow by constant prayerful reading of the Sacred Scriptures; by asking God to increase our faith; by doing good for others; by making acts of hope rather than giving into sadness; and by holding to all the doctrines of faith and morals that the Church teaches. Also, our weakness need not be any obstacle to faith but can increase it. Thus, we have a menu of ways we can grow in faith. If we ask the Holy Spirit for light, he will show us what would be best to focus on.
- *Prayerful reading of the Sacred Scriptures*. Our Lady heard the Word of God and kept it. Martha's sister Mary sat at the feet of Jesus and listened and received the better part. Try to find five minutes a day to read the Bible.
- *Asking God to increase our faith*. "Increase my faith" is a perfect prayer in God's eyes. He is pleased when we do so.
- *Doing good for others*. The virtue of faith is united to the virtue of charity. We show we believe in God whom we cannot see by loving the persons around us whom we can see. All of us have many opportunities every day to serve others and make them happier, whether it is in our family life, school life, friendships, or in the world of work.
- *Making acts of hope*. Sometimes we are tempted to give into sadness and to enjoy feeling sorry for ourselves. This is just a sneaky way to make us self-centered. A very simple act of hope is the petition from the Lord's Prayer, "Deliver us from evil."
- *Being full-menu Catholics*. Rather than being "cafeteria Catholics," picking and choosing what doctrines of faith or morals we will accept and reject, we embrace all the doctrines of faith and morals that the Church teaches. This requires a serious effort to study the faith, particularly the areas we find more challenging.
- When it comes to the teachings of the Church, which are Christ's teachings, we want to be those who "heed" not "resist."
- *Embracing weakness*. Our weakness need not be any obstacle to faith but can increase it. Thus, a temptation to sadness, an impulse to be selfish, a desire contrary to the moral law, being rejected by another person—these are all opportunities to be humble and to let God's grace go to work.
- In these moments, we learn "my grace is sufficient for you, for my power is made perfect in weakness" and "in my flesh I complete what is lacking in Christ's afflictions for the sake of his Body, that is, the Church."



The Pro-Cathedral Prayer Line consists of a group of parishioners who pray for the needs of others.

Concerns great and small are presented to the Lord on your behalf. If you have a prayer request *or would like to join the group* call Sister Shirley McNamara at 474-3800, Ext. 295 or Lorraine Atchison at 474-0613

Fourteenth Sunday of Ordinary Time

The prophet Ezekiel is told that those to whom he will be sent are "hard of face and obstinate of heart"; and Saint Paul aptly describes a "thorn in the flesh" as having been given to him. He even refers to this thorn as "an angel of Satan." These are descriptive images! What do these images look like in practice? The Gospel gives us a clear example: those who grew up with Jesus refuse to see him as a prophet.

As we grow older, we become aware of not only more physical aches and pains, but the "thorn in the flesh" of patterns we are not particularly proud of – cynicism, pessimism, even hard-heartedness and a closed mind. The "they" in today's readings hits closer to home and strikes us more as "we" than it used to. And yet, as Saint Paul reminds us, we can bring our imperfections to God and pray for grace to give us strength in our weakness, hearts open to God's love, and ears ready to hear the Gospel and be transformed by Jesus.

When Jesus returned to his hometown, he was not exactly greeted like a "hometown hero." His contemporaries could see him only as a carpenter, and not the Messiah: "So he was not able to perform any mighty deed there, apart from curing a few sick people by laying his hands on them. He was amazed at their lack of faith." We know that Jesus went on to perform the mightiest of deeds – dying and rising from the dead. And yet, even today, he would be "amazed at our lack of faith."

Today's Gospel and the other readings encourage us to do a check-up of our spiritual health and pray for the grace to continue to grow in faith. We can also pray for others who may be questioning or have lost their faith, inviting them to consider coming to church with us or simply offering to pray with and for them.

PARISH REGISTRATION:

Please help keep our records up-to-date! Drop this form into our mail slot at the office or email us the information.

Name: _____ Email: _____

Address: _____ Phone: _____

City: _____ P/C: _____ Cell Phone: _____

☐ I am new to the parish and I wish to register

☐ I am unsure if registered, please check

☐ I have recently moved, please update

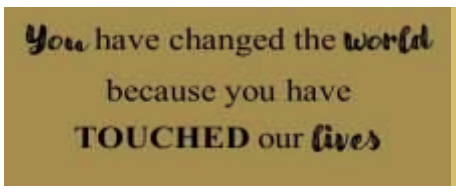


I wish to donate using:

Contribution Envelopes ☐

VISA/MasterCard ☐

Pre-Authorized Bank Donations ☐



Have you submitted your video yet? See "Living Greeting Card" under Current News on our website!

Happy Retirement Message to Msgr Dave

To all parishioners of the Pro-Cathedral near and far. Since the announcement of Msgr. Dave's retirement, there have been parishioners who have reached out asking if the Pro-Cathedral Social Committee will be organizing a farewell event. Msgr. Dave has communicated that while he is tremendously grateful, he does not wish to have a social event and has asked that we please respect these wishes. While briefly disappointed, we understood and felt it was important that we honour this request.

As we discussed this in greater detail, we recognized that perhaps not having a social event was a gift presented to us in disguise. We realized that we would never be able to find a venue big enough to hold everyone and that at some point, we would have to cap the number to fit everyone in. We would not wish for that to happen and for anyone to be excluded. Another consideration was that, due to the current environment of COVID and capacity limits, numbers of persons would be further reduced.

With that in mind and with the assistance of all Pro-Cathedral ministry/group coordinators, we thought, what if we create a video inviting all parishioners to come and share a heartfelt message for Msgr. Dave that would be a keepsake and reminder of his time at the Pro-Cathedral?

In that spirit dear friends, we invite you to share a brief video with your message for Msgr. Dave, with the following to assist you:

GUIDELINES FOR YOUR VIDEO MESSAGE

Please keep your message to 15 seconds in length so we can ensure we get everyone's message included in the video. Be prepared by having a basic idea of what you want to say. Speak from the heart!; and

Keep it simple. Your recorded message doesn't have to be perfect; it just has to be YOU! Enjoy! Monsignor Dave is sure to enjoy and appreciate your kindness.

THERE ARE TWO WAYS TO SUBMIT A VIDEO MESSAGE

YOU SUBMIT A VIDEO ON YOUR OWN: You may submit a videotaped message by going to the Pro-Cathedral website via the following link **https://procathedral.ca/uploadvideo/** and follow the instructions to record and upload your video. If a video is more than 15 seconds in length, it may be subject to editing.

WE VIDEOTAPE YOUR MESSAGE: We will be offering the following dates where we will gladly assist with taping your message in the main church if you prefer not to try it on your own.



To schedule an appointment, please contact:
Carol Ann DiBartolomeo at 705-474-8963

Thursday, July 8: 1:30 – 5:30 pm
Sunday, July 11: 1:30 pm – 5:30 pm

SUBMIT A PHOTO INSTEAD!

If you would prefer not to send a videotaped message, you are welcome to submit a photo of yourself holding a message to Msgr. Dave. Please email your photo and message to Jeff Borden: **jeffborden@me.com**

PLEASE NOTE: This video will be for Msgr. Dave only and will not be shared for public viewing.

We look forward to hearing from you!

REGIONAL NEWS



Catechesis of the Good Shepherd A formation experience for adults working with the 3-6 year old child in a parish or school setting: **Level 1 Formation Course** will be held at **St. Alexander Parish** Chelmsford **Part A** August 15-20 from 9am-5pm. Register by **July 19. Registration form posted on Pro-Cathedral Website at procathedral.ca View under Ministries/Children & Youth Contact** Erin Tayler for more information at betayler@fibreop.ca C: 705-840-8509. H: 705-476-8509. CGS is a Christian religious formation for children starting at the age of 3. It seeks to nurture the children's relationship with God in a sacred space called an atrium; a place fashioned after a Montessori educational environment that includes hands-on materials, in which both the children and their catechists can listen, ponder and celebrate the most profound mysteries of the Christian faith as revealed in scripture and liturgy.

Help Near North Palliative Care help our community. 12th Annual Live Butterfly Release 2021: Online Livestream Saturday, July 17 from 12:00 to 1:00 PM. Broadcast to you from the gardens of St. Joseph's Motherhouse. Facebook Livestream: https://www.facebook.com/NearNorthPalliativeCareNetwork YouTube Livestream: https://www.youtube.com/watch?v=JN7SPCAKmRY&feature=youtu.be



The Good Samaritan Corner: The Compassionate Committee for the Homeless in North Bay recognize that the homeless have urgent needs. If you can donate your time, please consider:

Are you downsizing? Have your baby birds finally left the nest? You may be looking for a home for your gently used furniture. Well, you are in luck! Low Income People Involvement (LIPI) of Nipissing is looking for used furniture. Often when people move from a shelter to an apartment, they must start all over, having nothing to set up a home. This is where you come in! Please contact LIPI at LIPI@LIPInipissing.com or 472-1337 to make arrangements for pick up.

*Did you know that the **Compassionate Committee for the Homeless in North Bay** is starting a new initiative called **Backpacks of Love**?* Since the last point-in-time count conducted in North Bay over two years ago, there were approximately 293 brothers and sisters who were homeless. Talking with frontline organizations, they recommended a list of essential items which the committee decided to place into useful backpacks. The New Apostolic Church at 46 Joseph St. will be accepting drop-offs on: Saturday, July 10, and Saturday, July 24 from 1 to 3 p.m.



For more information visit https://www.facebook.com/compassionatecommitteeofnorthbay or the Pro-Cathedral Website under OUTREACH—Compassionate Committee.

WE ARE ALSO ACCEPTING DONATIONS AT THE PRO-CATHEDRAL!

A box for the drop off of donations will be located in the Cathedral until July 25—please be generous!