Sixth Sunday of Easter

09 MAY 2021

Pro-Cathedral of the Assumption

480 McIntyre Street West - North Bay, Ontario - P1B 2Z4

Welcome to Your Father's House!



In the first reading, as Peter visits Cornelius and tells him that *whoever fears [God] and acts uprightly is acceptable to him,* the Holy Spirit falls upon all who were listening. John writes, *Beloved, let us love one another, because love is of God*. God's love was revealed in his Son whom he sent for our salvation. In the Gospel, Jesus tells his disciples to remain in his love and to love one another as he has loved them. For *no one has greater love than this, to lay down one's life for one's friends*. Jesus commands us to love one another. As he laid down his life, we imitate Jesus in laying down our lives and loving others. The command, though difficult, comes with a purpose and promise: We remain in him and our joy will be complete. We can love others and bear fruit in Christ, if we remain firmly rooted to him.

Our Parish Mission Statement

We, the members of the Pro-Cathedral of the Assumption community, believe that we have been called through Baptism to live the Good News of Jesus Christ under the patronage of Mary, our Mother. We accomplish this by proclaiming the Word, celebrating the Sacraments, & reaching out to others.

PASTOR **Most Rev. Thomas Dowd, D.D.**
Bishop of Sault Ste. Marie

RECTOR **Msgr. Dave Tramontini**

ASSISTANT **Rev. Rex Lumine**

PERMANENT MINISTERS

Deacons	*Diocesan Order of Women*
Rev. Mr. Albert Falconi	Mrs. Shirley Falconi
Rev. Mr. Donald Shago	Mrs. Norma Milligan
Rev. Mr. Rick Hamelin	Miss Ruth Godon
Rev. Mr. Gary Westenenk	

Our faith community dates back to 1886 when we were **originally located on Main Street West and called St. Mary's of** the Lake. The cornerstone of the existing Cathedral was laid in 1904. The history of our parish is recorded in the memories of thousands of people who built our community.



(705) 472-3970

(705) 494-8222

office@procathedral.ca

www.procathedral.ca

facebook.com/procathedral

Parish Sacraments



Due to the coronavirus and the provincial stay -at-home order, new directives are in place for the preparation and celebration of our sacraments.

Please call the parish office if you require more information for the following:

Marriage, Baptism, Reconciliation, Eucharist, and Anointing of the Sick.

Due to the Provincial Shutdown,
the parish office is closed until further notice.
Please call or email the parish office to contact us and we will return messages in a timely manner.
Sign up to receive our parish bulletin at procathedral.ca which will also allow us to send you important information and updates.

SCRIPTURE READINGS
10 - 16 MAY



Monday	Acts 16. 11-15; John 15. 26-16. 4a
Tuesday	Acts 16. 22-34; John 16. 5-11
Wednesday	Acts 17. 15, 22—18.1; John 16. 12-15
Thursday	Acts 18. 1-8; John 16. 16-20
Friday	Acts 1. 15-17, 20-26; John 15. 9-17
Saturday	Acts 18. 23-28; John 16. 23b-28
Sunday	Acts 1. 1-11; Ephesians 4. 1-13; Mark 16. 15-20



Watch our live-stream, Saturday 4:00 PM Mass
View the mass on our website at: procathedral.ca

A dispensation from attending mass is still in place. Pope Francis invites us to make a Spiritual Communion — that is to invite Christ in to our hearts, and ask that Christ come close to us, and that we come close to Christ.

You can join Pope Francis for Spiritual Communion
Posted on Our Website under LINKS at procathedral.ca

We will re-schedule all masses once we are again open to celebrate mass. Thank you for your patience.

PARISH OFFICE—LOOKING FOR UPDATES

We would like to work on updating our parish data system so that we have current information on file. Some parishioners have been on our system for years (before the advent of email addresses) and we would like to ensure that we have all of your updated information.

- Do you have an email address that we can add?
- Have you changed from a land line and now use a cell phone? If so, we need your new number.
- Have you moved and forgot to tell us?
- Over 20? Perhaps you were registered as a child member under your parents years ago but would like to be registered as an adult, independent member?

Please email the parish office at **office@procathedral.ca** to provide all of your new information. If you don't have email, please call the office at 472-3970 to advise of changes.



LIVE THE MONTH OF MARY

You're invited to experience the month of May in communion with Living with Christ. Each day of the month, receive texts about and prayers to the Virgin Mary by email, FREE of charge. Find out more about Mary, her life and her faith by signing up at this browser address

www.livingwithchrist.ca/mary

To honor the celebration of Mother's Day, pray the Rosary today for the intentions of our mothers, for those who have been motherly influences to us, and for those who long to be mothers.

STAY CONNECTED!

Not only do we send out the bulletin electronically each week in full colour, we use this means of communication to periodically share current news on a timely basis that affects the Cathedral.

National Week for Life and the Family (May 9-16)

Family, the Domestic Church: A Sign of Hope and Life



Families today face many challenges. Life is not always easy but with God all things are possible. The Church, as God's family, is a privileged place of encounter between God and humanity. The family is a little church — a domestic church. It too is special place where God meets his people. As the domestic church, the family is by its very nature evangelistic. Through the grace of baptism, members of the family become missionary disciples. The family as a domestic church bears God's presence in the world and is a sign of hope and life.

What can you Do?

- Take some time as a family either after supper or before going to bed to share what God has done in your life. Give thanks to God for the blessings that you have received.
- Read the Mass readings and share your thoughts on them.
- Teach children the faith beginning with simple things like making the sign of the Cross and praying,--the Our Father, and the Hail Mary.
- Pray the following:

Holy Family of Nazareth, as a sign of hope and life you are the model of a home where Love dwells. Jesus, Mary, and Joseph help my family to be a place where the stranger is welcomed, where the poor are fed, and where the lonely find comfort. In imitation of your loving example may we be empowered by the Holy Spirit to live as the domestic church radiating the presence of Jesus and giving glory to God our Father. Amen

Women Alone in Friendship



If you are single, we haven't forgotten about you!! All women who are single people whether through separation, divorce, or being a widow are invited!

If it ever warms up outside we hope to begin our informal gatherings again soon outside perhaps for a coffee and bag lunch at the waterfront or some other beautiful outdoor location so we can social distance.

When we advertise a location—please join us as we share our triumphs, fears, our good experiences and sometimes our not-so-good ones in a supportive atmosphere of friendship. Come for the good laughs and conversation that resonate with us! Watch the bulletin and our Facebook site for upcoming gatherings and plan on joining us.

You can call Karen Beaulieu for more information at 495-6675. Looking forward to meeting you!

Prayer Request

The Pro-Cathedral Prayer Line consists of a group of parishioners who pray for the needs of others.

Concerns great and small are presented to the Lord on your behalf. If you have a prayer request *or would like to join the group* call Sister Shirley McNamara at 474-3800, Ext. 295 or Lorraine Atchison at 474-0613

PICTURES NEEDED

Be part of this historical walk down memory

Looking for more pictures for our Photo Project.

If you have pictures you would like to share, please send them to us.

procathedralfiles@gmail.com

or drop them off at the parish office for safe copying/scanning.

Pray the Rosary With Us *LIVE* Virtually!



While we may not be able to gather in person, we can continue this beautiful prayer and be present with one another in this **VIRTUAL LIVE EVENT**.

Weekday LIVE Virtual Rosary
Monday to Friday at 11:30 AM

Please join from your computer, tablet or smartphone at this link:

https://www.gotomeet.me/ProCathedral/rosarygroup

You can also dial in using your phone.
Canada: +1 (647) 497-9391

Access Code: 522-660-557

Note: To avoid technical difficulties — we suggest you install GoToMeeting and log in by 11 AM to ensure all settings (audio/video) are enabled according to your device.

New to GoToMeeting? Get the app now and be ready when your first meeting starts:

https://global.gotomeeting.com/install/522660557

WE HOPE YOU WILL JOIN US
& INVITE OTHERS TOO!

Sixth Sunday of Easter

Seeing all things perfectly is not something many of us could claim, including Peter. And yet, with God's help, he understands a vision God gave to him: "In truth," Peter says, "I see that God shows no partiality. Rather, in every nation, whoever fears him and acts uprightly is acceptable to him." Through God's mercy and Jesus' redemptive cross, the kingdom of God has been prepared for all peoples. God's saving power has been revealed. With faith, and the help of the Holy Spirit in living out the commandments, we can fix our eyes on Christ – the revelation of God's love who came into the world that we might have life through him.

Jesus today, in his one commandment says: "Love one another as I love you." He offers commentary for the commandment and gives reasons for why he is telling it to us, but the crux of it cannot be missed: *love one another*. It is a commandment both simple, yet complex; easy, yet at times exponentially difficult to live. So Jesus provides the key to fulfilling it by saying, "remain in *my* love" [emphasis mine]. Faithfulness to a sacramental life and participation in communal living give us the grace to remain in that love – which in turn transforms and enables us to share that love with others.

Miscarriage & Loss

A miscarriage can have deeply felt and long-lasting effects on a woman and a couple. It is heart breaking no matter when it happens during pregnancy.

The parish is making available a Care and Comfort Package to parents who have lost a child through miscarriage in order to help in your time of loss and grief.



If you wish to receive a package, please call or email the parish office. Your information will be held in the strictest confidence.

Confirmation Register Soon!

Because of the pandemic, our preparation for Confirmation has been delayed, however, we would like you to register soon so we can keep in touch with you with further updates.

Students in Grade 7, 8 or 9 can register online at:

www.holynamestalphonsus.com/confirmation

Catholic Women's League

GOD'S PLAN FOR MOTHERS

Mother, Mama, Mommy or Mom are just a few of the names for that special woman in our lives. She loves us unconditionally forever and always, but not without discipline.

Motherhood comes with late nights, early mornings and some sleepless nights, but you will not hear her complain. We accept Motherhood as God's plan for us.

A few weeks ago, when I suggested starting a gratitude journal, I'm hoping motherhood was one of the blessings for which you were grateful. There are several mothers mentioned in the Bible, but in particular the following women are noted as living up to God's plan for them.



Eve was the very first mother mentioned in the Bible. Despite her tribulations, her fall from God's grace with Original Sin, and her grief from the death of her son, Abel, Eve did go on to complete God's plan. Jochebed, mother of Moses, believed God would save her son from Pharaoh's slaughter of Hebrew boys, so much so, that she placed him in a basket and let him float down the Nile to safety. She later became his wet nurse to ensure he grew up under a godly influence and he became a great leader of the people.

Barrenness was a common theme in the Old Testament. For many years, it seemed that becoming a mother was not in God's plan for women such as Sarah, Rebekah and Hannah, at least, not until very late in life. They had other work to do first to fulfill God's plan before becoming mothers. Elizabeth too, was an old woman when she was blessed with the miracle of a son, John the Baptist. She was so grateful she dedicated her son to God.

The last mother most worthy of mention is Mary. Mary is the most honoured mother of the Bible. We dedicate the whole month of May to her. Mary suffered great humiliation and shame being with child without a husband, but never did she doubt her God or her son, Jesus. She is a shining example of obedience in following God's plan for Motherhood.

Let us also not forget the women who, although they have not given birth, are still mothers nonetheless. They are the ones who give care and nurturing unselfishly to all, reflecting God's love and mercy, especially to those most in need. They too are part of God's plan.

I pray that you all have a Special Mother's Day. I know it will be different for all of us because of the Covid-19 Pandemic, but remember; trust in God's plan and he will help us to celebrate all Mother's Days in future.

HAPPY MOTHER'S DAY

Shirlene

The Nipissing-Parry Sound Catholic District School Board invites applications for the position of **Board Chaplaincy Leader**. This position is one of leadership in the spiritual direction, support and faith formation of Board personnel and trustees. Please visit www.npsc.ca/employment for more details.

REGIONAL NEWS



North Bay Right to Life works to deepen respect for human life and heighten public opposition to abortion and euthanasia and other threats against human life both in the Christian Community and among the general public. ***We are EAGERLY looking for volunteers for our board of directors! If you can help us out, please call Ken Hastie at 840-8434.***



Marriage Preparation Course being offered May 14 & 15. Couples should contact Samantha Briggs at 705-471-3284 as soon as possible to register.

North Bay Pregnancy Help & Resource Centre: Appointments can be made to see clients/visitors by calling 475-9270. Along with guidance and support, did you know that we provide layettes to new moms and also have a baby clothes closet? Donations of diapers, wipes, baby wash, etc. & much more are appreciated. Please call to see what our requirements are. Looking for volunteers for different roles as well! Please call if you can help. If you would like to be part of our prayer ministry, email judyproulx@icloud.com

Support the Junction Creek Water Walk: As a Blue Community, the Federation of Sisters of St. Joseph is committed to protecting water as a human right, shared commons, and sacred gift. This pledge aligns with our teachings of protecting human dignity, loving through solidarity, and caring for our common home. From May 21-25 an Anishinaabe Ceremonial Water Walk will be held organized by Indigenous water walkers and the Junction Creek Stewardship Committee. This walk is for Nibi (water), all life, and the next seven generations. The 135 kilometer journey follows Junction Creek from Greater Sudbury to Lake Huron in Spanish Ontario. *A Water Walk is an Anishinaabe Ceremony emerging from the Midewiwin Tradition to raise awareness of the water as a living entity. Water is precious and sacred...one of the most basic elements needed for all life to exist. You can provide your support by:* participating in cleaning up sections of the creek before the start of the walk; joining the online community teaching events; share this knowledge with your community; consider joining part of the walk or following the walk remotely. To find out more, visit the website at: https://junctioncreek.com/water-walk/ or contact Paul Baines, the CSJ Blue Community Coordinator at info@BlueCommunityCSJ.org



The Good Samaritan Corner: The Compassionate Committee for the Homeless in North Bay recognize that the homeless have urgent needs. If you can donate your time, please consider:

HOPE'S Kitchen at 1007 Cassells St., 705-223-1884

Chris Brown and Katie Valiquette need our prayers. In April they decided to close HOPE's Kitchen due to the hateful emails, telephone calls and remarks on social media. Instead, of providing the homeless with a warm meal and a warm place to rest, they will now only be able to offer soup, sandwiches, and coffee to go Monday through Friday from 9:00 a.m. to 5:30 p.m. They will also provide outreach services Wednesday and Thursday nights.

Did you know that over the past 2 years homelessness in North Bay has risen by 62%? North Bay needs more people like Chris and Katie, and more places like HOPE'S Kitchen. Please share words of encouragement on their Facebook page at https://www.facebook.com/search/top?q=hope%27s%20kitchen%20north%20bay