TRINITY SUNDAY

30 MAY 2021

Pro-Cathedral of the Assumption

480 McIntyre Street West - North Bay, Ontario - P1B 2Z4

Welcome to Your Father's House!



Moses speaks to the people and has them consider all the ways God has cared for them and revealed himself to them. That is why they must keep his statutes and commandments. Paul tells the Romans that all *who are led by the Spirit of God* are children of God and heirs with Christ. In the Gospel, Jesus tells the eleven disciples to go *and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit*. Today's readings talk about our relationship with God: that he has revealed himself to us, provided for us, taught us, disciplined us, and given us the way to eternal life. We are led by the Spirit, and commissioned to carry the Good News to all the world.

Our Parish Mission Statement

We, the members of the Pro-Cathedral of the Assumption community, believe that we have been called through Baptism to live the Good News of Jesus Christ under the patronage of Mary, our Mother. We accomplish this by proclaiming the Word, celebrating the Sacraments, & reaching out to others.

PASTOR **Most Rev. Thomas Dowd, D.D.**
Bishop of Sault Ste. Marie

RECTOR **Msgr. Dave Tramontini**

ASSISTANT **Rev. Rex Lumine**

PERMANENT MINISTERS

Deacons	*Diocesan Order of Women*
Rev. Mr. Albert Falconi	Mrs. Shirley Falconi
Rev. Mr. Donald Shago	Mrs. Norma Milligan
Rev. Mr. Rick Hamelin	Miss Ruth Godon
Rev. Mr. Gary Westenenk	

Our faith community dates back to 1886 when we were **originally located on Main Street West and called St. Mary's of** the Lake. The cornerstone of the existing Cathedral was laid in 1904. The history of our parish is recorded in the memories of thousands of people who built our community.



(705) 472-3970

(705) 494-8222

office@procathedral.ca

www.procathedral.ca

facebook.com/procathedral

Parish Sacraments



Due to the coronavirus and the provincial stay -at-home order, new directives are in place for the preparation and celebration of our sacraments.

Please call the parish office if you require more information for the following:

Marriage, Baptism, Reconciliation, Eucharist, and Anointing of the Sick.

Due to the Provincial Shutdown,
the parish office is closed until further notice.
Please call or email the parish office to contact us and we will return messages in a timely manner.
Sign up to receive our parish bulletin at procathedral.ca which will also allow us to send you

SCRIPTURE READINGS
31 MAY - 06 JUNE

Monday	Zephaniah 3. 14-18; Luke 1. 39-56
Tuesday	Tobit 2. 9-14—3.1; Mark 12. 13-17
Wednesday	Tobit 3. 1-6a, 7-10a, 11-13, 15b-17a; Mark 12. 18-27
Thursday	Tobit 4. 20; 5. 4; 6. 10-11b; 7.1, 9-16; 8. 1, 4-9; Mark 12. 28-34
Friday	Tobit 11. 5-15; Mark 12. 35-37
Saturday	Tobit 12. 1-20; Mark 12. 38-44
Sunday	Exodus 24. 3-8; Hebrews 9. 11-15; Mark 14. 12-16, 22-26

Pope Francis Tweet: **"Live in the present". There is no better time for us; now, here and now, is the one and only time to do good, to make our life a gift. Let us live in the present!"**

A Huge thank you for all the prayers and well wishes I received for which I am most appreciative of on my recent surgery. The surgery was a success and I am at home recovering and looking forward to seeing all of you once again.

Deacon Rick

Watch our live-stream, Saturday 4:00 PM Mass
View the mass on our website at: procathedral.ca

A dispensation from attending mass is still in place. Pope Francis invites us to make a Spiritual Communion — that is to invite Christ in to our hearts, and ask that Christ come close to us, and that we come close to Christ.

You can join Pope Francis for Spiritual Communion Posted on Our Website under LINKS at procathedral.ca

We will re-schedule all masses once we are again open to celebrate mass. Thank you for your patience.

THIS IS NOT GOODBYE!

Dear Msgr. Dave,

You have worn many hats and over the years; Pastor, Psychologist, Teacher and Friend. For an unprecedented number of years you have tirelessly served the members of this parish and you've been Spiritual Advisor to our CWL council for over 25 years. We could write a book about what you mean to each and everyone of us. I know, you too, would have more than enough stories to also write a book. (Maybe you will!).
Many of us know it is not always easy to make the decision to retire but now that you have made that choice, ***congratulations!*** It is time open a new chapter in your life!



May you be proud of the work you have done, the person you are and the difference you have made! You are loved and please know that you will be missed. You are starting a new chapter in your life, We pray you enjoy your new adventure to the fullest!
Knowing you are remaining here in North Bay we look forward to seeing you from time to time. So..."Fino alla prossima Volta", "Jusqu'à la prochaine" " Til next time" … not Goodbye!

On behalf of all members of the Catholic Women's League

Shirlene

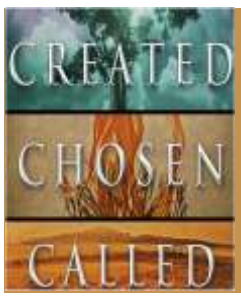
MARRIAGE BANNS

There is a promise of marriage between:

Anthony Stephen Nucara, son of Francesca Nucara and Domenica (Giordano) and Kelli Jane Lang, daughter of Jeff Lang and Penny Ann (Young).

♥

Travis Michael Mathias Neil Snider, son of Herbie Snider & Wendy Aultman and Elisa Ann Catherine Barlow, daughter of Anthony K. Barlow and Corina Roggeveen.



IS GOD CALLING YOU TO BE A PRIEST?

"Trust in the Lord with all your heart … He will direct your path." (Proverbs 3: 5-6)

WWW.BEAPRIEST.CA

Parish Donations 2021

If you need any information on our donation options, please do not hesitate to call or email the parish office - we are still checking in to make sure we can connect with everyone!

If you are currently not contributing financially we ask that you prayerfully consider making a financial commitment to the parish.

Ways You can Help Support our Parish

- **2021 Parish Envelopes**
- **Pre-authorized donations from your bank account.**
- **Credit card donations**
- **E-transfer music.finance@procathedral.ca**
- **Use our "Donate Today" button on our website at procathedral.ca**

Have you thought about changing to pre-authorized donations through your bank or credit card? **It's a safe and reliable way of supporting the Cathedral while allowing us to better budget!**

If you are already donating through pre-authorized bank account or credit card donations your deductions will continue the same into 2021 unless you would like to revise the amounts deducted. Contact the parish office if you would like to revise your contribution amounts. If you donate through automatic withdrawals, you do not need to take parish envelopes.

Only if it does not cause hardship to you, we are grateful for your continued support.

Pray the Rosary With Us *LIVE* Virtually!



While we may not be able to gather in person, we can continue this beautiful prayer and be present with one another in this **VIRTUAL LIVE EVENT**.

Weekday LIVE Virtual Rosary
Monday to Friday at 11:30 AM

Please join from your computer, tablet or smartphone at this link:

https://www.gotomeet.me/ProCathedral/rosarygroup

You can also dial in using your phone.
Canada: +1 (647) 497-9391

Access Code: 522-660-557

New to GoToMeeting? Get the app now and be ready when your first meeting starts:

https://global.gotomeeting.com/install/522660557

WE HOPE YOU WILL JOIN US & INVITE OTHERS TOO!

APRIL Pre-Authorized Banking Donations	
Sunday Offering	**Building Fund**
$6,737.00	**$2,172.00**

Collection Report: 16 & 23 May	
Sunday Offering	**Building Fund**
$4,429.45	**$10,812.00**

MAY Credit Card Donations	
Sunday Offering	**Building Fund**
$4,434.67	**$1,234.00**



The Pro-Cathedral Prayer Line consists of a group of parishioners who pray for the needs of others.

Concerns great and small are presented to the Lord on your behalf.
If you have a prayer request
***or would like to join the group* call**
Sister Shirley McNamara at 474-3800, Ext. 295

Trinity Sunday



Moses' words attest to the wonders of God and his continual care and "championing" for us. This all-powerful God chose us to be his own; he created us in love and desires for us to be with him forever. He loves us enough to have become one of us – to live and breathe and suffer as one of us! While on earth as Jesus Christ, he showed us, in healing and forgiving, the depth of his merciful and unconditional love. Through the Son we are made adopted children of God, co-heirs with Christ to the promises of the Kingdom. The Holy Spirit is sent to remain with us – always – demonstrating the steadfastness and faithfulness of God to his people and drawing others to the Father's love. And we, members of the Body of Christ, are commissioned to go "and make disciples of all nations," that all may be given the pathway to the Kingdom.

"When they all saw him, they worshiped, but they doubted." After all the Apostles had witnessed, even after their encounters with Jesus following his resurrection, they doubted. That is, until Jesus reassured them that "All power in heaven and on earth has been given to me." Then, look out! Once empowered by the Spirit, the disciples no longer doubt. In readings from the Acts of the Apostles throughout the Easter season, we have heard how the Apostles are transformed into bold and relentless preachers and leaders, healers and miracle workers, by their belief in the power of the Holy Spirit. And they can't suppress the joy they know in believing the Good News. We were made for this joy, and for sharing it as the earliest disciples did. Given all that God has done for us, how can we not?

Read Scripture verses or hymns that rejoice in God's love and bring you joy. (Phil 4:4-9 is a good start). Pray the Act of Faith to reaffirm your belief in the Trinity. Be a joyful Christian!

Act of Faith

O my God, I firmly believe that you are one God in three divine persons, Father, Son, and Holy Spirit.
I believe that your divine Son became man, and died for our sins and that He will come to judge the living and the dead.
I believe these and all the truths which the Holy Catholic Church teaches because you have revealed them, who can neither deceive or be deceived. Amen

Catechesis of the Good Shepherd Atrium



A Christian formation for children ages 3 through 12 and based on the teaching methods of Maria Montessori and on the understanding that there is a deep bond between God and each child. The Atrium is a place where children grow in the knowledge of Jesus and his love and are provided hands-on materials encouraging them to explore and deepen their experience with this love at their own pace.
Find out more about the Atrium by watching our video posted on our website under Ministries—Children & Youth. You can also contact Catechist, Erin Tayler 705-840-8509 or betayler@fibreop.ca for more information.

Do you know someone who would appreciate a companionship call? A conversation? A "hello, we are thinking of you" phone call?



Call or email the parish office to give us the name and contact information for anyone you think would appreciate this contact. We want to lessen feelings of loneliness by reaching out to those who are isolated during this pandemic.

STAY CONNECTED!

Not only do we send out the bulletin electronically each week in full colour, we use this means of communication to periodically share current news on a timely basis that affects the Cathedral.

♥

Stay connected by signing up for the bulletin at: procathedral.ca
All we need is your name and a current email!

VATICAN CITY (CNS) — Prayer is not a magic wand or a way to ask God to be at one's service, Pope Francis said.
Prayer is a humble dialogue with God to grow spiritually and discover his will for the world, the pope said May 26 during his weekly general audience.
"In prayer, it is God who must convert us, not we who must convert God," he said. "Sometimes our prayers seem to go unheard, what we have asked for — for ourselves or for others — is not fulfilled," he said. "Why does he not respond to our requests?" the pope asked. The Catechism of the Catholic Church (2735) asks people to think more deeply about why they demand to see the results of their petitions: "What is the image of God that motivates our prayer: an instrument to be used? or the Father of our Lord Jesus Christ?" it says.

"Prayer is not a magic wand," he said. "It is a dialogue with the Lord. When we pray, we can give in to the risk of not being the ones to serve God, but of expecting him to serve us."
"When we pray, we need to be humble" and believe "that God will give me what is right to give. People sometimes pray for the wrong reasons, keen to make sure God is with them", he said, "but few bother to check whether they are actually with God."
What about when the prayer request is worthy and charitable, like for the end of a war that does not cease, or "when people pray with a sincere heart, when they ask for things that correspond to the Kingdom of God," like when a mother prays for her sick child, the pope said. "Why does it sometimes seem that God does not listen?"
Looking at the Gospels, Jesus heals many people, either responding to their pleas immediately or much later, the pope said. Over time, people may see that some things do work out, "but in God's way, the divine way, not according to what we wanted at that moment. God's time is not our time," he said. "Let us learn this humble patience, to await the Lord's grace, to await the final day," when God solves everything, he said. "Jesus said faith moves mountains, and Jesus "feels special tenderness before that faith and he listens."

REGIONAL NEWS



North Bay Right to Life works to deepen respect for human life and heighten public opposition to abortion and euthanasia and other threats against human life both in the Christian Community and among the general public. ***We are EAGERLY looking for volunteers for our board of directors! If you can help us out, please call Ken Hastie at 840-8434.***

North Bay Pregnancy Help & Resource Centre: Appointments can be made to see clients/visitors by calling 475-9270. Along with guidance and support, did you know that we provide layettes to new moms and also have a baby clothes closet? Donations of diapers, wipes, baby wash, etc. & much more are appreciated. Please call to see what our requirements are. Looking for volunteers for different roles as well! Please call if you can help. If you would like to be part of our prayer ministry, email judyproulx@icloud.com



The Good Samaritan Corner: The Compassionate Committee for the Homeless in North Bay recognize that the homeless have urgent needs. If you can donate your time, please consider:

North Bay Indigenous Centre- Navigators Program located at 900 Cassells St., 705-472-2811

Items needed: hats, mitts, hand warmers, foot warmers, granola bars, juice boxes, feminine hygiene products (all types)

**** This week the temperature in North Bay will be dip down to single digits in the evenings – the homeless still need to keep warm even at the end of May.*

Did you know that ***Hope Awaits Ministry*** *located at 390 First Ave E., works within the city of North Bay to end homelessness?* They work with men who are homeless until they are independent, truly transforming lives. Their shelter program offers safe housing for up to 7 men. They also offer a clothing bank filled with warm clothing. For more information visit https://www.hopeawaitsministries.com/

Employment opportunity - Part-time Shelter Care Worker: Be a part of a team that is reaching out to those in need with the love and compassion of Jesus Christ!
Visit https://www.hopeawaitsministries.com/employment.html

See how you can help and read more on the Pro-Cathedral **website procathedral.ca under OUT-REACH**

