The Ascension of the Lord

16 MAY 2021

Pro-Cathedral of the Assumption

480 McIntyre Street West - North Bay, Ontario - P1B 2Z4

Welcome to Your Father's House!



Peter exercises leadership in the early Church as it prays for the Lord to direct their hearts in choosing a replacement for Judas Iscariot. John writes, *if we love one another, God remains in us.* In the Gospel, Jesus prays that his disciples will be protected from the dangers of this world and remain united. The Gospel takes us back to the Last Supper and Jesus' prayer for his followers. Full of concern for our welfare, he wants us to have all the spiritual resources necessary to be faithful and united. He knows there are perils and dangers, but if we keep our eyes fixed on him, remaining in his love and consecrated in his truth, we will succeed.

Our Parish Mission Statement

We, the members of the Pro-Cathedral of the Assumption community, believe that we have been called through Baptism to live the Good News of Jesus Christ under the patronage of Mary, our Mother. We accomplish this by proclaiming the Word, celebrating the Sacraments, & reaching out to others.

PASTOR **Most Rev. Thomas Dowd, D.D.**
Bishop of Sault Ste. Marie

RECTOR **Msgr. Dave Tramontini**

ASSISTANT **Rev. Rex Lumine**

PERMANENT MINISTERS

Deacons	*Diocesan Order of Women*
Rev. Mr. Albert Falconi	Mrs. Shirley Falconi
Rev. Mr. Donald Shago	Mrs. Norma Milligan
Rev. Mr. Rick Hamelin	Miss Ruth Godon
Rev. Mr. Gary Westenenk	

Our faith community dates back to 1886 when we were **originally located on Main Street West and called St. Mary's of** the Lake. The cornerstone of the existing Cathedral was laid in 1904. The history of our parish is recorded in the memories of thousands of people who built our community.



(705) 472-3970

(705) 494-8222

office@procathedral.ca

www.procathedral.ca

facebook.com/procathedral

Parish Sacraments



Due to the coronavirus and the provincial stay -at-home order, new directives are in place for the preparation and celebration of our sacraments.

Please call the parish office if you require more information for the following:

Marriage, Baptism, Reconciliation, Eucharist, and Anointing of the Sick.

Due to the Provincial Shutdown,
the parish office is closed until further notice.
Please call or email the parish office to contact us and we will return messages in a timely manner.
Sign up to receive our parish bulletin at procathedral.ca which will also allow us to send you

SCRIPTURE READINGS 17 - 23 MAY



Monday	Acts 19. 1-8; John 16. 29-33
Tuesday	Acts 20. 17-27; John 17. 1-11a
Wednesday	Acts 20. 28-38; John 17. 11b-19
Thursday	Acts 22. 30; 23. 6-11; John 17. 20-26
Friday	Acts 24-27; 25, 13b-21; John 21. 15-19
Saturday	Acts 28. 16-20, 30-31; John 21. 20-25
Sunday	Genesis 11. 1-9; Romans 8. 22-27; John 7. 37-39

DID YOU GET YOUR CWL MEMBERSHIP THIS YEAR YET? IT'S NOT TOO LATE!



Watch our live-stream, Saturday 4:00 PM Mass
View the mass on our website at: procathedral.ca

A dispensation from attending mass is still in place. Pope Francis invites us to make a Spiritual Communion — that is to invite Christ in to our hearts, and ask that Christ come close to us, and that we come close to Christ.

You can join Pope Francis for Spiritual Communion
Posted on Our Website under LINKS at procathedral.ca

We will re-schedule all masses once we are again open to celebrate mass. Thank you for your patience.

STAY CONNECTED!

Not only do we send out the bulletin electronically each week in full colour, we use this means of communication to periodically share current news on a timely basis that affects the Cathedral.



LIVE THE MONTH OF MARY

You're invited to experience the month of May in communion with Living with Christ. Each day of the month, receive texts about and prayers to the Virgin Mary by email, FREE of charge.
Find out more about Mary, her life and her faith by signing up at this browser address

www.livingwithchrist.ca/mary

Collection Report: 02 & 09 May	
Sunday Offering	**Building Fund**
$5,363.00	$705.00

PARISH OFFICE—LOOKING FOR UPDATES

We would like to work on updating our parish data system so that we have current information on file. Some parishioners have been on our system for years (before the advent of email addresses) and we would like to ensure that we have all of your updated information.

- Do you have an email address that we can add?
- Have you changed from a land line and now use a cell phone? If so, we need your new number.
- Have you moved and forgot to tell us?
- Over 20? Perhaps you were registered as a child member under your parents years ago but would like to be registered as an adult, independent member?

Please email the parish office at **office@procathedral.ca** to provide all of your new information. If you don't have email, please call the office at 472-3970 to advise of changes.

Women Alone in Friendship

If you are single, we haven't forgotten about you!! All women who are single people whether through separation, divorce, or being a widow are invited!

If it ever warms up outside we hope to begin our informal gatherings again soon outside perhaps for a coffee and bag lunch at the waterfront or some other beautiful outdoor location so we can social distance.

When we advertise a location—please join us as we share our triumphs, fears, our good experiences and sometimes our not-so-good ones in a supportive atmosphere of friendship. Come for the good laughs and conversation that resonate with us! Watch the bulletin and our Facebook site for upcoming gatherings and plan on joining us.

You can call Karen Beaulieu for more information at 495-6675. Looking forward to meeting you!

World Communications Day—16 May 2021



On 23 January 2021, the liturgical memorial of Saint Francis de Sales, patron saint of writers and journalists, the Holy See released the Holy Father's Message for the 55th World Communications Day.

In his Message, Pope Francis emphasizes the importance of authentic human communication: "In order to tell the truth of life that becomes history (cf. *Message for the 54th World Communications Day*, 24 January 2020), it is necessary to move beyond the complacent attitude that we 'already know' certain things. Instead, we need to go and see them for ourselves, to spend time with people, to listen to their stories and to confront reality, which always in some way surprises us. […] This year, then, I would like to devote this Message to the invitation to 'come and see', which can serve as an inspiration for all communication that strives to be clear and honest, in the press, on the internet, in the Church's daily preaching and in political or social communication. 'Come and see!' This has always been the way that the Christian faith has been communicated, from the time of those first encounters on the banks of the River Jordan and on the Sea of Galilee."

In Canada, World Communications Day is celebrated on May 16, the Solemnity of the Ascension of the Lord. The full text of His Holiness Pope Francis, ***"Come and See" (Jn 1:46). Communicating by Encountering People Where and as They Are"*** can be viewed on our website at procathedral.ca under LINKS.



The Pro-Cathedral Prayer Line consists of a group of parishioners who pray for the needs of others.

Concerns great and small are presented to the Lord on your behalf. If you have a prayer request *or would like to join the group* call Sister Shirley McNamara at 474-3800, Ext. 295 or Lorraine Atchison at 474-0613

PICTURES NEEDED

Be part of this historical walk down memory

Looking for more pictures for our Photo Project.

If you have pictures you would like to share, please send them to us.

procathedralfiles@gmail.com

or drop them off at the parish office for safe copying/scanning.

Pray the Rosary With Us *LIVE* Virtually!



While we may not be able to gather in person, we can continue this beautiful prayer and be present with one another in this **VIRTUAL LIVE EVENT**.

Weekday LIVE Virtual Rosary
Monday to Friday at 11:30 AM

Please join from your computer, tablet or smartphone at this link:

https://www.gotomeet.me/ProCathedral/rosarygroup

You can also dial in using your phone.
Canada: +1 (647) 497-9391

Access Code: 522-660-557

Note: To avoid technical difficulties — we suggest you install GoToMeeting and log in by 11 AM to ensure all settings (audio/video) are enabled according to your device.

New to GoToMeeting? Get the app now and be ready when your first meeting starts:

https://global.gotomeeting.com/install/522660557

WE HOPE YOU WILL JOIN US
& INVITE OTHERS TOO!

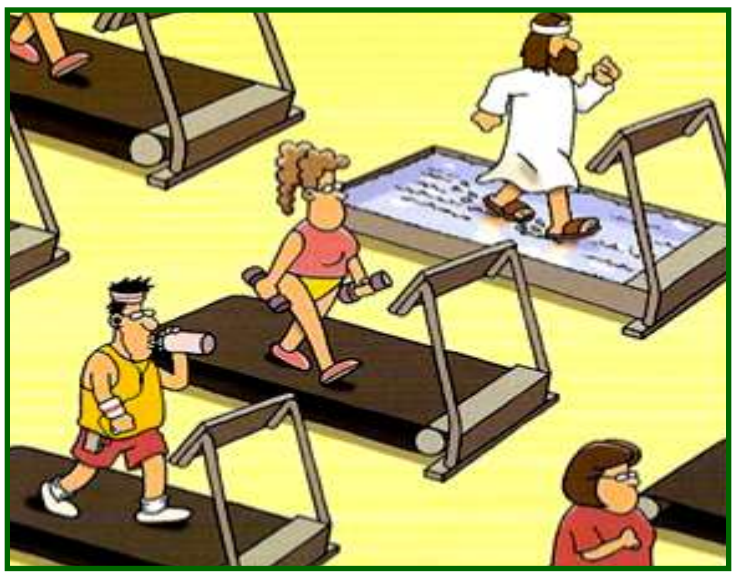
Solemnity of the Ascension of the Lord

"Why are you standing there looking at the sky?" the Apostles are asked. Well, hello! The risen Jesus, who had once again walked among the Apostles, "was lifted up, and a cloud took him from their sight." Of course the disciples would look up, to gaze once more upon the Son of God whom they loved. Today's feast reminds us, however, that to look for Jesus is not to stand around looking up, but to engage with others in the world in which he remains present. Even as he sits "at the right hand of God," Jesus dwells among and within us. For God is not some distant figure, but One who desires to walk alongside us in the person of his Son, Jesus, and give us the gift of the Holy Spirit as our help and advocate. Even in times when we experience doubt, complacency, or simply feel distant from God, Jesus is at our side. Once we open our hearts to his presence, we cannot help but share the Good News of God's love in our families, workplaces, and everyday encounters with others.

For anyone wishing to grow in their understanding of what evangelization looks like, today's readings offer as good a playbook as any. As we celebrate the Ascension, we may be tempted to see it as a kind of "farewell party" for Jesus. But while on the surface, it may appear that Jesus "left" the Apostles, he promises to remain with them through the gift of the Holy Spirit. What does that mean for us? Today's Gospel sums it up, quoting Jesus' words immediately before he was taken up to heaven: "Go into the whole world and proclaim the Gospel to every creature." As Catholics and Christians, that's our bottom line. I read somewhere that "proclaim" goes beyond mere words, and encompasses living out the Gospel by sharing God's love. Jesus remains at our side, encouraging us to use the gifts God has given us to build up the Church.



Today's feast reminds us that we have an advocate in Jesus and the Holy Spirit. As you enter a challenging situation or even just a typical day, remember to ask Jesus to give you a "spirit of wisdom."



LIFE ASCENDING

Life Ascending is a **movement for lay men and women**.

It seeks to bring together men and women who are looking to enrich their later years and through the bond of friendship and prayer, they are encouraged to reach out to others. Life Ascending is the first movement to recognise the value of older people and all they have to give to the Church and to the community

It is a Catholic International movement that welcomes all Christians who have reached a moment in their lives with more time to share with others and a desire to deepen their faith.

Life Ascending is centred on three aims:

Spirituality: Members benefit through prayer, exploring Scripture and sharing. This hopefully leads us into an ever deepening experience of the knowledge and love of God.

Friendship: By listening and understanding, a loving and mutual trust supports each member.

Mission: The service of the Gospel has nothing to do with age. All the gifts acquired in our lives are of value to our families, society and the world. It is essential that members benefit from their meetings and leave with a sense of joy and peace.

**** Did you know that our very own Annette Dutrisac is the Canadian Life Ascending Coordinator and has been to international gatherings as the liaison representative?**



From Life Ascending Canada for the Month of May

MARY A MODEL DISCIPLE FOR ALL OF US

Our Lady Mary followed God's will. When the angel appeared, she submitted to what she understood was God's will for her. You too can surrender to God's will each morning by offering God everything that you think, do and say throughout the day. Mary experienced stress. As a young woman, Mary endured the stress of an unexpected pregnancy, tension with her future husband, a difficult birth, a traumatic move to another country, and the horror of losing Jesus in Jerusalem, but she never lost her faith that God was with her.

In these unique times of the pandemic, you can look to Mary to help you deal with the stress in your life with the same belief that God will guide you through the darkness by giving you enough light for each step of your journey—no matter how stressful it may seem.

REGIONAL NEWS



North Bay Right to Life works to deepen respect for human life and heighten public opposition to abortion and euthanasia and other threats against human life both in the Christian Community and among the general public. ***We are EAGERLY looking for volunteers for our board of directors! If you can help us out, please call Ken Hastie at 840-8434.***

North Bay Pregnancy Help & Resource Centre: Appointments can be made to see clients/visitors by calling 475-9270. Along with guidance and support, did you know that we provide layettes to new moms and also have a baby clothes closet? Donations of diapers, wipes, baby wash, etc. & much more are appreciated. Please call to see what our requirements are. Looking for volunteers for different roles as well! Please call if you can help. If you would like to be part of our prayer ministry, email judyproulx@icloud.com

Support the Junction Creek Water Walk: As a Blue Community, the Federation of Sisters of St. Joseph is committed to protecting water as a human right, shared commons, and sacred gift. This pledge aligns with our teachings of protecting human dignity, loving through solidarity, and caring for our common home. From May 21-25 an Anishinaabe Ceremonial Water Walk will be held organized by Indigenous water walkers and the Junction Creek Stewardship Committee. This walk is for Nibi (water), all life, and the next seven generations. The 135 kilometer journey follows Junction Creek from Greater Sudbury to Lake Huron in Spanish Ontario. *A Water Walk is an Anishinaabe Ceremony emerging from the Midewiwin Tradition to raise awareness of the water as a living entity. Water is precious and sacred...one of the most basic elements needed for all life to exist. You can provide your support by:* participating in cleaning up sections of the creek before the start of the walk; joining the online community teaching events; share this knowledge with your community; consider joining part of the walk or following the walk remotely. To find out more, visit the website at: https://junctioncreek.com/water-walk/ or contact Paul Baines, the CSJ Blue Community Coordinator at info@BlueCommunityCSJ.org



The Good Samaritan Corner: The Compassionate Committee for the Homeless in North Bay recognize that the homeless have urgent needs. If you can donate your time, please consider:

In the coming weeks, our committee will be revealing a wonderful initiative to provide much-needed support to the homeless in North Bay. Please visit our brand-new Facebook page at www.facebook.com/compassionatecommitteeofnorthbay

Did you know that Boots on the Ground North Bay is looking for "Booties" Boots on the Ground recruits? For more information visit them on Facebook at https://www.facebook.com/groups/2404127186497296

***See how you can help and read more on the Pro-Cathedral* website procathedral.ca under OUT-REACH**

The Nipissing-Parry Sound Catholic District School Board invites applications for the position of **Board Chaplaincy Leader**. This position is one of leadership in the spiritual direction, support and faith formation of Board personnel and trustees. Please visit www.npsc.ca/employment for more details.