PRO-CATHEDRAL OF THE ASSUMPTION



We are our Brother's Keeper

While we navigate our return to mass and the reopening of the Cathedral we should be mindful that every precaution we take to create a safe environment is because we care for others.

One of the most important things we ask is that you please be patient and kind to our ushers and follow all directions they provide. Not only do we have the coronavirus in our community but we now have variants of same. Please remember that our ushers have the same concerns that you do and they volunteer their time to allow us to be open in a safe manner, helping us to ensure that all safety protocols are followed.

One of the most important directions to follow on our return to the Cathedral is that ***it is very important that you sit in the pew you are directed to and do not move once seated to another location.*** Moving locations cross-contaminates and does not allow time for proper sanitization.

Reminders:

* A dispensation from the Sunday and Holy Day obligation to participate in the Mass remains in place for all Catholics.
* Anyone who is in an at-risk health group or does not feel comfortable attending a public gathering should stay home. Even with the best health practices and increased efforts to clean the Church, there is a risk of infection anytime a person enters a public space.
* Anyone who is sick or has recently been exposed to the coronavirus should refrain from attending a public Mass as it is an act of charity to safeguard the health of others.
* Attendance at Masses is still restricted to ensure proper social distancing. ***If required***, we will celebrate a second mass simultaneously each weekend in the parish hall.
* We are mandated to wear masks by the Ontario Medical Office of Health and the Assembly of Catholic Bishops of Ontario. We ask that you ***please bring and wear your mask before entering the Cathedral***.
* Parishioners will ***enter*** and be seated starting from the front pew to the back pew. Parishioners will ***exit*** from the back pew to the front pew. Follow all directions from our ushers so social distancing can be maintained.

PLEASE SOCIAL DISTANCE & COOPERATE

WITH ALL DIRECTIONS GIVEN BY OUR USHERS

STAY CONNECTED!

Not only do we send out the bulletin electronically each week in full colour, we use this means of communication to periodically share current news on a timely basis that affects the Cathedral.

♥

Stay connected by signing up for the bulletin at: procathedral.ca

All we need is your name and a current email to stay in touch!

07 MARCH 2021

Third Sunday in Lent

PRO-CATHEDRAL OF THE ASSUMPTION

480 McIntyre Street West - North Bay, Ontario - P1B 2Z4



God gives the Israelites his commandments, saying he will punish those who do not follow them but grant mercy to those who do. Saint Paul writes the Corinthians, *we proclaim Christ crucified*, which is foolishness to those who do not believe, but power and wisdom to those who do. In the Gospel, Jesus drives money-changers and vendors from the temple area, and then tells the crowd that if the temple is destroyed he will raise it in three days. The first of God's commandments – that he alone is God and we shall not have other gods or idols – reaches beyond simply "not offering sacrifices to pagan deities." Rather, it includes avoiding anything that we "rank above" God or that prevents us from worshipping him. The importance of this commandment is seen in the way Jesus reacts against those who have made commerce – selling animals and changing money – their gods, their idols.

Our Parish Mission Statement

We, the members of the Pro-Cathedral of the Assumption community, believe that we have been called through Baptism to live the Good News of Jesus Christ under the patronage of Mary, our Mother. We accomplish this by proclaiming the Word, celebrating the Sacraments, & reaching out to others.

PASTOR **Most Rev. Thomas Dowd, D.D.**
Bishop of Sault Ste. Marie

RECTOR **Msgr. Dave Tramontini**

ASSISTANT **Rev. Rex Lumine**

PERMANENT MINISTERS

Deacons	***Diocesan Order of Women***
Rev. Mr. Albert Falconi	Mrs. Shirley Falconi
Rev. Mr. Donald Shago	Mrs. Norma Milligan
Rev. Mr. Rick Hamelin	Miss Ruth Godon
Rev. Mr. Gary Westenenk	

Our faith community dates back to 1886 when we were **originally located on Main Street West and called St. Mary's of** the Lake. The cornerstone of the existing Cathedral was laid in 1904. The history of our parish is recorded in the memories of thousands of people who built our community.



(705) 472-3970

(705) 494-8222

office@procathedral.ca

www.procathedral.ca

facebook.com/procathedral

Parish Sacraments



Marriage: Please pick up a Marriage Information Booklet in the Church Vestibule to review prior to contacting the parish office.

Anointing the Sick: Please call the parish office for more information.

Reconciliation: Every Saturday from 3:00 until 3:45 PM.

Eucharist: Please see mass schedule published in this bulletin. Call the parish office to arrange for a Eucharistic Minister to visit the sick and shut-in who are unable to attend Mass.

Adoration of the Blessed Sacrament: On the First Friday of each month from 10:00 AM until 12:00 noon.

Baptism: Please pick up a Baptism Information Booklet in the Church Vestibule to review prior to contacting the parish office.

The Pro-Cathedral is **wheel chair accessible**. The entrance to the elevator is on Algonquin Avenue. Please enter the vestibule and ring the bell for an attendant. Service available at all weekend masses. Weekday masses service available 11:30 AM to 12:45 PM. A **Hearing Aid System** is available for use by the hearing impaired. Please ask an Usher or Sacristan to assist you upon entering the church.

OFFICE HOURS THIS WEEK

Monday - Thursday	**8:30 AM to 4:30 PM**
Friday	**8:30 AM to 12:00 NOON**

READINGS: 08 - 14 March 2021

Monday	Daniel 9. 3, 4b-10; Luke 6. 36-38
Tuesday	Isaiah 1. 10, 16-20, 27-28, 31; Mt. 23. 1-12
Wednesday	Jeremiah 18. 18-20; Matthew 20. 17-28
Thursday	**Jeremiah 17. 5-10; Luke 16. 19-31**
Friday	Genesis 37. 3-4, 12-13a, 17b-28; Matthew 21. 33-43, 45-46
Saturday	Micah 7. 14-15, 18-20; Luke 15. 1-3, 11-32
Sunday	**Exodus 20. 1-17; 1 Corinthians 1. 18, 22-25; John 2. 13-25**

Third Sunday in Lent

Every family has rules in their house. "No back talk. Do your chores. Bedtime. Curfews. Respect one another. Be kind." Rules bring order out of chaos, forge a shared identity, and set standards to which everyone is held. Not surprisingly, life in God's family has rules, too. Hence the Ten Commandments, which we hear today. They begin with these words: "I, the Lord, am your God." If we miss that line, we miss the point of the rules – of the law. God's law is about God's love. Through his laws, God taught the Israelites a new way to live based on God's values: humility, justice, love, sacrifice, simplicity, kindness, and mercy – values they rarely saw when enslaved in Egypt. This Lent, we give thanks to God for the law of love and we pray to grow in this love, and be strengthened in virtue.

When Jesus cleansed the temple, he did so out of love: love for God the Father, and love for those being exploited by the marketers. We have an opportunity this Lent to witness to this same love of Christ by putting the needs of others first. To follow Christ means to choose to sacrifice for others with love, not simply because it has to be done. We have the opportunity to be Christ today when we make our sacrifices out of love.



Read the Ten Commandments this week and imagine God giving you all the wisdom you could ever want in those rules. Think about the chaos those rules have protected you from in your life. Imagine telling your loved ones how to find happiness by following the way God guarantees will lead to joy.

STATIONS OF THE CROSS FRIDAYS

5:00 PM in the Cathedral & Livestreamed so you can participate from home

Office Coordinator: St. Brice's, an Anglican parish located at 1225 Cassells St., North Bay, is advertising for the position of an Office Coordinator. The position will be offered at this time on a twelve month contract, and is for four hours a week, at a rate of $20/ hour plus 4% vacation pay. Although hours are flexible, at least two of these hours need to be while the rector is also working in the nearby office.

For more information on this position and to apply visit stbriceschurch.com and view under NEWS (scroll down—it's near the bottom of page).

Deadline to receive applications is Monday, March 15

MASS SCHEDULE

Weekday Masses are Held at 12:05 PM

Monday, 08 March - Weekday in Lent
Bev Brown - Robert and Judy
Jack Sullivan - Mary Lee and Robert Moynan
Lorna Corkum - Don and Lorraine Shago

Tuesday, 09 March - Weekday in Lent
Intention of Pat Anderson - June Leduc
Sheila Flannery - Myrtle Knight Veraldi
Geraldine and Clarence Lefebvre - Carol Lefebvre and Family

Wednesday, 10 March - Weekday in Lent

Devotion to Our Lady of Perpetual Help

Laurina Laframboise - Reg Laframboise and Family
Joseph Kelly - Robert and Judy
Members of the Levesque and Martin Families - Richard Levesque

Thursday, 11 March - Weekday in Lent
Jack Sullivan - Gary and Anne-Marie Westenenk
Cecilia McKenzie - Jean Luesby
Oscar Paquette - Philip Paquette

Friday, 12 March - Weekday in Lent
The Voisin Family - Katherine Voisin and Family
Alice Hopkinson - Vivian Molnar
Intention of Paul Smith - Friends

4:00 PM will continue to be live-streamed every Saturday

4:00 PM Saturday, 13 March - Fourth Sunday of Lent
In Thanksgiving - John and Carol Rowe
Adeline and Ossie Hill - Brenda Passmore and Family
Bob Brown - Sharon Brown

Sunday, 14 March - Fourth Sunday of Lent

9:00 AM Sam Veraldi - Jacquelyn and Luke Veraldi
Jack Sullivan - Fran Dignan
Ann McHugh - Carol Lavallee

11:00 AM Intention of the Parishioners - Msgr. Dave Tramontini

Thank you for your patience as we book mases that have not been celebrated due to the Cathedral closures

Easter Memorial Flowers & Decorations

A beautiful way to remember loved ones during this holy season is to donate memorial flowers and decorations in their memory. Your donation will help decorate the altar and sanctuary during the greatest season of the year ... ***the Resurrection!***



Please use an envelope and drop into the weekly collection or to the parish office. Remember to include the names of the people you wish remembered as well as your full name and address for income tax purposes. Printing would be best!

A listing of remembrances will be printed in the Easter Sunday Bulletin. All donations over $10 are tax deductible.

Remember your loved ones this Easter and give glory to the Lord by helping to decorate for this beautiful season!

Pope Francis: For Lent, Read the Gospel, Fast from Gossip

By Carol Glatz, Catholic News Service

People should fast from gossiping and spreading hearsay as part of their Lenten journey, Pope Francis said.

"For Lent this year, I will not speak ill of others, I will not gossip and all of us can do this, everyone. This is a wonderful kind of fasting," the pope said February 28 after praying the Sunday Angelus. Greeting visitors in St. Peter's Square, the pope said his advice for Lent included adding a different kind of fasting "that won't make you feel hungry: fasting from spreading rumors and gossiping."

"And don't forget that it will also be helpful to read a verse from the Gospel every day," he said, urging people to have on hand a pocket-size edition to read whenever possible, even if it is just a random verse. "This will open your heart to the Lord," he added.

The pope also led a prayer for the more than 300 girls who were kidnapped by unidentified gunmen Feb. 26 in Jangebe in northwestern Nigeria. Adding his voice to statements made by Nigeria's bishops, the pope condemned the "vile kidnapping of 317 girls, taken away from their school," and he prayed for them and their families, hoping for their safe return home.

Parish Donations 2021

Thank you to everyone who continues to donate to the Cathedral even through our closures under the stay-at-home orders. It is unbelievable how generous our parishioners are!

If you need any information on our donation options, please do not hesitate to call or email the parish office - we are still checking in to make sure we can connect with everyone!

If you are currently not contributing financially we ask that you prayerfully consider making a financial commitment to the parish.

Ways You can Help Support our Parish

- **2021 Parish Envelopes**
- **Pre-authorized donations from your bank account.**
- **Credit card donations**
- **E-transfer music.finance@procathedral.ca**
- **Use our "Donate Today" button on our website at procathedral.ca**

Have you thought about changing to pre-authorized donations through your bank or credit card? **It's a safe and reliable way of supporting the Cathedral while allowing us to better budget!**

If you are already donating through pre-authorized bank account or credit card donations your deductions will continue the same into 2021 unless you would like to revise the amounts deducted. Contact the parish office if you would like to revise your contribution amounts. If you donate through automatic withdrawals, you do not need to take parish envelopes.

Only if it does not cause hardship to you,
we are grateful for your continued support.

Catholic Women's League

Memberships Have you renewed your CWL membership yet? 129 ladies have.



The CWL is the voice of Catholic women expressing their values and promoting dignity and justice for all. The CWL is a gift of faith, friendship and support, offering leadership development and affirmation. The CWL gives members the opportunity to serve God and Canada. Through standing committees, members can feel the pulse of what is happening in church and society. The CWL invites all Catholic women to share their gifts and make a difference. We are accepting memberships by mail this year. Please send your renewals to: Vicki Doucette, Treasurer 387 Princess Street West North Bay, ON P1B 6C7 Please make your cheques payable to the CWL Pro-Cathedral of the Assumption Parish, not to the parish directly. If you have questions please call Brenda Passmore, Membership Chairperson, at 474-0447.



Donation of CWL Service Pins

Picture this scenario: You are a CWL member who has received a new CWL service pin for years of membership. You proudly wear this pin, perhaps attached to your ribbon. Most members choose to wear only their most current pin. Past service pins often end up at the bottom of your jewelry box. Yes, some members keep their pins for many reasons, however, if you are a member who chooses to wear only your most current pin, please consider donating your other previous pins to the Pro-Cathedral of the Assumption CWL Council. The donated pins would assist in decreasing the number of pins ordered annually and the associated costs. *Reusing service pins would also reduce our carbon footprint as an organization, a tenant of the CWL's theme: Care for our Common Home.* Something to think about! If you wish to make such a donation, please bring your pin(s) to a future CWL General Meeting, or contact Annette Dutrisac, Organization Chairperson, at 495-3584 or at 471-9922. Thank you for your consideration.

Relay for Life - Looking for 6 More Team Members!

Once again, CWL Soul Sisters will come together to relay in the fight against cancer! As many of you may know, this year's relay will be conducted virtually on Saturday, June 12, 2021. If you would like to join our team, please go to www.relayforlife.ca and then Relay For Life in North Bay: CWL Soul Sisters - Cancer Fundraising - Canadian Cancer Society, and then click on 'JOIN THIS TEAM". Please contact Leah, Team Captain at pn.thebay@gmail.com, 472-5687, or Co-Captain, Amelia at amelia.pierce9@gmail.com, 845-0256, for information.

The Canadian Cancer Society Relay For Life is more than a fundraiser — it's a chance for you to send a powerful message of solidarity to your community.

Why we Relay: each dollar raised will help us be bigger than cancer. *Last year, thousands of people across the country came together to support those affected by cancer in their communities. Together, we raised $23 million at Relay For Life!*

Pope's Prayer Intention for March

Let us pray that we may experience the sacrament of reconciliation with renewed depth, to taste the infinite mercy of God.

If you have moved or now use a cell phone number please call or email the parish office so we can change this information on our parish data system

Development and Peace

***Share Love, Share Lent*: Strengthening vulnerable communities.**

Did you know that Development and Peace supports a school for peasant filmmakers in Colombia?
This week in the *Share Love, Share Lent* campaign, discover the creative ways in which we assist communities in speaking for and taking charge of their own development.
In keeping with the Catholic Social Teaching principle of participation, let your Lenten journey make a difference in the world. Learn about our work and consider giving to help sustain it. **Discern and donate at devp.org/lent.**

***Share Love, Share Lent*: The passion of youth.**



Did you know Development and Peace has an active youth movement from coast to coast?
The *Share Love, Share Lent* campaign celebrates the passion and commitment of youth, who represent the present and the future of the Development and Peace movement. Join them in supporting our work for positive change in Canada and the Global South.

Start a solidarity letter chain in aid of Development and Peace.

Learn how at devp.org/chainletter.



PRAYER LINE

The prayer line is a group of parishioners who pray for the needs of others.

Concerns great and small are presented to the Lord on your behalf. If you have a prayer request or would like to join the group call Sister Shirley McNamara at 474-3800, Ext. 295 or Lorraine Atchison at 474-0613

We work together with God's power when we exercise our authority in prayer!

Confirmation Register Soon!

With the extended lockdown, our preparation for Confirmation will be delayed. Even though our preparation is postponed - please register as soon as possible so we can keep in touch with you with further updates.

Students in Grade 7, 8 or 9 are invited to register now to prepare for the Sacrament of Confirmation!

Our preparation program brings everyone from across our region to prepare together. Youth will celebrate at the parish where they are registered and attend.

Registration for all Candidates is available online only at: www.holynamestalphonsus.com/confirmation
A complete list of preparation dates and confirmation procedures can be found here as well.

Our preparation sessions will adhere to all safety protocols and are designed to inspire, have fun, deepen faith and build new friendships.

PARISH REGISTRATION:

Please help keep our records up-to-date! Drop this form into our mail slot at the office or email us the information.

Name: _____ Email: _____

Address: _____ Phone: _____

City: _____ P/C: _____ Cell Phone: _____

☐ I am new to the parish and I wish to register

☐ I am unsure if registered, please check

☐ I have recently moved, please update



I wish to donate using:

Contribution Envelopes ☐

VISA/MasterCard ☐

Pre-Authorized Bank Donations ☐

Pro-Cathedral of the Assumption
Roman Catholic Church
480 McIntyre Street West
North Bay, ON P1B 2Z4

(705) 472-3970
office@procathedral.ca



To all parents with children in grades 2 & 3 who are considering having their child receive First Eucharist:

Greetings and Peace in the Lord!

Do you have a child currently in Grade Two or Three? If so, we invite you to register them for the Sacrament of First Eucharist.

Your child's Sacramental life with God began the day that he/she was baptized into the family of God. It was then that you the parent(s) made commitments to the Community and to God, to bring your child up in the practice of the faith to the best of your ability. It is now time to consider furthering your child's initiation into the Christian Community.

It is our hope that the religious formation and faith growth of your child will have a high priority with you and your family. If you decide that this is important to the life of you and your family then please accept this invitation to register him/her to celebrate their First Eucharist.

COVID-19 has touched and impacted our lives in so many different ways. We are concerned about the health and safety of your child and your family, therefore, we will be preparing for and celebrating this sacrament in a different way this year.

Baptism & First Confession are the pre-requisites to receiving First Eucharist.

If your child has not received these two sacraments contact our parish office.

We want to work with you to have your child be able to receive their First Eucharist.

There will be no in-person classes. Upon registration, a book concerning this Sacrament will be mailed to you. Once you have gone through the material with your child, contact the Cathedral so we will know your child is ready. If circumstances allow, we may be able to gather in a common Zoom meeting with other families as we near the completion of the children's preparation. At this time, we are hoping to celebrate First Eucharist on Sunday, June 6. How we will celebrate will depend upon the directives we receive from health authorities with respect to the pandemic. As we near June 6 we will be in contact with you to provide more details.

Please know that should you decide not to have your child prepare for this sacrament this year we will joyfully welcome you next year.

If you have any questions or concerns please feel free to call or email the parish office. We are looking forward to working with you as your child prepares to celebrate the sacraments.

Thank you,



Rev. Msgr. Dave Tramontini, Rector

Register by Visiting our Website at: procathedral.ca
Select Sacraments / Eucharist and scroll down to
"Receiving the Sacrament of Eucharist for the First Time"
Complete the Form & Return to Parish
(Instructions are included on Form)