14 MARCH 2021

Fourth Sunday in Lent

PRO-CATHEDRAL OF THE ASSUMPTION

480 McIntyre Street West - North Bay, Ontario - P1B 2Z4



The first reading recounts the failure of God's people to listen to his prophets and repent. Their wickedness results in their ruin and exile to Babylon. In the second reading, Paul tells the Ephesians they are saved by grace through faith, which is a gift from God. In the Gospel, Jesus tells Nicodemus that God sent his Son into the world, not to condemn it, but to save it. Throughout history, humans have had a tendency to choose what is the easier – but not necessarily the better – path. The easier path often leads away from God and into the darkness of sin. Christ's way is the way of light. We are called to be his disciples, to let go of preferences and actions which keep us in the dark, and to take the path which leads to truth and goodness.

Our Parish Mission Statement

We, the members of the Pro-Cathedral of the Assumption community, believe that we have been called through Baptism to live the Good News of Jesus Christ under the patronage of Mary, our Mother. We accomplish this by proclaiming the Word, celebrating the Sacraments, & reaching out to others.

PASTOR **Most Rev. Thomas Dowd, D.D.**
Bishop of Sault Ste. Marie

RECTOR **Msgr. Dave Tramontini**

ASSISTANT **Rev. Rex Lumine**

PERMANENT MINISTERS

Deacons

Rev. Mr. Albert Falconi
Rev. Mr. Donald Shago
Rev. Mr. Rick Hamelin
Rev. Mr. Gary Westenenk

Diocesan Order of Women

Mrs. Shirley Falconi
Mrs. Norma Milligan
Miss Ruth Godon

Our faith community dates back to 1886 when we were **originally located on Main Street West and called St. Mary's of** the Lake. The cornerstone of the existing Cathedral was laid in 1904. The history of our parish is recorded in the memories of thousands of people who built our community.



(705) 472-3970

(705) 494-8222

office@procathedral.ca

www.procathedral.ca

facebook.com/procathedral

Parish Sacraments



Marriage: Please pick up a Marriage Information Booklet in the Church Vestibule to review prior to contacting the parish office.

Anointing the Sick: Please call the parish office for more information.

Reconciliation: Every Saturday from 3:00 until 3:45 PM.

Eucharist: Please see mass schedule published in this bulletin. Call the parish office to arrange for a Eucharistic Minister to visit the sick and shut-in who are unable to attend Mass.

Adoration of the Blessed Sacrament: On the First Friday of each month from 10:00 AM until 12:00 noon.

Baptism: Please pick up a Baptism Information Booklet in the Church Vestibule to review prior to contacting the parish office.

The Pro-Cathedral is **wheel chair accessible**. The entrance to the elevator is on Algonquin Avenue. Please enter the vestibule and ring the bell for an attendant. Service available at all weekend masses. Weekday masses service available 11:30 AM to 12:45 PM. A **Hearing Aid System** is available for use by the hearing impaired. Please ask an Usher or Sacristan to assist you upon entering the church.

OFFICE HOURS THIS WEEK

Monday - Thursday	**8:30 AM to 4:30 PM**
Friday	**8:30 AM to 12:00 NOON**

READINGS: 15 - 21 March 2021

Monday	Isaiah 65. 17-21; John 4. 43-54
Tuesday	Ezekiel 47. 1-9, 12; John 5. 1-16
Wednesday	Isaiah 49. 8-15; John 5. 16-30
Thursday	Exodus 32. 7-14; John 6. 18, 31-47
Friday	2 Samuel 7. 4-5a, 12-14a, 16; Romans 4. 13, 16-18, 22; Matthew 1. 16, 18-21, 24a
Saturday	Jeremiah 11. 18-20; John 7. 40-53
Sunday	Jeremiah 31. 31-34; Hebrews 6. 7-9; John 12. 20-33



The new Pro-Cathedral COVID protocol will now require that all parishioners and visitors will be seated in the middle of each pew. Please follow the direction of the ushers. Your understanding and cooperation is greatly appreciated as we all work together to keep each other safe.

One of the most important directions to follow on our return to the Cathedral is that ***it is very important that you sit in the pew you are directed to and do not move once seated to another location.*** Moving locations cross-contaminates and does not allow time for proper sanitization.

Reminders:

- A dispensation from the Sunday and Holy Day obligation to participate in the Mass remains in place for all Catholics.
- Anyone who is in an at-risk health group or does not feel comfortable attending a public gathering should stay home. Even with the best health practices and increased efforts to clean the Church, there is a risk of infection anytime a person enters a public space.
- Anyone who is sick or has recently been exposed to the coronavirus should refrain from attending a public Mass as it is an act of charity to safeguard the health of others.
- Attendance at Masses is still restricted to ensure proper social distancing. ***If required***, we will celebrate a second mass simultaneously each weekend in the parish hall.
- We are mandated to wear masks by the Ontario Medical Office of Health and the Assembly of Catholic Bishops of Ontario. We ask that you ***please bring and wear your mask before entering the Cathedral***.
- Follow all directions from our ushers so social distancing can be maintained.

PLEASE SOCIAL DISTANCE & COOPERATE
WITH ALL DIRECTIONS GIVEN BY OUR USHERS

Saturday 4:00 PM Mass
Continues to be live-streamed every Saturday

STATIONS OF THE CROSS FRIDAYS



5:00 PM in the Cathedral &
Livestreamed so you can
participate from home too!

MASS SCHEDULE

Weekday Masses are Held at 12:05 PM

Monday, 15 March - Weekday in Lent
Joan Demarco - The Demarco Family
Jack Sullivan - Linda Hanes
Intention of Colleen Klein - Judy Montgomery and Colleen Kindt

Tuesday, 16 March - Weekday in Lent
Lloyd Voisin - Katherine Voisin
Arthur Georgeneau - Gerald Georgeneau
Int. of Living and Deceased Members - Catholic Women's League

Wednesday, 17 March - Weekday in Lent

Devotion to Our Lady of Perpetual Help

Sam Verrillo - Josie Verrillo and Family
Jean Paquette - Norm Paquette and Lisa Demarco
Intention of the Manary and Montgomery Families - Robert and Judy

Thursday, 18 March - Weekday in Lent
Mike Rossi - The Family
Members of the Levesque and Martin Family - Richard Levesque
Grace Boudreau - Sue and Aurele and Family

Friday, 19 March - St. Joseph, Principal Patron of Canada
John and Mary Doyle - The Family
Paul Cain - Roy and Bunty Swanson
Milan Hlusek - Emilia and Michelle

4:00 PM Saturday, 20 March - Fifth Sunday of Lent
Bill Balfour - Mary Ellen Balfour
Jack Sullivan - Mary Lee and Robert Moynan
Lorna Brownson - John and Carol Rowe

Sunday, 21 March - Fifth Sunday of Lent
9:00 AM Giuseppe and Adela Paduano - Josie Verrillo and Family
Msgr. Norm Clement - Henriette and Simone Potvin
Lucille Brisson - Andreé Cornish

11:00 AM Intention of the Parishioners - Msgr. Dave Tramontini

Thank you for your patience as we book mases that have not been celebrated due to the Cathedral closures

Easter Memorial Flowers & Decorations

A beautiful way to remember loved ones during this holy season is to donate memorial flowers and decorations in their memory. Your donation will help decorate the altar and sanctuary during the greatest season of the year ... ***the Resurrection!***



Please use an envelope and drop into the weekly collection or to the parish office. Remember to include the names of the people you wish remembered as well as your full name and address for income tax purposes. Printing would be best!
A listing of remembrances will be printed in the Easter Sunday Bulletin. All donations over $10 are tax deductible.

Remember your loved ones this Easter and give glory to the Lord by helping to decorate for this beautiful season!

For Children in Grade 2 & 3

Because we are concerned about the health and safety of your child and your family, we will be preparing for and celebrating this sacrament in a different way this year with take home materials and zoom meetings.

Next week we are having our first preparation class by Zoom. If your child is not already registered and you wish to participate - contact the parish office asap on Monday.

If you have any questions or concerns please feel free to call or email the parish office. We are looking forward to working with you as your child prepares to celebrate the sacraments.

Baptism & First Confession are the pre-requisites to receiving First Eucharist.

If your child has not received these two sacraments contact our parish office.

We want to work with you to have your child be able to receive their First Eucharist.

Parish Donations 2021

If you need any information on our donation options, please do not hesitate to call or email the parish office - we are still checking in to make sure we can connect with everyone!

If you are currently not contributing financially we ask that you prayerfully consider making a financial commitment to the parish.

Ways You can Help Support our Parish

- **2021 Parish Envelopes**
- **Pre-authorized donations from your bank account.**
- **Credit card donations**
- **E-transfer music.finance@procathedral.ca**
- **Use our "Donate Today" button on our website at procathedral.ca**

Have you thought about changing to pre-authorized donations through your bank or credit card? **It's a safe and reliable way of supporting the Cathedral while allowing us to better budget!**

If you are already donating through pre-authorized bank account or credit card donations your deductions will continue the same into 2021 unless you would like to revise the amounts deducted. Contact the parish office if you would like to revise your contribution amounts. If you donate through automatic withdrawals, you do not need to take parish envelopes.

Only if it does not cause hardship to you,
we are grateful for your continued support.

Fourth Sunday in Lent



We all have mementoes that we treasure – a handmade Mother's Day card, a delicate glass sculpture inherited from a relative, perhaps a fine piece of woodwork or beautifully woven quilt. We treasure them because they remind us of someone we love. Now, think about that we are God's "handiwork, created in Christ Jesus for the good works that God has prepared in advance"! Our God, rich in mercy, rich in love, treasures us so much that he created each of us in his image and gives each of us grace – a pure, free gift. As we look in the mirror, we may be tempted to see only our imperfections. But Paul reminds us that if we look at ourselves the way God does and accept the gift of his love and grace, and cooperate with it working in us, we can live in Christ in the here and now, by extending love and mercy to others, and in eternity, in God's loving embrace.

Reading the news and social media, the phrase in today's Gospel that "people preferred darkness to light" seems as true now as it was in John's time. Sinfulness and evil still cause great harm in our societies. The good news is that it is also as true for us as it was then that God sent his only Son, "not … to condemn the world, but that the world might be saved through him." Clearly, the world is a work in progress. We are a work in progress. Yet today's readings remind us that we can choose light over darkness by accepting the gift of faith and grace that our patient and merciful God bestows on us. It doesn't mean that we should turn off the news or avoid necessary conflict, but instead do our part to bring light to the situations we encounter. We know the kingdom of God won't be built in a day, or even a millennium, but we take a step toward building the Kingdom when we allow God's light to enter our hearts and then share that light with others through our witness, words, and prayer.

Choose light! Respond to a troubling event in our community seeking a concrete way to help.



STAY CONNECTED!

Not only do we send out the bulletin electronically each week in full colour, we use this means of communication to periodically share current news on a timely basis that affects the Cathedral.

♥

Stay connected by signing up for the bulletin at:
procathedral.ca
All we need is your name and a current email!

DEVELOPMENT & PEACE NEWS

Solidarity Sunday Mass ONLINE – Salt & Light

Development and Peace is collaborating with Salt & Light Media to broadcast a bilingual Solidarity Sunday Mass from the Pembroke Cathedral on Sunday, March 21. Presider will be Bishop Guy Desrochers and there will be a pre-show starting at 1:00 pm, followed by Mass at 1:30 pm.

Tune in on Salt & Light or on our website at www.devp.org.

For the Love of Creation: Advocacy Webinar
Saturday, 27 March ~ 1:30 - 2:30 PM
Register on our website at procathedral.ca under CURRENT NEWS

Advocacy for global justice is something that the members of Development and Peace see as integral to their faith commitment. As humanity faces an unprecedented ecological crisis in the decade ahead, advocacy that cares for our common home is vital. Join deputy director of public engagement at Development and Peace Luke Stocking and senior policy analyst at Citizens for Public Justice Karri Munn -Venn for a conversation with our movement on the four policy pillars of "For the Love of Creation". Long time Development and Peace member Kim Piché, involved in climate justice and the zero waste movement, will also participate. You will leave ready to put your faith in action by urging the federal government to place these four pillars at the heart of their own policy decisions in the years ahead.



Online Way of the Cross
Friday, 2 April, 2021 ~ 2:30 PM
Register on our website at procathedral.ca under CURRENT NEWS

This year the Development and Peace The Way of the Cross invites us to reflect on the need to share love and to develop greater social fraternity in light of Jesus's passion, death and resurrection. Please join us for this online event to pray the stations together with staff, members and friends of Development and Peace.

Share-Year-Round: This Lent, Double your Impact



Thanks to a group of generous religious communities, there's no better time to become a monthly donor! From Ash Wednesday (February 17) to Pentecost (May 23), new monthly donors will see their contributions matched for a year, dollar-for-dollar, up to a maximum of $130,000.
If you're already part of our Share Year-Round program, you can also take advantage of this special fund by calling us (1-888-234-8533) to increase your monthly gift!
Your monthly contribution ensures our partners can support marginalized communities in their search for justice and adapt to new challenges like COVID-19.
Visit devp.org/shareyearround to join the Share Year-Round program, or check out the Share Year Round Brochure for more information.

View Bishop Dowd's letter of support for Development and Peace on our bulletin insert this weekend.



PRAYER LINE

The prayer line is a group of parishioners who pray for the needs of others.

Concerns great and small are presented to the Lord on your behalf. If you have a prayer request or would like to join the group call Sister Shirley McNamara at 474-3800, Ext. 295 or Lorraine Atchison at 474-0613

Collection Report 28 February & 07 March	
Sunday Offering	**Building Fund**
$6,838.00	$1,037.00

February Credit Card Donations	
Sunday Offering	**Building Fund**
$3,684.67	$846.00

February Pre-Authorized Banking Donations	
Sunday Offering	**Building Fund**
$6,402.00	$2,157.00

REGIONAL NEWS

North Bay Pregnancy Help & Resource Centre: Appointments can be made to see clients/visitors by calling 475-9270. Along with guidance and support, did you know that we provide layettes to new moms and also have a baby clothes closet? Donations of diapers, wipes, baby wash, etc. & much more are appreciated. Please call to see what our requirements are. Looking for volunteers for different roles as well! Please call if you can help. If you would like to be part of our prayer ministry, email judyproulx@icloud.com

"The Nipissing-Parry Sound Catholic District School Board's Special Education Advisory and Parent Involvement Committees welcome you to their **20th Annual Carousel Evening** on Wednesday, March 24 at 7:00 p.m. This free virtual event will feature keynote speaker Michael Jacques and his presentation "It's My Future....How Do I Get There?". Please visit npsc.ca for registration details."



DIOCESE OF SAULT STE. MARIE

DIOCÈSE DE SAULT STE-MARIE

Development and Peace – Caritas Canada Share Lent campaign

Dear brothers and sisters in Christ,

For over 50 years, Development and Peace has been organizing its Share Lent campaign during our Lenten Season. This year's campaign theme, **Share Love, Share Lent**, is inspired by the message of love and social fraternity in Pope Francis's encyclical, Fratelli Tutti. Throughout this year's campaign, Canadian Catholics will discover how the work of Development and Peace is anchored in Catholic Social Teaching and how we can heed the Pope's call for solidarity and love for our neighbour.

The current pandemic has forced D&P to adapt its campaign to new realities, resulting in **"Living Lent Virtually".** I invite you to participate in this Lenten journey of **Share Love, Share Lent,** either through your parish's weekly bulletin or through the website: www.devp.org/sharelent.

Your Share Lent donation may be made in your Share Lent envelope at Mass on Solidarity Sunday, the 5th week of Lent, online at www.devp.org (choosing the "Give Now" tab) or by calling 1 888 234-8533 (toll free).

This collection is instrumental in helping Development and Peace meet the immediate and sustained needs of some of our poorest sisters and brothers through over 100 projects in 30 countries of the Global South.

May the Lord bless your generosity and faithfulness!

+Thomas Dowd

Bishop Thomas Dowd
2021-03-04

Prot. no. 011/2021

Catechesis of the Good Shepherd During Lent

During this time of Covid we are unable to gather in our church. This does not mean that God is not with us. We know where 2 or 3 are gathered there is God.

Our homes are wonderful places to gather as family. Children enjoy preparing a sacred space set apart for God in their home. You are invited to share your sacred space until we can gather once more in our churches.

Sharing a family Prayer Jar

During Lent we are encouraged to fast and feast to deepen our love for God and for each other. One way to do this is to fast from time apart to feasting on thinking and praying for others.

Prayer Jars are one such active way of pouring our thoughts onto paper and then lifting them up to God.

God invites us to ask for what we need and to be grateful for our many blessings.



Abi and Amelia reflect on a prayer they wrote for Lent.

Thank you to Amelia, Abi, Jancy and Viji for sharing your idea of a Lenten Prayer Jar and table in your home. You have given us something to think about.

Please send in any other Lenten ideas to share by emailing Erin at betayler@fibreop.ca

Good Shepherd Atrium Family Prayer Tables



