14 FEBRUARY 2021

Sixth Sunday in Ordinary Time

PRO-CATHEDRAL OF THE ASSUMPTION

480 McIntyre Street West - North Bay, Ontario - P1B 2Z4

Please View our Website at procathedral.ca for Updates this Upcoming Week

Watch our Live-streamed Mass from the Pro-Cathedral on Saturday at 4 PM

View on our Website at procathedral.ca or facebook.com/procathedral



The Lord gives instructions to Moses and Aaron for how to deal with leprosy. In the second reading, Paul encourages the Corinthians to do everything for the glory of God. In the Gospel, a leper asks Jesus to make him clean, and after he is made so, he then begins *to publicize the whole matter*. Jesus enters into our spiritual and physical suffering with his mercy to heal our separation from God and draw us back into the relationship for which we are made. The leper's faith can lead us also to confidently seek Christ out today. Jesus, the eternal Word of God, draws near to us to heal us of every wound.

Our Parish Mission Statement

We, the members of the Pro-Cathedral of the Assumption community, believe that we have been called through Baptism to live the Good News of Jesus Christ under the patronage of Mary, our Mother. We accomplish this by proclaiming the Word, celebrating the Sacraments, & reaching out to others.

PASTOR **Most Rev. Thomas Dowd, D.D.**
Bishop of Sault Ste. Marie

RECTOR **Msgr. Dave Tramontini**

ASSISTANT **Rev. Rex Lumine**

PERMANENT MINISTERS

Deacons

Rev. Mr. Albert Falconi
Rev. Mr. Donald Shago
Rev. Mr. Rick Hamelin
Rev. Mr. Gary Westenenk

Diocesan Order of Women

Mrs. Shirley Falconi
Mrs. Norma Milligan
Miss Ruth Godon

Our faith community dates back to 1886 when we were originally located on Main Street West and called St. **Mary's of the Lake. The cornerstone of the existing Cathedral** was laid in 1904. The history of our parish is recorded in the



(705) 472-3970

(705) 494-8222

office@procathedral.ca

www.procathedral.ca

facebook.com/procathedral

Parish Sacraments



Due to the coronavirus new directives are in place for the preparation and celebration of our sacraments. Please call the parish office if you require more information for:
Marriage, Baptism, Reconciliation, Eucharist, and Anointing of the Sick.

Reconciliation is postponed until further notice. Please watch for updates on our webpage at procathedral.ca and on our Facebook Page.

The Pro-Cathedral is **wheel chair accessible**. The entrance to the elevator is on Algonquin Avenue. Please enter the vestibule and ring the bell for an attendant. Service available at all weekend masses. Weekday masses service available 11:30 AM to 12:45 PM. A **Hearing Aid System** is available for use by the hearing impaired. Please ask an Usher or Sacristan to assist you upon entering the church.

OFFICE HOURS

Wednesday 8:30 AM - 4:30 PM
Thursday 8:30 AM - 4:30 PM
Friday 8:30 AM - 12:00 NOON

READINGS FOR THE WEEK
15 - 21 February 2021

Monday	Genesis 4. 1-15, 25; Mark 8. 11-13
Tuesday	Genesis 6. 5-8; 7. 1-5, 10; Mark 8. 14-21
Wednesday	Joel 2. 12-18; 2 Corinthians 5. 20—6.2; Matthew 6. 1-6, 16-18
Thursday	**Deuteronomy 30. 15-20; Luke 9. 22-25**
Friday	Isaiah 58. 1-9a; Matthew 9. 14-15
Saturday	Isaiah 58. 9b-14; Luke 5. 27-32
Sunday	**Genesis 9. 8-15; 1 Peter 3. 18-22; Mk. 1. 12-15**

UPDATES & INFORMATION

Important: The following is subject to change depending on future directives we may receive from health authorities and our diocesan office.

MASSES

Weekday Liturgies

Resume on Ash Wednesday, February 17
(See Below)

Sunday Liturgies

Saturday at 4:00 PM ***(Live-streamed every week)***
&
Sunday at 9:00 & 11:00 AM



Lent Begins on Ash Wednesday
17 February

Celebrate at Church or at Home
Celebrations ~ 12:00 Noon & 5:00 PM

5:00 PM Mass will also be Live-Streamed

- Ashes will be blessed at our noon mass.
- For those not attending mass, Bishop Dowd has authorized households to receive blessed ashes and do the ritual of the imposition of ashes at home.
- You can pick up blessed ashes in the Cathedral and a copy of this ritual in the Cathedral **after** the 12:05 mass until 6:00 PM on February 17. You can also pick up ashes at the parish office on February 18 and February 19.
- A digital copy of the prayer service and a tutorial video on how to use the prayer service is on our website at procathedral.ca

Stations of the Cross

Fridays in Lent at 5:00 PM
Beginning Friday, 19 February
Live-Streamed Every Week



You can view all of our live-stream celebrations on our website at procathedral.ca or at facebook.com/procathedral

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A dispensation from mass is still in place if you are unable to attend mass. Pope Francis invites us to make a Spiritual Communion — that is to invite Christ in to our hearts, and ask that Christ come close to us, and that we come close to Christ.

You can join Pope Francis for Spiritual Communion Posted on Our Website under LINKS

MASS SCHEDULE
Weekday Masses are Held at 12:05 PM



Wednesday, 17 February
12:05 PM & 5:00 PM
(5:00 PM Mass Also Live-Streamed)

Thursday, 18 February - Weekday in Ordinary Time

Friday, 19 February - Weekday in Ordinary Time

Saturday, 20 February - First Sunday in Lent
4:00 PM
(Also Live-Streamed)

Sunday, 21 February - First Sunday in Lent
9:00 AM & 11:00 AM



PRAYER LINE

The prayer line is a group of parishioners who pray for the needs of others.

Concerns great and small are presented to the Lord on your behalf. If you have a prayer request or would like to join the group call Sister Shirley McNamara at 474-3800, Ext. 295 or Lorraine Atchison at 474-0613

If you have moved or now use a cell phone number please call or email the parish office so we can change this information on our parish data system

You can pray An Act of Spiritual Communion

My Jesus,

I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul.

Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart.

I embrace You as if You were already there and unite myself wholly to You.

Never permit me to be separated from You.

Amen.

Sixth Sunday in Ordinary Time

While leprosy as found in Biblical times is now rare and very treatable, it is not hard to imagine the tragic consequences it had on those who were affected. They suffered physically, but also socially and emotionally: Levitical priests declared lepers unclean, banishing them from the religious community. Jesus, as he did so often, would upend these conventions in his encounter with the leper in today's Gospel.

"Moved with pity," Jesus healed him, telling him to return to the local priest for readmittance to the community. Jesus' model of compassion for the man is meant for us to embody.



When the leper approached Jesus he did not demand a cure, but asked, "If you wish, you can make me clean." Although it is unlikely that any of us in the developed world will experience leprosy, we ourselves or people we know may carry inner struggles that have led to separation from the Church or a sense of isolation. In our humanity, we do not have the power to heal these maladies on our own. Instead, let us come to Jesus as the leper does, asking him, if he wills it, to heal us and our wounded world.

We can pray with confidence, knowing that Jesus in his compassion can and will make us clean and whole.

Modern culture continues to stigmatize people perceived as different – those suffering from depression and other mental illnesses, the homeless, perhaps those who struggle with cognitive disabilities – shunning them in different ways from full participation in community. To imitate Christ, as Paul alludes, is to have compassion for the needs of others – to "be moved with pity."

Let us pray for the grace to put on the mind and heart of Christ, and dignify the presence of all our brothers and sisters in our community.

Who are today's lepers? What are the inner struggles or wounds that may keep us from fully participating in our parish community or have left us estranged from members of our own family? Bring these before Jesus in your own words. Call a family member you have fallen out of touch with. Invite a person who has left the Church to lunch and listen with compassion.

Collection Report: 31 Jan & 07 Feb	
Sunday Offering	**Building Fund**
$7,280.00	**$1,870.00**

Catholic Women's League

Valentine's Day, the Day of Love!

Sometimes we get so wrapped up with tending to the "stuff" of life that we forget that someone is taking care of us, that He is right here with us and that His goodness and unfailing love never leaves us!

God's presence is our greatest need and that need is met every moment of everyday. We don't have to chase after it, go to the store to buy it, repair it, or replace it. Stop right now and just relish the blessing of being in His care. Remember we are not alone and not without love.



I would also suggest there is no reason not to love ourselves and treat ourselves to something special for this day. This doesn't have to be a day for just couples … Make a special dinner, buy some chocolate! I have, in the past, encouraged everyone to phone others! Consider a video chat or a virtual dinner or a phone call with someone! Happy Valentine's Day!

Shirlene, President - Pro-Cathedral Council

Memberships - Maintaining Memberships is Important. Why belong?

- The CWL is the voice of Catholic women expressing their values and promoting dignity and justice for all.
- The CWL is a gift of faith, friendship and support, offering leadership development and affirmation.
- The CWL gives members the opportunity to serve God and Canada. Through standing committees, members can feel the pulse of what is happening in church and society.
- The CWL invites all Catholic women to share their gifts and make a difference.

We are accepting memberships by mail this year. Please send your renewals to:

Vicki Doucette, Treasurer
387 Princess Street West
North Bay, ON P1B 6C7

You can also drop off your membership fee through the mail slot at the parish office. **Clearly mark your envelope "CWL MEMBERSHIP"**

Please make your cheques payable to the CWL Pro-Cathedral of the Assumption Parish, not to the parish directly. If you have questions please call Brenda Passmore, Membership Chairperson, at 705-474-0447.



World Day of Prayer 2021

The World Day of Prayer service will be hosted by Calvin Presbyterian Church via Zoom this year and everyone is invited to participate!

This year's service has been done as a video with the introduction by the writing country, Vanuatu with the theme "Build on a Strong Foundation."

Through the worship service we will hear the voices of the Vanuatu women, whom invite us to focus on the Bible story in Matthew 7:24-27. Jesus tells a story about the kingdom of heaven using the image of a house and the land on which the house is built. Choosing the land on which to build the house is an important decision for people in Vanuatu. The combination of considering the terrain and the climate is crucial in a tropical archipelago located in the South Pacific Ocean prone to earthquakes, cyclones, volcanic eruptions and rising sea levels.



Vanuatu's susceptibility to cyclones is highlighted in the painting chosen to represent WDP 2021. It shows a mother bending and praying over her child. The waves crash over her but a palm tree bends protectively over them. The woman's skirt is modeled after the traditional clothing on Erromango. On the horizon you can see small crosses representing the lives taken by Cyclone Pam in 2015.

To hear the voice of Vanuatu women, their joys, their hopes and their struggles let us all join together in this ecumenical celebration.

World Day of Prayer
March 5, 2021 ~ 2:00 PM
Log in by 1:45 PM as the service will begin promptly at 2:00 PM

To join by computer, tablet or smart phone
use the link provided below.
This link is also published on our website at procathedral.ca for your convenience.

https://us02web.zoom.us/j/82805543849?pwd=ZTVQaGhuMEZGUExHV3REbFhrQW5XZz09
Meeting ID: 828 0554 3849
Passcode: 030521

To join using your home phone call: +1 647 374 4685
Meeting ID: 828 0554 3849#
Participant: #
Passcode: 030521#



Confirmation Register Soon!

With the extended lockdown, our preparation for Confirmation will be delayed. Even though our preparation is postponed - please register as soon as possible so we can keep in touch with you with further updates.

Students in Grade 7, 8 or 9 are invited to register now to prepare for the Sacrament of Confirmation!

Our preparation program brings everyone from across our region to prepare together. Youth will celebrate at the parish where they are registered and attend.

Registration for all Candidates is available online only at: www.holynamestalphonsus.com/confirmation
A complete list of preparation dates and confirmation procedures can be found here as well.

Our preparation sessions will adhere to all safety protocols and are designed to inspire, have fun, deepen faith and build new friendships.

Development and Peace News

BAD NEWS! Five months after a huge explosion devastated their capital, the Lebanese people are still struggling to rebuild and recover. Clean water, health care and shelter are still needed.

GOOD NEWS! We can still help—Share Lent Collection is coming!



BAD NEWS! Hondurans still recovering from back-to-back hurricanes. Sustained long-term assistance is needed.

GOOD NEWS! Recovery efforts continue with expanded food and water distributions, help for families seeking to resettle and advocacy to ensure that the hurricane-affected people's needs remain a priority for the government.



GOOD NEWS! A group of young Montrealers organized a deliciously lucrative fundraiser. Overcoming pandemic restrictions, they pulled off a logistical miracle to sell hundreds of boxes of premium cheese from the Saint-Benoît-du-Lac abbey. They raised over $11,000 for Development and Peace!

The collection for Share Lent (Development and Peace) will be taken on Sunday, March 21. This collection was founded by the Bishops of Canada to help carry out work in developing countries. Please be Generous

Parish Donations 2021



Call or Email the parish office if you donate using envelopes **and didn't get them before the shutdown. We will get them out to you!**

We thank the many members of our community who continue to support the parish through planned giving.

If you are currently not contributing financially we ask that you prayerfully consider making a financial commitment to the parish.

Ways You can Help Support our Parish

2021 Parish Envelopes: Available from an usher at all our masses. Or, please call or email the parish office and a box of envelopes can be mailed to you.

Have you thought about changing to pre-authorized donations through your bank or credit card? It's a safe and reliable way of supporting the Cathedral while allowing us to better budget!

NOTE: If you are already donating through pre-authorized bank account or credit card donations your deductions will continue the same into 2021 unless you would like to revise the amounts deducted. Contact the parish office if you would like to revise your contribution amounts. If you donate through automatic withdrawals, you do not need to take parish envelopes.

Pre-Authorized Bank & Credit Card Donations

Please download the Banking Pre-Authorized Form or Credit Card form from our website at procathedral.ca under About Us, Stewardship/Contributions. Complete the form and mail or drop it off back to us at in the mailbox to the left of the rectory office door (480 McIntyre Street West).

You can also simply email the parish office at office@procathedral.ca or call us at 472-3970 and we will figure out how best to get the documentation to you.

Other ways you can contribute:

- We continue to accept **envelopes** at the parish door through the mail slot—you can drop off current and postdated cheques.
- Use our "**Donate Today" button** on our website. Just click and fill in the blanks and you can make a donation to the Cathedral.
- **E-transfer from your bank account through interac e-transfer** to music.finance@procathedral.ca Put in the message of the e-transfer how you would like your funds disbursed (i.e. Sunday, Building, Easter, etc.)

As it does not cause hardship to you, we are grateful for your continued support.

Stewardship

Feed Your Soul

Our bodies need nourishment every day. So we feed them. We give them water. We make sure we get enough rest. Our souls need nourishment every day, too. With spiritual wisdom from Matthew Kelly and other leading Catholic authors of our time, Daily Reflections will help you focus on what really matters so you can become the-best-version-of-yourself.



Start each day with an inspiring quote sent directly to your inbox. These simple yet powerful messages will help you to live each day with passion and purpose.

Sign up for free today.
www.dynamiccatholic.com/daily-reflections

Find the link on our website at procathedral.ca under LINKS

Dynamic Catholic: Best Lent Ever
Feed your Souls with Prayer this Lent!

Find the link on our website at procathedral.ca under LINKS

Nothing will transform your life so completely, absolutely, and forever like really learning how to pray. That's why this year's BEST LENT EVER journeys through Matthew Kelly's latest book, *I Heard God Laugh: A Practical Guide to Life's Essential Daily Habit.*

Beginning on Ash Wednesday and continuing through all forty days of Lent, you will receive a daily email with a short video to help you reconnect with yourself and your God.

If you choose to throw yourself into this experience, we promise you that you will be surprised by what God can do in your life **with just an email, a short video and an open heart. So this year, don't just sign up for BEST LENT EVER, have your best lent ever!**

REGIONAL NEWS

The Nipissing-Parry Sound Catholic District School Board's Parent Involvement Committee welcomes you to a **free virtual information session** focused on supporting wellness entitled ***"Eat. Sleep. Move. Think: The Ripple Effect. Leverage sleep, food, movement and mindset to amplify resilience and your health"***, being held virtually on Thursday, February 25 at 6:00pm. Join scientist, psychologist and bestselling author Dr. Greg Wells for this informative and engaging keynote presentation. Visit npsc.ca for registration details.

North Bay Pregnancy Help & Resource Centre: Appointments can be made to see clients/visitors by calling 475-9270. Along with guidance and support, did you know that we provide layettes to new moms and also have a baby clothes closet? Donations of diapers, wipes, baby wash, etc. & much more are appreciated. Please call to see what our requirements are. Looking for volunteers for different roles as well! Please call if you can help. If you would like to be part of our prayer ministry, email judyproulx@icloud.com

NBPHRC

Pro-Cathedral of the Assumption
Roman Catholic Church
480 McIntyre Street West
North Bay, ON P1B 2Z4

(705) 472-3970
office@procathedral.ca



To all parents with children in grades 2 & 3 who are considering having their child receive First Eucharist:

Greetings and Peace in the Lord!

Do you have a child currently in Grade Two or Three? If so, we invite you to register them for the Sacrament of First Eucharist.

Your child's Sacramental life with God began the day that he/she was baptized into the family of God. It was then that you the parent(s) made commitments to the Community and to God, to bring your child up in the practice of the faith to the best of your ability. It is now time to consider furthering your child's initiation into the Christian Community.

It is our hope that the religious formation and faith growth of your child will have a high priority with you and your family. If you decide that this is important to the life of you and your family then please accept this invitation to register him/her to celebrate their First Eucharist.

COVID-19 has touched and impacted our lives in so many different ways. We are concerned about the health and safety of your child and your family, therefore, we will be preparing for and celebrating this sacrament in a different way this year.

Baptism & First Confession are the pre-requisites to receiving First Eucharist.

If your child has not received these two sacraments contact our parish office.

We want to work with you to have your child be able to receive their First Eucharist.

There will be no in-person classes. Upon registration, a book concerning this Sacrament will be mailed to you. Once you have gone through the material with your child, contact the Cathedral so we will know your child is ready. If circumstances allow, we may be able to gather in a common Zoom meeting with other families as we near the completion of the children's preparation. At this time, we are hoping to celebrate First Eucharist on Sunday, June 6. How we will celebrate will depend upon the directives we receive from health authorities with respect to the pandemic. As we near June 6 we will be in contact with you to provide more details.

Please know that should you decide not to have your child prepare for this sacrament this year we will joyfully welcome you next year.

If you have any questions or concerns please feel free to call or email the parish office. We are looking forward to working with you as your child prepares to celebrate the sacraments.

Thank you,



Rev. Msgr. Dave Tramontini, Rector

Register by Visiting our Website at: procathedral.ca
Select Sacraments / Eucharist and scroll down to
"Receiving the Sacrament of Eucharist for the First Time"
Complete the Form & Return to Parish
(Instructions are included on Form)