Pro-Cathedral of the Assumption

Fourth Sunday of Advent
20 December 2020

Welcome to Your Father's House

"Behold, the virgin shall conceive and bear a son, and they shall name him Emmanuel"



The Lord reminds David that he, the Lord, chose David. He tells David that a kingdom will be established in David's name and endure forever. Saint Paul gives glory to the only wise God, through Jesus Christ. In the Gospel, the angel Gabriel tells Mary that she will conceive and bear a son, and – hearing that the Holy Spirit and the power of the Most High will be with her – she responds, may it be done to me according to your word. David worries that the ark of God dwells in a tent; Mary doesn't hesitate to allow the ark of God to dwell within her. God is not bound by human constraints, and yet he asks us to participate with him, and cooperate with his grace, that the ark of the covenant – and the arc of salvation history – may be made available to all.

Our Parish Mission Statement

We, the members of the Pro-Cathedral of the Assumption community, believe that we have been called through Baptism to live the Good News of Jesus Christ under the patronage of Mary, our Mother. We accomplish this by proclaiming the Word, celebrating the Sacraments, & reaching out to others.

PASTOR **Most Rev. Thomas Dowd, D.D.**
Bishop of Sault Ste. Marie

RECTOR
Msgr. Dave Tramontini

ASSISTANT
Rev. Rex Lumine

PERMANENT MINISTERS

Deacons
Rev. Mr. Albert Falconi
Rev. Mr. Donald Shago
Rev. Mr. Rick Hamelin
Rev. Mr. Gary Westenenk

Diocesan Order of Women
Mrs. Shirley Falconi
Mrs. Norma Milligan
Miss Ruth Godon

Our faith community dates back to 1886 when we were **originally located on Main Street West and called St. Mary's of** the Lake. The cornerstone of the existing Cathedral was laid in 1904. The history of our parish is recorded in the memories of thousands of people who built our community.



(705) 472-3970
(705) 494-8222
office@procathedral.ca
www.procathedral.ca
facebook.com/procathedral

Parish Sacraments



Due to the coronavirus new directives are in place for the preparation and celebration of our sacraments. Please call the parish office if you require more information for:
Marriage, Baptism, Reconciliation, Eucharist, and Anointing of the Sick.

Reconciliation from 3:00 to 3:45 PM. Cathedral opens at 3:00 PM.

Please see our **Eucharist** schedule on next page of this bulletin.

The Pro-Cathedral is **wheel chair accessible**. The entrance to the elevator is on Algonquin Avenue. Please enter the vestibule and ring the bell for an attendant. Service available at all weekend masses. Weekday masses service available 11:30 AM to 12:45 PM. A **Hearing Aid System** is available for use by the hearing impaired. Please ask an Usher or Sacristan to assist you upon entering the church.

MONDAY to THURSDAY 8:30 AM - 4:30 PM
(Closed 12:00 Noon to 12:30 PM)
FRIDAY OFFICE CLOSED

OFFICE HOURS

READINGS FOR THE WEEK
21 ~ 27 December

Monday	Zephaniah 3. 14-18a; Luke 1. 39-45
Tuesday	1 Samuel 1. 24-28; Luke 1. 46-56
Wednesday	Malachi 3. 1-4; 4. 5-6; Luke 1. 57-66
Thursday	Isaiah 9. 2-4, 6-7; Titus 2. 11-14; Luke 2. 1-16
Friday	Isaiah 52. 7-10; Hebrews 1. 1-6; John 1. 1-5, 9-14
Saturday	Acts 6. 8-10; 7. 54-59; Matthew 10. 17-22
Sunday	Genesis 15. 1-6; 17. 3b-5, 15-16; 21. 1-7; Hebrews 11. 8, 11-12, 17-19; Luke 2. 22-40

Advent Week 4 ~ Prayer



Light four candles and sit for a moment in silence.

Christ our Peace,
Glow brightly in each moment.
Enlighten our vision so that we see beyond the trappings of the holidays.
Relieve us, if just for a moment, of our worries and stress.
We await your coming with serenity.

Amen.

www.Sadlier Religion

Congratulations to Jose and Jelyn Canisguin on the baptism of their son, Joseph Eugenio Lamela Canisguin on Saturday, November 28, 2020.

May your lives be filled with love and peace and may God bless and protect your child!

Heavenly Father, thank you for filling Joseph with courage. Please send your Spirit so we too may choose to go on a divine adventure.
Replace our fear of those who perpetrate injustice with courage to live and talk as Mary did.
Loving God, we rejoice at your coming, and we overflow with gratitude at the freedom you have restored in us.
Amen

SACRAMENT OF CONFIRMATION!

Students in Grade 7, 8 or 9 are invited to register now to prepare for the Sacrament of Confirmation! Our preparation program begins in January 2021!

Our preparation program brings everyone from across our region to prepare together. Due to the special circumstances of the pandemic, there will be three simultaneous celebrations of the Sacrament of Confirmation on Saturday, February 13, 2021. Youth will celebrate at the parish where they are registered and attend.

Registration for all Candidates is available online only at: www.holynamestalphonsus.com/confirmation
A complete list of preparation dates and confirmation procedures can be found here as well.

Our preparation sessions will adhere to all safety protocols and are designed to inspire, have fun, deepen faith and build new friendships.

Registration Deadline is January 13, 2021.

MASS SCHEDULE

Weekday Masses are Held at 12:05 PM

Monday, 21 December - Weekday in Advent
Antoinetta and Danny Covatta - Josie Verrillo and Family
Jack Sullivan - Ian and Lori MacAskill
The O'Leary Family - Katherine Voisin and Family

Tuesday, 22 December - Weekday in Advent
Iris Vendetti - Paul and Nadine Condon
Patrick and Irene McGirr - Theresa Ringler
Noah Dugas - The Luesby and Dugas Families

Wednesday, 23 December - Weekday in Advent
Mother of Perpetual Help Devotions
Sheila Flannery - Cliff and Marg Riopelle
Clarence and Geraldine Lefebvre - Carol Lefebvre and Family
Intention of Ray and Marlene Walter - Robert and Judy

Thursday, 24 December - The Nativity of the Lord
Mass Celebrated at 5:00 PM, 8:00 PM & 12:00 MIDNIGHT
Our Christmas masses are celebrated in remembrance of all those whose names were received for our Christmas Memorial Listing

Friday, 25 December - The Nativity of the Lord
Mass Celebrated at 11:00 AM
Our Christmas mass is celebrated in remembrance of all those whose names were received for our Christmas Memorial Listing

4:00 PM Saturday, 26 December - Feast of the Holy Family
Laurina Laframboise - Reg Laframboise
Intention of Lorna - John and Carol Rowe

Sunday, 27 December - Feast of the Holy Family
9:00 AM Noah Dugas - Jim and Eileen O'Connor
Intention of the Donors and those Remembered in the Pro-Cathedral Memorial Fund

11:00 AM Intention of the Parishioners - Msgr. Dave Tramontini

Development and Peace Stamp Collection



Don't forget that your stamps affixed to the right corner of your envelopes can help fund Development and Peace projects as they sell them to stamp collectors. Please support this initiative by simply cutting off the stamps from your envelopes without damaging perforations. **Save them in baggies/envelopes & drop them into the office mail slot.**
Our D & P Coordinator, Lorraine Atchison, will make sure they are sent to the Stamp Project.



PRAYER LINE

The prayer line is a group of parishioners who pray for the needs of others. Concerns great and small are presented to the Lord on your behalf. If you have a prayer request or would like to join the group call Sister Shirley McNamara at 474-3800, Ext. 295 or Lorraine Atchison at 474-0613

Christmas & New Year's Mass Schedule

Christmas Eve—Thursday, 24 December

5:00 PM ~ 8:00 PM ~ 12:00 MIDNIGHT

Incense will be used at 8 PM & Midnight Masses

Doors Open 1 Hour Prior to Masses

A simultaneous mass will be celebrated in the parish hall at all mass times. The 5:00 PM mass will be live-streamed as well as being made available afterwards on our website for viewing at your convenience.

Please arrive as a family unit if you wish to sit together.
Seating can not be "saved" for others.

Once the Cathedral and Parish Hall are full, due to social-distancing protocols, all others will be gently turned away. We cannot add additional seating or have people standing in the Cathedral or Hall.

We apologize in advance and ask that you extend your usual courtesy towards our ushers during this difficult time.

** Please see note about Spiritual Communion Below **

Christmas Day – Friday, 25 December

11:00 AM Christmas Mass (12:05 PM Mass Cancelled)

Holy Family Weekend

Saturday, 26 December & Sunday, 27 December

Regular 4:00 PM, 9:00 AM & 11:00 AM Masses

Monday, 28 December—Thursday, 31 December

Regular 12:05 PM Masses

New Year's Day

Friday, 01 January

Solemnity of Mary, Mother of God

11:00 AM Mass

(12:05 PM Mass Cancelled)



Did you know that Christmas Day and New Year's Day are Holy Days of Obligation?



As indicated on our Christmas Schedule, the 5:00 PM Mass will be live-streamed on our website on Christmas Eve.

Visit procathedral.ca and click on the link that will be on our homepage.

This mass will be available for viewing all evening for your convenience.



Christmas Memorial Flowers & Decorations

A beautiful way to remember loved ones during this holy season is to donate memorial flowers and decorations in their memory. Your donation will help decorate the altar and sanctuary during the Christmas Season.

Please print the name of the person(s) you wish remembered and your name and address on a paper and insert it into an envelope marked Christmas Flower Donation.

Drop the envelope in the collection or to the parish office by December 21.

A listing of remembrances will be published on our website and emailed to everyone who is subscribed to receive the bulletin on-line (358 people and counting!)

Remember your loved ones this Christmas and give glory to the Lord by helping to decorate for this beautiful season!

A dispensation from mass is still in place if you are unable to attend mass.

If you are unable to receive the Eucharist physically, Pope Francis invites us to make a Spiritual Communion—that is to invite Christ in to our hearts, and ask that Christ come close to us, and that we come close to Christ.

You can join Pope Francis for Spiritual Communion at:

https://youtu.be/5LNjJaWuidw

This link is also posted on our website under LINKS at procathedral.ca

You can pray An Act of Spiritual Communion

My Jesus,

I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul.

Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart.

I embrace You as if You were already there and unite myself wholly to You.

Never permit me to be separated from You.

Amen.

Parish Donations 2021

God endows each of us with personal gifts, talents and material possessions. Stewardship is acknowledging that God is the source of each gift that has been received. It also means to give a portion back to God, as a direct way of expressing our thanksgiving to Him for these gifts.

In this stressful year where many are affected by the coronavirus we are grateful for the support we have received that allowed us to meet our operating budget and to progress our Church in its mission to share the Gospel, support our ministries, and assist our community.

If you are currently not contributing financially we ask that you prayerfully consider making a financial commitment to the parish.

Ways You can Help Support our Parish

2021 Parish Envelopes: Currently being handed out individually to those requesting them from an usher. ***We will do this each weekend so if we run out one weekend, please know that we will have more available the following weekend.*** You can also drop by the parish office to pick up your parish offering envelopes. ***Have you thought about changing to pre-authorized donations through your bank or credit card?*** It's a safe and reliable way of supporting the Cathedral while allowing us to better budget!

NOTE: If you are already donating through pre-authorized bank account or credit card donations your deductions will continue the same into 2021 unless you would like to revise the amounts deducted. Contact the parish office if you would like to revise your contribution amounts. If you donate through automatic withdrawals, you do not need to take parish envelopes.

Pre-Authorized Bank & Credit Card Donations

Please download the Banking Pre-Authorized Form or Credit Card form from our website at procathedral.ca under About Us, Stewardship/Contributions. Complete the form and mail or drop it off back to us at in the mailbox to the left of the rectory office door (480 McIntyre Street West).

You can also simply email the parish office at office@procathedral.ca or call us at 472-3970 and we will figure out how best to get the documentation to you.

Other ways you can contribute:

- We continue to accept **envelopes** at the parish door through the mail slot—you can drop off current and postdated cheques.
- Use our "**Donate Today" button** on our website. Just click and fill in the blanks and you can make a donation to the Cathedral.
- **E-transfer from your bank account through interac e-transfer** to music.finance@procathedral.ca Put in the message of the e-transfer how you would like your funds disbursed (i.e. Sunday, Building, Easter, etc.)

As it does not cause hardship to you, we are grateful for your continued support.



Fourth Sunday of Advent

Hope * Love * Joy * Peace

During Advent, we await the One who is perfect grace, light, and joy. The Christ Child's arrival during a time when darkness has been increasing each day, and our anticipation of that arrival, emphasize his salvific role. For if even the smallest light is a glimmer of hope in the night, how much more is Christ's perfect and all-consuming light a life-saving flare in the darkness of sin and death. As we hear the angel Gabriel say of Christ, in his visitation to Mary: "He will be great and will be called Son of the Most High … and of his kingdom there will be no end." Emmanuel, God with us, is the reason for our hope, and the reason for our joy.

This last week of Advent can be a chance to reorder our mind and our heart. Jesus will come to us this Advent and Christmas if we make room for him in the inn of our hearts, if we carve out a place of peace and quiet in the busyness of our lives to give space and time to Jesus every day.



On the brink of Jesus' coming into the word, we anticipate, yet try to remain grounded in this present moment.

Let us not neglect the gift of this very time and place; our waiting, our joy, our expecting: these are gifts! May we embrace them and reverence the goodness of this moment. Just as Mary journeyed to see her cousin Elizabeth in final preparations for Jesus' coming, we gather with our loved ones and those with whom we can share our joy as we look toward the miracle of Christmas.

From a child's point of view:





Because COVID-19 has impacted the way we do things, this year we are preparing for the sacraments in a different way.

For Children in Grades 2, 3 & Older

First Reconciliation: There will be no common classes or common celebration. Upon registration a book concerning this sacrament will be mailed to you. Once you have gone through the material with your child, contact the Cathedral and a private time will be arranged with you for your child to celebrate with myself or Fr. Rex.

Baptism is the pre-requisite to all the other Sacraments.

If your child has not been baptized *please contact our parish office.*

We want to work with you to have your child receive this sacrament in order to enter the Christian community.

First Eucharist: In January, our team will meet to take into consideration new developments and decide how to proceed with this Sacrament. We will keep you informed as to our plans at that time.

If you have any questions or concerns please feel free to call or email the parish office. We are looking forward to working with you as your child prepares to celebrate the sacraments.

Visit our Website to Register: procathedral.ca
Select Sacraments / Reconciliation and scroll down to "Receiving the Sacrament of Reconciliation for the 1st Time"
Complete the Form & Return to Parish
(Instructions are included on Form)

COLLECTION REPORT: 13 DECEMBER	
Sunday Offering	**Building Fund**
$4,480.00	**$10,709.00**

REGIONAL NEWS

Shalom Place presents "Dear Heart Come Home: The Path to Midlife Spirituality" by Joyce Rupp an on-line small group opportunity. Midlife is a summons to grow and a challenge to discover our authenticity. We evaluate our goals, hopes, dreams, beliefs, behaviours, experiences, all that has marked us and contributed to the person we have become. We ask ourselves: "Is this the person I want to be in the future?" Using Joyce Rupp's book as the source of input, private journaling and group sharing during our sessions we will meet with facilitator Sister Stephanie Romiti, CSJ on Wednesdays from 4:30 to 6:00 PM January 20, 27; February 3, 10, 17, 24; and March 3, 10. A free-will offering is appreciated. Participants are asked to obtain their own copy of the book. Meet from the comfort of your own home—we will meet using zoom. To register contact shalomssm@shaw.ca or call 705-254-4690. You can also complete the contact form at www.shalomplace.ca

PICTURES NEEDED

Be part of this historical walk down memory lane!

Looking for more pictures for our Photo Project.

If you have pictures you would like to share, please send them to us.

procathedralfiles@gmail.com or drop them off at the parish office for safe copying/scanning.

Shown Right & Below:

Ben Yarosh in the Cathedral at First Communion and assisting as an altar server.





Free Community Christmas Dinner: Served at Memorial Gardens (Gate 2) Friday December 25 from 10:30 AM to 2:30 PM. Take out service (Gate 3) will be offered from 10:30 AM until 2:30 PM as well. There will be entertainment and gifts for everyone. Masks must be worn and social distancing protocols will be in place. Email: nbchristmasdinner@gmail.com if you have any questions. Event hosted by The Christmas Day Dinner Committee 2020

North Bay Pregnancy Help & Resource Centre: Appointments can be made to see clients/visitors by calling 475-9270. Along with guidance and support, did you know that we provide layettes to new moms and also have a baby clothes closet? Donations of diapers, wipes, baby wash, etc. & much more are appreciated. Please call to see what our requirements are. Looking for volunteers for different roles as well! Please call if you can help. If you would like to be part of our prayer ministry, email judyproulx@icloud.com

CATHOLIC WOMEN'S LEAGUE NEWS

SERVICE – FAITH – JUSTICE

Throughout Advent we have recognized and prayed for Hope, Peace and Joy. This being the last Sunday of advent we know that Love is on the way.

I would encourage everyone to turn Love into a real Life application. This week contact someone who may be going through a rough time or just someone you haven't spoken to for a while. They may be sick, lonely or sad. You never know what is happening in another's life. Have a coffee or tea break on the phone while chatting, share some encouraging words or tell a funny story! You will definitely brighten someone's day! Consider signing some Christmas cards and taking them to a nursing home. This will brighten a lonely seniors day!

I pray for the safety of each and everyone who are still isolating knowing it is a lonely time. I pray that sometime this year, now with the vaccines rolling out that we may gather in safety.

Miss you all! Shirlene



The Pro-Cathedral CWL wishes to continue their good works and assistance through their programs such as offering scholarships to students; supporting the school lunch programs, Right to Life, Pregnancy Help & Resource Centre, Gathering Place, Catholic Charities, and many other community initiatives. Due to the pandemic, we have been prohibited from hosting our annual parish bazaar and as a result unable to raise needed funds for our activities.

We are asking if members of our community could make a onetime CWL donation though our regular collection contribution system on Sunday.

If you could possibly help we would be most grateful. We invite donations of any amount placed in the collection boxes at the back of the church or dropped into the mail slot at the parish office. Please be sure to mark your envelopes CWL and make cheques payable to Pro-Cathedral CWL.

Thank you for your consideration of our request.

Our Mission

The Catholic Women's League of Canada calls its members to grow in faith, and to witness to the love of God through ministry and service.

Education and Health Message

Canadian Catholic Bioethics Institute – according to their website the Canadian Catholic Bioethics Institute was created from discussion in 1998 to promote and protect the dignity of the human person through interdisciplinary ethics research and education in health care and the life sciences. This group felt that it would be helpful to create a center or institute to help enhance Catholic research and communications in the area of bioethics in a way that would be of service to Canadians generally. For more information about the Canadian Catholic Bioethics Institute visit www.ccbi-utoronto.ca Complete the contact information and request to be placed on the mailing list.

Check out the latest addition to the CWL website - *To Inspire* - In our ongoing efforts to inspire you in faith, service and social justice, we offer these gifts. As we create new videos and other inspirational content we invite you to download and make use of these assets so that others in our parish, community and beyond may view them and join our journey. And be sure to follow us on social media and share to spread the message of inspiration! Visit www.cwl.ca



Have you donated to our Catholic Women's League Sock Basket Yet?
Please help
so we can help others!

2021 CWL MEMBERSHIPS

- Membership fees of $25 can be dropped into the parish collection or dropped off at the parish office.
- If you currently use parish envelopes, a membership envelope is included inside. Put your name and address on the envelope, include the $25 membership fee and drop it into the collection basket.
- You can put your name and address on any envelope you have, include the membership fee, and drop it into the collection basket.
- You can mail your $25 membership fee to Vicki Doucette, Treasurer, at 387 Princess Street West, North Bay, ON P1B 6C7.
- **Please make all cheques payable to CWL Pro-Cathedral.**
- **Questions? Contact Brenda Passmore, Membership Chairperson at 474-0447.**

