Pro-Cathedral of the Assumption

09 AUGUST 2020
Nineteenth Sunday in Ordinary Time

480 McIntyre Street West - North Bay, ON - P1B 2Z4

"Take courage, it is I. Don't be afraid."



Elijah heard God in a tiny whispering sound. Paul writes to the Romans that he has great sorrow and constant anguish in [his] heart for his own people. In the Gospel, Peter becomes frightened while walking on the water toward Jesus. Jesus catches him from sinking. If we wait to be adrift upon a stormy sea in order to see that God is present with us, we will miss out on the grace and goodness that currently surrounds us. God's love is at work in us, in every sacrament; in every moment of prayer; in every gathering for worship; in every act of kindness. He is in the tiniest whisper, and in the outstretched hand of another.

Our Parish Mission Statement

We, the members of the Pro-Cathedral of the Assumption community, believe that we have been called through Baptism to live the Good News of Jesus Christ under the patronage of Mary, our Mother. We accomplish this by proclaiming the Word, celebrating the Sacraments, & reaching out to others.

RECTOR
Msgr. Dave Tramontini

ASSISTANT
Rev. Rex Lumine

PERMANENT MINISTERS

Deacons

Rev. Mr. Albert Falconi
Rev. Mr. Donald Shago
Rev. Mr. Rick Hamelin
Rev. Mr. Gary Westenenk

Diocesan Order of Women

Mrs. Shirley Falconi
Mrs. Norma Milligan
Miss Ruth Godon

Our faith community dates back to 1886 when we were **originally located on Main Street West and called St. Mary's of** the Lake and the cornerstone of the existing Cathedral was laid in 1904. The history of our parish is recorded in the memories of thousands of people who built our community.



(705) 472-3970
(705) 494-8222
office@procathedral.ca
www.procathedral.ca
facebook.com/procathedral

Parish Sacraments



Due to the coronavirus new directives are in place for the preparation and celebration of our sacraments. Please call the parish office if you require more information for:
Marriage, Baptism, Reconciliation, Eucharist, and Anointing of the Sick.

Reconciliation from 3:00 to 3:45 PM. Cathedral opens at 3:00 PM.

Please see our **Eucharist** schedule on next page of this bulletin.

The Pro-Cathedral is **wheel chair accessible**. The entrance to the elevator is on Algonquin Avenue. Please enter the vestibule and ring the bell for an attendant. Service available at all weekend masses. Weekday masses service available 11:30 AM to 12:45 PM. A **Hearing Aid System** is available for use by the hearing impaired. Please ask an Usher or Sacristan to assist you upon entering the church.

OFFICE HOURS THIS WEEK

MONDAY	OFFICE CLOSED
TUESDAY	9:00 AM to 2:00 PM
WEDNESDAY	9:00 AM to 2:00 PM
THURSDAY	9:00 AM to 2:00 PM
FRIDAY	OFFICE CLOSED



READINGS: 10 - 16 AUGUST

Monday	2 Corinthians 9. 6-10; John 12. 24-26
Tuesday	Ezekiel 2. 8—3.4; Matthew 18. 1-5, 10, 12-14
Wednesday	Ezekiel 9. 1-7; 10, 18-22; Matthew 18 15-20
Thursday	Ezekiel 12. 1-16; Matthew 18. 21-35—19.1
Friday	Ezekiel 16. 1-15, 60, 63; Matthew 19. 3-12
Saturday	Rev. 11. 19a; 12. 1-6a, 10ab; Luke 1. 39-56
Sunday	Isaiah 56. 1, 6-7; Romans 11. 13-15, 29-32; Matthew 15. 21-28

Thank you for being kind to our ushers as they lead you into the Cathedral and to your seats while helping us maintain our safety protocols.

Just a few reminders when attending mass:

1) **Masks:** The use of face shields as a substitute for masks is not recommended by the Center for Disease Control and Prevention. In view of this recommendation face masks must be worn when attending the Cathedral.
2) **Seating:** A mass will be simultaneously celebrated in the parish hall *if required* once we fill all available seats in the Cathedral.
3) **Sign up to receive the bulletin** at our website at procathedral.ca You will automatically receive the bulletin and current, up-to-date information as it is issued from the Diocese, parish, etc.
4) **Dispensation** from attending mass is still in place if you do not feel comfortable attending mass at this time. Links to many websites offering televised masses is available on our website under LINKS at procathedral.ca
5) **Confession:** Saturday from 3:00 to 3:45 PM. Cathedral opens at 3:00 PM. Confessions are done standing. There is no kneeler inside and masks must be worn to visit the confessional.
6) **Hearing System:** It would be helpful if you could bring your own headphone as we have a limited supply of the type that can be sanitized properly.
7) **Rosary:** There will be no recitation of the Rosary before masses.
8) **Mother of Perpetual Help Prayers:** These prayers will be celebrated on Wednesdays just prior to the 12:05 PM mass. As there can be no paper material in the Cathedral a deacon will respond on behalf of the assembly.
9) **Candles & Mass Cards:** No one will be allowed into the Sacristy other than the Priest, Deacon and Sacristan. Candles can now be purchased at our weekday or weekend masses. An usher will be available to assist you. Mass cards can be ordered by contacting the parish office by phone or email and they can be mailed on your behalf.

For more details please view the document
"What you can Expect/Guidelines"
on our website at procathedral.ca

Pope Francis
August Prayer Intention

We pray for all those who work and live from the sea, among them sailors, fishermen and their families.

MASS SCHEDULE
Weekday Masses are Held at 12:05 PM

Monday, 10 August - Feast of St. Lawrence, Deacon/Martyr
Janice Derochie - A Parishioner
Luke Walter - Ray and Marlene Walter

Tuesday, 11 August - Memorial of St. Clare, Virgin
John Deviveiros - Maria and Fr. Joe
Josephine Falconi - Al and Diane Orlando

Wednesday, 12 August - Weekday in Ordinary Time
Mother of Perpetual Help Devotions
The Verrillo Family - Josie Verrillo and Family
Intention of Armand Lalande, P.M.E. - Andree Cornish

Thursday, 13 August - Weekday in Ordinary Time
Nora Walsh - Catholic Women's League
Pena Plutino - Maureen Marchildon

Friday, 14 August - St. Maximilian Kolbe, Priest/Martyr
COMMUNION SERVICE
Msgr. Dave and Fr. Rex attending the Ordination of Chadwick Franklin to the Diaconate in Sudbury Today

4:00 PM Saturday, 15 August - 20th Sunday in Ordinary Time
Emily Paquette - Philip Paquette
Sam Veraldi - Myrtle Veraldi and Family
Michael Fleming - Patricia Goyette

Sunday, 16 August - 20th Sunday in Ordinary Time
9:00 AM Msgr. Norn Clement - Nipissing-Parry Sound C.D.S.B.
Murray Pace - Angela Pace and Family
Bob Sagima - Frank and Barb Gurini

11:00 AM Intention of the Parishioners - Msgr. Dave Tramontini

Note: Only weekday masses are announced verbally.

August 15

Solemnity of The Assumption of the Blessed Virgin Mary



The Assumption of Mary into Heaven is, according to the beliefs of the Catholic Church, the bodily taking up of Mary, the mother of Jesus, into Heaven at the end of her earthly life.

We celebrate Mary as the titular of the Pro-Cathedral and Patron of the Diocese of Sault Ste. Marie.

MARRIAGE BANNS

There is a promise of marriage between:

Troy Matthew Norman Kellough, son of Allan Kellough and Jill (Calder) and Mary-Kelly McCormick, daughter of Michael McCormick and Sandra (Slater). ♥

ORDINATION BANNS

~ MR. CHADWICK FRANKLIN ~



In a spirit of joy-filled thanksgiving, the Diocese of Sault Ste. Marie announces the Ordination of Mr. Chadwick Franklin to the Transitional Diaconate.

The Sacrament of Holy Orders of a Deacon will be celebrated by The Most Reverend Marcel Damphousse at Christ the King Church, Sudbury on Friday, August 14. Due to current COVID-19 restrictions, attendance at the ordination, for both clergy and laity, will be by invitation only.

Please remember Chad in your prayers as he prepares to be ordained to the Ministry of Deacon.

The ordination will be live-streamed on August 14 at 12:00 Noon at:

www.christthekinglive.com

This is a public announcement requirement of Canon Law 1051 §2. Catholics are obliged to reveal any impediments or circumstances that would prevent Chad Franklin from receiving Sacred Orders and should contact their parish priest or the Diocesan Administrator with information as soon as possible.

The word *deacon* derives from the Greek *diakonia*, meaning "service," thereby indicating that a deacon is called like Christ to be a servant. The Order of Deacon has three essential functions: the proclamation of the Gospel, the service of the liturgy, and the administration of charitable works. In particular, the deacon may assist the bishop and the priests in a variety of liturgical functions: Deacons may baptize, witness the exchange of vows and bless marriages, distribute Holy Communion, impart benediction with the Blessed Sacrament, bring Viaticum to the dying, read Sacred Scripture to the faithful and especially proclaim the Gospel, preach, officiate at funerals and burials, and administer the sacramentals. They should also dedicate themselves to other charitable works, particularly within the parish community. (Confer the *Catechism*, 1569-70, and the *Dogmatic Constitution on the Church*, #29).

Unlike a priest, deacons cannot absolve sins in the Sacrament of Penance, offer the Mass or confect the Holy Eucharist, administer the Sacrament of the Anointing of the Sick, or administer the Sacrament of Confirmation.

Christ Life North Bay - The Genesis Mission

The Genesis Mission helps Catholics overcome their fear of evangelization by offering practical tips on how to overcome obstacles that may prevent them from sharing the Gospel.

We have the opportunity to take part in a 7-week Genesis Mission program this summer.

If you are interested in participating or would like more information visit the website at: http://northbaycatholic.com



PRAYER LINE

The prayer line is a group of parishioners who pray for the needs of others. Concerns great and small are presented to the Lord on your behalf. If you have a prayer request or would like to join the group call Sister Shirley McNamara at 474-3800, Ext. 295 or Lorraine Atchison at 474-0613 and they will gladly pass them on to others who are waiting to receive your requests.

✝ MEMORIAL FUND ✝

The following name has been received at the request of donors in memory of our deceased friends and relatives:

STEPHEN AULTMAN

Development and Peace Stamp Collection



Don't forget that your stamps affixed to the right corner of your envelopes can help fund Development and Peace projects as they sell them to stamp collectors. Please support this initiative by simply cutting off the stamps from your envelopes without damaging perforations. **Save them in baggies/envelopes & drop them into the office mail slot.**

Our D & P Coordinator, Lorraine Atchison, will make sure they are sent to the Stamp Project.

BANNS FOR ORDINATION

Rev. Mr. Michael Francis Coyne is to be sacred Order of Presbyter for the Diocese of Pembroke on September 8, 2020 at St. Francis Xavier Parish, Renfrew, ON. Please remember him in your prayers. Canon Law obliges Catholics to reveal any impediment to sacred orders to the bishop or pastor. Please call St. Augustine's Seminary at 416-261-7207 if you have any concerns.

Catholic Women's League



Hello Everyone,

I hope summer has been good so far and that the rest of it is most enjoyable for you! I do hope that you are all staying safe and avoiding any contact with Covid-19. Now is not the time to let our guard down.

As you know all Conventions were cancelled this year. Here is an opportunity for anyone to take advantage of the speakers that would have been available. These 5 speakers were retained for the National convention and will be offering their talks on line starting August 10. Below are the dates these speeches are available.

Please note, the time to tune in is 12:00 pm in Ontario. (See below) These presentations are open to anyone **BUT you must register. Registration is available through the National web site at CWL.CA** - found under Quick Links, " Summer Speaker Series Registration".

Enter and register for one or all of the talks. The presentations are free, however, donations to the bursary fund are requested. The following is information from the National CWL with the availability of presenters.

I hope you will enjoy and be able to take advantage of these presentations.

Stay tuned later in August for further CWL updates.

Shirlene



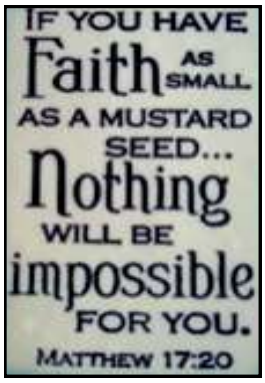
The speakers are:

1. Dr. Cory Andrew Labrecque, Associate Professor (bioethics and theological ethics), University of Laval.
   Topic: "Speak to the Earth and it Shall Teach You: On the Christian Vocation to Tend, Guard, and Heal"
   Date: Monday, August 10th at 11:00 a.m.-12:00 p.m. Central Daylight Time (CDT)*
2. Dr. Donna Orsuto, Co-Founder and Director of the Lay Centre at Foyer Unitas, Rome
   Topic: "Women Together Caring for our Common Home"
   Date: Tuesday, August 11th at 11:00 a.m.-1:00 p.m. CDT
3. Sr. Nuala Kenny, OC, MD, FRCP (C)
   Topic: "Women and Healing Our Wounded Church"
   Date: Wednesday, August 12th at 11:00 a.m.-1:00 p.m. CDT
4. Fran Lucas, National President-Elect and Chairperson of Organization
   Topic: "The League of the Future: Part III"
   Date: Thursday, August 13th at 11:00 a.m.-12:00 p.m. CDT
5. Anne-Marie Gorman, National President and Chairperson of International Relations
   Topic: "The League in 2020"
   Date: Friday, August 14th at 11:00 a.m.-12:00 p.m. CDT

* 11:00 a.m. Manitoba, 9:00 a.m. British Columbia and Yukon, 10:00 a.m. Alberta, Northwest Territories and Saskatchewan, 12:00 p.m. Ontario and Quebec, 1:00 p.m. Nova Scotia, New Brunswick, Prince Edward Island, 1:30 p.m. Newfoundland and Labrador.

Keep the Faith … and Just Wait

A while back I read a story of a visiting pastor who attended a men's breakfast in the middle of a rural farming area of the country. The group had asked an older farmer, decked out in bib overalls, to say grace for the morning breakfast.
"Lord, I hate buttermilk," the farmer began. The visiting pastor opened one eye to glance at the farmer and wonder where this was going.
The farmer loudly proclaimed, "Lord, I hate lard." Now the pastor was growing concerned.
Without missing a beat, the farmer continued, "And Lord, you know I don't much care for raw white flour."
The pastor once again opened an eye to glance around the room and saw that he wasn't the only one to feel uncomfortable.
Then the farmer added, "But Lord, when you mix them all together and bake them, I do love warm fresh biscuits.



So Lord, when things come up that we don't like, when life gets hard, when we don't understand what you're saying to us, help us to just relax and wait until you are done mixing. It will probably be even better than biscuits. Amen

"Within that prayer there is great wisdom for all when it comes to complicated situations like we are experiencing in the world today.

Stay strong, my friends, because our life is being mixed with lots of things we don't care for.....relax and wait until the mixing is done.....

You are Invited to an Online Summer Retreat at Villa Loyola
17 - 21 August 2020
Theme: Who is Jesus Christ?
Exploration of the 'I am' Sayings of Jesus

Who is God? When Moses asked that question before the burning bush more than 3,000 years ago, the mysterious response was "I AM". A millennium later, that strange name received a face, and that face began to teach. In the sixth chapter of John's Gospel, Jesus Christ, the Word made flesh, left a series of statements about his identity, known as the seven "I am" sayings. Enigmatic yet meaningful, they elaborate the identity, personality, and intention of the God-with-us. Drawing from the natural world and the Old Testament, the seven images offer a rich understanding of the nature of Jesus.

I invite you to join me on Zoom for this five day retreat. Together we will explore all seven of the "I am" sayings, with a daily 9 am conference, Eucharist at 2 pm and time for sharing at 7 pm. Personal direction can be offered through Skype.

Following the arc of the Spiritual Exercises of St. Ignatius, the retreat will provide points for meditation, with the goal bringing about our deeper transformation in the light of Christ and into the embrace of our Creator.

Director: Fr. John O'Brien, S.J.

Cost: **Free.** Tax receipts will be given for donations made to Villa Loyola.

Registration: Email at loyola@isys.ca

Excellent vocation interviews with
Most Rev. Marcel Damphousse, Rev. Larry Rymes and Rev. Pat Woods
This series highlights their journey of discernment and faith in their lives.

Watch these interviews at: beapriest.ca

Nineteenth Sunday in Ordinary Time

Have you ever felt agitated? Sometimes it's about nothing in particular. Other times it can stem from something we said, a regret, a broken relationship, or just an overall sense that something in our life is off-kilter. That feeling comes to mind when we see Peter walking across that water in the wind toward Jesus. He panicked, even with Jesus in plain sight! That feeling of agitation can throw us off balance, too. Rather than looking down at the choppy water, Jesus encourages us to keep our eyes fixed on him. We may not be able to walk on water but we'll find peace even on the stormiest of days.
We need to give ourselves credit for taking "leaps of faith" in our lives – whether that means a young person embracing his or her baptismal vocation and choosing to receive the graces and gifts in the sacrament of confirmation, remaining strong in our faith and keeping our eyes fixed on Jesus despite turmoil in the Church, or continuing to pray and seek God's presence on the darkest and most difficult of days. On those more difficult days, we should feel free to shout "Lord, save me!" confident that Jesus will stretch out his hand and uphold us. Likewise, we, too, can be the calming face of Christ to others – extending our hands to comfort, reassure, or just be present with others as they face the storms of life.



We are still here to help!
We have people ready and willing to assist you. Need a grocery pickup? A wellness call made to a family member? Other assistance? Give us a call or email and let us know how we can help!