North Bay Pregnancy Help and Resource Centre

Newsletter

June, 2020

Greetings !

We pray you are well and safe during these uncertain times due to Covid-19.

In compliance to Provincial Regulations, and for the safety of both our clients and volunteers, we have closed the Centre to the public. However, we are still caring for our clients by phone and text. We check up with them regularly to let them know we are here for them. This is a difficult time for many, as the programs that they attended for fellowship and support have had to close temporarily. Their needs are being met by house delivery. In fact, 7 babies have been born since the lockdown and we are preparing now for twins (our second set this year) who will be arriving in the near future! Each new Mom received their Layette filled with the necessities needed to care for their little ones. We have also welcomed a new client.

It is hard to believe we have gone from winter to summer during lockdown, but our Baby Clothes Closet has been transformed to provide Mothers with summer clothing for their babies.

Although the office is closed, the Director and the Board are still working, so there is someone at the office. We are still receiving donations of gently used clothing etc and new items for our Layettes. Our thanks to our generous donors.

The North Bay Pregnancy Help and Resource Centre continues to build on our foundation. We are growing and adding to our services as resources allow. There is a great need for this Ministry in our City, and as we grow, we will have an even greater impact for good, for women facing an unprepared for pregnancy as well as their families. When a woman comes to us for help, she is met with kindness, compassion, and a non-judgmental listening ear. Often life changing decisions are made in a moment of crisis. What we offer is the education she needs, and the time needed to carefully assess her situation. We will be there for her through the process, as well as after she has made her decision, as long as she needs us. Our Ministry is Pastoral in nature. Our desire is that women will come to know their value, and how much they are loved. Once they do, they will rise up to make better choices for themselves, and in turn for their families .Thus the family unit will become stronger and healthier. We ask you to prayerfully consider how you can partner with us in this life affirming work. We have many opportunities for you to choose from, as you reflect on your own strengths, abilities and gifts.

PRAYER

We have a prayer team via email. Prayer requests are sent out weekly. This is a vital part of our Ministry, we can do nothing of eternal value apart from Christ. If you would like to join our powerful group of intercessors, simply send an email to judyproulx@icloud.com and your name will be added.

BECOME A VOLUNTEER

We are in need for volunteers in various positions. Basic commitment is one three hour shift a week as needed. (except for Aftercare Program):

- **Client Care Advocate:** you will be well trained to care for our clients. For more information about this area of ministry, phone the Centre and we can arrange a meeting.
- **Baby Clothes Closet:** If you have good organizational skills this could be the place for you! Would be a commitment of one day a week at most.
- **Fundraising:** If you are creative, we need you!
- **Advertising:** good computer skills would be an asset.
- **Graphic Design:** any skill would be appreciated and useful.
- **Reception:** Answer the phone, greet people as they come through the door, set up appointments, check on office supplies etc.
- **Retired Nurse:** to implement a pre-natal course. (In future)

AFTERCARE PROGRAM:

- We are also going to be adding an aftercare program to our services. It would involve going to the new Mom's home and simply doing what needs to be done. It would be a commitment of two visits per week, one to two hours per visit, for a four week period.

LAYETTES

- Each new Mom receives a layette filled with the essentials needed to care for her new arrival.
- All items are new, and so donations are gladly accepted!
- Items needed: Newborn diapers, unscented wipes, vaseline, diaper rash cream, baby wash, baby lotion, soothers (0-6 months), bibs, baby bath towels and wash cloths, bottles, nursing

pads, receiving blankets, crib sheets, outfits (0-3 months) sleepers (newborn or 0-3 months), sweaters, diaper bag, bassinet, car seat with handle, crib mattress.

FINANCIAL GIVING

- We are now enrolled with Canada Helps: a registered Charity & Social Enterprise. They provide fundraising technology for charities. Their mission is to inform, inspire and connect charities and donors, with the causes they care about.
- To donate go to www.canadahelps.org -click donate - in search bar, type in North Bay Pregnancy Help and Resource Centre, hit search then hit "Donate Now". You will have a choice of how you want to give. (Monthly partnership can give the Centre a solid financial base and enables us to budget and plan.) Once you have made your donation, you can scroll down to "Donor and Tax Receipt Information". Put in your information, and Canada Helps will send you a tax receipt. Next you will put in your payment method, and you are done! Each donation made in June enters us into a contest for a chance to win $20,000.00 for our Centre!

Virtual Baby Bottle Campaign

- As we have not been able to meet for Church services due to Covid-19 we will be running a **Virtual Baby Bottle Campaign** through Canada Helps! (www.canadahelps.org)You may donate individually or your church / family etc can form a team. All information is on the Canada Helps site.
  - You may also contact your local church to see if they are planning to run the **Virtual Baby Bottle Campaign** as a group.
  - Perhaps you may want to form a family group, or even through your workplace!





You may also give to this Ministry through E mail money transfer. This is done through your online banking. Go to Transfers, then to E transfers, add N.B Pregnancy Centre in new contact, then add our email address, JudyNBPHRC@gmail.com . Enter amount. No password is required, it is applied to our account by Auto deposit. We will receive an email notifying us of your donation, which will then be recorded by us, confidentially, for income tax purposes. You will receive a year end income tax receipt.

Cheque's can also be mailed to our address. - North Bay Pregnancy Help and Resource Centre , P.O. Box 733, North Bay , P1B 8J8

The North Bay Pregnancy Help and Resource Centre (NBPHRC) is a Christ Centred Ministry.

We are a Corporation as well as a registered Charity. NBPHRC is an affiliate of Pregnancy Care Canada, a Christian organization. They help establish new Pregnancy Centres all across Canada through equipping and encouragement. Their aim is that every woman in Canada who is facing an unprepared for pregnancy will have access to a Pregnancy Centre.

The NBPHRC is governed by a Board of Directors, consisting of 5 members.

We thank you for considering how you can support the North Bay Pregnancy Help and Resource Centre. Covid-19 has presented some challenges for us as a charity as we have not been able to fundraise as we have in the past. When you support us in any way, you are partnering with us in offering hope and a brighter future to women facing an unprepared for pregnancy, or who may be suffering from pregnancy loss.

Stay safe, stay well, and may God's Grace and Peace fill your lives in abundance.

With Gratitude,

Judy Proulx

Director

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Please phone or email for an appointment if you require further information and/or a tour of our facilities