Pro-Cathedral of the Assumption

We share in the Divine Life!

480 McIntyre Street West - North Bay, ON - P1B 2Z4

14 June 2020 — Solemnity of the Most Holy Body & Blood of Christ



In Deuteronomy, Moses reminds the people of how God brought them out of Egypt and through 40 years in the desert. Saint Paul writes of our unity as Christians, for we all partake of the one loaf. Jesus tells the Jewish crowds that he is the living bread that came down from heaven so that eternal life may be found through him. Today we celebrate the Most Holy Body and Blood of Christ and honor Jesus as the Bread of Life. Just as God led Moses and the Israelites out of Egypt and through 40 years of hardship and danger in the desert, so Jesus gives us the strength we need as we follow him through the spiritual dangers of this life.

Our Parish Mission Statement

We, the members of the Pro-Cathedral of the Assumption community, believe that we have been called through Baptism to live the Good News of Jesus Christ under the patronage of Mary, our Mother. We accomplish this by proclaiming the Word, celebrating the Sacraments, & reaching out to others.

PASTOR Most Rev. Marcel Damphousse , D. D.
Bishop of Sault Ste. Marie

RECTOR
Msgr. Dave Tramontini

ASSISTANT
Rev. Rex Lumine

PERMANENT MINISTERS

Deacons

Rev. Mr. Albert Falconi
Rev. Mr. Donald Shago
Rev. Mr. Rick Hamelin
Rev. Mr. Gary Westenenk

Diocesan Order of Women

Mrs. Shirley Falconi
Mrs. Norma Milligan
Miss Ruth Godon

Our faith community dates back to 1886 when we were **originally located on Main Street West and called St. Mary's of** the Lake and the cornerstone of the existing Cathedral was laid in 1904. The history of our parish is recorded in the memories of thousands of people who built our community.



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READINGS: 15 - 21 JUNE

Monday	1 Kings 21. 1-16; Matthew 5. 38-42
Tuesday	1 Kings 21. 17-29; Matthew 5. 43-48
Wednesday	2 Kings 2. 1, 6-14; Matthew 6. 1-6, 16-18
Thursday	Sirach 48. 1-14; Matthew 6. 7-15
Friday	Deuteronomy 7. 6-11; 1 John 4. 7-16; Matthew 11. 25-30
Saturday	Isaiah 61. 9-11; Luke 2. 41-51
Sunday	Jeremiah 20. 10-13; Romans 5. 12-15; Matthew 10. 26-33

Pope Francis June Prayer Intention

That those who suffer would find hope in the healing heart of Jesus.

MASS REQUESTS

Masses that were booked prior to our closure will be re-scheduled in chronological order, as will all mass requests received over the past three months.





PRAYER LINE

The prayer line is a group of parishioners who pray for the needs of others. Concerns great and small are presented to the Lord on your behalf. If you have a prayer request or would like to join the group call Sister Shirley McNamara at 474-3800, Ext. 295 or Lorraine Atchison at 474-0613 and they will gladly pass them on to others who are waiting to receive your requests.



Through the mercy of God, may the souls of our recently faithful departed, rest in peace. Please keep them and their families and friends in your prayers.

Rene Vaillancourt

Peter Edmunds Nora Walsh

June 19—World Day of Prayer for Priests

Catholics worldwide are urged to pray for Priests today. The day was begun by Saint John Paul II in 2002 with the objective of having all Catholic faithful join in prayer for the sanctification of Priests. The World Day of Prayer for Priests coincides with the Feast of the Sacred Heart of Jesus.

Pray for those priests who continue to bring the Word of God to others throughout the world, often at risk to their lives.

Please pray for all priests in our diocese especially for Msgr. Dave, Fr. Rex, and Bishop Marcel.



This week, on June 16, Bishop Damphousse begins his new appointment as coadjutor Archbishop of the new Archdiocese of Ottawa-Cornwall.

He had been bishop of the Diocese of Alexandria-Cornwall from 2012-2015.

On Thursday, May 7, Pope Francis formally announced the creation of a new diocese, Ottawa-Cornwall. It will be led by the current bishop in Ottawa, Terrence Prendergast, with Damphousse serving as Prendergast's coadjutor archbishop in the diocese.

A coadjutor archbishop assists the diocesan bishop in administrating the area and succeeds the bishop when he retires or dies—ensuring there is no period during which the Diocese is left without a Bishop.

At this time, Pope Francis has not named a new Bishop for the Diocese of Sault Ste. Marie.

By the way — it's Father Rex's birthday on Friday, June 19.

Happy Birthday Fr. Rex!

May God bless you with his boundless love and joy throughout the coming year.

Catechesis of the Good Shepherd



Due to Covid-19 *The Catechesis of the Good Shepherd,* Level I training, has been rescheduled to begin next July 2021. To learn more about *Catechesis of the Good Shepherd* and to register your interest please visit our website at procathedral.ca under current news or children's ministries.

For inquiries contact Erin at 705.840.8509 or email betayler@fibreop.ca

You are Invited to an Online Summer Retreat at Villa Loyola

17 - 21 August 2020

Theme: Who is Jesus Christ? Exploration of the 'I am' Sayings of Jesus

Who is God? When Moses asked that question before the burning bush more than 3,000 years ago, the mysterious response was "I AM".

A millennium later, that strange name received a face, and that face began to teach. In the sixth chapter of John's Gospel, Jesus Christ, the Word made flesh, left a series of statements about his identity, known as the seven "I am" sayings. Enigmatic yet meaningful, they elaborate the identity, personality, and intention of the God-with-us.

Drawing from the natural world and the Old Testament, the seven images offer a rich understanding of the nature of Jesus.

I invite you to join me on Zoom for this five day retreat. Together we will explore all seven of the "I am" sayings, with a daily 9 am conference, Eucharist at 2 pm and time for sharing at 7 pm. Personal direction can be offered through Skype. Following the arc of the Spiritual Exercises of St. Ignatius, the retreat will provide points for meditation, with the goal bringing about our deeper transformation in the light of Christ and into the embrace of our Creator.

Director: Fr. John O'Brien, S.J.

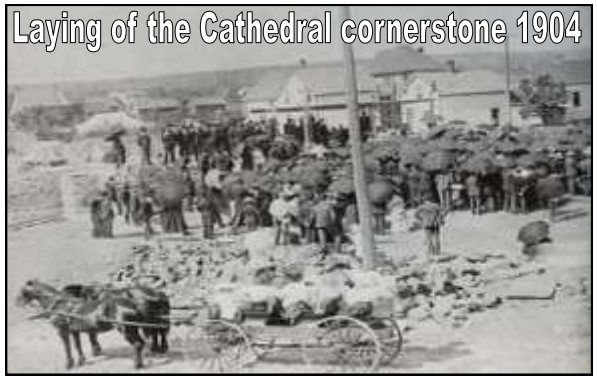
Cost: Free. Tax receipts will be given for donations made to Villa Loyola.

Registration: by email at loyola@isys.ca



MEMORIES OF THE PRO-CATHEDRAL

SHARE YOUR PHOTOS WITH US!



You may not have the first photo, but your photo is valuable, and we want to see it!

Do you have an old picture taken of the Pro-Cathedral? Perhaps a photo taken inside or out (weddings, baptisms, celebrations, past clergy, etc.)? Regardless of the date or occasion, we would love to have it to share in a photo memory publication.



Father David Joseph Scollard
First Bishop of Diocese 1904—1934

Here's how to send a picture. Type this link into your browser: https://procathedral.ca/upload/ and you will be taken to a form to send your pictures.

You can also email your images to us at:
procathedralfiles@gmail.com

Include as much detail with your photo as you can such as date, occasion, people in the photograph (if any), etc.



Hi Everyone,



With the re-opening of the Cathedral next week the only item we would like to have but haven't been able to source through local or other channels is Lysol Spray or a similar product that kill 99.9% of germs.

Local supplies go fast and it is sold on a first-come, first-served basis in limited quantities.

If you happen to be at a grocery/department store or pharmacy and see cans of this type of spray and could pick them up for the Cathedral we would really appreciate your assistance. We will reimburse you for the product.

Please call the parish office if you find some! Thank you!

PRE-AUTHORIZED COLLECTIONS MAY	
Sunday Offering	Building Fund
$6,812.00	$2,009.00

CREDIT CARD COLLECTIONS MAY	
Sunday Offering	Building Fund
$3,864.00	$730.00

Thank you for you continued generosity!

Solemnity of the Body and Blood of Christ:

Communion takes on new meaning in time of coronavirus



Our celebration of the Solemnity of the Body and Blood of Christ takes on new and deep meaning in this unforgettable year of enforced isolation from the Eucharist. Before the lockdown, few Catholics had heard or were familiar with the phrase, "spiritual Communion."

But as Catholics turned to online liturgies in the stress and isolation of the pandemic the experience of a spiritual Communion became a spiritual lifeline for many. Desire for the Eucharist, kept alive through spiritual Communion, deepened longings to participate physically in the Eucharist.

Making a spiritual Communion was a stark reminder of the negative reality of physical isolation from the real, sacramental presence of Jesus' body and blood at every Eucharist. Yet it also served a positive reminder that our desire to be nourished by God's grace is met by Jesus' desire to be sacramentally present to us.

The Catechism of the Catholic Church calls the Eucharist the "source and summit of the Christian life" (No. 1324). Everything in the life of the church and of each Christian finds its source and goal in the Eucharist. Why is that?

St. Paul offers this explanation in the second reading when he says, "The cup of blessing that we bless, is it not a participation in the blood of Christ? The bread that we break, is it not a participation in the body of Christ? Because the loaf of bread is one, we, though, many, are one body, for we all partake of the one loaf."

The Eucharist transforms us into what we receive. As St. Augustine once exhorted his community, "Behold what you are, become what you receive!"

Jesus nourishes us with his body and blood to unite us to the Father, the Son and the Holy Spirit and to the community of believers. Each time we receive the Eucharist, the repeatable sacrament of initiation, we partake of and become the "living bread that came down from heaven" that Jesus is for the life of the world (Jn 6:51).

Cathedral Re-Opening
20-21 June
Won't it be beautiful to partake in the Eucharist again?!

The Eucharist is spiritual food given with the promise of Jesus in today's Gospel that "whoever eats my flesh and drinks my blood has eternal life." It should fill us with "Eucharistic amazement" that God desires such unity and closeness to him that he gives us his own body and blood to eat and drink!

The Eucharist is a rich spiritual reality that defies attempts to control or regulate God's grace. The Catechism describes the Eucharist as "thanksgiving and praise to the Father," as "the sacrificial memorial of Christ and his body"; and the ongoing presence of Jesus "in the power of his word and of his Spirit" (No. 1358).

At every Eucharist, we encounter Jesus in the Eucharistic species of bread and wine, in the minister who acts in the person of Christ the head, in the sacred word of God proclaimed and in the assembly gathered to worship God in faith and thanksgiving.

Today our Communion, spiritual or in-person, invites deep joy and amazement as we pray, "speak to me, Lord."

Jem Sullivan for Catholic News Service