Third Sunday of

LENT

15 March 2020

Pro-Cathedral of the Assumption

Welcome to Your Father's House!



In their fear and need, the Israelites grumble against Moses and the Lord. God responds by meeting those needs with water flowing from the rock. Saint Paul writes to the Romans that we have been justified by faith through Jesus – his death gives us life. In the Gospel, Jesus meets a Samaritan woman at the well and tells her he is the Messiah. Lent, with its disciplines of prayer, fasting and charity, is all about repentance, renewal and healing from sin. The Gospel tells of Jesus' encounter with a woman who had a long history of brokenness and isolation. As she meets Jesus and experiences his life-changing mercy, so, too, can we receive new life and living water from the Word and sacrament in which we encounter Christ.

Our Parish Mission Statement

We, the members of the Pro-Cathedral of the Assumption community, believe that we have been called through Baptism to live the Good News of Jesus Christ under the patronage of Mary, our Mother. We accomplish this by proclaiming the Word, celebrating the Sacraments, & reaching out to others.

PASTOR **Most Rev. Marcel Damphousse , D. D.**
Bishop of Sault Ste. Marie

RECTOR
Msgr. Dave Tramontini

ASSISTANT
Rev. Rex Lumine

PERMANENT MINISTERS

Deacons

Rev. Mr. Albert Falconi
Rev. Mr. Donald Shago
Rev. Mr. Rick Hamelin
Rev. Mr. Gary Westenenk

Diocesan Order of Women

Mrs. Shirley Falconi
Mrs. Norma Milligan
Miss Ruth Godon

Our faith community dates back to 1886 when we were **originally located on Main Street West and called St. Mary's of** the Lake and the cornerstone of the existing Cathedral was laid in 1904. The history of our parish is recorded in the memories of thousands of people who built our community.



(705) 472-3970

(705) 494-8222

office@procathedral.ca

www.procathedral.ca

facebook.com/procathedral

Parish Sacraments



Marriage: Please pick up a Marriage Information Booklet in the Church Vestibule to review prior to contacting the parish office.

Anointing the Sick: Please call the parish office for more information.

Reconciliation: Every Saturday from 3:00 until 3:45 PM.

Eucharist: Please see mass schedule published in this bulletin. Call the parish office to arrange for a Eucharistic Minister to visit the sick and shut-in who are unable to attend Mass.

Adoration of the Blessed Sacrament: On the First Friday of each month from 10:00 AM until 12:00 noon.

Baptism: Please pick up a Baptism Information Booklet in the Church Vestibule to review prior to contacting the parish office.

The Pro-Cathedral is **wheel chair accessible**. The entrance to the elevator is on Algonquin Avenue. Please enter the vestibule and ring the bell for an attendant. Service available at all weekend masses. Weekday masses service available 11:30 AM to 12:45 PM. A **Hearing Aid System** is available for use by the hearing impaired. Please ask an Usher or Sacristan to assist you upon entering the church.

OFFICE HOURS THIS WEEK

MONDAY	**8:30 AM to 12:00 NOON**
TUESDAY - FRIDAY	**8:30 AM to 4:30 PM**

READINGS: 16 - 22 MARCH	
Monday	2 Kings 5. 1-15a; Luke 4. 24-30
Tuesday	**Daniel 3. 25, 34-43; Matthew 18. 21-35**
Wednesday	**Deuteronomy 4. 1, 5-9; Matthew 5. 17-19**
Thursday	2 Samuel 7. 4-5a, 12-14a, 16; Romans 4. 13, 16-18, 22; Matthew 1. 16, 18-21, 4a
Friday	**Hosea 14. 1-9; Mark 12. 28b-34**
Saturday	**Hosea 5. 15b-6.6; Luke 18. 9-14**
Sunday	**1 Samuel 16. 1b, 6-7, 10-13; Ephesians 5. 8-14; John 9. 1-41**

DATE	TIME	WHAT'S UP?
March 18	6:30 PM	Parish Council Meeting
March 20	5:00 PM	Stations of the Cross
March 24	7:00 PM	Baptism Preparation Meeting
March 25	10 AM—8 PM	Lent Confessions St. Peter the Apostle Church
March 28	11:00 AM	CWL Regional Lunch Meeting
March 31	7:00 PM	Mass of Chrism at Precious Blood Cathedral Sault Ste Marie



INFANT BAPTISM PREPARATION

A **Baptismal Preparation Meeting** will be held in the Lower Sacristy on **TUESDAY, MARCH 24** beginning at 7:00 PM. Those who wish to register for this meeting to have their child baptized are asked to **call the parish office by Monday, March 23.**



With thanks to Fr. Daniele, Fr. Francis, Fr. Rex and Msgr. Dave, we all have access to Bishop Robert Barron's Catholicism 101 during lent.

We are sending an email that contains one of Bishop Barron's videos every Monday, Wednesday, and Friday until Easter.

With each video we will also have the opportunity to reflect and share our comments with each other (optional) to help deepen our understanding.

You can sign up at http://northbaycatholic.flocknote.com

Easter Memorial Flowers & Decorations

A beautiful way to remember loved ones during this holy season is to donate memorial flowers and decorations in their memory. Your donation will help decorate the altar and sanctuary during the greatest season of the year ***... the Resurrection!***



Pre-printed white & green envelopes are available for your donation at the entrance to the church. Please fill out the requested information as neat as possible (printing would be best!).

Include your donation and return the envelope to the office or in the weekly collection. A listing of remembrances will be printed in the Easter Sunday Bulletin. All donations over $10 are tax deductible.

Remember your loved ones this Easter and give glory to the Lord by helping to decorate for this beautiful season!

MASS SCHEDULE

Weekday Masses are Held at 12:05 PM



Monday, 16 March - Weekday of Lent
Intention of Beverly Brown - Robert and Judy

Tuesday, 17 March - Weekday of Lent
Mary Boivin - Ella, Barb and Cecile

Wednesday, 18 March - Weekday of Lent
Devotion to Our Lady of Perpetual Help Today
Intention of Kristy and Nicholas Beaulieu - Karen Beaulieu

Thursday, 19 March- Solemnity of Saint Joseph, Husband of Mary
In Thanksgiving to St. Anthony for Blessings Received—Geri Laframboise

Friday, 20 March - Weekday of Lent
Stefano Priolo - Antonia Schiavone

4:00 PM Saturday, 21 March - Fourth Sunday of Lent
Lloyd Voisin - Jack and Monica Sullivan
In Honour of St. Padre Pio - Maria Miscio and Family
Lucien Goyette - Laurette Goyette and Family

Sunday, 22 March - Fourth Sunday of Lent
9:00 AM Stan Priolo - Shirley Valenti
Intention of Peter Edmunds - Aurele & Sue Boudreau and Family

11:00 AM Intention of the Parishioners - Msgr. Dave Tramontini

Note: Only weekday masses are announced verbally.

STATIONS OF THE CROSS
FRIDAYS DURING LENT
5:00 PM in the Cathedral



Loving God,
I hear your invitation, "Come back to me"
and I am filled with such a longing to return to you.
Show me the way to return.
Lead me this day in good works I do in your name
and send your Spirit to guide me and strengthen my faith.
I ask only to feel your love in my life today. Amen

COLLECTION - 08 MARCH	
Sunday Offering	**Building Fund**
$4,856.25	**$916.00**

Pre-Authorized Credit Donations FEB	
Sunday Offering	**Building Fund**
$2,755.67	**$535.00**

Pre-Authorized Bank Donations FEB	
Sunday Offering	**Building Fund**
$5,745.00	**$1,534.00**

Catholic Women's League

Catholic Charities Clothing is in need of volunteers. Have a little time to offer? Catholic Charities Clothing needs helping hands. We meet every second month with "Sorting Tuesday" followed by "Distribution Wednesday." Each day begins at 1:15 PM and ends at 3:00 PM. Relaxed atmosphere, friendly people, no stress job. We could sure use your help and your friendly smile. Give me a call for more details. Elizabeth Delarosbel 474 3925.



Convention – The Sault Ste. Marie Diocesan Catholic Women's League of Canada 100th Anniversary Convention registration packages have been handed out! If you are interested in attending the **registration deadline is April 1**. For information contact Shirlene Condie-McVeigh, President, at shirlenecondie@gmail.com or at (home) at 476-2748.

100th Anniversary Celebrations
Pro-Cathedral of the Assumption Council

Members will be celebrating this momentous occasion on Wednesday June 17 in North Bay. Celebrations will begin with a Mass at 5:00 PM at the Pro-Cathedral presided by The Most Reverend Marcel Damphousse, Bishop of the Sault Ste. Marie. Following the Mass, all are welcome to proceed to the Davedi Club (Airport Road) for cocktails beginning at 6:30 PM and dinner at 7:00 PM.

Dinner Tickets: $40.00/CWL Pro-Cathedral Members and $45.00/Non-Members. Tickets are available by calling Louise Defonzo at 494-7474 or by email: louisedefonzo@gmail.com ****Tickets will "not" be sold at the door. Deadline for tickets May 31, 2020! We hope you will join us!**

As the Provincial Council continues to focus on loneliness, we are reminded that members of the CWL see God in the destitute, lonely, disadvantaged, ill and those in palliative/hospice care.

CWL Regional Meeting and Luncheon
Saturday, March 28 at 11:00 AM - Pro Cathedral Parish Hall
Luncheon Tickets $25.00
Available from Shirlene Condie-McVeigh 493-0718

Attention: The Federal Government is looking to remove the clause " Reasonably foreseeable Death" with MAiD (Medical Assistance in Dying). **ALL PARISHIONERS!!!** Please go to the website " Coalition for Health Care and Conscience" - there is a link to find your local politician and a form letter that you can submit or add your own wording. Please speak out for the most vulnerable and speak your voice!

Lenten Reflection – visit www.saltandlighttv.org/lent/ and go on the "Journey through Lent towards Easter"

♣ **Happy St. Patrick's Day!** – What better way to celebrate this festive day than to spend time with a person who's family lives outside North Bay. It could be your neighbour, co-worker or parishioner. A small gesture could brighten someone's St. Patrick's Day!

Precautions to Avoid Infection from Coronavirus (COVID-19) & Flu

The parishes across the Diocese have received some directives and suggestions to avoid spreading contagions. The following measures will be in place until further notice:

People with flu-like symptoms are advised to stay home in order to avoid spreading infections. *The bishop has exempted all persons with flu-like symptoms from the obligation to participate in Sunday Mass.*

Sign of Peace

It is not advisable to shake hands or to have any other physical contact. We will not include the Sign of Peace in our liturgy until further notice.

Reception of Holy Communion

Each person is encouraged to:

- receive communion in the hand and immediately consume the host.
- refrain from receiving communion on the tongue, if one has cold or flu symptoms
- refrain from drinking from the chalice

Holy Water

The holy water fonts at the church entrance must be emptied.

General Principles of Good Hygiene

As always, frequent hand-washing with soap and water and use of a hand sanitizer is recommended.

PRAY FAST GIVE

Development and Peace Solidarity Sunday
National Collection—Weekend of March 28 & 29

Development and Peace is driven by a vision for improving their communities and countries by addressing not only the needs of the most vulnerable but also the causes of their marginalization.

Development and Peace
CARITAS CANADA

They work to help communities learn and affirm their rights and empower them to choose the terms of their development. Their work is based on the belief that the needs, perspectives and knowledge of the most marginalized people must shape development policies and programs. This approach ensures that all relief and development work is culturally appropriate, effective and rooted in local knowledge.

Please be generous in supporting Development and Peace. ***Envelopes will be available in the pews or if you use collection box envelopes, one is provided for you.***

Share Lent Hunger Meal — Everyone Welcome
Friday, 03 April after the 12:05 PM Mass
Parish Hall—Voluntary Donations Accepted
100% to Development and Peace Share Lent Collection



First Eucharist Preparation - A reminder for all children who have registered to celebrate First Eucharist! Our first preparation meeting will be on Wednesday, April 29 at 5:15 pm in the Parish Hall. This gathering includes a Pizza Dinner so please RSVP by Monday, April 27 at the latest so we will know you are attending.

RSVP to kathystorie@icloud.com or Parish Office at office@procathedral.ca or 472-3970

Only the children who are preparing for their First Eucharist and their Parents/Guardians should attend.

If you have a child who is interested but did not register in October 2019, please contact the Parish Office to pick **up a Registration Package and to drop off a copy of his/her Baptismal Certificate. We'll see you Soon!**

REGIONAL EVENTS

"Return to me with all your heart" (Joel 2:12)
The Catholic Parishes of North Bay present
Lent Day of Confessions ~ Wednesday, March 25
10:00 am—8:00 pm at St. Peter the Apostle Church
Various priests will be available all day for the Sacrament of Reconciliation. As we prepare for Easter, this is a great opportunity to encounter God's mercy through the Sacrament of Reconciliation.

St Alphonsus Catholic Women's League Fantastic Indoor Garage Sale! Saturday, March 21 from 9:00 AM to 2:00 PM at St. Alphonsus Parish Hall (163 High St. N.) in Callander. To donate items please contact Maureen 752-3626 or Deborah 471-9160

Holy Name of Jesus Church presents Roast Pork Supper Sunday, March 29. Two sittings: 4:30 and 6:00 PM. Tickets $15.00 each and are available at weekend mass or through the Parish Office 495-1501

Mass of Chrism: Bishop Damphousse invites all the faithful of the Diocese to the Chrism Mass which will be celebrated on Tuesday March 31, 2020 at 7:00 pm. at Precious Blood Cathedral in Sault Ste. Marie. During this special Mass, the Bishop will bless the oils that will be used for the sacraments of the Church. The priests will also renew their priestly promises. All faithful of the Diocese are welcome to participate in this important celebration.

The Promises of Fatima: Come pray the Rosary with a group of people who form a Fr. Gobbi Cenacle honouring our Blessed Virgin Mary. Wednesday mornings at 9:30 AM at St. Peter's

New Evangelization Summit – live from Ottawa on April 25. Join us as we stream this webcast live at St. Peter's Church. Registration is FREE for everyone! Don't miss your chance to be present at North America's premier conference on the New Evangelization! **Pre-register at newevangelization.ca. No computer? Call your parish office.** On April 25 please arrive by 8:00 AM for check-in. Talks begin promptly at 9:00 AM and run until 4:00 PM. Lunch, coffee, tea and snacks provided. Guest speakers Sherry Weddell, Michael Dopp, Brett Powell, Barbara Mason, Fr. Robert Spitzer, S.J. Check out their biographies at newevangelization.ca Be inspired to be an evangelist!

Sisters of St. Joseph Present
Christian Meditation Group Tuesdays from 1:30-2:30 PM in the Holy Family Chapel. Join with others to experience contemplative prayer by entering into silence to open yourself to the love and presence of God.
Taize Prayer: Third Thursday of the month from 7:00-8:00 PM. A Taizé hour of worship involves song, periods of silence, a scripture reading and meditation, intercessory prayer and/or icons.

National March for Life Thursday, May 14. Bus leaves to Parliament Hill from Staples Parking Lot 7:00 AM, returning 9:00 PM. $30/Adults, $20/Students Call Jeannine at 724-3424

PRAYER LINE

The prayer line is a group of parishioners who pray for the needs of others. Concerns great and small are presented to the Lord on your behalf. If you have a prayer request or would like to join the group call Sister Shirley McNamara at 474-3800, Ext. 295 or Lorraine Atchison at 474-0613 and they will gladly pass them on to others who are waiting to receive your requests.

Near North Palliative Care Network: Elder Abuse Prevention, Wellness Workshops, Beyond Dying – Learning more about Palliative Care, Senior Connections Speakers Series, Ethics in the field of Palliative Care, What happens to your assets when you pass away?; and much more! For information on these special events occurring over the next couple of months, email nearnorth.seniors.connections@gmail.com, call 497-9239 or visit our office at 2025 Main Street West.

EDGE: NEW Catholic Youth Program: ALL students in Grade 6, 7 & 8 from any school or church are welcome to join our EDGE Youth Nights on Thursdays from 6:30-8:00 PM at Holy Name of Jesus Church. Each includes music, games, prayer, teaching and social time. Evenings are led by Catholic high school students, Fr. Daniele Muscolino and a team of volunteer adults. EDGE provides a safe, fun place for youth to find solid friendships and learn more about our Catholic faith. For more information visit www.holynamestalphonsus.com/edge or call 705-495-1501.

ASCENT: A Journey of Discipleship for Catholic Young Adults 18-35 A new Catholic educational and spiritual program. Deepen your faith, grow in your relationship with Jesus, and learn about what it means to be truly Catholic. Become a true disciple of Jesus and have your questions about the Catholic faith answered. Join us Sunday afternoons from 12:45- 2:30 PM at Holy Name of Jesus Church. For more info visit www.holynamestalphonsus.com/ascent

Adoration of the Blessed Sacrament

St. Alphonsus in Callander: Every Friday 8:30 AM to 12:00 Noon. First Friday 8:30 AM to 8:30 AM (24Hrs).
St. Peter the Apostle: First Wednesday of each month from 7:00 to 8:00 PM. Everyone is invited.
Holy Name of Jesus: Tuesday to Friday 11:30 AM to 4:30 PM. To make a weekly one-hour **commitment, please call Gisele Champagne at 497-1911.**
Pro-Cathedral: First Friday of the month 10:00 AM to 12:00 Noon followed by 12:05 PM mass.
St. Joseph's Motherhouse second Sunday of the month from 3:30-4:30 PM in Holy Family Chapel and Pro-Cathedral First Friday 10:00 AM to 12:00 Noon.
St. Joseph's Church Powassan for exposition times call Laurie 724-2118, Christine 724-1723 or Pauline 724-5964.

God's mercy is without limit. Having come to know Jesus as the Messiah, the Samaritan woman becomes an evangelist to her own people.