09 February 2020

Fifth Sunday in Ordinary Time

PRO-CATHEDRAL OF THE ASSUMPTION

480 McIntyre Street West - North Bay, Ontario - P1B 2Z4

Welcome to Your Father's House!

In the first reading from Isaiah, the Lord says to care for others, and then *your light shall break forth like the dawn*. Saint Paul writes to the Corinthians of Christ crucified. In the Gospel, Jesus tells his disciples they are *salt of the earth* and *the light of the world*. Light is an important image in our readings today. True disciples of Jesus witness to others and help illuminate their way to God. As salt of the earth, our deeds must always lead others to Christ, or else we are like flavorless salt.



Our Parish Mission Statement

We, the members of the Pro-Cathedral of the Assumption community, believe that we have been called through Baptism to live the Good News of Jesus Christ under the patronage of Mary, our Mother. We accomplish this by proclaiming the Word, celebrating the Sacraments, & reaching out to others.

PASTOR **Most Rev. Marcel Damphousse , D. D.**
Bishop of Sault Ste. Marie

RECTOR
Msgr. Dave Tramontini

ASSISTANT
Rev. Rex Lumine

PERMANENT MINISTERS

Deacons
Rev. Mr. Albert Falconi
Rev. Mr. Donald Shago
Rev. Mr. Rick Hamelin
Rev. Mr. Gary Westenenk

Diocesan Order of Women
Mrs. Shirley Falconi
Mrs. Norma Milligan
Miss Ruth Godon

Our faith community dates back to 1886 when we were **originally located on Main Street West and called St. Mary's of** the Lake and the cornerstone of the existing Cathedral was laid in 1904. The history of our parish is recorded in the memories of thousands of people who built our community.



(705) 472-3970

(705) 494-8222

office@procathedral.ca

www.procathedral.ca

facebook.com/procathedral

Parish Sacraments



Marriage: Please pick up a Marriage Information Booklet in the Church Vestibule to review prior to contacting the parish office.

Anointing the Sick: Please call the parish office for more information.

Reconciliation: Every Saturday from 3:00 until 3:45 PM.

Eucharist: Please see mass schedule published in this bulletin. Call the parish office to arrange for a Eucharistic Minister to visit the sick and shut-in who are unable to attend Mass.

Adoration of the Blessed Sacrament: On the First Friday of each month from 10:00 AM until 12:00 noon.

Baptism: Please pick up a Baptism Information Booklet in the Church Vestibule to review prior to contacting the parish office.

The Pro-Cathedral is **wheel chair accessible**. The entrance to the elevator is on Algonquin Avenue. Please enter the vestibule and ring the bell for an attendant. Service available at all weekend masses. Weekday masses service available 11:30 AM to 12:45 PM. A **Hearing Aid System** is available for use by the hearing impaired. Please ask an Usher or Sacristan to assist you upon entering the church.

OFFICE HOURS THIS WEEK

MONDAY	**8:30 AM to 12:00 NOON**
TUESDAY - WEDNESDAY	**8:30 AM to 4:30 PM**
THURSDAY & FRIDAY	**OFFICE CLOSED**

READINGS: 10 - 16 FEBRUARY

Monday	1 Kings 8. 1-7, 9-13; Mark 6. 53-56
Tuesday	**1 Kings 8. 22-23, 27-30; Mark 7. 1-13**
Wednesday	**1 Kings 10. 1-10; Mark 7. 14-23**
Thursday	1 Kings 11. 4-13; Mark 7. 24-30
Friday	**1 Kings 11. 29-32; 12. 19; Mark 7. 31-37**
Saturday	**1 Kings 12. 26-32; 13. 33-34; Mark 8. 1-10**
Sunday	Sirach 15. 15-20; 1 Corinthians 2. 6-10; Matthew 5. 17-37

DATE	TIME	WHAT'S UP?
February 11	1:30—3:00 PM	Line Dancing
February12	1:30 PM	Widows Group Gathering
February 12	6:30 PM	Parish Council Meeting
February 13	1:00 & 7:00 PM	Bible Study of the Psalms
February 16	12:00 NOON	Social Sunday
February 18	9 AM—3:30 PM	Mission Possible

Beginners Line Dancing

What a great time last week! Come on out this Tuesday and join us to boot, scoot and boogey!



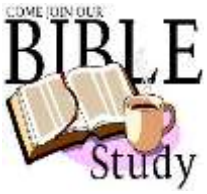
Fun Afternoon for anyone who would like to learn line dancing, get a little aerobic exercise and have some fun! Gentle exercise for all ages! Instructor Theresa Ethier will lead us.
We need a minimum of 10 people so bring a friend. Also bring a water bottle and street/running shoes to change into when you get here. Everyone welcome!
In Parish Hall on Tuesdays from 1:30 to 3:00 PM ~ $6/ person weekly. Dates: February 11, **(skip 18 Feb);** Feb 25, March 3, 10, 17, 24, 31, etc.
You can attend any week at your convenience but consistency would be great too!

✝ MEMORIAL FUND ✝

The following name has been received at the request of donors in memory of our deceased friends and relatives:

LLOYD VOISIN

Thursday Bible Study
DVD Study of Psalms – Jeff Cavins



Days 1:00—3:00 PM and again Evenings from 6:30—8:30 PM. This study is free and all are welcome to come and watch the DVD. For those who want to participate fully in the study, workbooks are available for a cost.
Please register by calling Loulou Delarosbel 705-825-2455 to buy.

Looking for a new home for your used Bibles?

Please consider donating to our study group.
Translations we are interested but not restricted to:
NAB - New American Bible
RSV - Revised Standard version
NRSV - New Standard Revised version
Please drop them off to the Parish Office or the Sacristy

MASS SCHEDULE

Weekday Masses are Held at 12:05 PM

Monday, 10 February - St. Scholastica, Virgin
COMMUNION SERVICE

Tuesday, 11 February - Weekday in Ordinary Time
Alice Hopkinson - Vivian Molnar
John de Viveiros - Nipissing-Parry Sound Catholic District School Board

Wednesday, 12 February - Weekday in Ordinary Time
Mother of Perpetual Help Devotions
Allan & Katheryn Boudreau - Extraordinary Ministers of the Eucharist
Intention of Nicholas and Kristy Beaulieu - Karen Beaulieu

Thursday, 13 February - Weekday in Ordinary Time
Mike Rossi - The Family
Anne Marie Baechler - The Costa Family

Friday, 14 February - St. Cyril, Monk, and St. Methodius, Bishop
Laurine Lalande - Rollie Lalande and Family
Antonietta Rizzuto - Joe and Louise Defonzo

4:00 PM Saturday, 15 February - Sixth Sunday in Ordinary Time
Zofia Nowicka - Margaret Sroga
Allan and Katheryn Boudreau - Roy and Bunty Swanson
Anne Marie Baechler - The Yarosh and Savard Family

Sunday, 16 February - Sixth Sunday in Ordinary Time
9:00 AM Arthur Georgeneau - Gerald Georgeneau
Anne Marie Baechler - The McGuinty Family
Virginia Tedesco - Maria Gosselin and Family

11:00 AM Intention of the Parishioners - Msgr. Dave Tramontini

Note: Only weekday masses are announced verbally.



Our program for children aged 4-12 years of age gathers at our 9:00 AM mass each week. Our focus is to incorporate a variety of experiences that appeal to a young child's natural sense of wonder about God.

We welcome your children to experience the Celebration of God's Word with us!!

COLLECTION - 02 FEBRUARY

Sunday Offering	Building Fund
$7,581.80	$1,455.00

ENVELOPE USERS
PLEASE LET US KNOW WHO YOU ARE
If you are using one of these envelopes—we need you to call the office and let us know as the number has not been assigned to you yet. Thank you!

12, 142, 197, 210, 296, 480, 490, 495

Social Sunday – February 16

After the 11:00 AM Mass – Join us!

As seen at the New Evangelization Summit

MISSION: POSSIBLE

SHARING JESUS WITH OTHERS

Tuesday, Feb 18, 2020
8:30 Registration 9 am to 3:30 pm
Pro Cathedral of the Assumption
480 McIntyre St W, North Bay
Bring a sandwich, soup provided
Register by contacting the Parish Secretary
For more info, contact Len at lslanthier@gmail.com

MISSION OF THE REDEEMER MINISTRIES

MICHAEL DOPP
OTTAWA, CA



MICHELE THOMPSON
PLYMOUTH, UK



FR JON BIELAWSKI
PLYMOUTH, UK



Aiding Your Church ~ The Message of Stewardship

Thank you to those who have decided to use pre-authorized giving methods for 2020. This donation method is appreciated as it helps us budget.

You can donate using:

- **Envelopes**
- **Visa / Mastercard**
- **Bank Automatic Withdrawals**
- **Postdated Cheques**

Have you reviewed your stewardship commitment since you began? If you are not currently donating—we need your support.

The Pro-Cathedral needs everyone to become stewards of the gifts they have been given by God … whether it is clothes for the poor, food for the hungry, or simply arms outreached to someone who is lonely.

Like us on Facebook

Most Rev. Marcel Damphousse recently announced the following changes for the North Bay Region:

Rev. Gilles Grandmont, current pastor of St-Vincent-de-Paul will become pastor at St. Jude Parish in Espanola and St-Sébastien Parish in Spanish. Rev. Gérald Lajeunesse, who currently serves at Ste-Anne-des-Pins in Sudbury, will replace him.

Rev. Rexlumine Michael *(yes, our Father Rex!)* was appointed Spiritual Advisor for the Diocesan Council of the Catholic Women's League. Congratulations Father Rex!



New to the Cathedral?
Please Register so we can get to know you better!

Widows Helping Widow's Group



"Widows helping widows is primarily a social support group and we gather for: coffee at Twiggs every Wednesday at 10 am, good movie & dinner, once/month for lunch, catered Christmas dinner, annual healing Mass, as well as other social events as they arise throughout the year. We would love to have you join our group of widows.

Call Karen Beaulieu (495-6675) for more information. Perhaps you have a family member who would never pick up the phone to call? Why not talk to them about coming out to our gatherings? Rides available. We are a very friendly, welcoming group and look forward to meeting you!

REGIONAL EVENTS

Development and Peace Share Lent 2020 Information Gathering – everyone welcome. Sunday, February 9 at 2:00 PM at St. Peter's. For more information contact Shirley at 474-5379.

Valentine's Day Spaghetti Supper at St. Peter's Church - Saturday February 15. 5:15 or 6:30 PM sitting. Tickets are $10 each and can be purchased at the parish during office hours.

2020 Northern Ontario Catholic Youth Conference will be held on Saturday, February 29 at St. Joseph-Scollard Hall. Join youth from across Northern Ontario for a day of faith, music, sharing, talks and powerful witness featuring popular Catholic Speaker Chris Bray. This year's theme is "unChained" as we reflect on how God can free us from what holds us back in life. Registration fee of only $20 includes all meals! Conference runs from 10 AM to 8 PM and overnight accommodations are available for travellers. All young people aged 13-19 are invited to register online at www.holynamestalphonsus.com/unchained, pick up a Registration Form at your church or from your high school Chaplain, or call Fr. Daniele Muscolino at 705-495-1501. This event is presented by the Roman Catholic Diocese of Sault Ste. Marie.

North Bay & Area Right to Life / Pro-Vie 30th Annual Spaghetti & Meatball & Lasagna Supper. Featuring Silent Auction. Sunday, March 1 at Pro-Cathedral Parish Hall. Anytime from 4:15 PM to 6:00 PM. Tickets at door: Adults $15.00; Children 3 to 10 years $5.00; Take-out orders $10.00 no bun, salad or desert.

New Evangelization Summit – live from Ottawa on April 25th. Join us as we stream this webcast live at St. Peter's Church. Registration is FREE for everyone! Don't miss your chance to be present at North America's premier conference on the New Evangelization! **Pre-register at newevangelization.ca. No computer? Call your parish office.** On April 25 please arrive by 8:00 AM for check-in. Talks begin promptly at 9:00 AM and run until 4:00 PM. Lunch, coffee, tea and snacks provided. Guest speakers Sherry Weddell, Michael Dopp, Brett Powell, Barbara Mason, Fr. Robert Spitzer, S.J. Check out their biographies at newevangelization.ca Be inspired to be an evangelist!

Marriage Preparation Weekend: 2020 Dates: February 21-22. 6:30 PM Friday 9:30 AM to 5:00 PM Saturday. Call Regional Catholic Services at 472-5821 to reserve your place. Cost of $75 is payable at registration. Limited to 18 couples register soon!

The Promises of Fatima: Come pray the Rosary with a group of people who form a Fr. Gobbi Cenacle honouring our Blessed Virgin Mary. Wednesday mornings at 9:30 AM at St. Peter's

Palliative Care Network presents a lunch-and-learn series – open to everyone. February 20 – **Boundaries between palliative care and MAID** by Alison Wilkes, RN. 11:00 AM to 1:00 PM at St. Joseph Motherhouse. Register to reserve a spot. Call 497-9239 or email nearnorth.seniors.connections@gmail.com

Lenten Retreat Day – The Paschal Mystery – a Way of Life at St. Joseph's Motherhouse McColgan Room February 29 from 9:30 AM to 3:00 PM with facilitator Sr. Pat Carter. Suggested offering $40 includes breaks and lunch. Call 474-3800 X-213 or email Sr. Pauline at pguindon@csjssm.ca to register.

Holy Name and St. Alphonsus parish communities present a 3-**Evening Lenten Mission with the theme "Radical Love"** on Sunday, March 1; Monday, March 2; and Tuesday, March 3 at 7:00 PM each evening at Holy Name Church. Mission led by popular Catholic Speaker Chris Bray, one of North America's leading speakers on all things Catholic - speaking to tens of thousands of people each year. He has also been featured on EWTN, 100 Huntley St, & Salt & Light TV. All are welcome!

Nathan Smith Album Release Show "Let it Rest – Let it Rise" with Hannah Shira Naiman Saturday, February 15 at Trinity United $17/Advance, $20/Door. Visit www.nathansmithmusic.net

The Voice of the Martyrs Canada Presents Solitary Refinement – incredible true stories from the persecuted church. By Dennis Hassell under the direction of Tom Carson – running time 75 minutes. Tuesday, March 10 at First Baptist Church 1250 Cassells Street. For ages 13+, free admission, contributions gratefully accepted. All are welcome!

Villa Loyola Sudbury Lenten Retreat - Explore the deep well of meaning and mystery that we call creation or nature. From this well may flow a deep-rooted care for our common home and a call to action. From Friday March 13 7 PM to Sunday March 15 1 PM with director, Fr. John McCarthy, S.J. Cost: $225.00 live-in/ $140.00 commute. Register by calling 705-522-3502 ext, 0 Monday to Friday or by email at loyola@isys.ca

Lent at Villa Loyola – Lectio Devina: Explore and share experiences and grow towards a better and deeper understanding of our Lord Jesus Christ's message for us. Tuesdays: 2 to 4 PM. Dates: February 18, March 3, 10, 17, 24, 31, April 7, May 19, June 16. Director: Fr. Wim Dombret, S.J. Cost: Free/tax receipt provided for donation of $25 or more Registration: Call 705-522-3502 ext. 0 Monday to Friday or by email at loyola@isys.ca

Sisters of St. Joseph Present

Christian Meditation Group Tuesdays from 1:30-2:30 PM in the Holy Family Chapel. Join with others to experience contemplative prayer by entering into silence to open yourself to the love and presence of God.

Taize Prayer: Third Thursday of the month from 7:00-8:00 PM. A Taizé hour of worship involves song, periods of silence, a scripture reading and meditation, intercessory prayer and/or icons.

Adoration of the Blessed Sacrament



St. Alphonsus in Callander: Every Friday 8:30 AM to 12:00 Noon. First Friday 8:30 AM to 8:30 AM (24Hrs).

St. Peter the Apostle: First Wednesday of each month from 7:00 to 8:00 PM. Everyone is invited.

Holy Name of Jesus: Tuesday to Friday 11:30 AM to 4:30 PM. To make a weekly one-hour **commitment, please call Gisele Champagne at 497-1911.**

Pro-Cathedral: First Friday of the month 10:00 AM to 12:00 Noon followed by 12:05 PM mass.

St. Joseph's Motherhouse second Sunday of the month from 3:30-4:30 PM in Holy Family Chapel and Pro-Cathedral First Friday 10:00 AM to 12:00 Noon.

PARISH REGISTRATION:

Please help keep our records up-to-date! You may bring this form to the parish office or place in the collection.

Name: _____ Email: _____

Address: _____ Phone: _____

City: _____ P/C: _____ Cell Phone: _____

☐ I am new to the parish and I wish to register

☐ I am unsure if registered, please check

☐ I have recently moved, please update



I wish to donate using: Contribution Envelopes ☐

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Pre-Authorized Bank Donations ☐