16 February 2020
Sixth Sunday in Ordinary Time

# PRO-CATHEDRAL OF THE ASSUMPTION

## 480 McIntyre Street West - North Bay, Ontario - P1B 2Z4

## Welcome to Your Father's House!



In the first reading, Sirach tells the people they can choose to follow the commandments, or not. But keeping the commandments will save them. In Saint Paul's Letter to the Corinthians, he writes of the greatness prepared for those who love God. In the Gospel from Matthew, Jesus teaches about the law. He says that he has come to fulfil the law, and that those who keep it will be called the *greatest in the kingdom of heaven*. Jesus' teachings are not primarily about the joys and easiness of the Christian life, but rather about the commandments that our loving Father gives to us for our freedom and good. He, who is perfect love, made us in love and sent his Son out of love to teach us what it means to partake in his life – both here and forever.

### *Our Parish Mission Statement*

***We, the members of the Pro-Cathedral of the Assumption community, believe that we have been called through Baptism to live the Good News of Jesus Christ under the patronage of Mary, our Mother. We accomplish this by proclaiming the Word, celebrating the Sacraments, & reaching out to others.***

**PASTOR** **Most Rev. Marcel Damphousse , D. D.**
Bishop of Sault Ste. Marie

**RECTOR**
**Msgr. Dave Tramontini**

**ASSISTANT**
**Rev. Rex Lumine**

### PERMANENT MINISTERS

***Deacons***
Rev. Mr. Albert Falconi
Rev. Mr. Donald Shago
Rev. Mr. Rick Hamelin
Rev. Mr. Gary Westenenk

***Diocesan Order of Women***
Mrs. Shirley Falconi
Mrs. Norma Milligan
Miss Ruth Godon

Our faith community dates back to 1886 when we were **originally located on Main Street West and called St. Mary's of** the Lake and the cornerstone of the existing Cathedral was laid in 1904. The history of our parish is recorded in the memories of thousands of people who built our community.



**(705) 472-3970**
**(705) 494-8222**
**office@procathedral.ca**
**www.procathedral.ca**
**facebook.com/procathedral**

## Parish Sacraments



**Marriage:** Please pick up a Marriage Information Booklet in the Church Vestibule to review prior to contacting the parish office.

**Anointing the Sick**: Please call the parish office for more information.

**Reconciliation:** Every Saturday from 3:00 until 3:45 PM.

**Eucharist:** Please see mass schedule published in this bulletin. Call the parish office to arrange for a Eucharistic Minister to visit the sick and shut-in who are unable to attend Mass.

**Adoration of the Blessed Sacrament:** On the First Friday of each month from 10:00 AM until 12:00 noon.

**Baptism:** Please pick up a Baptism Information Booklet in the Church Vestibule to review prior to contacting the parish office.

The Pro-Cathedral is **wheel chair accessible**. The entrance to the elevator is on Algonquin Avenue. Please enter the vestibule and ring the bell for an attendant. Service available at all weekend masses. Weekday masses service available 11:30 AM to 12:45 PM. A **Hearing Aid System** is available for use by the hearing impaired. Please ask an Usher or Sacristan to assist you upon entering the church.

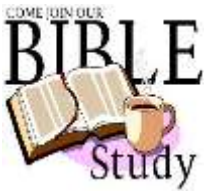
## OFFICE HOURS THIS WEEK

| | |
|---|---|
| **MONDAY** | **OFFICE CLOSED** |
| **TUESDAY - FRIDAY** | **8:30 AM to 4:30 PM** |

| READINGS: 17 - 23 FEBRUARY | |
|---|---|
| Monday | James 1. 1-11; Mark 8. 11-13 |
| Tuesday | **James 1. 12-18; Mark 8. 14-21** |
| Wednesday | **James 1. 19-27; Mark 8. 22-26** |
| Thursday | James 2. 1-9; Mark 8. 27-33 |
| Friday | **James 2. 14-24, 26; Mark 8. 34-38—9.1** |
| Saturday | **1 Peter 5. 1-4; Matthew 16. 13-19** |
| Sunday | Leviticus 19. 1-2, 17-18; 1 Corinthians 3. 16-23; Matthew 5. 38-48 |

| DATE | TIME | WHAT'S UP? |
|---|---|---|
| February 16 | 12:00 Noon | **Social Sunday this Weekend!** |
| February 18 | 9 AM—3:30 PM | Mission Possible<br>**It's not too late to Register!** |
| February 20 | 1:00 & 7:00 PM | Bible Study of the Psalms |
| February 25 | 5:00-7:00 PM | Shrove Tue Pancake Supper |

## Thursday Bible Study
## DVD Study of Psalms – Jeff Cavins




**Days 1:00—3:00 PM and again Evenings from 6:30—8:30 PM. This study is free and all are welcome to come and watch the DVD. For those who want to participate fully in the study, workbooks are available for a cost. Please register by calling Loulou Delarosbel 705-825-2455 to buy.**

## Beginners Line Dancing

**Just a reminder that Line Dancing is cancelled this week due to Mission Possible being held in the Parish Hall this Tuesday.**

**Thank You for all your well wishes and prayers. My knee surgery was successful and I am recovering well and will be starting my rehab soon.**

**Hope to see you all soon.**

**Deacon Rick**

## Food Bank Sunday ~ Next Weekend

***Our next Food Bank Collection will be held NEXT WEEKEND! Please be generous in helping to stock our shelves for our neighbours in need!***




Through the Sacrament of Baptism we are pleased to welcome to our parish community: Millie Rose and Suzie Mae Horsfall, children of Mike and Sara. Please remember these children and their family in your prayers.



| COLLECTION - 09 FEBRUARY | |
|---|---|
| **Sunday Offering** | **Building Fund** |
| **$7,070.60** | **$1,682.007** |

## MASS SCHEDULE
Weekday Masses are Held at 12:05 PM

**Monday, 17 February - Weekday in Ordinary Time**
Antonietta Rizzuto - Davedi Club Ladies' Auxiliary
Dianne Ross - Dawn Marie and Mike Duffy

**Tuesday, 18 February - Weekday in Ordinary Time**
John de Viveiros - Maria and Fr. Joe de Viveiros

**Wednesday, 19 February - Weekday in Ordinary Time**
**Mother of Perpetual Help Devotions**
Margaret Bennison - The DeJourdan Family

**Thursday, 20 February - Weekday in Ordinary Time**
Hector Lavigne - Joe and Louise Defonzo

**Friday, 21 February - Weekday in Ordinary Time**
Intention of Phillip Penna - Families and Catechists of the Good Shepherd Atrium

**4:00 PM Saturday, 22 February - 7th Sunday in Ordinary Time**
Ossie and Adeline Hill - Brenda Passmore
Hector Lavigne - His Sisters
Intention of Marie Gribbons - The Family

**Sunday, 23 February - Seventh Sunday in Ordinary Time**
**9:00 AM** Anne Marie Baechler - Mary Lou and Paul Smith
Steve Beluzsar - Roy and Bunty Swanson
Intentions of the Donors and those Remembered in the Pro-Cathedral Memorial Fund

**11:00 AM** Intention of the Parishioners - Msgr. Dave Tramontini

**Note: Only weekday masses are announced verbally.**

## Pope Francis Praises Knights of Columbus

Vatican City — Pope Francis praised the Knights of Columbus for their charitable efforts and thanked them especially for helping Christians in the Middle East.

"I thank all the members of your order for seeing in our persecuted and displaced brothers and sisters of that region neighbours, for whom you are a sign of God's infinite love," he said in address February 10 to members of this fraternal service organization. A delegation was in Rome to celebrate the 100th anniversary of their active presence in Rome.

The Knights of Columbus was founded in the United States almost 140 years ago.

The Pope recognized the Knights' ongoing work of "evangelical charity and fraternity in a variety of fields," particularly "your faithful witness to the sacredness and dignity of human life, evident at both the local and national levels."

That commitment to protect life has also led the Knights to provide both material and spiritual aid to "Christian communities in the Middle East that are suffering the effects of violence, war and poverty."

The pope also recognized the order's "unswerving devotion to the successor of Peter."

"In our world, marked by divisions and inequalities, the generous commitment of your order to serve all in need offers, especially to young people, an important inspiration to overcome a globalization of indifference and build together a more just and inclusive society," he said.

Carol Glatz, Catholic News Service

## Catholic Women's League

**Congratulations to Mary-Lou Potter** who won the early bird draw to have her CWL membership reimbursed. The draw was held at our General Meeting on February 5. It's not too late to get your 2020 membership—contact Brenda Passmore at 474-0447 or pick up a membership envelope on the book case behind the pew in the Cathedral.

**Convention** is April 24-26, 2020. It is fast approaching and registration must be submitted no later than March 25. Your registration could be paid for you! Contact Shirlene at 493-0718 for details and a registration package. This is our 100th anniversary for Diocesan. You won't want to miss it! ***Best part is it is right here in North Bay!***

Save the date of March 6 for **World Day of Prayer** at St. Brice's Church! Join in prayer for peace and justice!




***Thank you to everyone who came out to support the 1st Annual Chocolate Fest & Guess the Oscars Social. What a fun and delicious evening!***

**Delectable, yummy goodies enjoyed by all!**





**Lights, Camera, Action!**

**Nice stash Julia!**





**Photo Booth Fun!**




## Pancake & Sausage Supper

**Tuesday, 25 February 2020**

**HELD IN THE PARISH HALL**

**From 5:00 to 7:00 pm (General Seating)**

**$7.00/Adults, $4.00/Children Under 12 Years**

**$20.00 / Family**

Pancakes & Sausage

Coffee/Tea & Juice

***Everyone Welcome!***

### Development and Peace Stamp Collection




The stamps affixed on the right corner of your envelopes can be very useful. Members of Development and Peace, who are philatelists, sell them to stamp collectors. The proceeds will help fund development projects. If you wish to support this initiative, simply cut off the stamps from your envelopes without damaging perforations, and drop them into the collection basket in baggies or envelopes.

***Thank you so much for continuing to collect and drop off the stamps. We appreciate your support!***

### Widows Helping Widow's Group



"Widows helping widows is primarily a social support group and we gather for: coffee at Twiggs every Wednesday at 10 am, good movie & dinner, once/month for lunch, catered Christmas dinner, annual healing Mass, as well as other social events as they arise throughout the year. We would love to have you join our group of widows.

Call Karen Beaulieu (495-6675) for more information. Perhaps you have a family member who would never pick up the phone to call? Why not talk to them about coming out to our gatherings? Rides available. We are a very friendly, welcoming group and look forward to meeting you!

**On this 6th Sunday of Ordinary Time Year A, the church invites us to reflect on the Commands of Jesus and to pay close attention to what the Law of the Lord actually commands and demands from us. This command differs from any man-made law and is imbued with the wisdom that comes from God Himself.**

**Thank you to Mike and Delma Ketter for their decades of ministry to the hospital, Catholic Charities, Regional Marriage Preparation and Extraordinary Ministers of Holy Communion training courses. Our communities of faith have been blessed with their words and actions. We are extremely grateful for their service.**

**Mike and Delma are retiring from some of their ministries and we want to wish them a blessed retirement!**

**2020 Northern Ontario Catholic Youth Conference** will be held on Saturday, February 29 at St. Joseph-Scollard Hall. Join youth from across Northern Ontario for a day of faith, music, sharing, talks and powerful witness featuring popular Catholic Speaker Chris Bray. This year's theme is "unChained" as we reflect on how God can free us from what holds us back in life. Registration fee of only $20 includes all meals! Conference runs from 10 AM to 8 PM and overnight accommodations are available for travellers. All young people aged 13-19 are invited to register online at www.holynamestalphonsus.com/unchained, pick up a Registration Form at your church or from your high school Chaplain, or call Fr. Daniele Muscolino at 705-495-1501. This event is presented by the Roman Catholic Diocese of Sault Ste. Marie.

**Shrove Tuesday Pancake & Sausage Supper**: February 25 from 5:00 to 7:00 PM at Pro-Cathedral Parish Hall. $20/Family, $7/Adults, $4/Children under 12 years. Everyone welcome!

**North Bay & Area Right to Life / Pro-Vie 30th Annual Spaghetti & Meatball & Lasagna Supper.** Featuring Silent Auction. Sunday, March 1 at Pro-Cathedral Parish Hall. Anytime from 4:15 PM to 6:00 PM. Tickets at door: Adults $15.00; Children 3 to 10 years $5.00; Take-out orders $10.00 no bun, salad or desert.

**New Evangelization Summit –** live from Ottawa on April 25. Join us as we stream this webcast live at St. Peter's Church. Registration is FREE for everyone! Don't miss your chance to be present at North America's premier conference on the New Evangelization! **Pre-register at newevangelization.ca. No computer? Call your parish office.** On April 25 please arrive by 8:00 AM for check-in. Talks begin promptly at 9:00 AM and run until 4:00 PM. Lunch, coffee, tea and snacks provided. Guest speakers Sherry Weddell, Michael Dopp, Brett Powell, Barbara Mason, Fr. Robert Spitzer, S.J. Check out their biographies at newevangelization.ca

**Marriage Preparation Weekend: 2020 Dates: February 21-22.** 6:30 PM Friday 9:30 AM to 5:00 PM Saturday. Call Regional Catholic Services at 472-5821 to reserve your place. Cost of $75 is payable at registration. Limited to 18 couples register soon!

**The Promises of Fatima:** Come pray the Rosary with a group of people who form a Fr. Gobbi Cenacle honouring our Blessed Virgin Mary. Wednesday mornings at 9:30 AM at St. Peter's

**Palliative Care Network** presents a lunch-and-learn series – open to everyone. February 20 – **Boundaries between palliative care and MAID** by Alison Wilkes, RN. 11:00 AM to 1:00 PM at St. Joseph Motherhouse. Register to reserve a spot. Call 497-9239 or email nearnorth.seniors.connections@gmail.com

**Lenten Retreat Day – The Paschal Mystery – a Way of Life** at St. Joseph's Motherhouse McColgan Room February 29 from 9:30 AM to 3:00 PM with facilitator Sr. Pat Carter. Suggested offering $40 includes breaks and lunch. Call 474-3800 X-213 or email Sr. Pauline at pguindon@csjssm.ca to register.

Holy Name and St. Alphonsus parish communities present a 3-**Evening Lenten Mission with the theme "Radical Love"** on Sunday, March 1; Monday, March 2; and Tuesday, March 3 at 7:00 PM each evening at Holy Name Church. Mission led by popular Catholic Speaker Chris Bray, one of North America's leading speakers on all things Catholic - speaking to tens of thousands of people each year. He has also been featured on EWTN, 100 Huntley St, & Salt & Light TV. All are welcome to join us!

**The Voice of the Martyrs Canada Presents Solitary Refinement – incredible true stories from the persecuted church.** By Dennis Hassell under the direction of Tom Carson – running time 75 minutes. Tuesday, March 10 at First Baptist Church 1250 Cassells Street. For ages 13+, free admission, gratefully accepted. All are welcome!

**Lent at Villa Loyola – Lectio Devina:** Explore and share experiences and grow towards a better and deeper understanding of our Lord Jesus Christ's message for us. Tuesdays: 2 to 4 PM. Dates: February 18, March 3, 10, 17, 24, 31, April 7, May 19, June 16. Director: Fr. Wim Dombret, S.J. Cost: Free/tax receipt provided for donation of $25 or more Registration: Call 705-522-3502 ext. 0 Monday to Friday or by email at loyola@isys.ca

**Sisters of St. Joseph Present**

**Christian Meditation Group** Tuesdays from 1:30-2:30 PM in the Holy Family Chapel. Join with others to experience contemplative prayer by entering into silence to open yourself to the love and presence of God.

**Taize Prayer:** Third Thursday of the month from 7:00-8:00 PM. A Taizé hour of worship involves song, periods of silence, a scripture reading and meditation, intercessory prayer and/or icons.

**CLAY:** A fun filled Catholic Youth Program for ages JK to Grade 6. Clay meets Thursday evenings from 6:30-8:00 PM at St. Gregory's School in Powassan. Enter via the back door (Gym Entrance). No charge. Come and join us for games, crafts and faith teachings in a fun filled environment. For information please contact Jessica Sheppard at (705) 496-6219 or jessicasheppard@gmail.com.

**EDGE: NEW Catholic Youth Program:** ALL students in Grade 6, 7 & 8 from any school or church are welcome to join our EDGE Youth Nights on Thursdays from 6:30-8:00 PM at Holy Name of Jesus Church. Each includes music, games, prayer, teaching and social time. Evenings are led by Catholic high school students, Fr. Daniele Muscolino and a team of volunteer adults. EDGE provides a safe, fun place for youth to find solid friendships and learn more about our Catholic faith. For more information visit www.holynamestalphonsus.com/edge or call 705-495-1501.

**ASCENT: A Journey of Discipleship for Catholic Young Adults 18-35** A new Catholic educational and spiritual program. Deepen your faith, grow in your relationship with Jesus, and learn about what it means to be truly Catholic. Become a true disciple of Jesus and have your questions about the Catholic faith answered. Join us Sunday afternoons from 12:45- 2:30 PM at Holy Name of Jesus Church. For more info visit www.holynamestalphonsus.com/ascent

**North Bay pregnancy Help & Resource Centre**, 323 Algonquin Ave, North Bay, ON P1B 8J8. Open weekdays 10:00 AM–4:00 PM. Tel: 475-9270. Offering free pregnancy testing, optional counselling, a friendly non-judgmental ear, baby supplies, and community service referrals.

**Adoration of the Blessed Sacrament**

**St. Alphonsus in Callander:** Every Friday 8:30 AM to 12:00 Noon. First Friday 8:30 AM to 8:30 AM (24Hrs).
**St. Peter the Apostle:** First Wednesday of each month from 7:00 to 8:00 PM. Everyone is invited.
**Holy Name of Jesus:** Tuesday to Friday 11:30 AM to 4:30 PM. To make a weekly one-hour **commitment, please call Gisele Champagne at 497-1911.**
**Pro-Cathedral**: First Friday of the month 10:00 AM to 12:00 Noon followed by 12:05 PM mass.
**St. Joseph's Motherhouse** second Sunday of the month from 3:30-4:30 PM in Holy Family Chapel and Pro-Cathedral First Friday 10:00 AM to 12:00 Noon.
**St. Joseph's Church Powassan** every day from 6:00 AM to 9:00 PM except during Mass times. Contact Laurie 724-2118, Christine 724-1723 or Pauline 724-5964 to be scheduled.

**CONTACT CANA FOR YOUR RELIGIOUS ARTICLES**
**Books & More! Email Kas or Alana at Email:**
**cana12cana@gmail.com Tel: 705-776-2192**