26 January 2020

Third Sunday in Ordinary Time

PRO-CATHEDRAL OF THE ASSUMPTION

480 McIntyre Street West - North Bay, Ontario - P1B 2Z4

Welcome to Your Father's House!



In the first reading, Isaiah writes of the day when all gloom is gone. Light will come to *the people who walked in darkness*, and they will rejoice. Saint Paul urges the Corinthians to have *no divisions among [them]*. In Matthew's Gospel, Jesus, walking by the Sea of Galilee, calls Simon, Andrew, James and John to follow him. The brothers leave everything and follow Jesus. Jesus fulfils all prophecy and brings light to our darkness. He calls his disciples out of their way of life – from fishermen to fishers *of* men. He calls us to follow him, too, so as to bring light, truth and goodness into a world that needs repentance.

Our Parish Mission Statement

We, the members of the Pro-Cathedral of the Assumption community, believe that we have been called through Baptism to live the Good News of Jesus Christ under the patronage of Mary, our Mother. We accomplish this by proclaiming the Word, celebrating the Sacraments, & reaching out to others.

PASTOR **Most Rev. Marcel Damphousse , D. D.**
Bishop of Sault Ste. Marie

RECTOR
Msgr. Dave Tramontini

ASSISTANT
Rev. Rex Lumine

PERMANENT MINISTERS

Deacons

Rev. Mr. Albert Falconi
Rev. Mr. Donald Shago
Rev. Mr. Rick Hamelin
Rev. Mr. Gary Westenenk

Diocesan Order of Women

Mrs. Shirley Falconi
Mrs. Norma Milligan
Miss Ruth Godon

Our faith community dates back to 1886 when we were **originally located on Main Street West and called St. Mary's of** the Lake and the cornerstone of the existing Cathedral was laid in 1904. The history of our parish is recorded in the memories of thousands of people who built our community.



(705) 472-3970

(705) 494-8222

office@procathedral.ca

www.procathedral.ca

facebook.com/procathedral

Parish Sacraments



Marriage: Please pick up a Marriage Information Booklet in the Church Vestibule to review prior to contacting the parish office.

Anointing the Sick: Please call the parish office for more information.

Reconciliation: Every Saturday from 3:00 until 3:45 PM.

Eucharist: Please see mass schedule published in this bulletin. Call the parish office to arrange for a Eucharistic Minister to visit the sick and shut-in who are unable to attend Mass.

Adoration of the Blessed Sacrament: On the First Friday of each month from 10:00 AM until 12:00 noon.

Baptism: Please pick up a Baptism Information Booklet in the Church Vestibule to review prior to contacting the parish office.

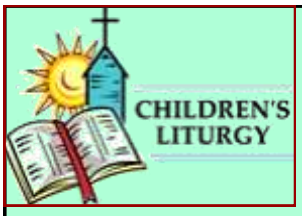
The Pro-Cathedral is **wheel chair accessible**. The entrance to the elevator is on Algonquin Avenue. Please enter the vestibule and ring the bell for an attendant. Service available at all weekend masses. Weekday masses service available 11:30 AM to 12:45 PM. A **Hearing Aid System** is available for use by the hearing impaired. Please ask an Usher or Sacristan to assist you upon entering the church.

OFFICE HOURS THIS WEEK

MONDAY	**8:30 AM to 12:00 NOON**
TUESDAY — FRIDAY	**8:30 AM to 4:30 PM**

READINGS: 27 January - 02 February	
Monday	2 Samuel 5. 1-7, 10; Mark 3. 22-30
Tuesday	**2 Samuel 6. 12b-15, 17-19; Mark 3. 31-35**
Wednesday	**2 Samuel 7. 1-17; Mark 4. 1-20**
Thursday	2 Samuel 7. 18-19, 24-29; Mark 4. 21-25
Friday	**2 Samuel 11. 1-4a, 5-10a, 13-17; Mark 4. 26-34**
Saturday	**2 Samuel 12. 1-7a, 10-17; Mark 4. 35-41**
Sunday	Malachi 3. 1-4; Hebrews 2. 10-11, 13b-18; Luke 2. 22-40

DATE	TIME	WHAT'S UP?
January 27	7:00 PM	CWL Executive Meeting
January 29	5:30 PM	Social Committee Meeting
January 30	1:00 & 6:30 PM	Bible Study of the Psalms
January 31	6:30 PM	CHOCOLATE! (See CWL Ponderings Insert)



Our program for children aged 4-12 years of age gathers at our 9:00 AM mass each week. Our focus is to incorporate a variety of experiences that appeal to a young child's natural sense of wonder about God.

We welcome your children to experience the Celebration of God's Word with us!!

There are still free copies of Mathew Kelly's book "Rediscover the Saints" left. Delve into the lives of the Saints, the challenges they faced and the virtues that made them wonderful witnesses to Christ.
(Located on bookshelf behind last pew)



We are currently reviewing our Confirmation program to make it a better experience for our students and parents alike.

We have listened to suggestions from former candidates for Confirmation, parents and sponsors, and our leaders of our Confirmation program. Together with the leaders of the program, the priests in North Bay, and with the help of our young people's suggestions, our Confirmation program will be re-vamped. Because this process takes time - *the Sacrament of Confirmation will not be celebrated until the Fall of 2020.*

In the Fall of 2020, we will offer the Sacrament of Confirmation for those in Grades 7, 8 & 9 - to make sure that our young people do not miss this opportunity to receive this great Sacrament of the Holy Spirit. Questions, comments, or suggestions? Please contact the parish office.

CWL MEMBERSHIPS

Membership envelopes are provided in your box of 2020 envelopes or you can use the CWL envelopes provided on the bookcase behind the last pew (right side as you enter Cathedral). Once you have paid your $25 membership fee, please look for your membership card in the CWL box in this same location in two weeks. Thank you for taking the time to pick up your card — last year we had to mail out 50 membership cards which is costly. If you have any questions — call Brenda Passmore, Membership Chair at 474-0447

Pay your $25 membership dues before February 5th for a chance to win your membership fee!

MASS SCHEDULE

Weekday Masses are Held at 12:05 PM

Monday, 27 January - Weekday in Ordinary Time
Intention of Bev Brown - Robert and Judy

Tuesday, 28 January - St. Agnes, Virgin/Martyr
Margaret Watters - Arthur Thomas
Intention of Levon and Riel Levesque - Richard Levesque

Wednesday, 29 January - Weekday in Ordinary Time
Mother of Perpetual Help Devotions
Armand Schiavo - Arthur and Lucille Schiavo
Joseph Kelly - Robert and Judy
Intention of Nicholas and Kristy Beaulieu - Karen Beaulieu

Thursday, 30 January - Weekday in Ordinary Time
Geno Cundari - Mary-Lynn and Family
Gisele and George Tiernay - The Family

Friday, 31 January - St. Francis de Sales, Bishop/Doctor
Allan and Katheryn Boudreau - Ron and Mary-Lynn Truchon
Ara Linda Houle - Mary Lou and Paul Smith

4:00 PM Saturday, 01 February - Presentation of the Lord
Joan DeMarco - Lisa DeMarco and Norm Paquette
Margaret Watters - Joe and Louise Defonzo
Allan and Katheryn Boudreau - Barb and Ken Hebert

Sunday, 02 February - The Presentation of the Lord
9:00 AM Rich and Carole Masters - Patsy Stone
Ara Linda Houle - Shirley Valenti
Hector Lavigne - His Sisters

11:00 AM Intention of the Parishioners - Msgr. Dave Tramontini

For Your Information

Fr. Rex has not left us—he is covering celebrations at St. Peter the Apostle for the month of January while Fr. Francis visits in Nigeria.

Starting January 30 Bible Study
DVD Study of Psalms – Jeff Cavins



Days 1:00—3:00 PM and again Evenings from 6:30—8:30 PM. This study is free and all are welcome to come and watch the DVD. For those who want to participate fully in the study, workbooks are available for a cost.
Please register by calling Loulou Delarosbel 705-825-2455 as we need to know how many books to buy.

Looking for a new home for your used Bibles?

Please consider donating to our study group.
Translations we are interested but not restricted to:
NAB - New American Bible
RSV - Revised Standard version
NRSV - New Standard Revised version
Please drop them off to the Parish Office or to the Sacristy ~ Thank you!

We are pleased to welcome to our parish community: **Benjamin Michael Thomas Clancy**, child of Ron and Jessica Clancy. Benjamin was baptized last weekend. Please remember him and his family in your prayers.

COLLECTION - 19 JANUARY	
Sunday Offering	**Building Fund**
$4,236.40	**$780.35**

STEWARDSHIP: Thank you to the those who have chosen to donate through pre-authorized bank or Visa and Mastercard donations. These types of donations provide us with a reliable, regular stream of contributions that help us to make budgeting decisions.

You can download these forms by vising our website at procathedral.ca — select About Us then Stewardship Options. They are also available in the pamphlet rack near the entre doors of the Cathedral.

ENVELOPE USERS

If you are using one of these envelopes—we need you to call the office and let us know as the number has not been assigned to you yet. Thank you!

12, 142, 197, 210, 296, 490, 495

Beginners Line Dancing

Fun Afternoon for anyone who would like to learn line dancing, get a little aerobic exercise and have some fun! Gentle exercise for all ages! Instructor Theresa Ethier will lead us. We need a minimum of 10 people so bring a friend. Also bring a water bottle and street/running shoes to change into when you get here. Everyone welcome!

In Parish Hall on Tuesdays from 1:30 to 3:00 PM beginning February 4 ~ $6/person weekly. Dates: Feb 4, and 11, **(skip 18 Feb);** Feb 25, March 3, 10, 17, 24, 31, etc.

You can attend any week at your convenience but consistency would be great too!



Blessed white candles are available ½ hour before and ½ hour after all masses on the weekend and weekdays. You may enter the Sacristy and ask our Sacristan for your vigil candle. It will be lit and at that time you may place your candle on the stand. An offering of $5 per candle is suggested to help defray costs.

✝ MEMORIAL FUND ✝

The following name has been received at the request of donors in memory of our deceased friends and relatives:

ANNE MARIE BAECHLER



Feast of St. Blaise
Blessing of the Throats

St. Blaise devoted the early years of his life to the study of philosophy and afterwards became a physician. In the practice of his profession he saw so much of the miseries of life and the hollowness of worldly pleasures, that he resolved to spend the rest of his days in the service of God, becoming a physician of souls.

Appointed Bishop of Sebaste, in Armenia, St. Blaise at once began to instruct his people as much by his example as by his words, and the great virtues and sanctity of this servant of God were attested by many miracles. From all parts the people came flocking to him for the cure of bodily and spiritual life. A distracted mother, whose only child was dying of a throat disease, threw herself at the feet of St. Blaise and implored his intercessional. Touched at her grief, the Saint offered up his prayers, and the child was cured; since that time his aid has often been effectually solicited in cases of similar disease. The saint said that anyone who lit a candle in his memory would be free of infection, thus candles are used in the traditional throat blessing.

Each year, we continue to observe the Feast of St. Blaise with the Blessings of Throats.

Next weekend, after all of our masses on Saturday and Sunday, throats will be blessed as we ask for the blessing of St. Blaise, asking God's protection against affections of the throat.

Please remain in the Cathedral after mass if you would like to participate.

Widows Helping Widow's Group



"Widows helping widows is primarily a social support group and we gather for: coffee at Twiggs every Wednesday at 10 am, good movie & dinner, once/ month for lunch, catered Christmas dinner, annual healing Mass, as well as other social events as they arise throughout the year. We would love to have you join our group of widows. Please think about it.

Next meeting is THIS SUNDAY, January 26
4:00 PM ~ 1493 Pinegrove Crescent

Please let Karen know if you will be coming — 495-6675. Looking forward to meeting you!

REGIONAL EVENTS

As seen at the New Evangelization – Mission Possible!
Sharing Jesus with Others
Tuesday, February 18 from 8:30 AM to 3:30 PM
Pro-Cathedral Parish Hall
Bring a sandwich ~ Soup provided
Register by contacting your parish secretary.
For more information, contact Len Lanthier at lslanthier@gmail.com

Family Winter Carnival: Winter's long enough - let's have fun! Join us Sunday, February 2 following the 11:15 AM mass (12:15 to 3:00 PM) at Holy Name for our first ever Family Winter Carnival! Skating and Sliding at Lee Park, Road Hockey, Indoor Games, Soup, Hotdogs, Hot Chocolate and Music! Something for everyone! Invite your friends, family and neighbours to join us too! Bring your skates, sleds and sticks! This event will be filmed by Salt & Light Catholic Television Network. All are welcome!

Come and See: Is God calling you to be a Secular Franciscan? Are you searching for a way to renew your baptismal commitment, to deepen your relationship with the Lord, and to give witness to the Kingdom of God? Come and See at Holy Name of Jesus on Wednesday, February 5 at 7:00 PM. God won't stop calling until you answer. Call Lynn at 472-2882 for more information.

Valentine's Day Spaghetti Supper at St. Peter's Church - Saturday February 15. 5:15 or 6:30 PM sitting. Tickets are $10 each and can be purchased at the parish during office hours.

2020 Northern Ontario Catholic Youth Conference will be held on Saturday, February 29 at St. Joseph-Scollard Hall. Join youth from across Northern Ontario for a day of faith, music, sharing, talks and powerful witness featuring popular Catholic Speaker Chris Bray. This year's theme is "unChained" as we reflect on how God can free us from what holds us back in life. Registration fee of only $20 includes all meals! Conference runs from 10 AM to 8 PM and overnight accommodations are available for travellers. All young people aged 13-19 are invited to register online at www.holynamestalphonsus.com/unchained, pick up a Registration Form at your church or from your high school Chaplain, or call Fr. Daniele Muscolino at 705-495-1501. This event is presented by the Roman Catholic Diocese of Sault Ste. Marie.

Marriage Preparation Weekend: 2020 Dates: February 21-22, June 5-6, October 23-24. 6:30 PM Friday 9:30 AM to 5:00 PM Saturday. Call Regional Catholic Services at 472-5821 to reserve your place. Material cost of $75 is payable at registration. Limited to 18 couples register soon!

Catechesis of the Good Shepherd Level I Training Session for those interested in becoming a catechesis working with the 3-6 year old child will be held July 5 to July 10 2020. For more information and to register visit www.cgsac.ca>training or contact Erin Tayler at 840-8509

Holy Name and St. Alphonsus parish communities present a 3-**Evening Lenten Mission with the theme "Radical Love"** on Sunday, March 1; Monday, March 2; and Tuesday, March 3 at 7:00 PM each evening at Holy Name Church. Mission led by popular Catholic Speaker Chris Bray, one of North America's leading speakers on all things Catholic - speaking to tens of thousands of people each year. He has also been featured on EWTN, 100 Huntley St, & Salt & Light TV. All are welcome to join us!

The Promises of Fatima: Come pray the Rosary with a group of people who form a Fr. Gobbi Cenacle honouring our Blessed Virgin Mary. Wednesday mornings at 9:30 AM at St. Peter's

New Daily Adoration: St. Joseph's Church Powassan, has begun Perpetual Adoration 7 days a week, from 6:00 AM to 9:00 PM except during Mass times. Adorers who can commit to a weekly one-hour time slot are needed. Contact Laurie in the office 724-2118, Christine 724-1723 or Pauline 724-5964 to be scheduled. ***The coordinator will find a replacement for when you are not available.***

Villa Loyola Sudbury Lenten Retreat - The Trinitarian mystery, as the core of our faith, can instill a spirit of awe, wonder, contemplation, reverence and praise before the word and the beauty of God in all creation. We will explore this deep well of meaning and mystery that we call creation or nature. From this well may flow a deep-rooted care for our common home and a call to action. From Friday March 13 7 PM to Sunday March 15 1 PM with director, Fr. John McCarthy, S.J. Cost: $225.00 live-in/$140.00 commute. Register by calling 705-522-3502 ext, 0 Monday to Friday or by email at loyola@isys.ca

EDGE: NEW Catholic Youth Program: ALL students in Grade 6, 7 & 8 from any school or church are welcome to join our EDGE Youth Nights on Thursdays from 6:30-8:00 PM at Holy Name of Jesus Church. Each includes music, games, prayer, teaching and social time. Evenings are led by Catholic high school students, Fr. Daniele Muscolino and a team of volunteer adults. EDGE provides a safe, fun place for youth to find solid friendships and learn more about our Catholic faith. For more information visit www.holynamestalphonsus.com/edge or call 705-495-1501.

ASCENT: A Journey of Discipleship for Catholic Young Adults 18-35 A new Catholic educational and spiritual program. Deepen your faith, grow in your relationship with Jesus, and learn about what it means to be truly Catholic. Become a true disciple of Jesus and have your questions about the Catholic faith answered. Join us Sunday afternoons from 12:45- 2:30 PM at Holy Name of Jesus Church. For more info visit www.holynamestalphonsus.com/ascent

The North Bay Regional Health Centre has moved to a new computer system and are experiencing difficulty generating a communion list for Catholic patients. If you or your family member are going into hospital and would like to receive communion, please advise chaplaincy services or email Rick Hamelin at rick.hamelin@sympatico.ca.

PARISH REGISTRATION:

Please help keep our records up-to-date! You may bring this form to the parish office or place in the collection.

Name: _____ Email: _____

Address: _____ Phone: _____

City: _____ P/C: _____ Cell Phone: _____

☐ I am new to the parish and I wish to register

☐ I am unsure if registered, please check

☐ I have recently moved, please update



I wish to donate using: Contribution Envelopes ☐

VISA/MasterCard ☐

Pre-Authorized Bank Donations ☐