22 December 2019

Fourth Sunday of Advent

PRO-CATHEDRAL OF THE ASSUMPTION

480 McIntyre Street West - North Bay, Ontario - P1B 2Z4

Welcome to Your Father's House!



Isaiah prophesies a sign for Israel: *The virgin shall conceive, and bear a son* who will embody God's redemptive presence with his people. Paul, recalling his own apostolic calling, writes that the Gentiles are also *called to belong to Jesus Christ*. In the Gospel, the Lord's angel comes to Joseph in a dream and reveals the circumstances of Mary's pregnancy, and what this means. Joseph obeys the angel's commands. Today's readings remind us that in Christ Jesus, God has been faithful to the promises he made to his Chosen People. Our salvation in Christ is how we are reconciled back to God, who created us and loves us.

Our Parish Mission Statement

We, the members of the Pro-Cathedral of the Assumption community, believe that we have been called through Baptism to live the Good News of Jesus Christ under the patronage of Mary, our Mother. We accomplish this by proclaiming the Word, celebrating the Sacraments, & reaching out to others.

PASTOR **Most Rev. Marcel Damphousse , D. D.**
Bishop of Sault Ste. Marie

RECTOR
Msgr. Dave Tramontini

ASSISTANT
Rev. Rex Lumine

PERMANENT MINISTERS

Deacons

Rev. Mr. Albert Falconi
Rev. Mr. Donald Shago
Rev. Mr. Rick Hamelin
Rev. Mr. Gary Westenenk

Diocesan Order of Women

Mrs. Shirley Falconi
Mrs. Norma Milligan
Miss Ruth Godon

Our faith community dates back to 1886 when we were **originally located on Main Street West and called St. Mary's of** the Lake and the cornerstone of the existing Cathedral was laid in 1904. The history of our parish is recorded in the memories of thousands of people who built our community.



(705) 472-3970

(705) 494-8222

office@procathedral.ca

www.procathedral.ca

facebook.com/procathedral

Parish Sacraments



Marriage: Please pick up a Marriage Information Booklet in the Church Vestibule to review prior to contacting the parish office.

Anointing the Sick: Please call the parish office for more information.

Reconciliation: Every Saturday from 3:00 until 3:45 PM.

Eucharist: Please see mass schedule published in this bulletin. Call the parish office to arrange for a Eucharistic Minister to visit the sick and shut-in who are unable to attend Mass.

Adoration of the Blessed Sacrament: On the First Friday of each month from 10:00 AM until 12:00 noon.

Baptism: Please pick up a Baptism Information Booklet in the Church Vestibule to review prior to contacting the parish office.

The Pro-Cathedral is **wheel chair accessible**. The entrance to the elevator is on Algonquin Avenue. Please enter the vestibule and ring the bell for an attendant. Service available at all weekend masses. Weekday masses service available 11:30 AM to 12:45 PM. A **Hearing Aid System** is available for use by the hearing impaired. Please ask an Usher or Sacristan to assist you upon entering the church.

OFFICE HOURS THIS WEEK

Monday	**8:30 AM to 12:00 NOON**
Tuesday	**8:30 AM to 3:00 PM**
Wednesday to Friday	**OFFICE CLOSED**

WEEKLY READINGS: 23—29 DECEMBER

Monday	Malachi 3. 1-4; 4. 5-6; Luke 1. 57-66
Tuesday	**2 Samuel 7. 1-5, 8-12, 16; Luke 1. 67-79**
Wednesday	**Isaiah 52. 7-10; Hebrews 1. 1-6; John 1. 1-18**
Thursday	Acts 6. 8-10; 7. 54-59; Matthew 10. 17-22
Friday	**1 John 1. 1-4; John 20. 2-8**
Saturday	**1 John 1. 5—2.2; Matthew 2. 13-18**
Sunday	Sirach 3. 2-6, 12-14; Colossians 3. 12-21 Matthew 2. 13-15, 19-23

Christmas & New Year's Mass Schedule

Christmas Eve—Tuesday, 24 December
5:00 PM ~ 8:00 PM ~ 12:00 MIDNIGHT
Music Reflections Prior to 8:00 PM & Midnight

Christmas Day- Wednesday, 25 December
11:00 AM Christmas Mass

Incense will be used at 8 PM & Midnight Masses

(12:05 PM Mass Cancelled)

Thursday, 26 December & Friday, 27 December
Regular 12:05 PM Mass

Holy Family Weekend
Saturday, 28 December & Sunday, 29 December
Regular 4:00 PM, 9:00 AM & 11:00 AM Masses

Monday, 30 December
Regular 12:05 PM Mass



Tuesday, 31 December - **Year's Eve**
Regular 12:05 PM Mass

New Year's Day
Wednesday, 01 January
Solemnity of Mary, Mother of God
11:00 AM Mass
(12:05 PM Mass Cancelled)

Food Bank Sunday ~ Next Weekend

Our next Food Bank Collection will be held NEXT WEEKEND! Please be generous in helping to stock our shelves for our neighbours in need!



Widows Helping Widow's Group



"Widows helping widows is primarily a social support group and we gather for: coffee at Twiggs every Wednesday at 10 am, good movie & dinner, once/ month for lunch, catered Christmas dinner, annual healing Mass, as well as other social events as they arise throughout the year. We would love to have you join our group of widows. Please think about it.
You can call Karen Beaulieu for more information at 495-6675. Looking forward to meeting you!

MASS SCHEDULE
Weekday Masses are Held at 12:05 PM

Monday, 23 December - Weekday in Season of Advent
Gaetane Trudel - The Family
Arthur Laroche - Cecile Robert
Glenna McAuley - Jean and June McAuley

Tuesday, 24 December - Nativity of the Lord
Mass at 5:00 PM, 8:00 PM & 12:00 MIDNIGHT

Wednesday, 25 December - Nativity of the Lord
Mass at 11:00 AM
Our Christmas masses are celebrated in remembrance of all those whose names were received for our Christmas Memorial Listing

Thursday, 26 December - Feast of St. Stephen, First Martyr
John de Viveiros - The Carreiro Family
Vern Lariviere - Joyce Brooks
Intention of the Montgomery and Manary Children - Robert and Judy

Friday, 27 December - Feast of St. John, Apostle/Evangelist
Joan McCauley - Debbie Deering
Denis Amo - Katherine Amo and Family
Margaret Watters - Raymond Laplante

4:00 PM Saturday, 28 December - Feast of the Holy Family
Gordon Bergo - Marthe Smith
Joan McCauley - Christine Dawson-Zimbalatte
Alexandra Lafontaine - Mary Lou and Paul Smith

Sunday, 29 December - Feast of the Holy Family
9:00 AM Lorraine Raymond - Noella Raymond and Family
John de Viveiros - Colleen Klein
Intention of the Donors and those Remembered in the Pro-Cathedral Memorial Fund

11:00 AM Intention of the Parishioners - Msgr. Dave Tramontini

Note: Only weekday masses are announced verbally.

Behold a young woman shall conceive and bear a son, and shall call his name



Immanuel

Good Shepherd Regional Atrium
Annual Epiphany Celebration and Blessing 2020

Date: Saturday, 11 January 2020
Time: 9:30 AM to 11:30 AM
Location: Pro-Cathedral Parish Hall Entrance

All are Welcome!

Bring your left-over Christmas foods & canned goods for the Parish Food Bank.

COLLECTION - 15 DECEMBER	
Sunday Offering	**Building Fund**
$7,552.30	**$914.00**

Catholic Women's League

We are all so busy this time of year, making sure everything is ready for Christmas! I would like to take this opportunity to say:

'May there come to you at this Blessed time an abundance of all the precious things in life - LOVE, JOY, HAPPINESS AND PEACE!'

Sincere wishes for a Blessed and Merry Christmas to all!

Shirlene Condie-McVeigh

Did you Know?

Visitors receive their first impression of the church from the people that they first come into contact with. Visitors will often decide to become a regular worshipper or on the contrary, go elsewhere depending on how they are treated.

What Can You Do?

Welcome people you don't recognize and introduce yourself! Offer assistance to those who might need it. Invite others to your next meeting or to our social gatherings (don't forget to sit with them if they attend!) Smile and say, "I'm glad you can join us today."

If you were greeted poorly by a hotel clerk, a bank teller or a waiter how would you feel? Would you want to go back?

It sounds so cliché, but *you really can make a difference* in helping to make others feel a warm and generous welcome to the Cathedral!



Aiding Your Church ~ The Message of Stewardship

Thank you to those who have decided to use pre-authorized giving methods for 2020. This donation method is appreciated as it helps us budget.

This is a good time to review your stewardship options. You can donate through weekly envelopes (2020 envelopes are in the church); VISA or Mastercard or postdated cheques.

Have you reviewed your stewardship commitment since you began? If you are not currently donating—we need your support.

Talk to your financial advisor about making the Pro-Cathedral a recipient of ***securities*** (bonds, mutual funds, etc.); ***life insurance***, ***gift annuities***, ***endowment funds***, ***bequests***, ***real estate***, and ***gifts of retirement plan accumulations***.

The Pro-Cathedral needs everyone to become stewards of the gifts they have been given by God ... whether it is clothes for the poor, food for the hungry, or simply arms outreached to someone who is lonely.

Confirmation

We are currently reviewing our Confirmation program to make it a better experience for our students and parents alike. We have listened to suggestions from former candidates for Confirmation, parents and sponsors, and our leaders of our Confirmation program. Together with the leaders of the program, the priests in North Bay, and with the help of our young people's suggestions, our Confirmation program will be re-vamped. Because this process takes time - *the Sacrament of Confirmation will not be celebrated until the Fall of 2020.*

In the Fall of 2020, we will offer the Sacrament of Confirmation for those in Grades 7, 8 & 9 - to make sure that our young people do not miss this opportunity to receive this great Sacrament of the Holy Spirit. Questions, comments, or suggestions? Please contact the parish office.

Last weekend's Social Sunday was a BIG success! Approximately 120 people enjoyed a wonderful time with music and great food! There was excitement in the air and everyone enjoyed themselves.

Thank you so much to the volunteers who helped with preparation and clean-up. The Social could not have run without your assistance! A special thank you to Derek Erickson who donated dessert and a BIG thank you to Art and Lisa Henry, Brenda Passmore, Lesley McGinnis, Janet Poeta, Shirlene Condie-McVeigh, Cecile Robert and Jeff Borden for their awesome help!



Thank you to everyone who attended - may you be blessed this Christmas!

Michelle Chew

Thank You for Coming!





REGIONAL EVENTS

Free Christmas Dinner! On December 25 from 11 AM until 1 PM at the Pro-Cathedral's parish hall. Come and share a warm Christmas dinner with family and friends. Please don't be alone or hungry at Christmas. Everyone welcome!

Christ Anglican Church celebrates its 12th annual Christmas Carol Singalong on Sunday 22 December at 6:30 PM. Always a fun evening. A Perfect Fifth String/Piano Ensemble begins the evening with a selection of Christmas music. At 7:00 pm the Singalong begins featuring Christmas Carols old and new. Also featured is Shadow, a men's acapella group. Free! Bring a friend

The Promises of Fatima: Come pray the Rosary with a group of people who form a Fr. Gobbi Cenacle honouring our Blessed Virgin Mary. Wednesday mornings at 9:30 AM at St. Peter's Parish

Catechesis of the Good Shepherd Level I Training Session for those interested in becoming a catechesis working with the 3-6 year old child will be held March 2020. For more information and to register visit www.cgsac.ca>training or contact Erin Tayler at 840-8509

CLAY: A fun filled Catholic Youth Program for ages JK to Grade 6. Clay meets Thursday evenings from 6:30-8:00 PM at St. Gregory's School in Powassan. Enter via the back door (Gym Entrance). No charge. Come and join us for games, crafts and faith teachings in a fun filled environment. For information please contact Jessica Sheppard at (705) 496-6219 or jessicasheppard@gmail.com.

EDGE: NEW Catholic Youth Program: ALL students in Grade 6, 7 & 8 from any school or church are welcome to join our EDGE Youth Nights on Thursdays from 6:30-8:00 PM at Holy Name of Jesus Church. Each includes music, games, prayer, teaching and social time. Evenings are led by Catholic high school students, Fr. Daniele Muscolino and a team of volunteer adults. EDGE provides a safe, fun place for youth to find solid friendships and learn more about our Catholic faith. For more information visit www.holynamestalphonsus.com/edge or call 705-495-1501.

ASCENT: A Journey of Discipleship for Catholic Young Adults 18-35 A new Catholic educational and spiritual program. Deepen your faith, grow in your relationship with Jesus, and learn about what it means to be truly Catholic. Become a true disciple of Jesus and have your questions about the Catholic faith answered. Join us Sunday afternoons from 12:45- 2:30 PM at Holy Name of Jesus Church. For more info visit www.holynamestalphonsus.com/ascent

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CONTACT CANA FOR YOUR RELIGIOUS ARTICLES
Books & More! Email Kas or Alana at Email: cana12ca-na@gmail.com Tel: 705-776-2192

North Bay pregnancy Help & Resource Centre, 323 Algonquin Ave, North Bay, ON P1B 8J8. Open weekdays 10:00 AM–4:00 PM. Tel: 475-9270. Offering free pregnancy testing, optional counselling, a friendly non-judgmental ear, baby supplies, and community service referrals.

Marriage Preparation Weekend: 6:30 PM Friday 9:30 AM to 5:00 PM Saturday. Call Regional Catholic Services at 472-5821 to reserve your place. Material cost of $75 is payable at registration. Limited to 18 couples register soon! **2020 Dates: February 21-22, June 5-6, October 23-24.**

Catholic Charities collects clothing for free distribution to those in need. Clothing for men, women, children and infants, shoes, or accessories. Also towels, tea towels and sheet sets. Drop off to Catholic Charities entrance off Algonquin Tuesdays 9:00 to 11:30 AM or weekdays to the Pro-Cathedral Rectory (480 McIntyre Street West.). Items should be clean and in good repair.

Going into or Have a Sick Family Member in Hospital? Mass is celebrated every Wednesday at 3:00 PM by a parish priest at the North Bay General Spiritual Centre (West Wing Entrance). And ... Eucharist is distributed Wednesday, Friday and Sunday by ministers of Holy Communion. Let pastoral care know your family member would like to be added to the list for visitation.

Regional Catholic Charities Food Bank is looking for assistance for distribution of food and/or to help pickup and carry food into the Food Bank. Clients from the entire North Bay region are served by this non-denominational service. Their mandate is to provide free food and clothing service to clients in a manner that allows them to have dignity while receiving assistance. Catholic Charities consistently serve 50-100 clients each week. For more information on how you can help, please call Theresa at 476-1515.

Knights of Columbus Meetings
Corpus Christi Knights of Columbus Council 12106 now meet second Tuesday of each month with regular and executive meetings held the same day at the Canadian Forces Base Church (Queen of Peace). Contact: Art Tiernay at 358-1368
Knights of Columbus Council #1007 Executive Meeting at 6:30 PM and General Meeting at 7:00 PM on the first Wednesday of each month September to June at St. Peter's Church in the Parish Hall. Refreshments served. New or transferring members can contact Mike Joly at 495-1792.

Sisters of St. Joseph Present
Christian Meditation Beatitude "Blessed are the pure in heart" Tuesdays from 1:30-2:30 PM in the Holy Family Chapel. Join with others to experience contemplative prayer by entering into silence to open yourself to the love and presence of God.
Taize Prayer: Third Thursday of the month from 7:00-8:00 PM. A Taizé hour of worship involves song, periods of silence, a scripture reading and meditation, intercessory prayer and/or icons.

Adoration of the Blessed Sacrament



St. Alphonsus in Callander: Every Friday 8:30 AM to 12:00 Noon. First Friday 8:30 AM to 8:30 AM (24Hrs).
St. Peter the Apostle: First Wednesday of each month from 7:00 to 8:00 PM. Everyone is invited.
Holy Name of Jesus: **Please Note there will be no adoration from December 24 to January 3.**
Pro-Cathedral: First Friday of the month 10:00 AM to 12:00 Noon followed by 12:05 PM mass.
St. Joseph's Motherhouse second Sunday of the month from 3:30-4:30 PM in Holy Family Chapel and Pro-Cathedral First Friday 10:00 AM to 12:00 Noon.

WANT TO LEARN MORE ABOUT THE CATHOLIC FAITH?
KNOW SOMEONE WHO DOES?

- **Been THINKING ABOUT BECOMING A CATHOLIC for some time but never got around to doing anything about it?**
- **MARRIED TO A CATHOLIC, but not yet made a religious commitment of your own?**
- **INVOLVED IN THE PARISH here at the Pro-Cathedral but never taken the step towards becoming a member in full communion with the Church?**
- **BAPTISED, but not active in a church, or find yourself wanting more?**

Is the time right for you? Call the Parish Office to see how we can welcome you into the Church.