20 October 2019

29th Sunday in Ordinary Time

PRO-CATHEDRAL OF THE ASSUMPTION

480 McIntyre Street West North Bay, ON P1B 2Z4

Welcome to Your Father's House!



In the first reading, Moses needs help in keeping his hands raised so that Joshua will be victorious. Saint Paul reminds Timothy to remain faithful to what he has learned. In the Gospel, Jesus uses the parable of the persistent widow to remind the disciples *to pray always without becoming weary*. Endurance runners need a great deal of perseverance. They cannot expend all their energy at the beginning or they won't be able to complete the race. Nor can they run the race without the proper training, fuel and clear direction as to the route. We, too, need a tremendous amount of perseverance to run a race of good faith. Prepared by sacraments, fueled by grace and headed toward Jesus, we can reach the kingdom.

Our Parish Mission Statement

We, the members of the Pro-Cathedral of the Assumption community, believe that we have been called through Baptism to live the Good News of Jesus Christ under the patronage of Mary, our Mother. We accomplish this by proclaiming the Word, celebrating the Sacraments, & reaching out to others.

PASTOR **Most Rev. Marcel Damphousse , D. D.**
Bishop of Sault Ste. Marie

RECTOR
Msgr. Dave Tramontini

ASSISTANT
Rev. Rex Lumine

PERMANENT MINISTERS

Deacons

Rev. Mr. Albert Falconi
Rev. Mr. Donald Shago
Rev. Mr. Rick Hamelin
Rev. Mr. Gary Westenenk

Diocesan Order of Women

Mrs. Shirley Falconi
Mrs. Norma Milligan
Miss Ruth Godon

Our faith community dates back to 1886 when we were **originally located on Main Street West and called St. Mary's of** the Lake and the cornerstone of the existing Cathedral was laid in 1904. The history of our parish is recorded in the memories of thousands of people who built our community.



(705) 472-3970

(705) 494-8222

office@procathedral.ca

www.procathedral.ca

facebook.com/procathedral

Parish Sacraments



Marriage: Please pick up a Marriage Information Booklet in the Church Vestibule to review prior to contacting the parish office.

Anointing the Sick: Please call the parish office for more information.

Reconciliation: Every Saturday from 3:00 until 3:45 PM.

Eucharist: Please see mass schedule published in this bulletin. Call the parish office to arrange for a Eucharistic Minister to visit the sick and shut-in who are unable to attend Mass.

Adoration of the Blessed Sacrament: On the First Friday of each month from 10:00 AM until 12:00 noon.

Baptism: Please pick up a Baptism Information Booklet in the Church Vestibule to review prior to contacting the parish office.

The Pro-Cathedral is **wheel chair accessible**. The entrance to the elevator is on Algonquin Avenue. Please enter the vestibule and ring the bell for an attendant. Service available at all weekend masses. Weekday masses service available 11:30 AM to 12:45 PM. A **Hearing Aid System** is available for use by the hearing impaired. Please ask an Usher or Sacristan to assist you upon entering the church.

OFFICE HOURS THIS WEEK

Monday	**8:30 AM to 12:00 NOON**
Tuesday to Friday	**8:30 AM to 4:30 PM**

WEEKLY READINGS: 21 ~ 27 OCTOBER

Monday	Romans 4. 20-25; Luke 12. 13-21
Tuesday	Romans 5. 12, 15b, 17-21; Luke 12. 35-38
Wednesday	Romans 6. 12-18; Luke 12. 39-48
Thursday	Romans 6. 19-23; Luke 12. 49-53
Friday	Romans 7. 18.-25a; Luke 12. 54-59
Saturday	Romans 8. 1-11; Luke 13. 1-9
Sunday	Sirach 35. 15-17, 20-22; 2 Timothy 4. 6-8, 16-18; Luke 18. 9-14

DATE	TIME	WHAT'S UP?
October 22	7:00 PM	Baptism Preparation
October 23	7:00 PM	Bazaar Planning Meeting
October 24	1:00 & 6:30 PM	Coffee & Faith Drop-In
October 26	9:00 AM	CGS Atrium
October 2	11:00 AM	CWL Regional Lunch
October 27	10:00 AM	1st Reconciliation Meeting
November 3	11 AM Mass	Mass for the Bereaved

Coffee Time & Faith Drop-In



Each date listed we will view two 30 -minute DVD topics. No pre-requisites, no homework, all are welcome! You can choose to attend the day session (1:00-2:30 PM) or evening session (6:30-8:00 PM). We meet in the parish hall.

Untold Blessing: Three Paths to Holiness
October 10, 24, and 31
Our ultimate goal is to be a saint. It is our greatest calling and what is desired for us by our Creator.

Eucharist: November 7, 28
Experience for yourself the profound mystery of the Eucharist as: Sacred Meal, Sacrifice and Real Presence.

Conversion: Following the Call of Christ
December 5, 12, and January 9, 2020
The common theme in each story is the turning of all one's attention and energy toward an ever deeper, personal relationship with Jesus Christ.

Please contact Loulou Delarosbel 705-825-2455 to register (even if it is just a drop-in)

Mass for the Bereaved & The Book of Life



On November 2 we traditionally celebrate All Souls Day - a way of remembering and celebrating the lives of all those who have died.

This year, our celebration will be held at the 11:00 am mass on Sunday, November 3 with a social to follow in our Parish Hall.

Everyone is welcome to attend this mass and we extend a special invitation to those who have lost a loved one in the last year.

Each year at this time we also update "The Book of Life," our parish book that records the names of our deceased loved ones. The names of all those who have died from our parish during the past year (01 November 2018—28 October 2019) are recorded on the front page. For anyone who would like to update their page or add a page for their deceased loved ones, please contact the parish office for direction.

If you have lost a loved one in the last year call the office or droop us a note through the collection with the name of the deceased and your name and telephone number.
All names must be received by Wednesday, October 30.

MASS SCHEDULE
Weekday Masses are Held at 12:05 PM

Monday, 21 October - Weekday in Ordinary Time
Olga Bitonti-Guido - Rita and Bruno Azzano

Tuesday, 22 October - Weekday in Ordinary Time
Tony DeMarco - David Marleau

Wednesday, 23 October - Weekday in Ordinary Time
Devotion to Our Lady of Perpetual Help

In Honour of Brother André for Favours Received
Vincenzo Severino - Michelina and Nicola Candeloro

Thursday, 24 October - Weekday in Ordinary Time
Maria Rola - Donna Mauro
Maureen Lyle - Joe and Louise Defonzo

Friday, 25 October - Weekday in Ordinary Timie
Noreen Mantha - Tom and Nancy Hedican

4:00 PM Saturday, 26 Oct. - 30th Sunday in Ordinary Time
Sid Tomkins - Julie and Jan Wind
Intention of Rev. Mr. Rick Hamelin - Jeannette Hamelin

Sunday, 27 October - 30th Sunday in Ordinary Time
9:00 AM Tony DeMarco - Shirley Valenti
Intention of the Donors and those Remembered in the Pro-Cathedral Memorial Fund

11:00 AM Intention of the Parishioners - Msgr. Dave Tramontini

Note: Only weekday masses are announced verbally.



The primary duties and responsibilities of ushers is to welcome visitors & parishioners, escort them to seating, take up the collection, distribute bulletins, and provide a goodbye salutation after mass. This is a great opportunity to serve with very little time commitment required.

We really need ushers at our 9:00 AM mass. Could you help us out?

Have you Borrowed a Pyx from the Sacristy?

Please return any pyx you may not require anymore as we are short of them for others who may need them to bring Eucharist to our shut-ins.
Drop them off at the parish office please. Thank you!

COLLECTION - 06 OCTOBER	
Sunday Offering	**Building Fund**
$5,295.40	$735.00

PRE-AUTHORIZED DONATIONS SEPT	
Sunday Offering	**Building Fund**
$5,924.00	$1,529.00

Catholic Women's League
SERVICE—FAITH- JUSTICE

Christmas Bazaar & Tea Committee Meeting



There will be a meeting of the Bazaar Committee on Wednesday, October 23 at 7:00 PM in the Parish Hall. With the bazaar just around the corner it is important that all conveners please attend.



Tea Room volunteers needed! Please contact Kelly MacInnis at 476-5146 or at kellymacinnis@yahoo.ca Remember, many hands make light work.

The **Executive Committee** will be meeting on Monday, October 28 at 7:00 PM in the Lower Sacristy.

Regional Lunch
Saturday, October 26 at 11:00 AM
St. Alphonsus Liguori Parish Hall—Callander
Guest Speaker: (Our Own) Lisa Henry, Sault Ste. Marie Diocesan President-Elect/Membership & Organization Chair and Lead, Reorganization & Marketing Working Groups, Strategic Planning Committee
Topic: CWL Strategic Plan Update
Caterer: Tiny Italy Menu: Pasta Dish
Cost: $25.00 per person
Available from President, Shirlene, by calling 493-0718
Deadline to Purchase Tickets: Tuesday, October 22

WORLD MISSION SUNDAY

Today, on World Mission , we are invited to celebrate our mission's vocation, and to prayer for the people who are actively engaged in mission.

Almighty God, you sent your Son Jesus Christ to reconcile the world to yourself: We praise and bless you for those whom you have sent in the power of the Spirit to preach the Gospel to all nations. We thank you that in all parts of the earth a community of love has been gathered together by their prayers and labors, and that in every place your servants call upon your Name; for the kingdom and the power and the glory are yours for ever. Amen.

Please pray for all those working in the worldwide mission of the Church and remember to give generous help next week to their efforts.



Our next Baptismal Preparation Meeting will be held in the Lower Sacristy on TUESDAY, OCTOBER 22 beginning at 7:00 PM. Those who wish to register for this meeting to have their child baptized are asked to call the parish office by Monday, October 21.

Baptism Preparation is mandatory by Diocesan Policy.

Thank you to the many people who donated items for the Silent Auction held during the Lasagna Dinner.

Your generous gifts brought in $757. For the CWL 100th Anniversary.

Thank you as well to everyone who purchased these treasures. I hope you are enjoying your purchases.

And, thank you to my assistants, Mary-Lynn Truchon, Jeannette Ward, and Joe Defonzo.

Marilyn Halsall
Silent Auction

Widows Helping Widow's Group



"Widows helping widows is primarily a social support group and we gather for: coffee at Twiggs every Wednesday at 10 am, good movie & dinner, once/ month for lunch, catered Christmas dinner, annual healing Mass, as well as other social events as they arise throughout the year. We would love to have you join our group of widows. Please think about it. You can call Karen Beaulieu for more information at 495-6675. Looking forward to meeting you!

Holy Father's Prayer Intention for October

Evangelization: That the breath of the Holy Spirit **engender a new missionary "spring" in the Church.**

Jesus is our model for life as well as our model for evangelism. Whenever you have the opportunity to share the gospel with someone, why not ask yourself, "***What would Jesus do***?" There is only one Golden Rule that Jesus gave us and He said that it applies in all situations: "...***do to others what you would have them do to you...***" When we evangelize like Jesus, we imitate His methods and motives of evangelism. Jesus met each person where they were and He spoke directly to them using lingo that they would understand. As you read through the evangelistic encounters in the gospels, you will see a pattern of Jesus lovingly engaging individuals in conversation about the greatest need in their life. Evangelizing like Jesus takes the pressure off the person doing the evangelism and allows the Spirit of Jesus to shine through as we lovingly share life's greatest treasure with people in need. (Mark Weible—Renovate)

✝ MEMORIAL FUND ✝

The following name has been received at the request of donors in memory of our deceased friends and relatives:

ROSE MARIE LARSH MAUREEN LYLE
ADELE PALANGIO

If you are using one of the following envelopes—please call the parish office to verify. We have been posting donations to the number all year but don't know who you are**: 68 77 298**

Food Bank Sunday ~ Next Weekend

Our next Food Bank Collection will be held NEXT WEEKEND! Please be generous in helping to stock our shelves for our neighbours in need!



Vatican City — Resolving the global crises of world hunger and malnutrition demands a shift away from a distorted approach to food and toward healthier lifestyles and just economic practices, Pope Francis said.

"We are, in fact, witnessing how food is ceasing to be a means of subsistence and turning into an avenue of personal destruction," he said in his message to Qu Dongyu, director general of the Food and Agriculture Organization of the United Nations, to mark World Food Day Oct. 16. World Food Day marks the date the Food and Agriculture Organization was founded in 1945 to address the causes of world hunger.

Francis said he hoped the world day theme of 2019 -- "Our actions are our future: Healthy diets for a #ZeroHunger World" -- will be a reminder of how many people continue to eat in an unhealthy way.

"It is a cruel, unjust and paradoxical reality that, today, there is food for everyone, and yet not everyone has access to it, and that in some areas of the world food is wasted, discarded and consumed in excess, or destined for other purposes than nutrition," he said.

Francis also highlighted the vital role of the family in continuing traditions of sustainable farming and the production of nutritional products. "The battle against hunger and malnutrition will not end as long as the logic of the market prevails and profit is sought at any cost, with the result that food is relegated to a mere commercial product subject to financial speculation and with little regard for its cultural, social and indeed symbolic importance," the pope said in his message.

"When priority is given to the human person, humanitarian aid operations and development programs will surely have a greater impact and will yield the expected results," the pope concluded.

REGIONAL EVENTS

North Bay & Area Right to Life 36th Annual Dinner: Friday, November 1 at Best Western. Guest Speaker Jack Fonseca. Topic: For Life – Against the World. Doors Open 5:00 PM, Dinner at 6:00 PM. $30 - $20/Student. Tickets must be purchased in advance. Call JP: 476-0953, Nancy: 472-6099 Harley 752-4105 or Jeannine 724-3424.

Holy Name of Jesus 7th Annual Turkey Dinner! Join us on Sunday, November 10 and feast on delicious turkey and all the fixings!. Two sittings are available; 4:30 and 6:00 PM. Tickets are $15.00/Adults; $10.00/Children 10 & Under; and free for children under 5! Tickets are on sale now at Holy Name of Jesus Church during office hours Tue- Fri from 9:30 AM to 4:30 PM.

EDGE: NEW Catholic Youth Program: ALL students in Grade 6, 7 & 8 from any school or church are welcome to join our EDGE Youth Nights starting Thursday, October 17 from 6:30-8:00 PM at Holy Name of Jesus Church (and continuing every Thursday night after). Each EDGE Night includes time for music, games, prayer, teaching and social time. Evenings are led by Catholic high school students, Fr. Daniele Muscolino and a team of volunteer adults. EDGE provides a safe, fun place for youth to find solid friendships and learn more about our Catholic faith. EDGE presents Catholic teachings in a way that young people can understand and develop in their spiritual lives. For information visit www.holynamestalphonsus.com/edge or call 495-1501.

ASCENT: A Journey of Discipleship for Young Adults 18-35
A new Catholic educational and spiritual program for Young Adults 18-35 in North Bay begins October 20. Journey with other Catholic young adults in deepening your faith, growing in your relationship with Jesus, and learning about what it means to be truly Catholic. Become a true disciple of Jesus and have your questions about the Catholic faith answered. Join us Sunday afternoons from 12:45- 2:30 PM at Holy Name of Jesus Church. For more info visit www.holynamestalphonsus.com/ascent

North Bay pregnancy Help & Resource Centre, 323 Algonquin Ave, North Bay, ON P1B 8J8. Open weekdays 10:00 AM–4:00 PM. Tel: 475-9270. Offering free pregnancy testing, optional counselling, a friendly non-judgmental ear, baby supplies, and community service referrals.

Baytones Chorus looking for members – practice with us for 6-8 weeks and sing with us at our Christmas Concert! You don't need to read music to sing with us! Contact Dianne at diannecerka7@gmail.com for more information.

Healing and Prayer service Sunday 20 October at 7:00 PM, Christ Anglican Church, 312 Greenwood Avenue in North Bay. There will be a liturgy of music [traditional and contemporary], Scripture and a teaching based on the theme of healing, followed by an opportunity for individual prayer ministry. All are welcome.

Operation Warmth – Redeemer Lutheran Ferguson Street: Donations now accepted until November 22. Clean winter coats, boots, mitts, sweaters, blankets/sheets. Distribution November 4 to 29 Mon to Fri 9:00 AM to Noon and Mon to Thurs from 6:30 to 8:00 PM. Neighbours helping neighbours stay warm.

Sisters of St. Joseph Present
Christian Meditation Beatitude "Blessed are the pure in heart" Tuesdays from 1:30-2:30 PM in the Holy Family Chapel. Join with others to experience contemplative prayer by entering into silence to open yourself to the love and presence of God.
Taize Prayer: Third Thursday of the month from 7:00-8:00 PM. A Taizé hour of worship involves song, periods of silence, a scripture reading and meditation, intercessory prayer and/or icons.

YEO (Youth Evangelizing Others) is a Catholic Youth Group designed for grade 8-12 students with a mission to bring other teens to know Jesus through testimonies, talks, skits, and games. Friday nights at St. Joseph-Scollard Hall (McLeod Street Doors) 6:30-9:00 PM. For more information, contact Sam at 471-3284.

CLAY: A fun filled Catholic Youth Program for ages JK to Grade 6. Clay meets Thursday evenings from 6:30-8:00 PM at St. Gregory's School in Powassan. Enter via the back door (Gym Entrance). No charge. Registration form to be completed. Come out and join us for games, crafts and faith teachings in a fun filled and positive environment. For more information please contact Jessica Sheppard at (705) 496-6219 or jessicasheppard@gmail.com.

FEDERAL ELECTION MONDAY, 21 OCTOBER
TAKE THE TIME TO

