21 July 2019

16th Sunday in Ordinary Time

PRO-CATHEDRAL OF THE ASSUMPTION

480 McIntyre Street West North Bay, ON P1B 2Z4

Welcome to Your Father's House!

Our Parish Mission Statement

We, the members of the Pro-Cathedral of the Assumption community, believe that we have been called through Baptism to live the Good News of Jesus Christ under the patronage of Mary, our Mother. We accomplish this by proclaiming the Word, celebrating the Sacraments, & reaching out to others.

PASTOR **Most Rev. Marcel Damphousse , D. D.**
Bishop of Sault Ste. Marie

RECTOR
Msgr. Dave Tramontini

ASSISTANT
Rev. Rex Lumine

PERMANENT MINISTERS

Deacons
Rev. Mr. Albert Falconi
Rev. Mr. Donald Shago
Rev. Mr. Rick Hamelin
Rev. Mr. Gary Westenenk

Diocesan Order of Women
Mrs. Shirley Falconi
Mrs. Norma Milligan
Miss Ruth Godon

Our faith community dates back to 1886 when we were **originally located on Main Street West and called St. Mary's of** the Lake and the cornerstone of the existing Cathedral was laid in 1904. The history of our parish is recorded in the memories of thousands of people who built our community.



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Striking balance in our spiritual journey is a great challenge

In the first reading, Abraham gladly welcomes three strangers into his home. Saint Paul reminds us that it is always Jesus Christ we proclaim. In the Gospel, Martha and Mary welcome Jesus into their home in different ways. The attributes of both Martha and Mary are to be admired and imitated. By sitting at the feet of Jesus, we learn to accept the challenge to be of service to others. Christ remains the one to imitate in our daily interactions with others.

Parish Sacraments



Marriage: Please pick up a Marriage Information Booklet in the Church Vestibule to review prior to contacting the parish office.

Anointing the Sick: Please call the parish office for more information.

Reconciliation: Every Saturday from 3:00 until 3:45 PM.

Eucharist: Please see mass schedule published in this bulletin. Call the parish office to arrange for a Eucharistic Minister to visit the sick and shut-in who are unable to attend Mass.

Adoration of the Blessed Sacrament: On the First Friday of each month from 10:00 AM until 12:00 noon.

Baptism: Please pick up a Baptism Information Booklet in the Church Vestibule to review prior to contacting the parish office.

The Pro-Cathedral is **wheel chair accessible**. The entrance to the elevator is on Algonquin Avenue. Please enter the vestibule and ring the bell for an attendant. Service available at all weekend masses. Weekday masses service available 11:30 AM to 12:45 PM. A **Hearing Aid System** is available for use by the hearing impaired. Please ask an Usher or Sacristan to assist you upon entering the church.

OFFICE HOURS THIS WEEK

Monday	**8:30 AM to 12:00 NOON**
Tuesday & Wednesday	**8:30 AM to 4:30 PM**
Thursday & Friday	**OFFICE CLOSED**

READINGS 22 — 28 JULY

Monday	Song of Songs 3. 1-4a; John 20. 1, 11-18
Tuesday	Exodus 14. 21—15.1, 20-21; Mt. 12. 46, 48-50
Wednesday	Exodus 16. 1-5, 9-15; Matthew 13. 1-9
Thursday	2 Corinthians 4. 7-15; Matthew 20. 20-28
Friday	Sirach 44. 1, 8, 10-15; Matthew 13. 16-17
Saturday	Exodus 24. 3-8; Matthew 13. 24-30;
Sunday	Genesis 18. 20-32; Colossians 2. 12-14; Luke 11. 1-13

Are You a Martha, or a Mary?

"Martha, Martha," the Lord answered, "you are worried and upset about many things, but few things are needed—or indeed only one. Mary has chosen what is better, and it will not be taken away from her." – Luke 10:41-42

Jesus and his disciples had come to the home of Lazarus for a visit. While he was there, Lazarus' sister Martha was busy cooking dinner and making other arrangements for entertaining her guests. And while she was hurriedly rushing about, her sister Mary was sitting at Jesus' feet, listening to what he had to say. Finally, Martha had enough and asked Jesus to send Mary to the kitchen to help with dinner.

Jesus' gentle rebuke to Martha is very instructional. How often do I get so busy that I fail to spend time sitting at Jesus' feet. It seems like there is always something that needs to be done. And after I do this one pressing thing, I will have the time to spend with Jesus. But that one more thing ends up being one more, and one more, and one more, endlessly. And all the time Jesus is calling for me to come and spend time with him.

Clearly there are some things I need to do in this life. I don't believe that Jesus is telling us to drop everything and spend 24 hours a day sitting at his feet. But I do believe that Jesus is telling us that there is nothing more important in this life than spending time with him. We need to make it a priority to spend some time each day sitting at his feet. Martha's service was good, and important. But Mary choose the better way.

Ed Jarrett, A Clay Jar

Food Bank Sunday ~ Next Weekend

Our next Food Bank Collection will be held NEXT WEEKEND! Please be generous in helping to stock our shelves for our neighbours in need!



Development and Peace Stamp Collection



The stamps affixed on the right corner of your envelopes can be very useful. Members of Development and Peace, who are philatelists, sell them to stamp collectors. The proceeds will help fund development projects. If you wish to support this initiative, simply cut off the stamps from your envelopes without damaging perforations, and drop them into the collection basket in baggies or envelopes.

Our D & P Coordinator, Lorraine Atchison, made a delivery of stamps at a recent gathering for Development and Peace members. Thank you so much for continuing to collect and drop off the stamps. We appreciate your support!

Choose Friends over Fragrance—it just makes scents!

Many people have invisible disabilities some like COPD, asthma, and allergies. Some people experience limited access to public places due to the overuse of scents that come from perfume, deodorants, and aftershaves. We ask that when you attend church, please consider these people before applying products, or better yet, if you can refrain from using them at all—this may be a "gift" to your pew friends. Thank you!

Holy Land Wood Art— Coming this September!



The main income for the Christian community of Bethlehem—The Birth Place of Jesus—is selling their handcrafted olive wood religious items to the pilgrims who visit the area. The past few years have been extremely hard for the community as a result of declining tourism. Some Christians responded by fleeing the Holy Land, and the absence of a living Christian community is very dangerous for the Holy Sites such as the Church of The Nativity. On September, 21 & 22, we will be having some of their beautiful art held for sale in an effort to strengthen the Christian presence in the Holy Land.



Regional Notices are Posted in the Cathedral Display Case

MASS SCHEDULE

Weekday Masses are Held at 12:05 PM

Monday, 22 July - St. Mary Magdalene, Disciple of the Lord
COMMUNION SERVICE

Tuesday, 23 July - Weekday in Ordinary Time
Intention of Paul Smith - Friends
Intention of Marlene Pedersen - Divine Will Prayer Group

Wednesday, 24 July - Weekday in Ordinary Time
Devotion to Our Lady of Perpetual Help

Teresa and Frank Piekarski - Trudy, George and Jillian
Sam Verrillo - Giuseppina Verrillo and Family

Thursday, 25 July - Feast of St. James, Apostle
For Holy Souls in Purgatory
Intention of Ann Sullivan - Sharon Phillips
Intention of Paul Aultman - Friends

Friday, 26 July - Feast of St. Anne and St. Joachim
Francis Moran - Thérèse Evans
Intention of Mike and Dana - Ray and Marlene Walter

4:00 PM Saturday, 27 July - 17th Sunday in Ordinary Time
Frank Toth - Aurelia Toth and Family
For a Special Intention - John and Carol Rowe

Sunday, 28 July - Seventeenth Sunday in Ordinary Time
9:00 AM Bill Balfour - Mary-Ellen Balfour and Family
Francis Ronan - William DeGrosbois
Intention of the Donors and those Remembered in the Pro-Cathedral Memorial Fund

11:00 AM Intention of the Parishioners - Msgr. Dave Tramontini

Note: Only weekday masses are announced verbally.

COLLECTION - 14 JULY	
Sunday Offering	**Building Fund**
$5,231.60	**$18,622.10**

VISA/MASTERCARD JULY	
Sunday Offering	**Building Fund**
$2,885.67	**$551.00**



Please consider electronic gifting or making a larger than normal donation in the summer to help us cover our summer expenses.

Thank you for your kind consideration!

PARISH REGISTRATION:

Please help keep our records up-to-date! You may bring this form to the parish office or place in the collection.

Name: _____ Email: _____

Address: _____ Phone: _____

City: _____ P/C: _____ Cell Phone: _____

☐ I am new to the parish and I wish to register
☐ I am unsure if registered, please check
☐ I have recently moved, please update



I wish to donate using:
Contribution Envelopes ☐
VISA/MasterCard ☐
Pre-Authorized Bank Donations ☐