14 July 2019

15th Sunday in Ordinary Time

PRO-CATHEDRAL OF THE ASSUMPTION

480 McIntyre Street West North Bay, ON P1B 2Z4

Welcome to Your Father's House!

Our Parish Mission Statement

We, the members of the Pro-Cathedral of the Assumption community, believe that we have been called through Baptism to live the Good News of Jesus Christ under the patronage of Mary, our Mother. We accomplish this by proclaiming the Word, celebrating the Sacraments, & reaching out to others.

PASTOR **Most Rev. Marcel Damphousse , D. D.**
Bishop of Sault Ste. Marie

RECTOR
Msgr. Dave Tramontini

ASSISTANT
Rev. Rex Lumine

PERMANENT MINISTERS

Deacons
Rev. Mr. Albert Falconi
Rev. Mr. Donald Shago
Rev. Mr. Rick Hamelin
Rev. Mr. Gary Westenenk

Diocesan Order of Women
Mrs. Shirley Falconi
Mrs. Norma Milligan
Miss Ruth Godon

Our faith community dates back to 1886 when we were **originally located on Main Street West and called St. Mary's of** the Lake and the cornerstone of the existing Cathedral was laid in 1904. The history of our parish is recorded in the memories of thousands of people who built our community.



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God's commandments are written in our hearts.

In the first reading, Moses calls on the people to heed the voice of God written in their hearts. The second reading reminds us of Christ Jesus as the image of the invisible God, through whom all things were created and who made peace by the blood of his cross. In the Gospel, Jesus points to the Good Samaritan, with his unselfish works of mercy, as an example of a good neighbor. Today we are challenged to love God with our entire being and our neighbor as ourselves. On the face of it, these are difficult commandments to live out day after day, but Moses reminds us that they are written in our hearts. Our task is to listen to God's word and carry it out at each moment, in each situation we face.

Parish Sacraments



Marriage: Please pick up a Marriage Information Booklet in the Church Vestibule to review prior to contacting the parish office.

Anointing the Sick: Please call the parish office for more information.

Reconciliation: Every Saturday from 3:00 until 3:45 PM.

Eucharist: Please see mass schedule published in this bulletin. Call the parish office to arrange for a Eucharistic Minister to visit the sick and shut-in who are unable to attend Mass.

Adoration of the Blessed Sacrament: On the First Friday of each month from 10:00 AM until 12:00 noon.

Baptism: Please pick up a Baptism Information Booklet in the Church Vestibule to review prior to contacting the parish office.

The Pro-Cathedral is **wheel chair accessible**. The entrance to the elevator is on Algonquin Avenue. Please enter the vestibule and ring the bell for an attendant. Service available at all weekend masses. Weekday masses service available 11:30 AM to 12:45 PM. A **Hearing Aid System** is available for use by the hearing impaired. Please ask an Usher or Sacristan to assist you upon entering the church.

OFFICE HOURS THIS WEEK

Monday & Tuesday	**OFFICE CLOSED**
Wednesday & Thursday	**8:30 AM to 4:30 PM**
Friday	**OFFICE CLOSED**

READINGS 15 — 21 JULY

Monday	Exodus 1. 8-14, 22; Matthew 10. 34—11.1
Tuesday	Exodus 2. 1-15a; Matthew 11. 20-24
Wednesday	Exodus 3. 1-6, 9-12; Mathew 11. 25-27
Thursday	Exodus 3. 13-20; Matthew 11. 28-30
Friday	Exodus 11. 10-12. 14; Matthew 12. 1-8
Saturday	Exodus 12. 37-42; Matthew 12. 14-21
Sunday	Genesis 18. 1-10a; Colossians 1. 24-28; Luke 10. 38-42

The Spiritual and Corporal Works of Mercy illustrate the ways to show charity toward others by coming to the aid of our neighbor.

The Corporal Works of Mercy

- Feed the hungry
- Give drink to the thirsty
- Clothe the naked
- Shelter the homeless
- Visit the sick
- Visit the imprisoned
- Bury the dead



The Spiritual Works of Mercy

- Admonish the sinner
- Instruct the ignorant
- Counsel the doubtful
- Comfort the sorrowful
- Bear wrongs patiently
- Forgive all injuries
- Pray for the living and the dead



Blessings to SOPHIE ST. MARTIN who celebrated First Eucharist on June 30. We hope you will be forever connected to His love, peace and blessings. May the happiness of this special occasion be with you always and may you feel the light of the Lord shining down upon you. Happy First Communion!

Summer Ideas for Families

Many Catholic families aren't entirely sure how to encourage old-fashioned family bonding time without the intrusion of technological devices. You and your family can reconnect with creation by contemplating the beauty, wonder, and simple riches God created for us to use and enjoy. Here are a few suggestions for you and your family to enter the summer months with purpose.

***Reconnect with nature*:** God provided the landscape for us to connect with Him and with each other. All we have to do is create the moments. Go on a nature hike or a quiet walk. Take a swim in Lake Nipissing (after the shads are gone lol!) or Trout Lake. How many years has it been since you did that?!

Go stargazing: Even if you don't own a telescope, taking a drive into the country on a clear summer's night to watch the stars is amazing! Pondering the immensity of the cosmos in relation to our miniscule presence on earth is another gateway into conversation about God's vastness and our gratitude for the beauty of the night sky.

Have a picnic: Head to one of our local beaches or a neighbourhood playground. Surprise your spouse with dinner in the garden! It's also a great way to get the kids outside, too.

Go birdwatching: Don't forget your binoculars! Try and identify birds by their song or colour.

Make a time capsule: Collect photos, holy cards, favorite prayers or Bible verses, fond memories, and other trinkets or memorabilia to include in your time capsule.

Attend one of our Daily Masses: Take a walk to the Cathedral. Weekday masses at 12:05 pm are only ½ hour in length. Attending is a great way for families to grow in faith together.

I wanted to take this opportunity to thank the people of the Pro-Cathedral for all the guidance, kudos and fellowship you gave me throughout the year.

It was difficult to leave as I have come to call so many of you my good friends, but unfortunately, my time has ended, and I need to continue my studies at the seminary. You all will have a special place in my heart that only God knows and rest assured you will be in my prayers.

It has been a great experience learning from Monsignor Dave and his team and all the other members of the Church. I have not only become a better person, but I have also grown as a follower of Christ.

Thank you for your mentorship throughout this entire process and your prayers.

God Bless,

Chad Franklin



MASS SCHEDULE

Weekday Masses are Held at 12:05 PM

Monday, 15 July - St. Bonaventure, Bishop/Doctor
COMMUNION SERVICE

Tuesday, 16 July - Weekday in Ordinary Time
Intention of Judy and Robert - Ray and Marlene Walter
Lydia Commanda - Lila Legault

Wednesday, 17 July - Weekday in Ordinary Time
Devotion to Our Lady of Perpetual Help

In Thanksgiving - A Parishioner

Thursday, 18 July - Weekday in Ordinary Time
For Holy Souls in Purgatory
Henry Gauthier - Kathleen and Family

Friday, 19 July - Weekday in Ordinary Time
Anne Langmark - Thérèse Evans

4:00 PM Saturday, 20 July - 16th Sunday in Ordinary Time
Katie and Lorne Brownson - John and Carol Rowe
Jack O'Connor - Patsy Stone

Sunday, 21 July - Sixteenth Sunday in Ordinary Time
9:00 AM Tom Atchison - Lorraine Atchison and Family
Intention of Bev Brown - Robert and Judy

11:00 AM Intention of the Parishioners - Msgr. Dave Tramontini

Note: Only weekday masses are announced verbally.

COLLECTION - 30 JUNE	
Sunday Offering	**Building Fund**
$6,136.05	**$890.00**

COLLECTION - 07 JULY	
Sunday Offering	**Building Fund**
$6,713.05	**$1,078.50**



Please consider electronic gifting or making a larger than normal donation in the summer to help us cover our summer expenses.

Thank you for your kind consideration!



New to the Cathedral?
Please Register so we can get to know you better!

PARISH REGISTRATION:

Please help keep our records up-to-date! You may bring this form to the parish office or place in the collection.

Name: _____ Email: _____

Address: _____ Phone: _____

City: _____ P/C: _____ Cell Phone: _____

☐ I am new to the parish and I wish to register

☐ I am unsure if registered, please check

☐ I have recently moved, please update



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