23 JUNE 2019

THE BODY & BLOOD OF

# PRO-CATHEDRAL OF THE ASSUMPTION

480 McIntyre Street West North Bay, ON P1B 2Z4

## Welcome to Your Father's House!




Returning from battle, Abraham meets the king of Salem who invites him to offer bread and wine to the Lord. In what is the first written account of the Last Supper, Saint Paul reminds us that he is handing on what he received regarding the true meaning of the Eucharist. Jesus welcomes the crowd and feeds them in the Gospel, instructing his disciples to do the same. As the source and summit of our faith, we celebrate Christ's enduring presence with us in the mystery of the Eucharist. Here we encounter his love and healing, here we are strengthened and nourished to live the Gospel and to hope for a share in his eternal life.

## *Our Parish Mission Statement*

***We, the members of the Pro-Cathedral of the Assumption community, believe that we have been called through Baptism to live the Good News of Jesus Christ under the patronage of Mary, our Mother. We accomplish this by proclaiming the Word, celebrating the Sacraments, & reaching out to others.***

**PASTOR** **Most Rev. Marcel Damphousse , D. D.**
Bishop of Sault Ste. Marie

**RECTOR**
**Msgr. Dave Tramontini**

**ASSISTANT**
**Rev. Rex Lumine**

**PASTORAL INTERN**
**Mr. Chad Franklin,** Seminarian

### PERMANENT MINISTERS

***Deacons***
Rev. Mr. Albert Falconi
Rev. Mr. Donald Shago
Rev. Mr. Rick Hamelin
Rev. Mr. Gary Westenenk

***Diocesan Order of Women***
Mrs. Shirley Falconi
Mrs. Norma Milligan
Miss Ruth Godon

Our faith community dates back to 1886 when we were **originally located on Main Street West and called St. Mary's of** the Lake and the cornerstone of the existing Cathedral was laid in 1904. The history of our parish is recorded in the memories of thousands of people who built our community.



**(705) 472-3970**
**(705) 494-8222**
**office@procathedral.ca**
**www.procathedral.ca**
**facebook.com/procathedral**

## Parish Sacraments



**Marriage:** Please pick up a Marriage Information Booklet in the Church Vestibule to review prior to contacting the parish office.

**Anointing the Sick**: Please call the parish office for more information.

**Reconciliation:** Every Saturday from 3:00 until 3:45 PM.

**Eucharist:** Please see mass schedule published in this bulletin. Call the parish office to arrange for a Eucharistic Minister to visit the sick and shut-in who are unable to attend Mass.

**Adoration of the Blessed Sacrament:** On the First Friday of each month from 10:00 AM until 12:00 noon.

**Baptism:** Please pick up a Baptism Information Booklet in the Church Vestibule to review prior to contacting the parish office.

The Pro-Cathedral is **wheel chair accessible**. The entrance to the elevator is on Algonquin Avenue. Please enter the vestibule and ring the bell for an attendant. Service available at all weekend masses. Weekday masses service available 11:30 AM to 12:45 PM. A **Hearing Aid System** is available for use by the hearing impaired. Please ask an Usher or Sacristan to assist you upon entering the church.

## OFFICE HOURS THIS WEEK

| | |
|---|---|
| **Monday** | **8:30 AM to 12:00 NOON** |
| **Tuesday-Thursday** | **8:30 AM to 4:30 PM** |
| **Friday** | **OFFICE CLOSED** |

## READINGS 24-30 JUNE

| | |
|---|---|
| Monday | Isaiah 49. 1-6; Acts 13. 22-26; Lk. 1. 57-66, 80 |
| Tuesday | Genesis 13. 2, 5-18; Matthew 7. 6, 12-14 |
| Wednesday | Genesis 15. 1-12, 17-18; Matthew 7. 15-20 |
| Thursday | Genesis 1-12, 15-16; Matthew 7. 21-29 |
| Friday | Ezekiel 34. 11-16; Romans 5. 5b-11; Lk. 15. 3-7 |
| Saturday | Acts 12. 1-11; 2 Timothy 4. 6-8, 17-18; Matthew 16. 13-19 |
| Sunday | 1 Kings 19. 16b, 19-21; Galatians 5. 1, 13-18; Luke 9. 51-62 |

## Most Holy Body & Blood of Christ



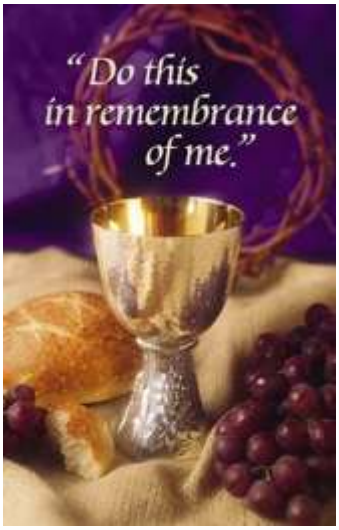
While they were eating, he took bread, said the blessing, broke it, gave it to them, and said, "Take it; this is my body." Then he took a cup, gave thanks, and gave it to them, and they all drank from it. He said to them, "This is my blood of the covenant, which will be shed for many."

Corpus Christi (Body and Blood of Christ) is a Eucharistic solemnity, or better, the solemn commemoration of the institution of that sacrament. It is, moreover, the Church's official act of homage and gratitude to Christ, who by instituting the Holy Eucharist gave to the Church her greatest treasure.

The Eucharist is a great mystery, a great miracle and a great gift. As St. Paul reminded the Church in Corinth. It was at the last super that Jesus took bread and wine and said this my body this is my blood and we believe that this is true and that Jesus is really and truly here body blood soul and divinity.

When you came into the church, you genuflected or made a deep bow. Why? because we believe that the Lord Jesus is here in the tabernacle. Eucharistic ministers will go to homebound parishioners with the Sacrament. Why? Because they believe Jesus is coming to them in this sacramental form. And we are all gathered here in this Church Why? Because we believe that we are going to participate in a 2000 year old ritual. We believe that Jesus will be present to us here on this altar. Jesus Christ here among us in this fragile form. Isn't that a great mystery? Isn't that a great miracle? Isn't that a great gift?

***O God, who in this wonderful Sacrament have left us a memorial of your Passion, grant us, we pray, so to revere the sacred mysteries of your Body and Blood that we may always experience in ourselves the fruits of your redemption. Who live and reign with God the Father in the unity of the Holy Spirit, on God, for ever and ever.***




**Blessings to all our children celebrating First Eucharist this weekend.**

**Names will be published in next weekend's bulletin.**



# MASS SCHEDULE

**Weekday Masses are Held at 12:05 PM**

**Monday, 24 June - The Nativity of Saint John the Baptist**
**COMMUNION SERVICE**

**Tuesday, 25 June - Weekday in Ordinary Time**
Vince Pugliese Sr. - The Family
Intention of Sharon Marier - The Lobo Family

**Wednesday, 26 June - Weekday in Ordinary Time**
**Devotion to Our Lady of Perpetual Help**

Yolanda Scaglione - Rosetta and Salvatore Tignanelli
Theresa Barnett - Diane Rousseau

**Thursday, 27 June - Weekday in Ordinary Time**
For Holy Souls in Purgatory
Intention of Edward Malconian - The Lobo Family

**Friday, 28 June - The Most Sacred Heart of Jesus**
Jeanne Hodgins - Vivian Molnar
Bill Balfour - Mary-Ellen Balfour and Family

**4:00 PM Saturday, 29 June -13th Sunday in Ordinary Time**
Vincent Pugliese Sr. - Cecile Robert
For a Special Intention - John and Carol Rowe

**Sunday, 30 June - Thirteenth Sunday in Ordinary Time**
**9:00 AM** Helen Duquette - The Morrissette Family
Intention of the Donors and those Remembered in the Pro-Cathedral Memorial Fund

**11:00 AM** Intention of the Parishioners - Msgr. Dave Tramontini

## MARRIAGE BANNS

There is a promise of marriage between:

Michael Aidan Carey, son of Charles Carey & Alice (Wilcockson) and Dana Irene Anne Montgomery, daughter of Richard Montgomery & Judith (Kelly). ♥

| COLLECTION - 16 JUNE | |
|---|---|
| **Sunday Offering** | **Building Fund** |
| **$5,212.85** | **$924.50** |

## PRO-CATHEDRAL GLORY GARDENS
## BEAUTIFICATION OF THE GARDENS HAS BEGUN

Check out the Sign Garden in the Parking Lot!



Many of the other gardens have been made ready for donations of plants from your gardens such as yellow day lilies, Iris (any color) Sedum, Hosta, and any other perennial you can share. Annuals, the colors of summer would also be most welcome to help brighten up our gardens.

Help us to keep our grounds and gardens beautiful.

*Thank You to those who contribute so willingly of their time and donations.*

## SOCIAL SUNDAY



**Thank you to everyone who joined us at our Social Sunday last weekend. It was a special day of blessings as we thanked Chad Franklin, our Seminarian, for his ministry here at the Cathedral. Chad is with us for his "Pastoral Year" which provided him with the opportunity to see and experience, in a parochial setting, the realities of life in a parish. He will return to St. Peter's Seminary in the Fall and we wish him well.**

**A HUGE THANK YOU to Jeff and Ethan Borden, Dick Dolighan, Annette Dutrisac, Art and Lisa Henry and Hailey for all their assistance at the Social.**

Check out all our pictures on our website under Current News and on Facebook as well!

### Choose Friends over Fragrance—it just makes scents!

Many people have invisible disabilities some like COPD, asthma, and allergies. Some people experience limited access to public places due to the overuse of scents that come from perfume, deodorants, and aftershaves. We ask that when you attend church, please consider these people before applying products, or better yet, if you can refrain from using them at all—this may be a "gift" to your pew friends. Thank you!

### Holy Land Wood Art—Coming this September!

The main income for the Christian community of Bethlehem -The Birth Place of Jesus-is selling their hand-crafted olive wood religious items to the pilgrims who visit the area. The past few years have been extremely hard for the community as a result of declining tourism.
Some Christians responded by fleeing the Holy Land, and the absence of a living Christian community is very dangerous for the Holy Sites such as the Church of The Nativity. On September, 21st & 22nd, we will be having some of their beautiful art held for sale in an effort to strengthen the Christian presence in the Holy Land. These items make wonderful gifts!

### Check out this YouTube Video "The Story of Bottled Water"

https://youtu.be/Se12y9hSOM0

Take back the tap! When and where possible, avoid bottled water.

## CATHOLIC WOMEN'S LEAGUE

**Care for our Common Home** - Weekly Tip for Water Conservation – Operate your dishwasher and washing machine only when full.

The Federation of the Sisters of St. Joseph are united as a Blue Community. "Water is the first medicine." For more information visit www.bluecommunitycsj.org

**Membership reminder** – On behalf of Brenda Passmore, Membership Chairperson, CWL members who have paid their 2019 membership can pick up their membership cards from the CWL box on the table on the right hand side when you come into the church.

### LOOKING FOR SOMETHING SPECIAL?

Ladies, some of you have been asking about CWL scarves, CWL scarf pins, Pin Ribbons and 100th Anniversary pins!

**The prices are as follows**:

| | | | |
|---|---|---|---|
| **Scarf** | **$25.00** | **Scarf Pin** | **$17.00** |
| **Anniversary Pin** | **$11.00** | **Pin Ribbons** | **$12.00** |

All prices include tax shipping and handling. For your convenience, if you would like any one of these items we will order for you.

**Note: Payment is necessary before the order is placed.**




**Contact Annette Dutrisac at 495-3584 or annette.d@live.ca**

**Bazaar 2019 – Do you have a knack for organizing?** Can you hardly wait for the joyous spirit of the Christmas season? If this sounds like you, we are looking to fill the Christmas Tea & Bazaar Convener and Co-convener positions. If you are interested or would like more information please contact Leah Pierce, Convener, at 472-5687, or at pn.thebay@gmail.com. Remember you will have an army of volunteers to help make the bazaar a huge success!

**The first Christmas Bazaar and Tea meeting will take place on *Thursday, June 27 in the Parish Hall at 6:30 PM*. This year's theme will, once again, be *Let it Snow, Let it Snow, Let it Snow!***

***Come out to this gathering if you can assist with the bazaar—many hands make for light work!***

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A teenage boy had just passed his driving test and inquired of his father as to when they could discuss his use of the car.
His father said he'd make a deal with his son, "You bring your grades up from a C to a B average, study your Bible a little and get your hair cut. Then we'll talk about the car."
The boy thought about that for a moment, decided he'd settle for the offer and they agreed on it.
After about six weeks his father said, "Son, you've brought your grades up and I've observed that you have been studying your Bible, but I'm disappointed you haven't had your hair cut."
The boy said, "You know, Dad, I've been thinking about that, and I've noticed in my studies of the Bible that Samson had long hair, John the Baptist had long hair, Moses had long hair, and there's even strong evidence that Jesus had long hair."
(You're going to love the Dad's reply!) *"Did you also notice that they all walked everywhere they went?"*

**Pope's message for World Day of Migrants and Refugees 2019**

"*It is not just about migrants."* This is the theme of the message Pope Francis issued on May 27, 2019, for the World Day of Migrants and Refugees 2019, to be held this coming September 29.

The Pope's message says: Migrants, refugees, displaced persons and victims of trafficking have become emblems of exclusion. In addition to the hardships that their condition entails, they are often looked down upon and considered the source of all society's ills. That attitude is an alarm bell warning of the moral decline we will face if we continue to give ground to the throw-away culture.

"The presence of migrants and refugees – and of vulnerable people in general – is an invitation to recover some of those essential dimensions of our Christian existence and our humanity that risk being overlooked in a prosperous society. That is why *it is not just about migrants*. When we show concern for them, we also show concern for ourselves, for everyone; in taking care of them, we all grow; in listening to them, we also give voice to a part of ourselves that we may keep hidden because it is not well regarded nowadays."

## REGIONAL EVENTS

**North Bay pregnancy Help & Resource Centre**, 323 Algonquin Ave, North Bay, ON P1B 8J8. Open weekdays 10:00 AM–4:00 PM. Tel: 475-9270. Offering free pregnancy testing, optional counselling, a friendly non-judgmental ear, baby supplies, post-abortion grief counselling, and community service referrals.

**The Promises of Fatima:** Come pray the Rosary with a group of people who form a Fr. Gobbi Cenacle honouring our Blessed Virgin Mary. Wednesday mornings at 9:30 AM at St. Peter's Parish.

**Summer Retreat at Villa Loyola "Discovering Our Prayerful Balance: Remaining Socially and Pastorally Engaged... with Contemplative Awareness".** Drawing upon the contemplative wisdom and perception of the founder of the Jesuit religious order, Saint Ignatius of Loyola, this summer retreat will prayerfully ponder how we may balance busy, socially engaged lives with greater prayerful rootedness. During this time of personal reflection we will prayerfully ponder how St. Ignatius and other more contemporary Christian wisdom figures. From Sunday August 11 (7pm) to Friday August 16 (1pm) with Director, Fr. Trevor Scott, S.J.
**Cost:** $500.00 all inclusive. For more information contact Villa Loyola at 705-522-3502, Ext. 0 or email loyola@isys.ca

**Knights of Columbus Meetings**

**Fr. Michael Cundari Council, 12030 at Holy Name Church:** General Meeting third Tuesday of each month at 7:30 PM
Contact: Joe Sinicrope at 497-0604
**Corpus Christi Knights of Columbus Council 12106** now meet second Tuesday of each month with regular and executive meetings held the same day at the Canadian Forces Base Church (Queen of Peace). Contact: Art Tiernay at 358-1368
We also collect pop cans for charity work. Please drop off your cans at Holy Name Church beside the Garage.
**Knights of Columbus Council #1007** Executive Meeting at 6:30 PM and General Meeting at 7:00 PM on the first Wednesday of each month September to June at St. Peter's Church in the Parish Hall. Refreshments served. New or transferring members can contact Mike Joly at 495-1792.

**CONTACT CANA FOR YOUR RELIGIOUS ARTICLES**
**Books & More! Email Kas or Alana at**
**cana12cana@gmail.com or 705-776-2192**

## Missing Fr. Rex?

The coverage for Christ the King in Sudbury is now extended until the end of July but he will be back with us soon!

**Adoration of the Blessed Sacrament**

**St. Alphonsus in Callander:** Every Friday 8:30 AM to 12:00 Noon. First Friday 8:30 AM to 8:30 AM (24Hrs).
**St. Peter the Apostle:** First Wednesday of each month from 7:00 to 8:00 PM. Everyone is invited.
**Holy Name of Jesus**: Tuesday to Friday 11:30 AM to 4:30 PM. To make a weekly one-hour commitment, please call Gisele Champagne at 497-1911.
**Pro-Cathedral**: First Friday of the month 10:00 AM to 12:00 Noon followed by 12:05 PM mass.
**St. Joseph's Motherhouse** first Sunday of the month from 3:30-4:30 PM in Holy Family Chapel and Pro-Cathedral First Friday 10:00 AM to 12:00 Noon.

**Marriage Preparation Weekend**

October 25-26 6:30 PM Friday 9:30 AM to 5:00 PM Saturday. Call Regional Catholic Services at 472-5821 to reserve your place. Material cost is payable at registration. Limited to 18 couples register soon!

**Sisters of St. Joseph – Motherhouse Present:**
**Christian Meditation:** Tuesdays 1:30-2:30 PM at the Motherhouse. Contemplative prayer is the opening of oneself to the love of the Spirit of God.
**Taize Prayer:** Third Thursday each month 7:00--8:00 PM in the Holy Family Chapel. Taize prayer includes song, scripture, and silence. The silence is to meditate and pray for openness to God's presence in our lives, and Peace in the world.

**Catholic Charities** collects clothing for free distribution to those in need. Clothing for men, women, children and infants, shoes, or accessories. Also towels, tea towels and sheet sets. Drop off to Catholic Charities entrance off Algonquin Tuesdays 9:00 to 11:30 AM or weekdays to the Pro-Cathedral Rectory (480 McIntyre Street West.). Items should be clean and in good repair. PLEASE — Due to Space Limitation Seasonal Clothing Only!

**Is your child starting Kindergarten this September?** Contact your nearest English Catholic School and join us for a kindergarten orientation session. For a list of schools and their orientation dates visit www.npsc.ca

**Going into or Have a Sick Family Member in Hospital?** Mass is celebrated every Wednesday at 3:00 PM by a parish priest at the North Bay General Spiritual Centre (West Wing Entrance). And ... Eucharist is distributed Wednesday, Friday and Sunday by ministers of Holy Communion. Let pastoral care know your family member would like to be added to the list for visitation.

**North Bay Symphony looking for people who would like to billet** musicians from time-to-time. Two free tickets to concert when you are a billet. For more information, contact Kay Heuer at 474-8794 or at kaymheuer@gmail.com

**North Bay Community Blood Donor Clinics** held every second Wednesday! Held 1-2:30 PM and 4-7:30 PM. Please book your appointment at www.blood.ca or call 1-888-236-6283

**Church Attendance Affected Everywhere: Korea's smallest diocese frets about future on 50th Birthday**

Hundreds of parishioners turned up to celebrate the 50th anniversary of South Korea's smallest diocese on May 26, but while a strong rural community and 91 priests remain in Andong, attendance levels at local churches have hit new lows as much of its flock has vanished.
"At one time, there were 711,317 people. Today, there are only 51,909 of them left.