02 JUNE 2019

THE ASCENSION OF THE LORD

PRO-CATHEDRAL OF THE ASSUMPTION

480 McIntyre Street West - North Bay, Ontario - P1B 2Z4

Welcome to Your Father's House!



The first reading from the Acts of the Apostles recounts how Jesus commissioned the disciples to preach the Gospel to all nations. He then ascended into heaven. Suddenly, two men in white garments appeared to the disciples, urging them to stop staring at the sky and instead prepare themselves to preach the Gospel. In the Gospel, Jesus blesses and commissions the disciples to preach his message to all the nations before he ascends into heaven. It is easy to trust that which we can see, hear or otherwise tangibly sense. Trusting in someone or something in their absence can be difficult. When our hearts are awakened to faith in Jesus Christ, it is through the prompting of the Holy Spirit. This gift of faith enables us to see that we can trust the Spirit's guidance.

Our Parish Mission Statement

We, the members of the Pro-Cathedral of the Assumption community, believe that we have been called through Baptism to live the Good News of Jesus Christ under the patronage of Mary, our Mother. We accomplish this by proclaiming the Word, celebrating the Sacraments, & reaching out to others.

PASTOR **Most Rev. Marcel Damphousse , D. D.**
Bishop of Sault Ste. Marie

RECTOR
Msgr. Dave Tramontini

ASSISTANT
Rev. Rex Lumine

PASTORAL INTERN
Mr. Chad Franklin, Seminarian

PERMANENT MINISTERS

Deacons
Rev. Mr. Albert Falconi
Rev. Mr. Donald Shago
Rev. Mr. Rick Hamelin
Rev. Mr. Gary Westenenk

Diocesan Order of Women
Mrs. Shirley Falconi
Mrs. Norma Milligan
Miss Ruth Godon

Our faith community dates back to 1886 when we were **originally located on Main Street West and called St. Mary's of** the Lake and the cornerstone of the existing Cathedral was laid in 1904. The history of our parish is recorded in the memories of thousands of people who built our community.



(705) 472-3970
(705) 494-8222
office@procathedral.ca
www.procathedral.ca
facebook.com/procathedral

Parish Liturgies



Marriage: Please pick up a Marriage Information Booklet in the Church Vestibule to review prior to contacting the parish office.

Anointing the Sick: Please call the parish office for more information.

Reconciliation: Every Saturday from 3:00 until 3:45 PM.

Eucharist: Please see mass schedule published in this bulletin. Call the parish office to arrange for a Eucharistic Minister to visit the sick and shut-in who are unable to attend Mass.

Adoration of the Blessed Sacrament: On the First Friday of each month from 10:00 AM until 12:00 noon.

Baptism: Please pick up a Baptism Information Booklet in the Church Vestibule to review prior to contacting the parish office.

The Pro-Cathedral is **wheel chair accessible**. The entrance to the elevator is on Algonquin Avenue. Please enter the vestibule and ring the bell for an attendant. Service available at all weekend masses. Weekday masses service available 11:30 AM to 12:45 PM. A **Hearing Aid System** is available for use by the hearing impaired. Please ask an Usher or Sacristan to assist you upon entering the church.

OFFICE HOURS THIS WEEK

Monday	**8:30 AM to 12:00 NOON**
Tuesday—Friday	**8:30 AM to 4:30 PM**

SCRIPTURE READINGS 03 — 09 JUNE

Monday	Acts 19. 1-8; John 16. 29-33
Tuesday	Acts 20. 17-27; John 17. 1-11a
Wednesday	Acts 20. 28-38; John 17. 11b-19
Thursday	Acts 22. 30; 23. 6-11; John 17. 20-26
Friday	Acts 24. 27; 25. 13b-21; John 21. 15-19
Saturday	Acts 28. 16-20, 30-31; John 21. 20-25
Sunday	Acts 2. 1-11; 1 Corinthians 12. 3b-7, 12-13; John 20. 19-23

Widows Helping Widows

(We Welcome all Women to Join Us!)



GATHERING THIS SUNDAY JUNE 2 at 1:30 PM in the Lower Sacristy. If you would like more information or a ride—call Karen at 495-6675.

Just a few of the things we have been up to our are thinking about doing: Euchre lessons, luncheons, attending a horticultural meeting, movie night, having guest speakers, planning a pilgrimage, attending the Maple Sugar Festival in Powassan, & more!

Often we just sit and have a coffee and tea together and talk and support each other.

You can come out to our gatherings but you don't have to participate in any other activities unless you want to.

There is no agenda, no commitment and no guilt!

World Communications Day ~ June 2

"We are Members of One Another"



This is the theme chosen by the Holy Father Francis for the 2019, 53rd World Communications Day. The theme underlines the importance of giving back to communication a broad perspective, based on the person, and emphasizes the value of interaction always understood as dialogue and as an opportunity to meet others.

Catholics are invited to reflect upon the media of social communication (films, radio, television, newspapers, internet, audiovisuals) and how these influence our lives. The media can promote values that lead to a more fully human society and can be used to help promote the gospel.

The faithful also have a duty to support and promote worthwhile presentations on media and reject those which promote values contrary to spiritual growth.

The theme for 2019 confirms Pope Francis' attention to the new communications environment and for social networks, especially, where he is present in the first person with his @Pontifex account on Twitter and @Franciscus on Instagram. Check these out!

COLLECTION - 26 MAY	
Sunday Offering	**Building Fund**
$4,629.70	**$979.00**

MASS SCHEDULE

Weekday Masses are Held at 12:05 PM

Monday, 03 June - St. Charles Lwanga and Companions
COMMUNION SERVICE

Tuesday, 04 June - Weekday in the Easter Season
Del Passmore - Cecile Robert
Patricia Murphy - Garry and Family

Wednesday, 05 June - Memorial of St. Boniface, Martyr
Devotion to Our Lady of Perpetual Help

Kay Godin - Darlene and John Goch
Intention of Kristy and Nicholas Beaulieu - Karen Beaulieu
Int. of Living and Deceased Members - Catholic Women's League

Thursday, 06 June - Weekday in the Easter Season
Glenna McAuley - June and Jean McAuley
Ray Denton - Karen Beaulieu and Family

First Friday, 07 June - Weekday in the Easter Season
Milan Hlusek - Emilia and Michelle
Intention of June Leduc - Divine Will Prayer Group

4:00 PM Saturday, 08 June - Solemnity of Pentecost
In Thanksgiving to the Blessed Virgin - Roy and Bunty Swanson
Del Passmore - Dan and Judy Alexander

Sunday, 09 June - Solemnity of Pentecost
9:00 AM Monica Lalande - Carole Larmand
Gordon Dove - Frank and Barb Gurini
Int. of Robert and Judy - Jessica and Pedro Costa

11:00 AM Intention of the Parishioners - Msgr. Dave Tramontini

Note: Only weekday masses are announced verbally.

Missing Fr. Rex?

He is covering at Christ the King in Sudbury until the end of June but will be back with us soon!

PRAYER LINE

The prayer line is a group of parishioners who pray for the needs of others. Concerns great and small are presented to the Lord on your behalf. If you have a prayer request or would like to join the group call Sister Shirley McNamara at 474-3800, Ext. 295 or Lorraine Atchison at 474-0613 and they will gladly pass them on to others who are waiting to receive your requests.

Our next Baptismal Preparation Meeting will be held in the Lower Sacristy on TUESDAY, June 11 beginning at 7:00 PM. Those who wish to register for this meeting to have their child baptized are asked to call the parish office by Monday, June 10.



CWL BURSARIES - APPLY TODAY!!

Bursary extension - To date, we have yet to receive a single application for the TWO — $400 CWL bursaries. Therefore, the Executive Committee of the Pro-Cathedral of the Assumption CWL unanimously agreed to extend the application deadline to June 7, 2019.

The Bursary Awards will be available to two students entering post-secondary education in September 2019.

BURSARY CRITERIA

Applicants must be daughters or sons of members for the Pro-Cathedral Catholic Women's League who are in good standing. Where the mother is deceased, consideration will be given to grand-daughters/sons of a member in good standing.
Applicants must be entering their first year of college or university. A copy of a valid letter of acceptance from the college or university must be attached. Applicant must have a reasonable academic achievement. Presentation of the bursaries will be made on Thanksgiving Sunday in the Pro-Cathedral of the Assumption Church at one of the Sunday Liturgies.

Application Deadline is 4:00 PM on June 7, 2019

Mail to:
CWL Bursary Committee
c/o Pro-Cathedral Parish Office
480 McIntyre Street West
North Bay, ON P1B 2Z4

Applications are available at the Parish Office and at the local high schools. For more information please contact: Education and Health Chairperson Leah Pierce at pn.thebay@gmail.com or 472-5687.

Things to Remember

Your presence is a present to the world.
You're unique and one of a kind.
Your life can be what you want it to be.
Take the days just one at a time.
Count your blessings, not your troubles.
You'll make it through whatever comes along.
Within you are so many answers.
Understand, have courage, be strong.
Don't put limits on yourself.
So many dreams are waiting to be realized.
Decisions are too important to leave to chance.
Reach for your peak, your goal, your prize.
Nothing wastes more energy than worrying.
The longer one carries a problem, the heavier it gets.
Don't take things too seriously.
Live a life of serenity, not a life of regrets.
Remember that a little love goes a long way…
Remember that a lot…goes forever.
Remember that friendship is a wise investment.
Life's treasures are people…together.
Realize that it's never too late.
Do ordinary things in an extraordinary way.

CATHOLIC WOMEN'S LEAGUE

Care for our Common Home - Weekly Tip for Water Conservation – fix a leaky faucet (estimated savings 30-40 gallons per week with a steady run)

Relay For Life: For the fourth year in a row, the CWL council of the Pro-Cathedral is forming a Relay For Life team, this time with a new and permanent name **'CWL Soul Sisters'**. This year's Relay event will take place on Friday, June 21 from 6:00 to 11:00 PM at the athletic field at CFB North Bay.

If you are interested in joining our team or would like more information contact Leah Pierce at pn.thebay@gmail.com or at 472-5687.

If you cannot relay that is ok. Instead, support one of our wonderful team members! For information visit www.relayforlife.ca

Membership reminder – On behalf of Brenda Passmore, Membership Chairperson, CWL members who have paid their 2019 membership can pick up their membership cards from the CWL box on the table on the right hand side when you come into the church.

LOOKING FOR SOMETHING SPECIAL?

Ladies, some of you have been asking about CWL scarves, CWL scarf pins, Pin Ribbons and 100th Anniversary pins!



The prices are as follows:

Scarf	**$25.00**	**Scarf Pin**	**$17.00**
Anniversary Pin	**$11.00**	**Pin Ribbons**	**$12.00**

All prices include tax shipping and handling. For your convenience, if you would like any one of these items we will order for you.

Note: Payment is necessary before the order is placed.

Contact Annette Dutrisac at 495-3584
Or annette.d@live.ca

Confirmation

Our regional celebration for Confirmation will take place next Saturday at the Cathedral at 10:00 AM.

Please keep all of our youth in your prayers this week as they prepare to take this next step in the profession of their faith.



REGIONAL EVENTS

Holy Name of Jesus CWL Garage Sale (indoors if raining), Bake/Craft Sale, Saturday, June 8, 8:30 AM to 2:00 PM 895 Memorial Drive.

St. Anthony's Festival on Thursday, June 13 at St. Peter the Apostle Church. Mass at 7:00 PM, followed by procession, and blessing of the bread. Proceeds will go to St. Peter's ramp renovation project.

North Bay pregnancy Help & Resource Centre, 323 Algonquin Ave, North Bay, ON P1B 8J8. Open weekdays 10:00 AM–4:00 PM. Tel: 475-9270. Offering free pregnancy testing, optional counselling, a friendly non-judgmental ear, baby supplies, post-abortion grief counselling, and community service referrals.

The Promises of Fatima: Come pray the Rosary with a group of people who form a Fr. Gobbi Cenacle honouring our Blessed Virgin Mary. Wednesday mornings at 9:30 AM at St. Peter's Parish.

Summer Retreat at Villa Loyola "Discovering Our Prayerful Balance: Remaining Socially and Pastorally Engaged... with Contemplative Awareness". Drawing upon the contemplative wisdom and perception of the founder of the Jesuit religious order, Saint Ignatius of Loyola, this summer retreat will prayerfully ponder how we may balance busy, socially engaged lives with greater prayerful rootedness. During this time of personal reflection we will prayerfully ponder how St. Ignatius and other more contemporary Christian wisdom figures. From Sunday August 11 (7pm) to Friday August 16 (1pm) with Director, Fr. Trevor Scott, S.J.
Cost: $500.00 all inclusive. For more information contact Villa Loyola at 705-522-3502, Ext. 0 or email loyola@isys.ca

Sisters of St. Joseph – Motherhouse Present:

Christian Meditation: Tuesdays 1:30-2:30 pm at the Motherhouse. Contemplative prayer is the opening of oneself to the love of the Spirit of God.
Taize Prayer: Third Thursday each month 7:00--8:00 pm in the Holy Family Chapel. Taize prayer includes song, scripture, and silence. The silence is to meditate and pray for openness to God's presence in our lives, and Peace in the world.

Knights of Columbus Meetings

Fr. Michael Cundari Council, 12030 at Holy Name Church: General Meeting third Tuesday of each month at 7:30 PM
Contact: Joe Sinicrope at 497-0604
Corpus Christi Knights of Columbus Council 12106 now meet second Tuesday of each month with regular and executive meetings held the same day at the Canadian Forces Base Church (Queen of Peace). Contact: Art Tiernay at 358-1368
We also collect pop cans for charity work. Please drop off your cans at Holy Name Church beside the Garage.
Knights of Columbus Council #1007 Executive Meeting at 6:30 PM and General Meeting at 7:00 PM on the first Wednesday of each month September to June at St. Peter's Church in the Parish Hall. Refreshments served. New or transferring members can contact Mike Joly at 495-1792.

The next meeting of the CWL 100th Annual Sault Ste. Marie Diocesan Convention Committee will be on Monday, June 10 at 6:30 PM in the Pro-Cathedral's Lower Sacristy.



Adoration of the Blessed Sacrament
St. Alphonsus in Callander: Every Friday 8:30 AM to 12:00 Noon. First Friday 8:30 AM to 8:30 AM (24Hrs).
St. Peter the Apostle: First Wednesday of each month from 7:00 to 8:00 PM. Everyone is invited.
Holy Name of Jesus: Tuesday to Friday 11:30 AM to 4:30 PM. To make a weekly one-hour commitment, please call Gisele Champagne at 497-1911.
Pro-Cathedral: First Friday of the month 10:00 AM to 12:00 Noon followed by 12:05 PM mass.
St. Joseph's Motherhouse first Sunday of the month from 3:30-4:30 PM in Holy Family Chapel and Pro-Cathedral First Friday 10:00 AM to 12:00 Noon.

Marriage Preparation Weekend

October 25-26 6:30 PM Friday 9:30 AM to 5:00 PM Saturday.
Call Regional Catholic Services at 472-5821 to reserve your place. Material cost is payable at registration.
Limited to 18 couples register soon!

Catholic Charities collects clothing for free distribution to those in need. Clothing for men, women, children and infants, shoes, or accessories. Also towels, tea towels and sheet sets. Drop off to Catholic Charities entrance off Algonquin Tuesdays 9:00 to 11:30 AM or weekdays to the Pro-Cathedral Rectory (480 McIntyre Street West.). Items should be clean and in good repair. PLEASE — Due to Space Limitation Seasonal Clothing Only!

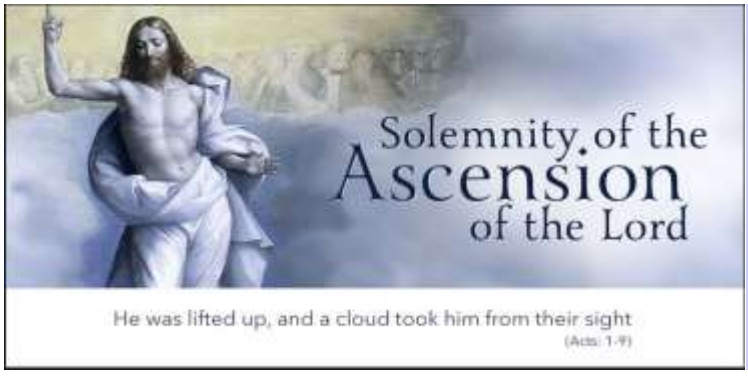
CONTACT CANA FOR YOUR RELIGIOUS ARTICLES
Books & More! Email Kas or Alana at
cana12cana@gmail.com or 705-776-2192

Is your child starting Kindergarten this September? Contact your nearest English Catholic School and join us for a kindergarten orientation session. For a list of schools and their orientation dates visit www.npsc.ca

Going into or Have a Sick Family Member in Hospital? Mass is celebrated every Wednesday at 3:00 PM by a parish priest at the North Bay General Spiritual Centre (West Wing Entrance). And ... Eucharist is distributed Wednesday, Friday and Sunday by ministers of Holy Communion. Let pastoral care know your family member would like to be added to the list for visitation.

North Bay Symphony looking for people who would like to billet musicians from time-to-time. Two free tickets to concert when you are a billet. For more information, contact Kay Heuer at 474-8794 or at kaymheuer@gmail.com

North Bay Community Blood Donor Clinics held every second Wednesday! Held 1-2:30 PM and 4-7:30 PM. Please book your appointment at www.blood.ca or call 1-888-236-6283



Our Lord Jesus Christ ascended into heaven this day and therefore let our hearts ascend with him.

God our Father, make us joyful in the ascension of your Son Jesus Christ. May we follow him into the new creation, for his ascension is our glory and our hope.
We ask this through our Lord Jesus Christ, your Son, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.