10 MARCH 2019

FIRST SUNDAY IN LENT

PRO-CATHEDRAL OF THE ASSUMPTION

480 McIntyre Street West - North Bay, Ontario - P1B 2Z4

Welcome to Your Father's House!



In the Book of Deuteronomy, Moses instructs the people to offer gifts to the Lord for their freedom from slavery in Egypt, and for God's never-ending care. In his Letter to the Romans, Paul reminds his readers that without any distinction of nationality, all who call on the name of the Lord will be saved. Luke's Gospel tells how Jesus withstood the temptations of the devil. As we begin Lent, our penance and fasts seem rather small in comparison with how Jesus suffered for our salvation. Our forty days does not quite compare to his forty days in the desert. We need only to call on Jesus, and he will deliver us from our sins. Each Lent presents a new opportunity to repent and grow in our relationship with the One who gave his all so we could be his.

Our Parish Mission Statement

We, the members of the Pro-Cathedral of the Assumption community, believe that we have been called through Baptism to live the Good News of Jesus Christ under the patronage of Mary, our Mother. We accomplish this by proclaiming the Word, celebrating the Sacraments, & reaching out to others.

PASTOR **Most Rev. Marcel Damphousse , D. D.**
Bishop of Sault Ste. Marie

RECTOR
Msgr. Dave Tramontini

ASSISTANT
Rev. Rex Lumine

PASTORAL INTERN
Mr. Chad Franklin, Seminarian

PERMANENT MINISTERS

Deacons
Rev. Mr. Albert Falconi
Rev. Mr. Donald Shago
Rev. Mr. Rick Hamelin
Rev. Mr. Gary Westenenk

Diocesan Order of Women
Mrs. Shirley Falconi
Mrs. Norma Milligan
Miss Ruth Godon

Our faith community dates back to 1886 when we were **originally located on Main Street West and called St. Mary's of** the Lake and the cornerstone of the existing Cathedral was laid in 1904. The history of our parish is recorded in the memories of thousands of people who built our community.



(705) 472-3970

(705) 494-8222

office@procathedral.ca

www.procathedral.ca

facebook.com/procathedral

Parish Liturgies



Marriage: Please pick up a Marriage Information Booklet in the Church Vestibule to review prior to contacting the parish office.

Anointing the Sick: Please call the parish office for more information.

Reconciliation: Every Saturday from 3:00 until 3:45 PM.

Eucharist: Please see mass schedule published in this bulletin. Call the parish office to arrange for a Eucharistic Minister to visit the sick and shut-in who are unable to attend Mass.

Adoration of the Blessed Sacrament: On the First Friday of each month from 10:00 AM until 12:00 noon.

Baptism: Please pick up a Baptism Information Booklet in the Church Vestibule to review prior to contacting the parish office.

The Pro-Cathedral is **wheel chair accessible**. The entrance to the elevator is on Algonquin Avenue. Please enter the vestibule and ring the bell for an attendant. Service available at all weekend masses. Weekday masses service available 11:30 AM to 12:45 PM. A **Hearing Aid System** is available for use by the hearing impaired. Please ask an Usher or Sacristan to assist you upon entering the church.

OFFICE HOURS THIS WEEK

MONDAY	**8:30 AM to 12:00 NOON**
TUESDAY to FRIDAY	**8:30 AM to 4:30 PM**

Readings for the Week

Monday	Leviticus 19. 1-2, 11-18; Matthew 25. 31-46
Tuesday	Isaiah 55. 10-11; Matthew 6. 7-15
Wednesday	Jonah 3. 1-10; Luke 11. 29-31
Thursday	Esther 14. 1, 3-5, 12-14; Matthew 7. 7-12
Friday	Ezekiel 18. 21-28; Matthew 5. 20-26
Saturday	Deuteronomy 26. 16-19; Matthew 5. 43-48
Sunday	Genesis 15. 5, 12, 17-18; Philippians 3. 17—4.1; Luke 9. 28b-36

What's Happening At-A-Glance

Discovering Christ	Tuesdays	6:00 PM
Bible Study	Thursdays	2:00 & 7:00 PM
Stations of the Cross	Fridays	5:00 PM
TGIF Social	Fridays	10:00 AM
CWL General Meeting	Wednesday, 13 March	7:00 PM
St. Paddy's Day Social	Saturday, 16 March	5:00 PM
D & P Walk & Hunger Meal	Friday, 29 March In the Parish Hall	10:30 Walk 12:05 Mass 12:30 Meal
Healing Mass for Widows	Sunday, 31 March	1:30 PM
Penitential Service	Wednesday, 03 April	7:00 PM
All Day Confessions (At Holy Name of Jesus)	Thursday, 04 April	10 AM-8 PM
Baptism Preparation	Tuesday, 09 April	7:00 PM
Truth & Reconciliation	Thursday, 11 April	7:00 PM
Mass of Chrism—Sudbury	Thursday, 11 April	7:00 PM

Widows Helping Widows

(We Welcome all Women to Join Us!)



Fr. Rex will celebrate a special Healing Mass for all widows on Sunday, March 31 at 1:30 PM in the Cathedral.

If you are a widow who doesn't usually come out to our gatherings, please feel free to attend this special mass—you would be most welcome!

O Lord, be with me as I enter into the desert of Lent. Please give me the courage, honesty and humility needed to recognize my own sins; and the strength and firm resolve to overcome them. Purify my heart O Lord and renew a steadfast spirit within me. May I turn away from sin and be faithful to the Gospel.
Lord, I offer every little sacrifice of this holy season for the following intention(s) _____. May I remember throughout these 40 days that every little thing that I give up for love of You can become a spiritual gift for the good of others
By your grace O Lord, help me to grow in virtue and holiness; may I enter deeper into a life of prayer, fasting and care for the poor.
O Christ, true Bread of Life, may I hunger for You alone. Be my constant joy and delight as I seek to relinquish my appetites for this world and to be fed from above with faith, hope and charity. Lord, lead me through Your sorrowful passion and death, that I may rejoice in Your resurrection. Amen

MASS SCHEDULE

Weekday Masses are Held at 12:05 PM

Monday, 11 March - Weekday in Lent
Intention of Elizabeth Eyre - Richard Levesque
Intention of Paul Smith - Friends

Tuesday, 12 March - Weekday in Lent
Roland Desilets - Joanne Luesby

Wednesday, 13 March - Weekday in Lent
Devotion to Our Lady of Perpetual Help Today

Anna Paduano - The Verrillo Family
Intention of Kristy and Nicholas Beaulieu - Karen Beauieu

Thursday, 14 March - Weekday in Lent
Joanne Sokolowski - Dolores and Terry O'Connor
Pauline Borden - Geri Laframboise

Friday, 15 March - Weekday in Lent
Joanne Sokolowski - Colin and Carol Wallace-Tarry

4:00 PM Saturday, 16 March - Second Sunday in Lent
Pauline Borden - Jan Derochie
Vern Leacy - Mary and Des Kelly

Sunday, 17 March - Second Sunday in Lent
9:00 AM Dolly and Leo Shanahan - Bonnie Parslow

11:00 AM Intention of the Parishioners - Msgr. Dave Tramontini

Reminder: Masses scheduled on a Saturday or Sunday are not verbally announced masses.

STATIONS OF THE CROSS
FRIDAYS DURING LENT
5:00 PM in the Cathedral



DYNAMIC CATHOLIC—BEST LENT EVER!

FOCUS
Incredible forty-day journey presenting a special opportunity to become a-better-version-of-yourself each day. This is a free email program that will guide you each week to Easter. You'll discover ways to transform your life!

PRAY
Jesus, help me to encounter you each day this Lent.

ACT
Schedule a time and place to watch the BEST LENT EVER video every day. Try setting a reminder on your phone to help you start your routine! How you experience the program is up to you. Whether you watch the daily video, engage in the optional readings, pray the daily prayer, do each days act, or join in the daily discussion, you'll discover a-better-version-of-yourself.
Go to dynamiccatholic.com and sign up for Best Lent Ever

COLLECTION - 03 MARCH	
Sunday Offering	**Building Fund**
$6,063.50	**$2,175.00**

CATHOLIC WOMEN'S LEAGUE

Reminder! CWL General Meeting, will be held Wednesday March 13 at 7:00 PM. Ladies come join us for our first meeting this year! Are you curious about what we do? Come see for yourself how we make change! New ideas are welcomed. No worries if you are not a member; all are welcome...and don't forget about the social after the meeting!

Are you a little curious about the different committees of our executive. Want to have a closer look and perhaps learn more about your council? Helping others makes us all feels good, you know the feeling! Consider offering to help with one of these committees. Feel the joy! I pray that you will be guided to take a closer look. God does work in mysterious ways!

The **99th Diocesan Convention, April 26 -28, 2019,** is around the corner! This is a fantastic opportunity to share camaraderie with your sisters in Christ through the League. Consider attending! It is exciting to see how everything comes together as each council unite and work toward the same goals. Educational workshops, terrific speakers and more. This year Convention is in Sault Ste. Marie! Check it out! Here is the link http://ssmcwl.ca/?page_id=15 Included is an application you can print...bring it to the meeting!



Membership: Ladies! It's time to renew or become a new member with the CWL. Those who paid their $25 membership dues before February 3 will have a chance to win! The prize is your membership free for the year! The draw will be held at the first General meeting of the New Year on March 13. For those who use parish envelopes – please note that you have a CWL membership envelope included in your box of envelopes which can be completed and dropped into the collection basket. For more information on how you can become a CWL member please contact Brenda Passmore, Membership Chairperson, at 474-0447.



Development and Peace Solidarity Jar

Place a D & P sticker on a jar or container of your choosing. Collect your donations throughout Lent and bring your offerings to mass on the fifth Sunday of Lent. All donations will be added to the Share Lent Collection. Loose change? You can make a difference by filling your D & P Solidarity jar and donating it to Share Lent!

Stickers are located on the bookcases in the Cathedral.



New to the Cathedral?
Please Register so we can get to know you better!



Every minute, 31 people are forced to flee their homes.

This year, Development & Peace is walking in solidarity with the 68.5 million children, women, and men who have been forced to flee their homes. Every step you take will send a strong message to the Canadian government that it must do more to end forced migration around the world. Our objective: to walk 40,075 km, the equivalent of the Earth's circumference, and raise funds to support Development and Peace's community development programs.

Pro-Cathedral Parish Hall—March 29
10:30 AM Walking in Parish Hall
12:05 PM Mass
12:30 PM Hunger Meal in Parish Hall

Everyone Welcome
Please join us!



We are currently looking to recruit new Lectors to proclaim the readings at our masses. We need you—many of our previous lectors have retired!
Training is provided and yes….. you CAN do it!!
Please call or email the parish office if you are interested.

THE NEW EVANGELIZATION SUMMIT

On May 4, join thousands of Catholics from around the world at the premier conference on the New Evangelization. The event will be held live in Ottawa and webcast to host sites across Canada, the US, the UK, and Australia. This year's Summit is once again featuring world-class Catholic speakers: Fr. James Mallon, Michael Dopp, Cardinal Gérald Lacroix , Michelle Moran, Fr. Jon Bielawski, and Michele Thompson. The NES has been designed to inspire Catholics and help them live out their personal call to evangelize. North Bay is incredibly excited to be a host site for NES. This year, the Summit is **FREE** for all attendees! Be inspired, receive formation, and connect with other Catholics. Register now at www.newevangelization.ca

Location: **Pro-Cathedral**
When: **Saturday, May 4**
Time: **9:00 AM – 4:30 PM**
Cost: **FREE**

Speakers who are leaders in the New Evangelization will provide inspiration, encouragement, training, practical wisdom and resources on how Catholics can effectively evangelize. All Catholics – pastors, missionaries, lay ministers, and the lay faithful – will benefit from this powerful opportunity to be further equipped in the fundamental mission of the Church.

Circles of Dialogue and Reconciliation: Responding to the Truth and Reconciliation Calls to Action:

Pro-Cathedral Parish Hall from 7:00 to 9:00 PM

April 11 The Power of Story & Steps in Reconciliation;

May 9 NPSCDSB Indigenous Education & Calls to Action.

To register call parish office at 472-3970 Ext. 0 or email office@procathedral.ca

Free Will Offering Accepted

Facilitated by Sr. Priscilla Solomon, an Ojibway woman and a Sister of St. Joseph

REGIONAL EVENTS

3-Evening Lenten Mission March 25-27 "From Indifference to Encounter: Why life is meant to be lived for Jesus" with reflections led by Fr. Daniele Muscolino. This mission takes place each evening at 7:00 PM at Holy Name of Jesus Church, North Bay. Evenings will include prayer, reflections, music and adoration of the Blessed Sacrament. Everyone Welcome!!!!

Knights of Columbus Council 12106 Soup and Card Party March 25 from 12:00 noon to 4:00 PM at Holy Name of Jesus Parish. $8 entry fee includes lunch. For table reservation call John at 845-1020 or Roy at 477-4084.

Pancake Brunch hosted by The Knights' of Columbus Sunday, March 31, from 11 AM to 1 PM, at Holy Name of Jesus Church. All proceeds are for the North Bay Pregnancy Help and Resource Centre. $8/person, children 6 and under are free. Menu includes pancakes, maple syrup, sausages, baked beans and hot/ cold beverages.

Catholic Women's League Italian Lunch Fundraiser for our 100th Anniversary will be held Friday, April 5 from 11:45 AM to 2:00 PM at The Davedi Club, 313 Airport Rd. Tickets are $20 person and available at The Davedi Club or by calling: 493-4164.

Lenten Mission: A Lenten Mission, "Journey with the Canadian Martyrs" will be held at St .Joseph's Catholic Church, 120 Memorial Park Drive, Powassan, Sunday, March 24 to Wednesday, March 27, 2019, starting at 7pm every evening. The retreat master is Rev.Father Steve LeBlanc, S.J. , from the Canadian Martyrs Shrine in Midland, Ontario. The Reliquary of the Martyrs will be exposed in the Church. Individual blessings with the relics of the Canadian Martyrs will be given. Each evening includes a reflection on the self-sacrifice of the Canadian Martyrs weaved into the passion narratives of Jesus Christ. Please mark the dates on your calendar. Everyone welcome. Goodwill Offering. For information call Laurie at 705-724-2118.

North Bay pregnancy Help & Resource Centre, 323 Algonquin Ave, North Bay, ON P1B 8J8. Open weekdays 10:00 AM–4:00 PM. Tel: 475-9270. Offering free pregnancy testing, optional counselling, a friendly non-judgmental ear, baby supplies, post-abortion grief counselling, and community service referrals.

Healing, Prayer & Praise Service Sunday 17 March at 7:00 PM, Christ Anglican Church, 312 Greenwood Avenue. Liturgy of music (traditional and contemporary), Scripture and a teaching based on the theme of healing, followed by an opportunity for individual prayer ministry. Everyone is welcome.

St. Peter's Roman Catholic Church invites applications for the position of Parish Secretary. Duties include, but are not limited to, secretarial and receptionist services for parish ministries, committees/groups/programs, some daily, weekly, monthly and annual accounting duties such as banking, preparation of annual Financial Reports, T4 slips and T4 summaries, record weekly envelope contributions and issue income tax receipts at year end, etc. Applicants are asked to submit a cover letter and resume by March 15 to Pastor through the Parish Office. Interviews will take place in April with full-time employment to begin May 6.

PRAYER LINE

The prayer line is a group of parishioners who pray for the needs of others. Concerns great and small are presented to the Lord on your behalf. If you have a prayer request or would like to join the group call Sister Shirley McNamara at 474-3800, Ext. 295 or Lorraine Atchison at 474-0613 and they will gladly pass them on to others who are waiting to receive your requests.

The Promises of Fatima: Come pray the Rosary with a group of people who form a Fr. Gobbi Cenacle honouring our Blessed Virgin Mary. Wednesday mornings at 9:30 AM at St. Peter's Parish.

Marriage Preparation Weekend May 31 & June 1, October 25-26 (6:30 PM Friday 9:30 AM to 5:00 PM Saturday): Call Regional Catholic Services at 472-5821 to reserve your place. Material cost is payable at registration. Limited to 18 couples register soon!

Adoration of the Blessed Sacrament

St. Alphonsus in Callander: Every Friday 8:30 AM to 12:00 Noon. First Friday 8:30 AM to 8:30 AM (24Hrs).
St. Peter the Apostle: First Wednesday of each month from 7:00 to 8:00 PM. Everyone is invited.
Holy Name of Jesus: Tuesday to Friday 11:30 AM to 4:30 PM. To make a weekly one-hour commitment, please call Gisele Champagne at 497-1911.
Pro-Cathedral: First Friday of the month 10:00 AM to 12:00 Noon followed by 12:05 PM mass.
St. Joseph's Motherhouse first Sunday of the month from 3:30-4:30 PM in Holy Family Chapel and Pro-Cathedral First Friday 10:00 AM to 12:00 Noon.

Sisters of St. Joseph – Motherhouse Present:

Christian Meditation: Tuesdays 1:30-2:30 pm at the Mother-house. Contemplative prayer is the opening of oneself to the love of the Spirit of God.
Taize Prayer: Third Thursday each month 7:00--8:00 pm in the Holy Family Chapel. Taize prayer includes song, scripture, and silence. The silence is to meditate and pray for openness to God's presence in our lives, and Peace in the world.

CONTACT CANA FOR YOUR RELIGIOUS ARTICLES
cana12cana@gmail.com or 705-776-2192

Knights of Columbus Meetings

Fr. Michael Cundari Council, 12030 at Holy Name Church: General Meeting third Tuesday of each month at 7:30 PM
Contact: Joe Sinicrope at 497-0604
Corpus Christi Knights of Columbus Council 12106 now meet second Tuesday of each month with regular and executive meetings held the same day at the Canadian Forces Base Church (Queen of Peace). Contact: Art Tiernay at 358-1368
Knights of Columbus Council #1007 Executive Meeting at 6:30 PM and General Meeting at 7:00 PM on the first Wednesday of each month September to June at St. Peter's Church in the Parish Hall. Refreshments served. New or transferring members can contact Mike Joly at 495-1792.

