24 February 2019

7th Sunday in Ordinary Time

PRO-CATHEDRAL OF THE ASSUMPTION

480 McIntyre Street West - North Bay, Ontario - P1B 2Z4

Welcome to Your Father's House!



In the first reading, David does not allow anyone to harm Saul when they have the opportunity to do so, and makes it clear to Saul's troops what he did. In Corinthians, Paul describes Jesus as the second Adam, the spiritual man. Jesus, in the Gospel, explains to his disciples all that the commandment "to love" entails. Being a Christian – truly following Jesus – isn't easy. Today's Gospel is a reminder of that fact. Jesus describes what it means to act with love. He challenges us to do what seems humanly impossible: to love our enemies and forgive those who hurt us. These are not easy tasks! Only with the help of Jesus can we truly do what he commands.

Our Parish Mission Statement

We, the members of the Pro-Cathedral of the Assumption community, believe that we have been called through Baptism to live the Good News of Jesus Christ under the patronage of Mary, our Mother. We accomplish this by proclaiming the Word, celebrating the Sacraments, & reaching out to others.

PASTOR **Most Rev. Marcel Damphousse , D. D.**
Bishop of Sault Ste. Marie

RECTOR
Msgr. Dave Tramontini

ASSISTANT
Rev. Rex Lumine

PASTORAL INTERN
Mr. Chad Franklin, Seminarian

PERMANENT MINISTERS

Deacons
Rev. Mr. Albert Falconi
Rev. Mr. Donald Shago
Rev. Mr. Rick Hamelin
Rev. Mr. Gary Westenenk

Diocesan Order of Women
Mrs. Shirley Falconi
Mrs. Norma Milligan
Miss Ruth Godon

Our faith community dates back to 1886 when we were **originally located on Main Street West and called St. Mary's of** the Lake and the cornerstone of the existing Cathedral was laid in 1904. The history of our parish is recorded in the memories of thousands of people who built our community.



(705) 472-3970
(705) 494-8222
office@procathedral.ca
www.procathedral.ca
facebook.com/procathedral

Parish Liturgies



Marriage: Please pick up a Marriage Information Booklet in the Church Vestibule to review prior to contacting the parish office.

Anointing the Sick: Please call the parish office for more information.

Reconciliation: Every Saturday from 3:00 until 3:45 PM.

Eucharist: Please see mass schedule published in this bulletin. Call the parish office to arrange for a Eucharistic Minister to visit the sick and shut-in who are unable to attend Mass.

Adoration of the Blessed Sacrament: On the First Friday of each month from 10:00 AM until 12:00 noon.

Baptism: Please pick up a Baptism Information Booklet in the Church Vestibule to review prior to contacting the parish office.

The Pro-Cathedral is **wheel chair accessible**. The entrance to the elevator is on Algonquin Avenue. Please enter the vestibule and ring the bell for an attendant. Service available at all weekend masses. Weekday masses service available 11:30 AM to 12:45 PM. A **Hearing Aid System** is available for use by the hearing impaired. Please ask an Usher or Sacristan to assist you upon entering the church.

OFFICE HOURS THIS WEEK

MONDAY	**8:30 AM to 12:00 NOON**
TUESDAY to FRIDAY	**8:30 AM to 4:30 PM**

Readings for the Week



Monday	Sirach 1. 1-10; Mark 9. 14-29
Tuesday	Sirach 2. 1-11; Mark 9. 30-37
Wednesday	Sirach 4. 11-19; Mark 9. 38-40
Thursday	Sirach 5. 1-8; Mark 9. 41-50
Friday	Sirach 6. 5-17; Mark 10. 1-12
Saturday	Sirach 17. 1-4, 6-8, 10-15; Mark 10. 13-16
Sunday	Sirach 127. 4-7; 1 Corinthians 15. 54-58; Luke 6. 39-45

Pro-Cathedral Social Committee presents:

St. Paddy's Day Social

Come out and kick up your heels!
Bring your friends and celebrate
St. Paddy's Day with us!

- ♣ Saturday, March 16, 2019
- ♣ 5 PM - 11 PM
- ♣ Pro-Cathedral Parish Hall
- ♣ $15 per person (purchase at the door - debit/credit machine available)
- ♣ Irish Stew & Biscuits
- ♣ Licensed Bar
- ♣ Celtic & East Coast music by Art Henry
- ♣ Games!



Volunteers Needed

We have a special ministry at the Cathedral that we need assistance with. The laundering of our altar linens called purificators.

Purificators are small, white cloths the size of a handkerchief that are used to wipe the Precious Blood from the rim of the chalice. We need people to pick them up from the sacristy, take them home and launder and iron them and return them to the Cathedral. You may collect the linens after the mass that you normally attend, we ask only that they are returned the following week before the 4:00 PM mass. Currently the commitment is only once monthly but more volunteers would = more hands, less work! Can you help?

P.S. All cleaning products are provided and cleaning directions will be provided to you.

Stewardship is an attitude of the mind and of the heart. When a person makes a specific commitment of their time, their talent, and their treasure to the church, it is because they see our church as their spiritual home. By making stewardship an integral part of our mission we become a living testament to our faith. **2019 Envelopes are in the Church for pickup. Forms for pre-authorized donations from your bank account, VISA or Mastercard can be found on our website and in the Cathedral entrance pamphlet holders. They can also be emailed to you—just call the parish office. Thank you!**

COLLECTION - 17 FEBRUARY	
Sunday Offering	**Building Fund**
$4,695.00	**$672.00**

JANUARY & FEBRUARY VISA & M/C	
Sunday Offering	**Building Fund**
$7.319.67	**$2,692.00**

MASS SCHEDULE

Weekday Masses are Held at 12:05 PM

Monday, 25 February - Weekday in Ordinary Time
Thomasino Ianiro - The Ianiro Family
Joanna Sokolowski - Mariela Karpecki

Tuesday, 26 February - Weekday in Ordinary Time
Betty Dennis - Ab Dennis
Mike Gallagher - Tom and Dianne Wilson

Wednesday, 27 February - Weekday in Ordinary Time
Devotion to Our Lady of Perpetual Help
Teresa and Frank Piekarski - Trudy, George and Jillian
In Thanksgiving - Judy Montgomery
Lillian Sullivan - Ann Sullivan

Thursday, 28 February - Weekday in Ordinary Time
Maudena Farnsworth - Catholic Women's League
Bill Balfour - Mary-Ellen Balfour and Family

First Friday, 01 March - Weekday in Ordinary Time
Milan Hlusek - Emilia and Michelle
In Thanksgiving to the Blessed Virgin Mary - Arthur & Lucille Schiavo

4:00 PM Saturday, 02 March - Eighth Sunday in Ordinary Time
Intention of Paul Smith - Friends
Pauline Borden - Dolores and Terry O'Connor

Sunday, 03 March - Eighth Sunday in Ordinary Time
9:00 AM Liberato Campanaro - Carmela and Tony Campanaro
Maudena Farnsworth - Garry Murphy and Family

11:00 AM Intention of the Parishioners - Msgr. Dave Tramontini

Reminder: Masses scheduled on a Saturday or Sunday are not verbally announced masses.

✝ MEMORIAL FUND ✝

The following names have been received at the request of donors in memory of our deceased friends and relatives:

PAULINE BORDEN JOHN LEDINGHAM
JOANNA SOKOLOWSKI

Please … if anyone has found a pair of black leather gloves with black fur trim on them could they call the parish office or drop them off to the sacristy?

IS GOD CALLING YOU TO BE A PRIEST? "COME & SEE" DISCERNMENT WEEKEND

Have you ever felt that God was calling you to something more? Have you ever considered the possibility of the priesthood? Spend a weekend in prayer, discussion and reflection with priests, faculty and seminarians at St. Peter's Seminary in London, Ontario, on **March 1 - 3, 2019**. This "Come & See" weekend is open to all single men 17 years of age and older.
For more information or to register, please contact Fr. Daniele Muscolino at 495-1501 frdanielem@gmail.com.

CATHOLIC WOMEN"S LEAGUE

Executive Meeting Monday, February 25 at 7:00 PM in the Lower Sacristy.

Please Note: The General Meeting will be Wednesday, March 13 at 7:00 PM in the Parish Hall (one week later). The change is due to Ash Wednesday, falling on our regular meeting day. There will be a brief presentation of the New Strategic Plan. All new members are welcome!



Here is another thought about ...
"Care for our Common Home"... Be mindful of what you flush down the toilet and pour down the sink drains! All that waste ends up in our filtration systems. Not everything is biodegradable! Not only could some things like medications end up in our water (and yes, our drinking water), but the cost of clean up at the various water filtration plants is astronomical! This affects not only your water but in the long run your taxes too! The CWL of Canada has presented a resolution (https://cwl.ca/wp-content/uploads/2018/09/2018.02-final.pdf) to the government asking that guidelines be legislated marking products as flushable or not. Your Catholic Women's League is busy working for you, locally and throughout the diocese, provincially and nationally.

Save the Date! CWL Pro-Cathedral Council
100th Anniversary Fund Raiser
Chili Cook-off Luncheon



It's a Battle of the Bowls on Friday, March 8 in the Pro-Cathedral Parish Hall from 11:30 AM to 1:30 PM. Come and sample a variety of Chili and then feast on your favourite!

Cost $9/person includes a bowl of chili, a bun, veggies and dip, cookie and a beverage. Pay at the door or advance tickets available by contacting Shirlene Condie-McVeigh 493-0718, Lisa Henry 493-4164 or Louise Defonzo 494-7474. Everyone welcome!!!

Membership Early Bird Draw!

Ladies! It's time to renew or become a new member with the CWL. Those who paid their $25 membership dues before February 3 will have a chance to win! The prize is your membership free for the year! Due to very poor weather, the draw will now be held at the first General meeting of the New Year on March 13. For those who use parish envelopes – please note that you have a CWL membership envelope included in your box of envelopes which can be completed and dropped into the collection basket. For more information on how you can become a CWL member please contact Brenda Passmore, Membership Chairperson, at 474-0447.



Got cabin fever? This terrible winter got you down? Join together on Fridays at 10:00 AM in the Parish Hall for a drop-in Social. No commitment, very informal—meant to be a fun drop-in gathering. Cards, board games, book exchange. Coffee, tea, and toast and P B & Jam provided. **Next gathering — March 1**

Lets end our week together in friendship!

Men, women, mothers with small children - everyone welcome. No pressure to attend each Friday, just come when you can!

NEW SESSIONS & GUEST SPEAKERS!

Called to Truth-telling & Reconciling Circles of Dialogue and Reconciliation

Our Response to the Calls for Truth & Reconciliation

Held on Thursdays led by Sister Priscilla Solomon, CSJ ***includes different speakers each evening:***

March 7 The Journey to Reconciliation
Dr. Mike DeGagne, President & Vice-Chancellor of Nipissing University, 1st Chair of Reconciliation North Bay

April 11 The Power of Story & Steps in Reconciliation
Sister Priscilla Solomon, Sisters of St. Joseph

May 9 NPSCDSB Indigenous Education & Calls to Action
Jody Weller, Superintendent of Education, Nipissing-Parry Sound Catholic District School Board

Pro-Cathedral Parish Hall from 7:00 to 9:00 PM
Refreshments served.

To register call parish office at 472-3970, Ext. 0 or email office@procathedral.ca

Whatever your background, please join us!
EVERYONE WELCOME!

Here is a prayer for those who are struggling to forgive…

Dear Heavenly Father,

I come to you and ask for your help. I know that I am to forgive others as you have forgiven me, but I find it so hard to do Lord. My mind and heart are full of anger for the things that have been said and done. At times it seems as though the ones that inflict pain and wounds are unrepentant...that they escape judgment. I am angry for what they have taken from me and for the pain they have caused me.

Lord, please help me to see with your eyes. Help me to remember that forgiveness is for me and not for them. Help me to remember that my forgiveness does not depend on them apologizing or repenting...help me to remember that forgiveness is between me and you. Lord, I am releasing my pain and my hurt and my anger to you and I am asking for your help in forgiving them so I can be set free.

I want to forgive and leave this heavy weight at your feet so I can be set free. Lord, their sin and their wrong doing, I leave in your hands for You to deal with it. I no longer want to be held hostage in a prison of anger and bitterness and sadness for what has been done by someone else. I no longer want to serve the sentence for what someone else has done wrong.

Lord, release me from this bondage and free my heart. I want to forgive Lord, as you have forgiven me. You died not only to set me free from my sins, but to set me free from all the things that hold me hostage and keep me from being who you want me to be. Help me to live in the peace and freedom that you offer.

Lord, from this day forward, I want to be healed from all these negative feelings. Thank you for helping me...what I can't do … what I don't have the strength to do on my own power, I know I am able to do through Jesus.

Thank you for helping me to move forward today. Help my mind turn to you when the old feelings and thoughts start to enter my mind. Clean the wounds of my heart so I can finally heal and be at peace. Thank you Lord. In the name of Jesus I ask all of these things. Amen

PARISH REGISTRATION:

Please help keep our records up-to-date! You may bring this form to the parish office or place in the collection.

Name: _____ Email: _____

Address: _____ Phone: _____

City: _____ P/C: _____ Cell Phone: _____

☐ I am new to the parish and I wish to register

☐ I am unsure if registered, please check

☐ I have recently moved, please update



I wish to donate using: Contribution Envelopes ☐

VISA/MasterCard ☐

Pre-Authorized Bank Donations ☐



Blessed white candles are available ½ hour before and ½ hour after all masses on the weekend and weekdays. You may enter the Sacristy and ask our Sacristan for your vigil candle. It will be lit and at that time you may place your candle on the stand. An offering of $5 per candle is suggested to help defray costs.

REGIONAL EVENTS

Spaghetti, Meatballs & Lasagna Dinner – All you can eat! Support Right to Life and join us on Sunday, March 3 from 4:15 to 6:00 PM at Pro-Cathedral Parish Hall. Adults/$15, Children 3-10/$5, under 3 free. Take out orders $10.00. Also holding a silent auction. For tickets call JP Lamarche 476-0953, Harley Park 752-4105, Jeannine Lebel 724-3424 or office 474-3666

Knights of Columbus Council 12106 Soup and Card Party February 25 from 12:00 noon to 4:00 PM at Holy Name of Jesus Parish. $8 entry fee includes lunch. For table reservation call John at 845-1020 or Roy at 477-4084.

Development and Peace Meeting to discuss Share Lent Campaign and plan for our Walk and Hunger Meal will be held at 1:00 PM on Wednesday, 27 February at Pro-Cathedral. If you are interested in find out more about D & P and would like to get involved or just want to help at our Hunger Meal – feel free to come out to this gathering.

3-Evening Lenten Mission March 25-27 "From Indifference to Encounter: Why life is meant to be lived for Jesus" with reflections led by Fr. Daniele Muscolino. This mission takes place each evening at 7:00 PM at Holy Name of Jesus Church, North Bay. Evenings will include prayer, reflections, music and adoration of the Blessed Sacrament. Everyone Welcome!!!!

St. Peter's Roman Catholic Church invites applications for the position of Parish Secretary. Duties include, but are not limited to, secretarial and receptionist services for parish ministries, committees/groups/programs, some daily, weekly, monthly and annual accounting duties such as banking, preparation of annual Financial Reports, T4 slips and T4 summaries, record weekly envelope contributions and issue income tax receipts at year end, etc. Applicants are asked to submit a cover letter and resume by March 15 to Pastor through the Parish Office. Interviews will take place in April with full-time employment to begin May 6.

This year the World Day of Prayer service March 1 has been prepared by the women of Slovenia. The theme is "Come – Everything is Ready." This service reminds us that we are one people from every part of the planet. At any time, somewhere in the world, some of us are praying. Come join us as we hear the concerns of the Slovenian sisters and create a world of prayer for them and with them. This year's World Day of Prayer is being held at St. John the Divine Anglican Church, 301 Main Street East, at 2:00 PM. Come and join us for prayer and fellowship.

PRAYER LINE



The prayer line is a group of parishioners who pray for the needs of others. Concerns great and small are presented to the Lord on your behalf. If you have a prayer request or would like to join the group call Sister Shirley McNamara at 474-3800, Ext. 295 or Lorraine Atchison at 474-0613 and they will gladly pass them on to others who are waiting to receive your requests.

North Bay pregnancy Help & Resource Centre, 323 Algonquin Ave, North Bay, ON P1B 8J8. Open weekdays 10:00 AM–4:00 PM. Tel: 475-9270. Offering free pregnancy testing, optional counselling, a friendly non-judgmental ear, baby supplies, post-abortion grief counselling, and community service referrals.

Lenten Retreat Day – "Lent…A Transforming Time!" Saturday, March 9 from 9:30 AM to 3:00 PM with facilitator Sister Linda MacIsaac, csj. Suggested Offering: $30. Register with Sr. Pauline Guindon, Spiritual Growth Ministry, 474-3800 x213 / email: pguindon@csjssm.ca

Who are the Metis? A "come and learn" event for all ages Saturday, March 2 11 AM to 3 PM at Chisholm United Church, 1469 Chiswick Line. Metis history, traditional meal, beading & finger-weaving presentations, drumming **& more.** Noon meal for 50 people – must register ahead by calling Garth at 724-5475.

The Promises of Fatima: Come pray the Rosary with a group of people who form a Fr. Gobbi Cenacle honouring our Blessed Virgin Mary. Wednesday mornings at 9:30 AM at St. Peter's Parish.

Adoration of the Blessed Sacrament

St. Alphonsus in Callander: Every Friday 8:30 AM to 12:00 Noon. First Friday 8:30 AM to 8:30 AM (24Hrs).
St. Peter the Apostle: First Wednesday of each month from 7:00 to 8:00 PM. Everyone is invited.
Holy Name of Jesus: Tuesday to Friday 11:30 AM to 4:30 PM. To make a weekly one-hour commitment, please call Gisele Champagne at 497-1911.
Pro-Cathedral: First Friday of the month 10:00 AM to 12:00 Noon followed by 12:05 PM mass.
St. Joseph's Motherhouse first Sunday of the month from 3:30-4:30 PM in Holy Family Chapel and Pro-Cathedral First Friday 10:00 AM to 12:00 Noon.

Lenten Retreat at Villa Loyola Theme: *Who is This Man?* As we get closer to Easter, we want to know more about the man, Jesus. Who is this man? What kind of feast is he offering? How do I feel invited? What is my reaction? During this retreat, through presentations, silence and personal prayer, we will explore and grow our inner knowledge of the Lord. Personal direction will be available. Friday March 1 (7 pm) to Sunday March 3 (1 pm) Director: Fr. Wim Dombret, S.J. Cost: $200 all-inclusive/ single accommodations Registration: Call 705-522-3502 ext. 0 Monday to Friday or by email at loyola@isys.ca