13 January 2019

Baptism of the Lord

PRO-CATHEDRAL OF THE ASSUMPTION

480 McIntyre Street West - North Bay, Ontario - P1B 2Z4

Welcome to Your Father's House!



Isaiah prophesies the Lord bringing peace and victory to Israel, and foretells the ministry of John the Baptist. Paul's Letter to Titus reminds his listeners of the saving grace of God in Jesus Christ. In Luke's Gospel, John the Baptist denies being the Messiah, and at the baptism of Jesus, the Holy Spirit appears in the shape of a dove. God the Father's voice is heard proclaiming Jesus as his beloved son. It can be easy to forget the tremendous blessings we enjoy because of God's love for us – perhaps even taking them for granted. It is good to spend time with Scripture, and at Mass, thanking God for his never-ending love. We are reminded in word and sacrament that God's saving grace is found in Jesus Christ.

Our Parish Mission Statement

We, the members of the Pro-Cathedral of the Assumption community, believe that we have been called through Baptism to live the Good News of Jesus Christ under the patronage of Mary, our Mother. We accomplish this by proclaiming the Word, celebrating the Sacraments, & reaching out to others.

PASTOR **Most Rev. Marcel Damphousse , D. D.**
Bishop of Sault Ste. Marie

RECTOR
Msgr. Dave Tramontini

ASSISTANT
Rev. Rex Lumine

PASTORAL INTERN
Mr. Chad Franklin, Seminarian

PERMANENT MINISTERS

Deacons
Rev. Mr. Albert Falconi
Rev. Mr. Donald Shago
Rev. Mr. Rick Hamelin
Rev. Mr. Gary Westenenk

Diocesan Order of Women
Mrs. Shirley Falconi
Mrs. Norma Milligan
Miss Ruth Godon

Our faith community dates back to 1886 when we were **originally located on Main Street West and called St. Mary's of** the Lake and the cornerstone of the existing Cathedral was laid in 1904. The history of our parish is recorded in the memories of thousands of people who built our community.



(705) 472-3970
(705) 494-8222
office@procathedral.ca
www.procathedral.ca
facebook.com/procathedral

Parish Liturgies



Marriage: Please pick up a Marriage Information Booklet in the Church Vestibule to review prior to contacting the parish office.

Anointing the Sick: Please call the parish office for more information.

Reconciliation: Every Saturday from 3:00 until 3:45 PM.

Eucharist: Please see mass schedule published in this bulletin. Call the parish office to arrange for a Eucharistic Minister to visit the sick and shut-in who are unable to attend Mass.

Adoration of the Blessed Sacrament: On the First Friday of each month from 10:00 AM until 12:00 noon.

Baptism: Please pick up a Baptism Information Booklet in the Church Vestibule to review prior to contacting the parish office.



The Pro-Cathedral is **wheel chair accessible**. The entrance to the elevator is on Algonquin Avenue. Please enter the vestibule and ring the bell for an attendant. Service available at all weekend masses. Weekday masses service available 11:30 AM to 12:45 PM. A **Hearing Aid System** is available for use by the hearing impaired. Please ask an Usher or Sacristan to assist you upon entering the church.

OFFICE HOURS THIS WEEK

Monday	**8:30 AM to 12:00 NOON**
Tuesday to Friday	**8:30 AM to 4:30 PM**

Readings for the Week

Monday	**Hebrews 1. 1-6; Mark 1. 14-20**
Tuesday	**Hebrews 2. 5-12; Mark 1. 21-28**
Wednesday	Hebrews 2. 14-18; Mark 1. 29-39
Thursday	Hebrews 3. 7-14; Mark 1. 40-45
Friday	Hebrews 4. 1-5, 11; Mark 2. 1-12
Saturday	Hebrews 4. 12-16; Mark 2. 13-17
Sunday	**Isaiah 62. 1-5; 1 Corinthians 12. 4-11; John 2. 1-12**



INFANT BAPTISM PREPARATION

A Baptismal Preparation Meeting will be held in the Lower Sacristy on TUESDAY, JANUARY 15 beginning at 7:00 PM. Those who wish to register for this meeting to have their child baptized are asked to call the parish office by Monday, January 14.

Baptism Preparation is mandatory by Diocesan Policy.

Catholic Women's League

The New Executive will be installed on January 27 at the 11:00 AM Mass.

Executive Meeting: Monday, 28 January at 7:00 PM in the Lower Sacristy.

General Meeting: Wednesday, 05 February at 7:00 PM in the Parish Hall - Join us!!!

Widows Helping Widow's Group

(We Welcome all Women to Join Us!)

Hey ladies! Our next gathering will be held on Sunday, 27 January at 1:30 PM in the Lower Sacristy (Wheelchair Accessible).

A widow's grief can be isolating even when we have supportive friends and family. Sometimes we need to talk and be understood by others without the burden of explanation, to show our pain and not have to hide it for the sake of others who are grieving too.



Sometimes we just want to get out of the house; go to a movie or dinner with someone for companionship; share a smile and laugh and talk about anything – not just our grief.

These are very informal gatherings, no plans, no agenda, no organization or commitment. Come out for conversation, coffee/tea and see how we can support each other.

If you are interested in getting together, need a ride, or just want more information to decide if our gatherings are right for you — give Karen Beaulieu a call at 495-6675.

MASS SCHEDULE

Weekday Masses are Held at 12:05 PM

Monday, 14 January - Weekday in Ordinary Time
Oscar Paquette - Philip Paquette
Simon Boulanger - The Family

Tuesday, 15 January - Weekday in Ordinary Time
Steve and Lena Aultman - The Aultman Family
Larry Morin - Jim and Annie McParland

Wednesday, 16 January - Weekday in Ordinary Time
Edmund Benvie - Marg and Cliff Riopelle
Intention of the Bazaar Bake Table Ladies - Theresa Duffy

Thursday, 17 January - Memorial of St. Anthony, Abbot
Maudena Farnsworth - Phyllis Arsenault
Mike Boissonneault - Elizabeth Delarosbel

Friday, 18 January - Weekday in Ordinary Time
Lloyd and Wayne MacPherson - Debbie and Chris Muron
Richard Levesque - Divine Will Prayer Group

4:00 PM Saturday, 19 January - Second Sunday in Ordinary Time
Roger Landriault Jr. - Joanne Sullivan
Intention of Msgr. Norm Clement - Parishioners

Sunday, 20 January - Second Sunday in Ordinary Time
9:00 AM Roger Landriault Jr. - Joanne Sullivan
Intention of Kristy Beaulieu - Karen Beaulieu

11:00 AM Intention of the Parishioners - Msgr. Dave Tramontini

The Week of Prayer for Christian Unity

Every year in communities all over the world, Christians of all stripes gather to worship and pray for deeper unity amongst the Christian faithful. This year, the theme of the Week of Prayer for Christian Unity was chosen by the churches in Indonesia:
"*Justice, and only justice, you shall pursue.*"
Please come and worship with us this year at Trinity United Church (Ferguson & McIntyre) on Sunday January 20 at 2:00 PM.

COLLECTION - 06 JANUARY	
Sunday Offering	**Building Fund**
$6,901.25	$1,181.00

PRE-AUTHORIZED DONATIONS DECEMBER		
Sunday	**Building Fund**	**Christmas**
$6,431.00	$1,929.00	$1,350.00

Parish Social Committee Planning Meeting will be held on Wednesday 23 January in the Parish Hall. If you want to be part of this fun group who plan special events for our parish, come on out to this gathering!

discovering **Christ**

Discovering Christ begins Tuesday, February 12 at 6:00 PM – at Pro-Cathedral Parish Hall. A seven-week experience where anyone and everyone, from the baptized in the pews to the unbaptized, is invited to hear the Good News and personally encounter Jesus Christ. Discovering Christ helps people enter into or renew a personal relationship with Jesus Christ, experience the love of God the Father, and be empowered by the Holy Spirit to live as God's children.

A typical session consists of seven weekly sessions and a retreat day. The weekly sessions include four components: a meal, prayer time, a video teaching, and small group discussion.

This is a free program and everyone is welcome to attend! Consider this your personal invitation to make 2019 a year to renew your faith! For more information and to register visit our Christ Life website at www.ChristLifeNorthBay.org

Liturgy Committee Meeting
12:30 PM - 17 January 2019
Lower Sacristy

Have you borrowed a pyx from the Sacristy?
Please return any pyx you may not require anymore as we are short of them for others who may need them.

Development and Peace Stamp Collection



The stamps affixed on the right corner of your envelopes can be very useful. Members of Development and Peace, who are philatelists, sell them to stamp collectors. The proceeds will help fund development projects. If you wish to support this initiative, simply cut off the stamps from your envelopes without damaging perforations, and drop them into the collection basket in baggies or envelopes.

Our D & P Coordinator, Lorraine Atchison, will make sure they are sent to the Stamp Project. Thank you for your support!!!

Missing Fr. Rex? No worries—he is still with us but is covering mass at St. Peter's for six weeks while Fr. Francis is on holidays.

A Challenge for Men (or man-kind)

After all the people had been baptized and Jesus also had been baptized and was praying, heaven was opened and the Holy Spirit descended upon him in bodily form like a dove. And a voice came from heaven, "You are my beloved Son; with you I am well pleased." — Gospel for Jan. 13, Lk. 3:21-22

Think about it. Do you really see yourself as a beloved son in whom your Heavenly Father is well pleased? To be honest, most men, including this archbishop, go through seasons when we don't seem to sense that our father is well-pleased. Maybe we see ourselves as self-made men who don't owe our father anything. Maybe we did not experience love from our dad, and the very idea of being beloved is ludicrous. Maybe instead of Jesus' actual words, we hear, "This is my wayward son, in whom I am much disappointed." Yet we know that we are baptized into Christ and share in his identity as the beloved son. Being beloved sons is the bedrock of our identity. The plain fact is that your heavenly Father is well-pleased with you.

I challenge you to hear the Heavenly Father saying these words — "you are my beloved son" — personally to you, and reflect on your identity in him. I challenge you to spend time with someone who loves you unconditionally. Ask them why? Their answer should give you a small glimpse of God's unconditional love for you.

Archbishop William Lori, Archdiocese of Baltimore - Taken from Knightline – Knights of Columbus January 2019 Newsletter



✝ MEMORIAL FUND ✝

The following name has been received at the request of donors in memory of our deceased friends and relatives:

MAUDENA FARNSWORTH

Are you putting your name & address on your 2019 envelopes?
We already have several unknowns.
Please make sure to identify yourself on your envelopes. Thank you!



We are creating a new group at the Pro-Cathedral of Assumption in North Bay to connect those who are going through the battle of coping with divorce, separation, or the end of a long-term relationship.

We all know what it is like to have our lives turned upside down. This group will allow our common ground to help each other and remind us that WE ARE NOT ALONE. This is not a psychotherapy group, but a social network that allows us to have conversations in a safe place with others who share some of the same emotions.

The end of a marriage is hard!! You may have realized that your current life is different than you had imagined. Your spouse may have just "dropped the bomb" that they do not want to be married anymore or maybe you are coming out of an unhealthy relationship. Everyone will have a different story but we are all linked by the common need to figure out how to get through the grief process. The emotions can be overwhelming, even family, friends, neighbours, or coworkers may not be able to relate or know how to support you even if they want to.

Please consider joining this group if you need someone to talk with. This group will be facilitated by Chad Franklin. Contact Karen at (705) 472-3970 or email office@procathedral.ca if you are interested in this group. All calls are confidential.

REGIONAL EVENTS

Knights of Columbus Council 12106 Soup and Card Party January 28 from 12:00 noon to 4:00 PM at Holy Name of Jesus Parish. $8 entry fee includes lunch. For table reservation call John at 845-1020 or Roy at 477-4084.

The Promises of Fatima: Come pray the Rosary with a group of people who form a Fr. Gobbi Cenacle honouring our Blessed Virgin Mary. Wednesday mornings at 9:30 AM at St. Peter's Parish.

Devotion to Our Lady of Perpetual Help every Wednesday at 11:55 AM at Pro-Cathedral prior to the 12:05 PM mass.

North Bay pregnancy Help & Resource Centre, 323 Algonquin Ave, North Bay, ON P1B 8J8. Open weekdays 10:00 AM–4:00 PM. Tel: 475-9270. Offering free pregnancy testing, optional counselling, a friendly non-judgmental ear, baby supplies, post-abortion grief counselling, and community service referrals.

Adoration of the Blessed Sacrament
St. Alphonsus in Callander: Every Friday 8:30 AM to 12:00 Noon. First Friday 8:30 AM to 8:30 AM (24Hrs).
St. Peter the Apostle: First Wednesday of each month from 7:00 to 8:00 PM. Everyone is invited.
Holy Name of Jesus: Tuesday to Friday 11:30 AM to 4:30 PM. To make a weekly one-hour commitment, please call Gisele Champagne at 497-1911.
Pro-Cathedral: First Friday of the month 10:00 AM to 12:00 Noon followed by 12:05 PM mass.
St. Joseph's Motherhouse first Sunday of the month from 3:30-4:30 PM in Holy Family Chapel and Pro-Cathedral First Friday 10:00 AM to 12:00 Noon.

Marriage Preparation Weekend February 8 & 9, May 31 & June 1, October 25-26 (5 PM Friday 9:30 AM to 5:00 PM Saturday): Call Regional Catholic Services at 472-5821 to reserve your place. Material cost is payable at time of registration. Limited to 18 couples - register soon!

North Bay Community Blood Donor Clinics held every second Wednesday! Held 1-2:30 PM and 4-7:30 PM. Please book your appointment at www.blood.ca or call 1-888-236-6283 **Next Clinic dates January 23 at The Elks Lodge off Trout Lake Road.**

CONTACT CANA FOR YOUR RELIGIOUS ARTICLES

cana12cana@gmail.com or 705-776-2192

Going into or Have a Sick Family Member in Hospital? Mass is celebrated every Wednesday at 3:00 PM by a parish priest at the North Bay General Spiritual Centre (West Wing Entrance). And ... Eucharist is distributed Wednesday, Friday and Sunday by ministers of Holy Communion. Let pastoral care know your family member would like to be added to the list for visitation.

Catholic Charities collects clothing for free distribution to those in need. Clothing for men, women, children and infants, shoes, or accessories. Also towels, tea towels and sheet sets. Drop off to Catholic Charities entrance off Algonquin Tuesdays 9:00 to 11:30 AM or weekdays to the Pro-Cathedral Rectory (480 McIntyre Street West.). Items should be clean and in good repair. PLEASE — Due to Space Limitation Seasonal Clothing Only!

Service of Healing & Prayer, Christ Church Anglican on Greenwood Avenue 3rd Sunday of the Month 7 PM. Next service 20 January. Everyone welcome. Music, traditional and contemporary, scripture and teaching on theme of healing, opportunity for individual prayer.

Catholic Education Week – Special Event: The student Parish council of St-Ignace de Loyola Parish at the University of Sudbury invites students and young adults to join them for a Mass with Bishop Marcel Damphousse on February 3. Mass is at 10:15 AM and will be followed by lunch, the students will have the chance to chat with each other and with the Bishop. Interested? Have questions? Contact, mlemieux1@laurentian.ca.

L'Arche North Bay is hosting a $10 Pasta Dinner Friday January 25 from 5:00 to 700 PM at St. Andrew's United Church, 399 Cassells Street. Come enjoy good food, good friends, and more! Participate in our First Annual "Signature Quilt" Draw. To book & buy your tickets please contact Phillip Penna at 474-0081 extension 7 or fundraiser@larchenorthbay.ca.

Free Literacy and Numeracy Adult Classes with Nipissing-Parry Sound Catholic Alternative & Continuing Education for adults aged 19 and older. Improve your reading, writing, math and computer skills; upgrade your skills for secondary school credit, employment, college, apprenticeship or for a greater sense of independence; develop a personal learning plan and work at your own pace. Attend full or part-time. Enrol anytime – continuous intake all year!! Call 472-7771 or visit www.npsc.ca for information.

Sisters of St. Joseph – Motherhouse Present:

Christian Meditation: The last session for 2018 will be on Tuesday, December 11th from 1:30-2:30pm at the Motherhouse. Our first session of Christian Meditation for 2019 will be on Tuesday, January 15 and will continue on a weekly basis. Contemplative prayer is the opening of oneself to the love of the Spirit of God
Taize Prayer: Third Thursday each month 7:00--8:00 pm in the Holy Family Chapel. Taize prayer includes song, scripture, and silence. The silence is to meditate and pray for openness to God's presence in our lives, and Peace in the world.

Knights of Columbus Meetings

Fr. Michael Cundari Council, 12030 at Holy Name Church: General Meeting third Tuesday of each month at 7:30 PM
Contact: Joe Sinicrope at 497-0604

Corpus Christi Knights of Columbus Council 12106 now meet second Tuesday of each month with regular and executive meetings held the same day at the Canadian Forces Base Church (Queen of Peace). Contact: Art Tiernay at 358-1368
We also collect pop cans for charity work. Please drop off your cans at Holy Name Church beside the Garage.

Knights of Columbus Council #1007 Executive Meeting at 6:30 PM and General Meeting at 7:00 PM on the first Wednesday of each month September to June at St. Peter's Church in the Parish Hall. Refreshments served. New or transferring members can contact Mike Joly at 495-1792.



"What will you do with your life?

Diocese Vocations / Youth Ministry Director
Sault Ste. Marie Regional Vocations
Contact Fr. Pat Woods Office of Vocations/Youth Ministry
705-949-1072 / pwoods@diocesecentre.com

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