19 AUGUST 2018

20th Sunday in Ordinary Time

PRO-CATHEDRAL OF THE ASSUMPTION

480 McIntyre Street West North Bay, ON P1B 2Z4

Welcome to Your Father's House!



In the first reading, Wisdom has prepared her table for those seeking understanding. In the reading from Ephesians, we are instructed to live *not as foolish persons but as wise*. In the Gospel, Jesus tells the crowds that he is the bread from heaven, and that whoever eats of him will have eternal life. Our human understanding limits us, and so Scripture and the Church provide teachings that help us to know, love and trust in God. In Jesus, we come to know the Father; and through Jesus, as the Bread of Life, we come to have eternal life.

Our Parish Mission Statement

We, the members of the Pro-Cathedral of the Assumption community, believe that we have been called through Baptism to live the Good News of Jesus Christ under the patronage of Mary, our Mother. We accomplish this by proclaiming the Word, celebrating the Sacraments, & reaching out to others.

PASTOR **Most Rev. Marcel Damphousse , D. D.**
Bishop of Sault Ste. Marie

RECTOR
Msgr. Dave Tramontini

ASSISTANT
Rev. Rex Lumine

IN RESIDENCE

Msgr. Normand Clement Chaplain, Nipissing-Parry Sound District Schools

PERMANENT MINISTERS

Deacons
Rev. Mr. Albert Falconi
Rev. Mr. Donald Shago
Rev. Mr. Rick Hamelin
Rev. Mr. Gary Westenenk

Diocesan Order of Women
Mrs. Shirley Falconi
Mrs. Norma Milligan
Miss Ruth Godon



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Our faith community dates back to 1886 when we were **originally located on Main Street West and called St. Mary's** of the Lake and the cornerstone of the existing Cathedral was laid in 1904. The history of our parish is recorded in the memories of thousands of people who built our community.

Parish Liturgies



Marriage: Please pick up a Marriage Information Booklet in the Church Vestibule to review prior to contacting the parish office.

Anointing the Sick: Please call the parish office for more information.

Reconciliation: Every Saturday from 3:00 until 3:45 PM.

Eucharist: Please see mass schedule published in this bulletin. Call the parish office to arrange for a Eucharistic Minister to visit the sick and shut-in who are unable to attend Mass.

Adoration of the Blessed Sacrament: On the First Friday of each month from 10:00 AM until 12:00 noon.

Baptism: Please pick up a Baptism Information Booklet in the Church Vestibule to review prior to contacting the parish office.

The Pro-Cathedral is **wheel chair accessible**. The entrance to the elevator is on Algonquin Avenue. Please enter the vestibule and ring the bell for an attendant. Service available at all weekend masses. Weekday masses service available 11:30 AM to 12:45 PM. A **Hearing Aid System** is available for use by the hearing impaired. Please ask an Usher or Sacristan to assist you upon entering the church.

OFFICE HOURS THIS WEEK

Monday	**8:30 AM to 12:00 NOON**
Tuesday & Wednesday	**8:30 AM to 4:30 PM**
Thursday & Friday	**OFFICE CLOSED**

Readings: 20—26 August

Monday	**Ezekiel 24. 15-24; Matthew 19. 16-22**
Tuesday	Ezekiel 28. 1-10; Mathew 19. 23-30
Wednesday	Ezekiel 34. 1-11; Matthew 20. 1-16a
Thursday	Ezekiel 36. 23-28; Matthew 22. 1-14
Friday	Revelation 21. 9b-14; John 1. 45-51
Saturday	Ezekiel 43. 1-7a; Matthew 23. 1-12
Sunday	**Joshua 24. 1-2a, 15-17, 18b; Ephesians 4. 32—5. 1-2, 21-32; John 6. 53, 60-69**

Volunteer Opportunities - Can you Help?



Do you like doing laundry?

We are looking for volunteers to help with laundry at the rectory. Once every three weeks at your convenience for approximately 2-3 hours. For more information, please call Karen at the rectory. Thank you for your consideration!

Church Cleaning Volunteers

Do you have time to help us out on Friday mornings? Cleaning supplies and coffee supplied! We just need you to help out with some dusting, wiping down woodwork, removing debris from the pews, etc. Call the parish office if you can help out!





SHARING CHRIST a seven-week mission that trains Catholics to share Jesus Christ with others and invite them to be part of the Church.

11 September to 16 October

Visit: christlife.org for More Information

Visit: christlifenorthbay.org to Register



DISCOVERING CHRIST a seven-week experience that invites you to hear the Good News and personally encounter Jesus Christ.

23 October to 04 December

PRAYER LINE

The prayer line is a group of parishioners who pray for the needs of others. Concerns great and small are presented to the Lord on your behalf. If you have a prayer request or would like to join the group call Sister Shirley McNamara at 474-3800, Ext. 295 or Lorraine Atchison at 474-0613 and they will gladly pass them on to others who are waiting to receive your requests.

Upcoming Regional Events

Back to School Learning Technology Drop-in and Exhibition on Monday, 27 August from 9:00 to 12:00 AM at St. Joseph-Scollard Hall for parents and their children in grades 4-8. Developing Mathematical Mindsets, Lego & Robotics using technology as a learning strategy. Register by calling 472-1201, Ext. 31261 or at npsc.ca

St. Joseph-Scollard Hall Grade 9 Orientation Day August 29 from 9:45 AM to 11:30 AM. Students will receive timetables, pick up their locks, order gym uniforms and be able to explore the school to find their classrooms.

Nipissing-Parry Sound Catholic District School Board welcomes students back on September 4. Schools are open for registration from August 27 to August 30. All senior kindergarten students will begin on Thursday, September 6.

Knights of Columbus Cemetery Sunday September 9: Provides our Catholic community with a special opportunity to visit and pray for family and friends, a time to socialize and remember old times and a place where children can learn about their family history. 1:30 PM at St. Mary's Cemetery and 2:30 PM at Holy Cross Cemetery. Everyone welcome.

Sisters of St. Joseph – Motherhouse Present:

Christian Meditation: Tuesdays each month beginning September 11 from 1:30—2:30 PM in the Holy Family Chapel. This contemplative prayer is the opening of oneself to the love and presence of the Spirit of God at the core of our being by the repetition of a Mantra. It is a way to self-knowledge, self-acceptance and awareness of all that God can do in our lives when we allow it.

Taize Prayer: Third Thursday each month (beginning September 20 7:00--8:00 pm in the Holy Family Chapel. Taize prayer includes song, scripture, and silence. The silence is to meditate and pray for openness to God's presence in our lives, and for Peace in the world. Everyone is welcome.

Fall Equinox: These are astronomical events that happen as the earth moves around the sun. Join us in celebrating the change of Seasons. Saturday, September 22, 2018 at 7:00 pm in the McColgan Room. Everyone is welcome….good will offering.

Spiritual Life Program on Creation: We will experience more deeply the amazing love which holds us in this caring universe. Using scripture, Pope Francis' encyclical Laudato si, DVD, music and prayer, we will explore the following themes:
Sense of Wonder Sept. 5; The human person Sept. 19, Respect Oct. 10, Groaning Oct. 24, Grammar of Creation Nov. 7, Integral Ecology Nov. 21. Presenters: Sr. Noreen Muldoon, csj and Patty Dennis. Suggested offering: $ 60:00 for the series. Register by calling Sr. Noreen 474-3800 ext. 309

More Regional Announcements are Posted in Glass Display Case in Cathedral

MASS SCHEDULE

Weekday Masses are Held at 12:05 PM

Monday, 20 August - Memorial of St. Bernard, Abbot/Doctor
Patricia Murphy - Christine Bellaire
Edith D'Souza - The Lobo Family
Intention of Brenda Lecours-Bowker - Dolores & Terry O'Connor

Tuesday, 21 August - Memorial of St. Pius X, Pope
Liberato Campanaro - Carmela and Tony Campanaro
Margaret Reynolds - Bunty and Roy Swanson
Mary D'Souza - The Lobo Family

Wednesday, 22 August - The Queenship of the Virgin Mary
Devotion to Our Lady of Perpetual Help
Virginia Tedesco - Maria Gosselin and Family
Dr. Rocci Zimbalatte - Connie, MaryAnne and Joanne
Denis Beaulieu - Karen Beaulieu and Family

Thursday, 23 August - Weekday in Ordinary Time
Emily Paquette - Vivian Molnar
Marisa Urso - Elio and Marilyn Tignanelli
Lucy Saini - Joan Dunn

Friday, 24 August - Feast of St. Bartholomew, Apostle
David Reid - Fernand Delaquis
Joe and Martha MacIntyre - The Family
Intention of Claire Lanthier - Marthe Smith

4:00 PM Saturday, 25 August - 21st Sunday in Ordinary Time
Lorne Donnelly - Eileen Casey
Lidia Rossi - The Family
Michel Larmand - Lorraine and Don Cappadocia

Sunday, 26 August - Twenty-first Sunday in Ordinary Time
9:00 AM Rev. Mr. Donald Milligan - Norma Milligan & Family
Linda Leblanc - Carmela and Tony Campanaro
Intentions of the Donors and those Remembered in the Pro-Cathedral Memorial Fund

11:00 AM Intention of the Parishioners - Msgr. Dave Tramontini

Food Bank Sunday ~ Next Weekend

Our next Food Bank Collection will be held NEXT WEEKEND!

Please be generous in helping to stock our shelves for our neighbours in need!



SUNDAY COLLECTION - 05 AUGUST	
Sunday Offering	**Building Fund**
$5,758.20	**$971.25**

SUNDAY COLLECTION - 12 AUGUST	
Sunday Offering	**Building Fund**
$5,231.00	**$2,782.50**

Gospel Reflection

Once again Jesus the Teacher is having a hard time getting through to his listeners. They resist his teaching that he is the living bread from heaven. When they continue to object, Jesus assures them that his flesh is real food and his blood is real drink. If they do not "feed on" him, they will have no life in them. We are blessed because we can share the Living Bread at every Eucharist. As we satisfy our spiritual hunger, we remember those who hunger for food, shelter, friendship, or faith. We consider how we can respond to the hungers of the world.

- What do you remember about your First Communion? Why was that day special to you and your family?
- How do you think receiving the Body and Blood of Jesus makes a difference in your life?
- What do you think are some of the spiritual hungers of people your age in the world today?