12 AUGUST 2018

19th Sunday in Ordinary Time

PRO-CATHEDRAL OF THE ASSUMPTION

480 McIntyre Street West North Bay, ON P1B 2Z4

Welcome to Your Father's House!



In First Kings, we hear of Elijah's cry to the Lord when he prays for death. He is visited by an angel who tells him to eat and drink in order to be able to withstand his journey. In Paul's Letter to the Ephesians, he reminds us to remove evil and instead take on compassion and mercy. In today's Gospel, Jesus explains that receiving him, the Bread of Life, is the way to the Father in heaven. The claims that Jesus makes about himself leave us with a choice: to receive him and be transformed, following him as he leads us to the Father, or to remain as we are.

Our Parish Mission Statement

We, the members of the Pro-Cathedral of the Assumption community, believe that we have been called through Baptism to live the Good News of Jesus Christ under the patronage of Mary, our Mother. We accomplish this by proclaiming the Word, celebrating the Sacraments, & reaching out to others.

PASTOR **Most Rev. Marcel Damphousse , D. D.**
Bishop of Sault Ste. Marie

RECTOR
Msgr. Dave Tramontini

ASSISTANT
Rev. Rex Lumine

IN RESIDENCE

Msgr. Normand Clement Chaplain, Nipissing-Parry Sound District Schools

PERMANENT MINISTERS

Deacons

Rev. Mr. Albert Falconi
Rev. Mr. Donald Shago
Rev. Mr. Rick Hamelin
Rev. Mr. Gary Westenenk

Diocesan Order of Women

Mrs. Shirley Falconi
Mrs. Norma Milligan
Miss Ruth Godon



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Our faith community dates back to 1886 when we were **originally located on Main Street West and called St. Mary's** of the Lake and the cornerstone of the existing Cathedral was laid in 1904. The history of our parish is recorded in the memories of thousands of people who built our community.

Regional Announcements are Posted in Glass Display Case in Cathedral



We are looking for volunteers to help with laundry at the rectory. Once weekly at your convenience for approximately 2-3 hours. For more information, please call Karen at the rectory. Thank you for your consideration!

Parish Liturgies



Marriage: Please pick up a Marriage Information Booklet in the Church Vestibule to review prior to contacting the parish office.

Anointing the Sick: Please call the parish office for more information.

Reconciliation: Every Saturday from 3:00 until 3:45 PM.

Eucharist: Please see mass schedule published in this bulletin. Call the parish office to arrange for a Eucharistic Minister to visit the sick and shut-in who are unable to attend Mass.

Adoration of the Blessed Sacrament: On the First Friday of each month from 10:00 AM until 12:00 noon.

Baptism: Please pick up a Baptism Information Booklet in the Church Vestibule to review prior to contacting the parish office.

The Pro-Cathedral is **wheel chair accessible**. The entrance to the elevator is on Algonquin Avenue. Please enter the vestibule and ring the bell for an attendant. Service available at all weekend masses. Weekday masses service available 11:30 AM to 12:45 PM. A **Hearing Aid System** is available for use by the hearing impaired. Please ask an Usher or Sacristan to assist you upon entering the church.

OFFICE HOURS THIS WEEK

Monday	**OFFICE CLOSED**
Tuesday & Wednesday	**8:30 AM to 4:30 PM**
Thursday & Friday	**OFFICE CLOSED**

Readings: 13 - 19 August

Monday	**Ezekiel 1. 2-5, 24-28c; Matthew 17. 22-27**
Tuesday	Ezekiel 2. 8-3.4; Matthew 18. 1-5, 10, 12-14
Wednesday	Revelation 11. 19a; 12. 1-6a, 10ab; 1 Corinthians 15. 20-26; Luke 1. 39-56
Thursday	Ezekiel 12. 1-16; Matthew 18. 21-35—19.1
Friday	Ezekiel 16. 1-15, 60, 63; Matthew 19. 3-12
Saturday	Ezekiel 18. 1-10, 13b, 30-32; Mathew 19. 13-16
Sunday	**Proverbs 9. 1-6; Eph. 5. 15-20; John 6. 51-58**

As part of the Ontario CWL initiative on Homelessness this year, our Catholic Women's League is collecting $5 Tim Hortons to locally provide to those in need.

In particular, when the cold winter season is upon us, a warm cup of coffee goes a long way in making someone's day! As long as someone has the means to purchase an item, then those who are homeless can visit a Tim Horton's to gain shelter and enjoy a drink.



We know it's warm now—but why not pick some up over the summer when you pick up your iced cappuccino so we will be ready for winter?

If you would like to help us out, please purchase $5 gift cards and drop them into the collection basket in an envelope marked CWL TIMMY'S CARD. If you have any questions, please give Maudena a call at 492-0266.

Gospel Reflection

When a teacher introduces a completely new idea, students sometimes resist it. They may complain "I don't get it. It doesn't make sense to me." When Jesus began teaching the Jews that he himself was the "bread that came down from heaven," they muttered and murmured in complaint. They thought they knew who Jesus was. But Jesus responds by promising them that if they eat the living bread, they will live forever. He will give his flesh for the life of the world.
In the Eucharist, we experience the truth of Jesus' promise. We receive the living bread and know that we shall live forever.

✞ What are some of the ways we can prepare to celebrate Eucharist so that we experience this sacrament more fully? How can we help other Catholics who may be staying away from

Why RCIA?

Our lives are a journey to God until the day when we all join together in our eternal home and worship the Lord face-to-face. You are among friends. As we build community through our RCIA sessions, it becomes clear that we all have times of doubt, fear, and frustration. During RCIA, we come together to look at our lives in light of the Gospel so that we can embrace a fuller discipleship of our Lord, Jesus Christ.

There are many reasons people decide that they are interested in becoming a Catholic. It makes no difference if you have been raised in another denomination, have no church affiliation or experience or even if you were never baptized. You may have started out Catholic but never completed your initiation with the Sacraments of Eucharist and Confirmation. RCIA is the process by which we welcome and prepare adults to enter the Catholic faith.

The RCIA process is sensitive to your needs before you make any commitment to the Catholic Church. Below you will find the full process divided into periods for the unbaptized:

- **Period of Inquiry:** What is the Catholic faith all about? Am I called to embrace it? What difference does the gospel of Jesus Christ make in my life? This is a time we look forward to meeting you and answering any questions you may have. No commitments are made or expected at this time.
- **Period of the Catechumenate:** A time to grow in prayer and mature in faith. Presentations are given on the Catholic faith and then connected to Scripture to see how it impacts our lives.
- **Period of Enlightenment:** Coinciding with the season of Lent, this time is devoted to prayer, a Lenten retreat and final preparation for those who will celebrate the sacraments of Baptism, Confirmation and Eucharist at the Easter Vigil.
- **Period of Mystagogy:** The living out of Catholic faith through parish involvement. We explore how to become a real part of parish life at Saint Anne Parish.

As mentioned above, the RCIA is sensitive to your needs. So, the extent and the requirements of the process are adapted for the baptized of other denominations.

Is The Time Right For You?

Why not make the time to come and see how God works in your life. The only regret you may have is that you didn't do it earlier! Call the Parish Office at 472-3970 to see how we can welcome you into the Church.

Development and Peace Stamp Collection



The stamps affixed on the right corner of your envelopes can be very useful. Members of Development and Peace, who are philatelists, sell them to stamp collectors. The proceeds will help fund development projects. If you wish to support this initiative, simply cut off the stamps from your envelopes without damaging perforations, and drop them into the collection basket in baggies or envelopes.

Our D & P Coordinator, Lorraine Atchison, will make sure they are sent to the Stamp Project. Thank you for your support!!!

MASS SCHEDULE

Weekday Masses are Held at 12:05 PM

Monday, 13 August - Weekday in Ordinary Time
Brother Raymond Deschenes - Josie Verrillo
Maurice McGuinty - Alma McCubbin

Tuesday, 14 August - St. Maximilian Kolbe, Priest/Martyr
Patricia Murphy - Cecile Robert
Joe and Martha MacIntyre - The Family

Wednesday, 15 August - Feast of the Assumption of Mary
Devotion to Our Lady of Perpetual Help



Teresa and Frank Piekarski - Trudy, George and Jillian
Addie and Laura Schiavo - Arthur and Lucille Schiavo

Thursday, 16 August - Weekday in Ordinary Time
Emily Paquette - Philip Paquette
David Reid - Frank and Kathleen Sherry

Friday, 17 August - Weekday in Ordinary Time
Richard "Dick" Cuthbertson - Joe and Louise Defonzo
Intention of Kristy and Nicholas Beaulieu - Karen Beaulieu

4:00 PM Saturday, 18 August - 20th Sunday in Ordinary Time
Bill McMahon - Denise McMahon
In Honour of St. Anthony - A Parishioner
Rosemary Labine - The Family

Sunday, 19 August - Twentieth Sunday in Ordinary Time
9:00 AM For Holy Souls in Purgatory - E. Roy
Stephen Zimbalatte - Connie, Mary Anne and Joanne
Int. of Scarlett Cuthbertson - Jack & Maudena Farnsworth

11:00 AM Intention of the Parishioners - Msgr. Dave Tramontini



The Sacrament of Reconciliation is one of the most unique and beautiful aspects of Catholicism. Jesus Christ, in His abundant love and mercy, established the Sacrament of Confession, so that we as sinners can obtain forgiveness for our sins and reconcile with God and the Church. The sacrament "washes us clean," and renews us in Christ.
"Jesus said to them again, 'Peace be with you. As the Father has sent me, even so I send you.' And when he had said this, he breathed on them, and said to them, 'Receive the Holy Spirit. If you forgive the sins of any, they are forgiven; if you retain the sins of any, they are retained'" (John 20:21-23).

CONFESSIONS ARE HEARD IN THE CATHEDRAL EVERY SATURDAY FROM 3:00 TO 3:45 PM JUST PRIOR TO THE 4:00 PM MASS.

If you haven't been to Confession in a while, the Catholic Church wants to welcome you back, and invites you to participate in this beautiful sacrament of healing. Take a step in faith. You'll be surprised about how free you feel after taking part in the Sacrament of Reconciliation. So many Catholics describe incredible feelings of peace, joy, relief, and love that they never expected. Jesus is calling you to experience His mercy in this way too.



SHARING CHRIST a seven-week mission that trains Catholics to share Jesus Christ with others and invite them to be part of the Church.
11 September to 16 October

Visit: christlife.org for More Information
Visit: christlifenorthbay.org to Register



DISCOVERING CHRIST a seven-week experience that invites you to hear the Good News and personally encounter Jesus Christ.
23 October to 04 December