18 FEBRUARY 2018	PRO-CATHEDRAL OF THE ASSUMPTION
FIRST SUNDAY IN LENT	480 McIntyre Street West - North Bay, Ontario - P1B 2Z4

Welcome to Your Father's House!



In the reading from Genesis, God establishes a covenant with Noah, declaring the rainbow as the reminder to all his people. In the second reading, we hear that the eight who had been saved by the water in the story of Noah prefigure our baptism which saves us now. In Mark's Gospel, Jesus begins his Galilean ministry by proclaiming the need to repent and believe. Repent and believe in the Gospel. These sound like simple words from our short Gospel today. But it is fitting that Jesus begins his earthly ministry with this powerful message after the Spirit descended upon him at his baptism. He asks us to believe in the Gospel and embrace its message of humble service and discipleship.

Our Parish Mission Statement

We, the members of the Pro-Cathedral of the Assumption community, believe that we have been called through Baptism to live the Good News of Jesus Christ under the patronage of Mary, our Mother. We accomplish this by proclaiming the Word, celebrating the Sacraments, & reaching out to others.

PASTOR **Most Rev. Marcel Damphousse , D. D.**
Bishop of Sault Ste. Marie

RECTOR
Msgr. Dave Tramontini

ASSISTANT
Rev. Rex Lumine

IN RESIDENCE

Msgr. Normand Clement Chaplain, Nipissing-Parry Sound District Schools

PERMANENT MINISTERS

Deacons
Rev. Mr. Albert Falconi
Rev. Mr. Donald Shago
Rev. Mr. Rick Hamelin
Rev. Mr. Gary Westenenk

Diocesan Order of Women
Mrs. Shirley Falconi
Mrs. Norma Milligan
Miss Ruth Godon



(705) 472-3970
(705) 494-8222
cathedral@bellnet.ca
procathedral.ca
facebook.com/procathedral

Our faith community dates back to 1886 when we were **originally located on Main Street West and called St. Mary's** of the Lake and the cornerstone of the existing Cathedral was laid in 1904. The history of our parish is recorded in the memories of thousands of people who built our community.

Parish Liturgies



Marriage: Please pick up a Marriage Information Booklet in the Church Vestibule to review prior to contacting the parish office.

Anointing the Sick: Please call the parish office for more information.

Reconciliation: Every Saturday from 3:00 until 3:45 PM.

Eucharist: Please see mass schedule published in this bulletin. Call the parish office to arrange for a Eucharistic Minister to visit the sick and shut-in who are unable to attend Mass.

Adoration of the Blessed Sacrament: On the First Friday of each month from 10:00 AM until 12:00 noon.

Baptism: Please pick up a Baptism Information Booklet in the Church Vestibule to review prior to contacting the parish office.

The Pro-Cathedral is **wheel chair accessible**. The entrance to the elevator is on Algonquin Avenue. Please enter the vestibule and ring the bell for an attendant. Service available at all weekend masses. Weekday masses service available 11:30 AM to 12:45 PM. A **Hearing Aid System** is available for use by the hearing impaired. Please ask an Usher or Sacristan to assist you upon entering the church.

WEEKLY READINGS: 19—25 FEBRUARY	
Monday	Leviticus 19. 1-2, 11-18; Matthew 25. 31-46
Tuesday	**Isaiah 55. 10-11; Matthew 6. 7-15**
Wednesday	**Jonah 3. 1-10; Luke 11. 29-32**
Thursday	1 Peter 5. 1-4; Matthew 16. 13-19
Friday	**Ezekiel 18. 21-28; Matthew 5. 20-26**
Saturday	Deuteronomy 26. 16-19; Matthew 5. 43-48
Sunday	Genesis 22. 1-2, 9-13, 15-18; Romans 8. 31b-35, 37; Mark 9. 2-10

OFFICE HOURS THIS WEEK	
MONDAY	**OFFICE CLOSED**
TUESDAY to FRIDAY	**8:30 AM to 4:30 PM**

INCOME TAX RECEIPTS

Income tax receipts have been mailed. If you don't receive yours in the next week—maybe you are one of our unknowns. Please call the office to identify yourself if you used the following envelopes in 2017.

41 178 233 253 386 401 415 454

"As Lent is the time for greater love, listen to Jesus' thirst…'Repent and believe' Jesus tells us. What are we to repent? Our indifference, our hardness of heart. What are we to believe? Jesus thirsts even now, in your heart and in the poor — He knows your weakness. He wants only your love, wants only the chance to love you."

Saint Mother Teresa of Calcutta

Make this your BEST LENT EVER!



Dynamic Catholic's free email program will guide you on an incredible 40-day journey to become the-best-version-of-yourself, making this a truly life-changing Lent.

Sign up at: dynamiccatholic.com/bestlentever

Watch Daily Videos: You will receive daily emails with short inspirational videos from Matthew Kelly, practical tips to incorporate into your everyday life, and personal stories from Dynamic Catholic team members.

40 Days at the Foot of the Cross: A Gaze of Love from the Heart of Our Blessed Mother

What went through the mind and heart of our Blessed Mother as she stood faithfully by her Son in His last agony? As a loving mother, she would have pondered every moment of His precious life and every experience she had with Him. She would have pondered His conception, His birth, His presentation in the temple, His public ministry, His passion and death and so much more.

You are invited to prayerfully ponder the mind and heart of our Blessed Mother as she endured the great suffering inflicted upon her own dear Son. Mother Mary faced the Cross of her Son with perfect faith, love and devotion. Her fidelity to her Son throughout His life was unwavering. As she stood before the Cross during those long three hours, that fidelity never ceased.

For 40 days of reflections and special prayers for Holy Week & Easter visit:

mycatholic.life

and select Lent Prayers & Reflections 2018

MASS SCHEDULE

Weekday Masses are Held at 12:05 PM

Monday, 19 February - Weekday in Lent
Intention of Ernie Desheyno - E. Roy
Charlie Ethier - Larry and Theresa Ethier
Claire Welsh - Ann Sullivan



Tuesday, 20 February - Weekday in Lent
Bill Lecour - The Family
Frank Celentano - The Celentano Family
Noel Corbeil - Thérèse Evans and Family

Wednesday, 21 February - Weekday in Lent
Devotion to Our Lady of Perpetual Help
Larry Regan - Lloyd and Katherine Voisin
Domingo Tejada - Lorenza and Stuart Thompson
Intention of Kristy and Nicholas Beaulieu - Karen Beaulieu

Thursday, 22 February - Feast of Chair of St. Peter, Apostle
Victor Sokolowski - Laurette Goyette
Cliff Dunn - Bonnie Parslow
Claire Audet-Ohnmacht - Joyce Brooks

Friday, 23 February - Weekday in Lent
Ida Bagno - Coleen Klein
Deceased Relatives of Jack and Monica Sullivan

4:00 PM Saturday, 24 February - Second Sunday of Lent
Eunice Carmichael - Diane Carmichael
Victor Sokolowski - Laurette Goyette
Intention of Sandy Eastwood - Robert and Judy

Sunday, 25 February - Second Sunday of Lent
9:00 AM Giulia Tignanelli - Shirley Valenti
Ida Bagno - Jeannette and Randy Dominico
Intentions of the Donors and those Remembered in the Pro-Cathedral Memorial Fund

11:00 AM Intention of the Parishioners - Msgr. Dave Tramontini

STATIONS OF THE CROSS
FRIDAYS DURING LENT
5:00 PM in the Cathedral



SHARE LENT 2018

This year's Share Lent, Development and Peace is encouraging us to come together for peace! You will find inspiring testimonials in the mini-magazine distributed with the bulletin today.

During this first week, our search for peace takes us to Cambodia to meet ICSO, a Development and Peace partner that works with minority Indigenous communities to help them have their rights recognized by the government, defend their land against corporate interests, and develop sustainable economic activities that enable them to live with dignity.



Lent & Fasting & Abstinence



We may give up meat or other desirable foods on Fridays during Lent, and especially on Good Friday, the day of Christ's saving death on the cross.

Our abstinence for Catholics 14 years and older (as long as there are no health issues) is another way of sharing in Christ's work of saving the world. We may also substitute other good actions for abstinence. These could include special acts of charity (visiting the sick or aged, helping those in any need, contributing to a work of charity) or other acts of piety (taking part in a service of worship with others, praying with our family, spending some extra time in personal prayer, especially with the scriptures.

✝ MEMORIAL FUND ✝



The following name has been received at the request of donors in memory of our deceased friends and relatives:

ANNETTE JOHNSTON ALICE CARDINAL

Food Bank Sunday ~ Next Weekend
Please be Generous!

Pope Francis February Prayer Intentions

Say "No" to Corruption: That those who have material, political or spiritual power may resist any lure of corruption.

Lenten Prayer for Transformation



Loving Father,
I invite you into my life today
and make myself available to you.
Help me to become the-best-version-of-myself
by seeking your will and becoming a living example
of your love in the world.
Open my heart to the areas of my life that need to
change in order for me to carry out the mission
and experience the joy you have imagined for my life.
Inspire me to live the Catholic faith
in ways that are dynamic and engaging.
Show me how to best get involved in the life of my
parish.
Make our community hungry for best practices
and continuous learning.
Give me courage when I am afraid,
hope when I am discouraged,
and clarity in times of decision.
Teach me to enjoy uncertainty and lead your Church
to become all you imagined it would be.
Amen

Sunday Collection - 11 February	
Sunday Offering	**Building Fund**
$4,480.70	**$737.00**

JAN VISA/MASTERCARD DONATIONS	
Sunday Offering	**Building Fund**
$4,655.00	**$1,981.00**



Meet our newest and youngest Usher!

Hailey Perron gets very excited to help hand out bulletins and welcome our parishioners and guests with a special "How are you today?"

All this from a joyful six-year old!

What an amazing girl.

We appreciate all that you do to help us at the Cathedral Hailey!

God Bless!



VIGIL CANDLES

Blessed white candles are available ½ hour before and ½ hour after all masses on the weekend and weekdays. You may enter the Sacristy and ask our Sacristan for your vigil candle. It will be lit and at that time you may place your candle on the stand. An offering of $5 per candle is suggested to help defray costs.

We have several trees from our Christmas Decorations that we would like to donate to anyone who is interested in having one. Please call the parish office to arrange for pickup.



North Bay Right to Life/Pro-Vie 27th Annual all you can eat Spaghetti & Meatballs/ Lasagna Dinner Sunday, March 4 in Pro-Cathedral Parish Hall. Two seatings: 4:15 & 5:30 PM. Adults/$12, Children 3-10 years/$5, take-out/$8. For tickets call: Nancy Tremblay 472-6099, Harley 752-4105, Jeannine Lebel 724-3424 or JP Lamarche 476-0953. ***A Silent Auction will be held in conjunction with the dinner*** If you have small items to donate, please call Nicky at 474-3018 (leave a message) for pick up or drop off items at the Pregnancy Help & Resource Centre during business hours.

EVERYONE WELCOME!!

What's Happening in our Community?

Made for More! Diocesan Catholic Youth Conference 2018. All high school aged youth are invited to participate on Saturday, **February 24, 2018** at St. Mary's College in Sault Ste. Marie, Ontario. Join high school students from across Northern Ontario for a day of faith, music, sharing, talks and powerful witness featuring popular Catholic Speaker Ken Yasinski. Register online www.stjeromeparishssm.com/dcyc2018 Registration is only $20 for this exciting event presented by the Roman Catholic Diocese of Sault Ste. Marie, the Huron Superior Catholic District School Board and the Knights of Columbus Council 932.

Knights of Columbus Council 12106 Soup and Card Party February 26 from 12:00 noon to 4:00 PM at Holy Name of Jesus Parish. $6 entry fee includes lunch. For table reservation call John at 845-1020 or Roy at 477-4084.

2018 Marriage Preparation Weekends April 20 & 21, and Fall October 26-27 (5 PM Friday 9:30 AM to 5:00 PM Saturday): Call Regional Catholic Services at 472-5821 to reserve your place. Material cost is $40.00 per couple payable at time of registration. Register soon!

The Promises of Fatima: Come pray the Rosary with a group of people who form a Fr. Gobbi Cenacle honouring our Blessed Virgin Mary. Wednesday mornings at 9:30 AM at St. Peter's Parish.

Open Adoration: St. Alphonsus in Callander every Friday 8:30 AM to 12:00 Noon. First Friday 8:30 AM to 8:30 AM (24Hrs). **St. Joseph's Motherhouse** first Sunday of the month from 3:30-4:30 PM in Holy Family Chapel and Pro-Cathedral First Friday 10:00 AM to 12:00 Noon.

Adoration of the Blessed Sacrament is held weekly at Holy Name of Jesus Church. Please come and visit Jesus even for a few minutes. He waits for us. Hours of Adoration: Monday and Thursday 12 noon to 5 pm; Tuesdays 12 noon to 7 PM; Wednesday and Friday: 12 noon to 6 pm. To make a weekly one-hour commitment, please call Gisele Champagne at 497-1911.

CLAY- (Catholic, Love, Attitude, Yes!): A Youth Program for JK to Grade 7, Thursday evenings 6:30-8:00 PM at St. Gregory's School Gym, back entrance. Come out and join us for games, crafts and faith teachings in a fun filled and positive environment. For more information please contact Laurie Dobbs at 724-1277 or Jessica Sheppard at 724-1835 or jessicasheppard@gmail.com.

Devotion to Our Lady of Perpetual Help every Wednesday at 11:55 AM at Pro-Cathedral prior to the 12:05 PM mass.

YEO (Youth Evangelizing Others) is a Catholic Youth Group designed for grade 8-12 students with a mission to bring other teens to know Jesus through testimonies, talks, skits, and games. Friday nights at St. Joseph-Scollard Hall Gym from 6:30 to 9:00 PM. For more information, contact Sam at 496-0456.

North Bay pregnancy Help & Resource Centre, 323 Algonquin Ave, North Bay, ON P1B 8J8. Open weekdays 10:00 AM–4:00 PM. Tel: 475-9270. Offering free pregnancy testing, optional counselling, a friendly non-judgmental ear, baby supplies, post-abortion grief counselling, and community service referrals.

Lenten Mission: The Lenten Mission at St. Joseph's Catholic Church, 120 Memorial Park Drive, Powassan, will be held Sunday, March 4 to Wednesday, March 7, 2018, starting at 7pm every evening. The retreat master is Father Andrew Ayala, IVE, Congregation of the Eternal Word. He is a priest currently serving in the Peterborough Diocese. Please mark the dates on your calendar. Everyone welcome. Information: Laurie: 705-724-2118.

Silent Lenten Retreat "The Name of God is Mercy" at Villa Loyola Friday, March 2 7 PM to Sunday, March 4 1:00 PM Director: Fr. Scott Lewis, S.J., cost $230/live-in or $130/ commute. Call 705-522-3502 ext. 0 Monday to Friday or email at loyola@isys.ca. Where is God in our rather dark and scary world? How should we respond to the fearful and threatening pressures we face? How can religion heal the world, or is religion the problem? These questions have been in the hearts of many. Many people feel estranged or distant from God, especially when God is so often invoked or portrayed in violent or judgmental ways. During this retreat we will pray with these passages for enlightenment, hope, and transformation on our spiritual journey

North Bay Community Blood Donor Clinics are held each month in North Bay and blood donations are needed especially during the summer to meet patient needs. Please book your appointment at www.blood.ca or call 1-888-236-6283 **Next Clinic February 20 & 21 at Best Western on Lakeshore Drive**

Calling all Women to the Great Canadian Bible Study with the women of First Baptist Church. Topic: Lessons on Mary Magdalene. Saturday, 24 February from 9:00 AM to 12:00 Noon beginning with breakfast. Free will offering of toonies will support literacy classes for women in Rwanda. Contact Sue Foote at 497-3382 or suzie@foote-ca.com to register – invite your friends!

Sisters of St. Joseph Present:

Lenten Renew Opportunity 3 Consecutive Fridays February 16 , 23 and March 2 McColgan Room St. Joseph's Motherhouse from 1:30---3:30 PM. "Conversion: Following the Call of Christ" Through the inspirational stories of six ordinary Biblical figures, the DVD Presentations by Bishop Robert Barron can help us understand the power of an encounter with Christ and help us recognize where Christ may be calling us personally. Facilitator Sr. Pauline Guindon, csj. Suggested Offering $30.00 for the series. Register by calling 705-474-3800 ext. 213

Christian Meditation: Each Tuesday at 1:30—2:30 pm in Holy Family Chapel. This contemplative prayer is a way to self-knowledge, self-acceptance & awareness of all that God can do in our lives when we allow it.

Taize Prayer: Taize Prayer is held the 3rd Thursday each month, from 7:00—8:00 pm in the Holy Family Chapel. The intention of this prayer is for the "Gift of Reconciliation", wherever brokenness exists. This includes song, scripture, & silence. All are welcome.

Knights of Columbus Meetings

Fr. Michael Cundari Council, 12030 at Holy Name Church: General Meeting third Tuesday of each month at 7:30 PM
Contact: Joe Sinicrope at 497-0604

Corpus Christi Knights of Columbus Council 12106 now meet second Tuesday of each month with regular and executive meetings held the same day at the Canadian Forces Base Church (Queen of Peace).
Contact: Art Tiernay at 358-1368
We also collect pop cans for charity work. Please drop off your cans at Holy Name Church beside the Garage.

Knights of Columbus Council #1007 Executive Meeting at 6:30 PM and General Meeting at 7:00 PM on the first Wednesday of each month September to June at St. Peter's Church in the Parish Hall. Refreshments served. New or transferring members can contact Mike Joly at 495-1792.

Call CANA for Cards, Rosaries, Sacramental Gifts, Books & More! Email Kas or Alana at cana12cana@gmail.com or call 776-2192