28 JANUARY 2018

FOURTH SUNDAY IN ORDINARY TIME

PRO-CATHEDRAL OF THE ASSUMPTION

480 McIntyre Street West - North Bay, Ontario - P1B 2Z4

Welcome to Your Father's House!



In the first reading, the Lord promises Israel that he will raise up a new prophet, one who will speak with his authority. Paul urges the Corinthians to remain free of worldly anxieties. In Mark's Gospel, it is the unclean spirit that recognizes Jesus' true identity and responds to his commands. Liberation is at the heart of our Scriptures – a freedom that will liberate us from worldly anxieties and concerns, and from all that might hinder us in fulfilling our holy mission. Listening to and obeying God's Word prevents us from hardening our hearts and distancing ourselves from his presence in our lives.

Our Parish Mission Statement

We, the members of the Pro-Cathedral of the Assumption community, believe that we have been called through Baptism to live the Good News of Jesus Christ under the patronage of Mary, our Mother. We accomplish this by proclaiming the Word, celebrating the Sacraments, & reaching out to others.

PASTOR **Most Rev. Marcel Damphousse , D. D.**
Bishop of Sault Ste. Marie

RECTOR
Msgr. Dave Tramontini

ASSISTANT
Rev. Rex Lumine

IN RESIDENCE

Msgr. Normand Clement Chaplain, Nipissing-Parry Sound District Schools

PERMANENT MINISTERS

Deacons
Rev. Mr. Albert Falconi
Rev. Mr. Donald Shago
Rev. Mr. Rick Hamelin
Rev. Mr. Gary Westenenk

Diocesan Order of Women
Mrs. Shirley Falconi
Mrs. Norma Milligan
Miss Ruth Godon



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procathedral.ca

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Our faith community dates back to 1886 when we were **originally located on Main Street West and called St. Mary's** of the Lake and the cornerstone of the existing Cathedral was laid in 1904. The history of our parish is recorded in the memories of thousands of people who built our community.

Parish Liturgies



Marriage: Please pick up a Marriage Information Booklet in the Church Vestibule to review prior to contacting the parish office.

Anointing the Sick: Please call the parish office for more information.

Reconciliation: Every Saturday from 3:00 until 3:45 PM.

Eucharist: Please see mass schedule published in this bulletin. Call the parish office to arrange for a Eucharistic Minister to visit the sick and shut-in who are unable to attend Mass.

Adoration of the Blessed Sacrament: On the First Friday of each month from 10:00 AM until 12:00 noon.

Baptism: Please pick up a Baptism Information Booklet in the Church Vestibule to review prior to contacting the parish office.

The Pro-Cathedral is **wheel chair accessible**. The entrance to the elevator is on Algonquin Avenue. Please enter the vestibule and ring the bell for an attendant. Service available at all weekend masses. Weekday masses service available 11:30 AM to 12:45 PM. A **Hearing Aid System** is available for use by the hearing impaired. Please ask an Usher or Sacristan to assist you upon entering the church.

WEEKLY READINGS: 29 JAN — 04 FEB	
Monday	2 Samuel 15. 13-14, 30; 16.5-13a; Mk. 5.1-20
Tuesday	**2 Samuel 18. 9-10, 14b, 24-26a, 30-19.3; Mark 5. 21-43**
Wednesday	**2 Samuel 24. 2. 9-17; Mark 6. 1-6**
Thursday	1 Kings 2. 1-4, 10-12; Mark 6. 7-13
Friday	**Malachi 3. 1-4; Luke 22. 22-40**
Saturday	1 Kings 3. 4-13; Mark 6. 30-34
Sunday	Job 7. 1-4, 6-7; 1 Corinthians 9. 16-19, 22-23; Mark 1. 29-39

OFFICE HOURS THIS WEEK	
MONDAY	**8:30 AM to 12:00 NOON**
TUESDAY to FRIDAY	**8:30 AM to 4:30 PM**

Catholic Women's League Membership



Members are reminded to take advantage of the Early Bird draw. Those that pay their annual $25 membership before January 31st have their names entered into a draw for the return of the cost of the membership. The draw will be held at the first General Meeting of the New Year on February 7. Contact Shirlene Condie-McVeigh at 476-2748 for more information on how to get your 2017 Membership. For those who use parish envelopes—please note that you have a CWL Membership Envelope included in your box of envelopes which can be completed and dropped into the collection basket.



REMINDER - THIS WEEKEND!



After the weekend masses, Deacon Al Falconi will stay after mass to help educate and help anyone who wants to know more about how to use our Hearing Aid System.

If you struggle to hear our homilies, announcements, music, etc. why not use our system?

Stay for a few minutes after mass on the weekend and see how the hearing system can enhance your enjoyment of the celebration of mass.



Ever thought about being a member of our funeral lunch team?

We offer a luncheon for the bereaved family and their friends following a funeral celebration. Parish volunteers offer hospitality, food preparation, serving and/or clean-up. The setting up of the tables and chairs is completed by our custodian, Robert, so there is no heavy lifting.

This service is one of the last things we can do for our parish family members. *Call Maudena soon at 495-2532 for more information.*

There will be a gathering of Funeral Lunch Volunteers on Wednesday, 31 January at 1:00 PM in the Parish Hall.
This is for all current volunteers and for anyone who would like to come out and find out more about this ministry.
Gentlemen, we need you too!
And you will not be asked to do any heavy lifting. Please consider volunteering.
The need is great!

Sunday Collection - 21 JANUARY	
Sunday Offering	**Building Fund**
$4,949.65	$714.05

MASS SCHEDULE

Weekday Masses are Held at 12:05 PM

Monday, 29 January - Weekday in Ordinary Time
Lou Gosselin - Maria Gosselin and Family
In Thanksgiving - A Parishioner

Tuesday, 30 January - Weekday in Ordinary Time
Gisele Tiernay - The Family
Geno Cundari - Mary-Lynn and Family

Wednesday, 31 January - Memorial of St. John Bosco, Priest
Devotion to Our Lady of Perpetual Help

Cliff Dunn - Jeannette and Randy Dominico
Nicola Plutino - Cathy Fruci and Family
Teresa and Frank Piekarski - Trudy, George and Jillian

Thursday, 01 February - Weekday in Ordinary Time
Rachelle Rainville - Judy and Robert
For Holy Souls in Purgatory - E. Roy

Friday, 02 February - Feast of The Presentation of the Lord
Sam Verrillo - The Family
Milan Hlusek - Emilia and Michelle

4:00 PM Saturday, 03 February - 5th Sunday in Ordinary Time
Lorne Donnelly - Eileen Casey
In Thanksgiving - Carol Rowe
Hazel Treacy - Diane Carmichael

Sunday, 04 February - Fifth Sunday in Ordinary Time

9:00 AM Nick Plutino - Dora Plutino and Family
Deceased Relatives of Jack and Monica Sullivan
Cliff Dunn - Dave Marleau and Family

11:00 AM Intention of the Parishioners - Msgr. Dave Tramontini



INCOME TAX RECEIPTS

Income tax receipts will be mailed out in February. If you were using the following envelope numbers in 2017—we don't know who you are and you will not receive an income tax receipt. Please contact the parish office as soon as possible to identify yourself. Thank you!

41 178 233 253 386 401 415 454

ALSO! 2018 Envelope Users

We are already receiving 2018 envelopes with no name or address on them. Please call the office!

Envelopes: 122, 137, 165, 198, 216, 253, 330

It is very important that everyone write their name and address on their envelopes for the first 4-6 weeks of this New Year.



Feast of St. Blaise
Blessing of the Throats

On Saturday, February 3, the Feast of St. Blaise, Bishop and Martyr is celebrated. St. Blaise devoted the early years of his life to the study of philosophy and afterwards became a physician. In the practice of his profession he saw so much of the miseries of life and the hollowness of worldly pleasures, that he resolved to spend the rest of his days in the service of God, becoming a physician of souls. Appointed Bishop of Sebaste, in Armenia, St. Blaise at once began to instruct his people as much by his example as by his words, and the great virtues and sanctity of this servant of God were attested by many miracles. From all parts the people came flocking to him for the cure of bodily and spiritual life. A distracted mother, whose only child was dying of a throat disease, threw herself at the feet of St. Blaise and implored his intercessional. Touched at her grief, the Saint offered up his prayers, and the child was cured; since that time his aid has often been effectually solicited in cases of similar disease.

Each year, we continue to observe the Feast of St. Blaise with the Blessings of Throats.

Next weekend, after all of our masses on Saturday and Sunday, throats will be blessed as we ask for the blessing of St. Blaise, asking God's protection against affections of the throat.

Please remain in the Cathedral after mass if you would like to participate.

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FIRST EUCHARIST REGISTRATION



Our second preparation meeting for First Eucharist will be held on Wednesday, April 25 at 5:15 PM in the Parish Hall.

To attend this meeting your child should have received his/her Sacrament of First Reconciliation. If your child has not received this sacrament, we will be offering preparation for this sacrament this Fall.

Together we will have an opportunity to discuss the Sacramental preparation of your child, making it an enjoyable experience for everyone!

This gathering includes a Pizza Dinner!
Please RSVP by Sunday, April 22
(kathystorie@icloud.com or Parish Office 472-3970)

If you still have your name tag from First Reconciliation sessions, bring it with you. If not, no worries, we'll get you a new one!

Children who are Celebrating and their Parents/Guardians Should Attend

If not already provided, bring your child's Baptismal Certificate to this meeting even if they were baptized at the Pro-Cathedral.

Confront the lies of 'fake news,' Francis says

Vatican City, Jan 24, 2018/(CNA/EWTN News by Hannah Brockhaus)



In his message for the World Day of Social Communications, published Wednesday, Pope Francis said that in a world of lightning-fast communication, there is a responsibility to combat falsehood and misinformation with truth, treating journalism as a people-oriented mission.

"In today's world, [the work of journalists] is, in every sense, not just a job; it is a mission," the Pope wrote in his message released Jan. 24.

"Amid feeding frenzies and the mad rush for a scoop, they must remember that the heart of information is not the speed with which it is reported or its audience impact, but persons."

"Informing others means forming others; it means being in touch with people's lives," he continued. "That is why ensuring the accuracy of sources and protecting communication are real means of promoting goodness, generating trust, and opening the way to communion and peace."

"Truth is something you can lean on, so as not to fall," he said. "In this relational sense, the only truly reliable and trustworthy One – the One on whom we can count – is the living God. Hence, Jesus can say: 'I am the truth.'"



"To this end, drawing inspiration from a Franciscan prayer, we might turn to the Truth in person," he concluded, offering the following prayer:

"Lord, make us instruments of your peace.

Help us to recognize the evil latent in a communication that does not build communion.

Help us to remove the venom from our judgements.

Help us to speak about others as our brothers and sisters.

You are faithful and trustworthy; may our words be seeds of goodness for the world:

where there is shouting, let us practice listening;

where there is confusion, let us inspire harmony;

where there is ambiguity, let us bring clarity;

where there is exclusion, let us offer solidarity;

where there is sensationalism, let us use sobriety;

where there is superficiality, let us raise real questions;

where there is prejudice, let us awaken trust;

where there is hostility, let us bring respect;

where there is falsehood, let us bring truth.

Amen."



All high school aged youth are invited to participate on Saturday, February 24, 2018 at St. Mary's College in Sault Ste. Marie, Ontario. Join high school students from across Northern Ontario for a day of faith, music, sharing, talks and powerful witness featuring popular Catholic Speaker Ken Yasinski. Ken is one of Canada's most sought after Catholic speakers, with 14 years of full time experience, proclaiming the fullness of the Catholic faith. His passion for the faith, fidelity to the Church, and his ability to communicate with clarity, inspires Catholics to an extraordinary life in Christ. At the core of every message, he challenges people to realize their full potential in life. His message at the Conference will revolve around how God calls us to more in our life. Registration is only $20 for this exciting event presented by the Roman Catholic Diocese of Sault Ste. Marie, the Huron Superior Catholic District School Board and the Knights of Columbus Council 932.

Go to our homepage at procathedral.ca under LATEST NEWS for more information and a link to the registration

What's Happening in our Community?

Development and Peace 2018 Share Lent Campaign
Information Session will be held at St. Peter's Church, Sunday February 4 at 2:00 PM. Theme is "Together for Peace". Let us reflect together on how this campaign enables us to spread the Good News of Christ and be peacemakers. Call Shirley at 474-5379 for more information or come out to our gathering to find out how you can assist with the Share Lent Campaign.

2018 Marriage Preparation Weekends February 9 & 10, April 20 & 21, and Fall October 26-27 (5 PM Friday 9:30 AM to 5:00 PM Saturday): Call Regional Catholic Services at 472-5821 to reserve your place. Material cost is $40.00 per couple payable at time of registration. Register soon!

The Promises of Fatima: Come pray the Rosary with a group of people who form a Fr. Gobbi Cenacle honouring our Blessed Virgin Mary. Wednesday mornings at 9:30 AM at St. Peter's Parish.

Open Adoration: St. Alphonsus in Callander every Friday 8:30 AM to 12:00 Noon. First Friday 8:30 AM to 8:30 AM (24Hrs).
St. Joseph's Motherhouse first Sunday of the month from 3:30-4:30 PM in Holy Family Chapel and Pro-Cathedral First Friday 10:00 AM to 12:00 Noon.

Devotion to Our Lady of Perpetual Help every Wednesday at 11:55 AM at Pro-Cathedral prior to the 12:05 PM mass.

Adoration of the Blessed Sacrament is held weekly at Holy Name of Jesus Church. Please come and visit Jesus even for a few minutes. He waits for us. Hours of Adoration: Monday and Thursday 12 noon to 5 pm; Tuesdays 12 noon to 7 PM; Wednesday and Friday: 12 noon to 6 pm. To make a weekly one-hour commitment, please call Gisele Champagne at 497-1911.

CLAY- (Catholic, Love, Attitude, Yes!): A Youth Program for JK to Grade 7, Thursday evenings 6:30-8:00 PM at St. Gregory's School Gym, back entrance. Come out and join us for games, crafts and faith teachings in a fun filled and positive environment. For more information please contact Laurie Dobbs at 724-1277 or Jessica Sheppard at 724-1835 or jessicasheppard@gmail.com.

Free Literacy and Numeracy Adult Classes with Nipissing-Parry Sound Catholic Alternative & Continuing Education for adults aged 19 and older. Improve your reading, writing, math and computer skills; upgrade your skills for secondary school credit, employment, college, apprenticeship or for a greater sense of independence; develop a personal learning plan and work at your own pace. Attend full or part-time. Enrol anytime – continuous intake all year!! Call 472-7771 or visit www.npsc.ca for information.

YEO (Youth Evangelizing Others) is a Catholic Youth Group designed for grade 8-12 students with a mission to bring other teens to know Jesus through testimonies, talks, skits, and games. Friday nights at St. Joseph-Scollard Hall Gym from 6:30 to 9:00 PM. For more information, contact Sam at 496-0456.

Cold weather is upon us! The **North Bay Warming Centre needs your help** at their new location at 480 Fisher St., Suite 100. Contact Karrie at warmingcentrenbay@gmail.com or www.facebook.com/NorthBayWarmingCentre/

Silent Lenten Retreat "The Name of God is Mercy" at Villa Loyola Friday, March 2 7 PM to Sunday, March 4 1:00 PM Director: Fr. Scott Lewis, S.J., cost $230/live-in or $130/ commute. Call 705-522-3502 ext, 0 Monday to Friday or email at loyola@isys.ca. Where is God in our rather dark and scary world? How should we respond to the fearful and threatening pressures we face? How can religion heal the world, or is religion the problem? These questions have been in the hearts of many. Many people feel estranged or distant from God, especially when God is so often invoked or portrayed in violent or judgmental ways. During this retreat we will pray with these passages for enlightenment, hope, and transformation on our spiritual journey

Calling all Women to the Great Canadian Bible Study with the women of First Baptist Church. Topic: Lessons on Mary Magdalene. Saturday, 24 February from 9:00 AM to 12:00 Noon beginning with breakfast. Free will offering of toonies will support literacy classes for women in Rwanda. Contact Sue Foote at 497-3382 or suzie@foote-ca.com to register – invite your friends!

Volunteers needed for Family Enrichment Program for parents and their preschool children. Volunteers care for our infants, toddlers and preschoolers Monday, Wednesday or Thursday mornings from 9:15 am to 11:15 am. Located at St. Joseph School 570 First Avenue East. Call 472-2152 for more information.

Knights of Columbus Meetings

Fr. Michael Cundari Council, 12030 at Holy Name Church:
General Meeting third Tuesday of each month at 7:30 PM
Contact: Joe Sinicrope at 497-0604
Corpus Christi Knights of Columbus Council 12106 now meet second Tuesday of each month with regular and executive meetings held the same day at the Canadian Forces Base Church (Queen of Peace). Contact: Art Tiernay at 358-1368
We also collect pop cans for charity work. Please drop off your cans at Holy Name Church beside the Garage.
Knights of Columbus Council #1007 Executive Meeting at 6:30 PM and General Meeting at 7:00 PM on the first Wednesday of each month September to June at St. Peter's Church in the Parish Hall. Refreshments served. New or transferring members can contact Mike Joly at 495-1792.

Sisters of St. Joseph Present:

Christian Meditation: Each Tuesday at 1:30—2:30 pm in Holy Family Chapel. This contemplative prayer is a way to self-knowledge, self-acceptance & awareness of all that God can do in our lives when we allow it.
Taize Prayer: Taze Prayer is held the 3rd Thursday each month, from 7:00—8:00 pm in the Holy Family Chapel. The intention of this prayer is for the "Gift of Reconciliation", wherever brokenness exists. This includes song, scripture, and silence. All welcome.



North Bay Right to Life/Pro-Vie 27th Annual all you can eat Spaghetti & Meatballs/ Lasagna Dinner Sunday, March 4 at Pro-Cathedral Parish Hall. Adults/$12, Children 3-10 years/$5, take-out/$8. For tickets call: Nancy Tremblay 472-6099, Harley 752-4105, Jeannine Lebel 724-3424 or JP Lamarche 476-0953. A silent auction will also be held that night. EVERYONE WELCOME!!