03 DEC 2017

FIRST SUNDAY OF ADVENT

Pro-Cathedral of the Assumption

480 McIntyre Street West - North Bay, ON - P1B 2Z4

Welcome to Your Father's House!



The first reading is Isaiah's poetic plea to God to remain with his people and continue to bless them despite their worldliness and their propensity toward sin. In the second reading, Saint Paul reminds the Corinthians that God is faithful, and will continue to sustain them until the day of salvation. The Gospel rouses us from worldly sleep with the exhortation to *Watch*, for we do not know the day or the hour when the Lord will call upon us. The ancient spiritual tradition of *memento mori* is one of calling to mind our own eventual death in order to focus on eternity and live a better life. How easy it is to be lulled into the sleep of the world and to forget that there is a limit to our earthly time. Advent is a time to prepare ourselves for Christ's return in glory. When the Lord comes, will he find us awake?

Our Parish Mission Statement

We, the members of the Pro-Cathedral of the Assumption community, believe that we have been called through Baptism to live the Good News of Jesus Christ under the patronage of Mary, our Mother. We accomplish this by proclaiming the Word, celebrating the Sacraments, & reaching out to others.

PASTOR **Most Rev. Marcel Damphousse , D. D.**
Bishop of Sault Ste. Marie

RECTOR
Msgr. Dave Tramontini

ASSISTANT
Rev. Rex Lumine

IN RESIDENCE

Msgr. Normand Clement Chaplain, Nipissing-Parry Sound District Schools

PERMANENT MINISTERS

Deacons
Rev. Mr. Albert Falconi
Rev. Mr. Donald Shago
Rev. Mr. Rick Hamelin
Rev. Mr. Gary Westenenk

Diocesan Order of Women
Mrs. Shirley Falconi
Mrs. Norma Milligan
Miss Ruth Godon



(705) 472-3970

(705) 494-8222

cathedral@bellnet.ca

procathedral.ca

facebook.com/procathedral

Our faith community dates back to 1886 when we were **originally located on Main Street West and called St. Mary's** of the Lake and the cornerstone of the existing Cathedral was laid in 1904. The history of our parish is recorded in the memories of thousands of people who built our community.

Parish Liturgies



Marriage: Please pick up a Marriage Information Booklet in the Church Vestibule to review prior to contacting the parish office.

Anointing the Sick: Please call the parish office for more information.

Reconciliation: Every Saturday from 3:00 until 3:45 PM.

Eucharist: Please see mass schedule published in this bulletin. Call the parish office to arrange for a Eucharistic Minister to visit the sick and shut-in who are unable to attend Mass.

Adoration of the Blessed Sacrament: On the First Friday of each month from 10:00 AM until 12:00 noon.

Baptism: Please pick up a Baptism Information Booklet in the Church Vestibule to review prior to contacting the parish office.

The Pro-Cathedral is **wheel chair accessible**. The entrance to the elevator is on Algonquin Avenue. Please enter the vestibule and ring the bell for an attendant. Service available at all weekend masses. Weekday masses service available 11:30 AM to 12:45 PM. A **Hearing Aid System** is available for use by the hearing impaired. Please ask an Usher or Sacristan to assist you upon entering the church.

OFFICE HOURS THIS WEEK

MONDAY	**8:30 AM to 12:00 NOON**
TUESDAY to FRIDAY	**8:30 AM TO 4:30 PM**

WEEKLY READINGS: 04 ~ 10 DECEMBER

Monday	**Isaiah 2. 1-5; Matthew 8. 5-11, 13**
Tuesday	**Isaiah 11. 1-10; Luke 10. 21-24**
Wednesday	**Isaiah 25. 6-10a; Matthew 15. 29-37**
Thursday	**Isaiah 26. 1-6; Matthew 7. 21, 24-27**
Friday	**Genesis 3. 9-15, 20; Ephesians 1. 3-6, 11-12; Luke 1. 26-38**
Saturday	**Isaiah 30. 19-21, 23-26; Matthew 9. 35-10. 1, 5a, 6-8**
Sunday	**Is. 40. 1-5, 9-11; 2 Peter 3. 8-14; Mark 1. 1-8**

PLEASE NOTE SPECIAL MASS TIME FOR LAST SUNDAY OF DECEMBER
(4th Sunday of Advent & Christmas Eve)

Dec 23	4th Sunday of Advent Mass at 4:00 PM
Dec 24	**MORNING: 4th Sunday of Advent** **9 & 11 AM Mass CANCELLED** **Mass will be celebrated at 10:00 AM ONLY** **EVENING: Nativity of the Lord** 5 PM, 8 PM & MIDNIGHT Christmas Eve Masses
Dec 25	**11 AM Christmas Day Mass will be Celebrated** Free Christmas Day Dinner held in Parish Hall for anyone who does not want to be alone at Christmas

Respect for Life Mass



Our Respect for Life Mass celebrates the sanctity and dignity of each human life from conception to natural death. This mass is celebrated December 12 on the Feast of Our Lady of Guadalupe and everyone is invited to this special mass followed by a reception.

Pro-Cathedral of the Assumption
~ 12:00 Noon Mass ~
Tuesday, 12 December



Bishop Marcel Damphousse Celebrates with Priests of the Region

Mass Followed by Reception

ADVENT PENITENTIAL SERVICES

Change my heart & help me to follow the way.

Wednesday, 13 December

Regional Penitential Service
Pro-Cathedral of the Assumption ~ 7:00 PM
Followed by Individual Confessions



Friday, 15 December

All Day Individual Confessions
St. Peter the Apostle Church
10:00 AM to 4:00 PM

Pope Francis November Prayer Intentions

The Elderly: That the elderly, sustained by families and Christian communities, may apply their wisdom and experience to spreading the faith and forming the new generations.

MASS SCHEDULE

Weekday Masses are Held at 12:05 PM

Monday, 04 December - Weekday in Advent
Richard Falconi - Lee-Ann and Rob LeBlanc
Lori Gravelle - Joe and Louise Defonzo, Nick, Alex and James Rivet

Tuesday, 05 December - Weekday in Advent
Denis Beaulieu - Mariella Karpecki
Charles Ethier - Larry and Theresa Ethier

Wednesday, 06 December - Weekday in Advent
Devotion to Our Lady of Perpetual Help
Living and Deceased Members - Catholic Women's League
Dan Tolifson - Jeannette and Randy Dominico

Thursday, 07 December - St. Ambrose, Bishop/Doctor
Dorothy Bethune - Catherine and Basil Bethune
Deceased Parents & Family Members - Ben and Theresa Boudreau
Kenneth Rainville - Terry Rainville

Friday, 08 December - Immaculate Conception of the Blessed Virgin Mary
In Honour of the Immaculate Conception - The Verrillo Family
Joe Goyette - Laurette Goyette

4:00 PM Saturday, 09 December - Second Sunday of Advent
Maria and Eugenio Gerbasi - The Family
Deceased Relatives of Jack and Monica Sullivan

Sunday, 10 December - Second Sunday of Advent
9:00 AM Murray Cangiano - Sybil Cangiano and Family
Denis Beaulieu - Nadine and Paul Condon
Georges Fournier - His Wife

11:00 AM Intention of the Parishioners - Msgr. Dave Tramontini

BEST Advent EVER

BEST ADVENT EVER will engage you in a deeper experience of the coming of Jesus at Christmas. It's not complicated – just sign up at:

dynamiccatholic.com/best-advent-ever

and you will be sent links to short, inspiring videos, a theme to focus on throughout the day, and be given ways to live out the theme in everyday life. Bonus: Prayers to prepare your heart for Jesus, videos from Matthew Kelly and inspiring quotes!



Ever thought about being a member of our funeral lunch team?

We offer a luncheon for the bereaved family and their friends following a funeral celebration. Parish volunteers offer hospitality, food preparation, serving and/or clean-up. The setting up of the tables and chairs is completed by our custodian, Robert, so there is no heavy lifting.

This service is one of the last things we can do for our parish family members. *We are desperate for men and women who can help us out in this ministry!*

Call Maudena soon at 495-2532 for more information.

MESSAGE FROM **POPE FRANCIS**



Dear Young people of Canada, my hope for you is that your meeting should be like that of the first disciples, that the beauty of a life realized in following the Lord might open wide before you. For this reason I entrust you to Mary of Nazareth, a young person like you, to whom God turned His loving gaze, that He might take you by the hand. Let yourselves be taken by Mary's, and let her guide you to the joy of saying a full and generous "Here I am !"

I bless you, I embrace you, and I greet you with affection while I ask you, please, to pray for me.

From Salt & Light TV special video message received from Pope Francis addressed to all Canadian youth during a Youth Discernment Forum held in October



Thank you!

On behalf of all women who build peace in their communities Development and Peace-Caritas Canada thanks you for your continued commitment. Together, we have the power to change things! Join a dynamic pan-Canadian movement that takes action for peace and justice—become a member of Development and Peace. Membership is free this year till the end of DECEMBER for the 50th anniversary of D&P. Without your action, there's no change, no justice! For information, please go to devp.org/membership.



Christmas Memorial Flowers & Decorations

A beautiful way to remember loved ones during this holy season is to donate memorial flowers and decorations in their memory. Your donation will help decorate the altar and sanctuary during the Christmas Season.

Pre-printed envelopes are available for your donation at the entrance to the church. Please fill out the requested information as neat as possible (printing would be best!). Include your donation and return the envelope to the office or in the weekly collection. A listing of remembrances will be printed in the Christmas Sunday Bulletin. ***Please have your names to the parish office by Tuesday, December 19.***

Remember your loved ones this Christmas and give glory to the Lord by helping to decorate for this beautiful season!

Catholic Women's League

CWL Christmas Dinner - The Christmas Dinner will be held on Wednesday, December 6th. The social and silent auction will start at 5 p.m. with dinner served at 6 p.m. Christmas Dinner tickets are $25 and can be purchased until December 3rd from Vicki Doucette and Annette Dutrisac. Dinner will be catered by Diane Esch. For more information contact Maudena Farnsworth at 495-2532.



This year the CWL Christmas Dinner Donation will go to the men and women at 416 Lakeshore Drive, through Canadian Mental Health Association, 416 Lakeshore Dr. provides permanent supportive and affordable housing for people with a serious mental illness. The program includes life-skills training, coordination of required services, and support necessary for independent living. Please consider donating the following: combs, brushes, soap, shampoo, hair conditioner, tooth brush, tooth paste, non-scented lotions, socks, gloves, mitts, hats, chocolate, gum, candy, mug face cloth, towel facial tissue, slippers, calendar, pen, pad of paper, gift cards to Tim Hortons or Dollarama. Sizes include large plus sizes for both men and women.

Aiding Your Church ~

The Message of Stewardship

Stewardship is an attitude of the mind and of the heart. When a person makes a specific commitment of their time, their talent, and their treasure to the church, it is because they see our church as their spiritual home. By making stewardship an integral part of our mission we become a living testament to our faith. **2018 Envelopes are in the Church in December for pickup.** Have you given any thought to donating this year through pre-authorized donations, VISA or Mastercard? If you are already using these methods, have you reviewed your stewardship commitment since you began?

If you currently do not make donations in any form, please consider supporting the Cathedral financially - we need your support. Thank you!

"What will you do with your life?

Diocese Vocations / Youth Ministry Director
Sault Ste. Marie Regional Vocations
Contact Fr. Pat Woods Office of Vocations/Youth Ministry
705-674-2727 ext. 250 / pwoods@diocesecentre.com

Lector's Workbooks and Schedules ready for pickup in the Sacristy.

COLLECTION: 26 NOVEMBER 2017	
Sunday Offering	**Building Fund**
$5,457.55	**$668.00**
Stained Glass Window Renovation Donation $100.00	

What's Happening in our Community?

The Promises of Fatima: Come pray the Rosary with a group of people who form a Fr. Gobbi Cenacle honouring our Blessed Virgin Mary. Wednesday mornings at 9:30 AM at St. Peter's Parish.

Open Adoration: St. Alphonsus in Callander every Friday 8:30 AM to 12:00 Noon. First Friday 8:30 AM to 8:30 AM (24Hrs).
St. Joseph's Motherhouse first Sunday of the month from 3:30-4:30 PM in Holy Family Chapel and Pro-Cathedral First Friday 10:00 AM to 12:00 Noon.

Devotion to Our Lady of Perpetual Help every Wednesday at 11:55 AM at Pro-Cathedral prior to the 12:05 PM mass.

Adoration of the Blessed Sacrament is held weekly at Holy Name of Jesus Church. Please come and visit Jesus even for a few minutes. He waits for us. Hours of Adoration: Monday and Thursday 12 noon to 5 pm; Tuesdays 12 noon to 7 PM; Wednesday and Friday: 12 noon to 6 pm. To make a weekly one-hour commitment, please call Gisele Champagne at 497-1911.

CLAY- (Catholic, Love, Attitude, Yes!): A Youth Program for JK to Grade 7, Thursday evenings 6:30-8:00 PM at St. Gregory's School Gym, back entrance. Come out and join us for games, crafts and faith teachings in a fun filled and positive environment. For more information please contact Laurie Dobbs at 724-1277 or Jessica Sheppard at 724-1835 or jessicasheppard@gmail.com.

St. Joseph-Scollard Hall (SJSH) will be hosting a student and parent information night on Tuesday, December 5 at 6:00pm. All students entering Grade 9 next September and their parents are welcome to attend the event for a student-led school tour, a chance to meeting future teachers and discover what being a bear is all about. Attendees will have the chance to learn about advanced placement options, dual credit, outdoor education, athletic programs and so much more. For details visit npsc.ca or call 705 494 8600. Staff & students look forward to welcoming you to SJSH!

Call CANA for Cards, Rosaries, Sacramental Gifts, Books & More! Email Kas or Alana at cana12cana@gmail.com or call 776-2192

Catholic Charities collects clothing for free distribution to those in need. Clothing for men, women, children and infants, shoes, or accessories. Also towels, tea towels and sheet sets. Drop off to Catholic Charities entrance off Algonquin Tuesdays 9:00 to 11:30 AM or weekdays to the Pro-Cathedral Rectory (480 McIntyre Street West.). Items should be clean and in good repair. PLEASE — Due to Space Limitation Seasonal Clothing Only!

L.I.P.I. Santa Needs Help Campaign looking for new or used toys or people to adopt a family for Christmas. If you can help call the office at 472-1337 or drop by at 127 Main Street East. Last year we were able to bring happiness to over 1,100 people.

The **L'Arche Christmas Pageant** will be held on Sunday, December 10 from 2:00 to 4:00 PM at Holy Name of Jesus Church (wheelchair accessible). All are welcome. A **Cookie Walk** will be held in conjunction with this event. Anyone wishing to donate a batch or more of homemade cookies is asked to call Nicky at 474-3018 for more details.

J.O.Y. Band presents Sweet Sounds of Christmas at Trinity United Church on Sunday, December 10 at 2:00 PM. Everyone invited – carol sing-a-long at 1:30 and refreshments afterwards. A free will offering will be taken in support of the Sons of Jacob Synagogue Restoration.



Keep Christ in Christmas!

Support our Knights of Columbus and purchase religious Christmas Cards. Call Roy at 477-4084 for more information.
Don't delay—get your cards soon before they are all gone!

Christmas Day Dinner Volunteers - Call and leave your contact information at 825-4748 and someone will get back to you.

Blue Christmas Service at Calvin Presbyterian Church on December 17 at 7:00 PM. A service of remembrance and hope for those who have experienced the loss of a loved one in the past year. All are welcome.

North Bay pregnancy Help & Resource Centre, 323 Algonquin Ave, North Bay, ON P1B 8J8. Open weekdays 10:00 AM–4:00 PM. Tel: 475-9270. Offering free pregnancy testing, optional counselling, a friendly non-judgmental ear, baby supplies, post-abortion grief counselling, and community service referrals.

North Bay Community Blood Donor Clinic Dec 5 & 6 at Best Western Lakeshore Drive. Book appointment at www.blood.ca or call 1-888-236-6283

Sisters of St. Joseph Present:

Christian Meditation: Each Tuesday at 1:30—2:30 pm in Holy Family Chapel. This contemplative prayer is a way to self-knowledge, self-acceptance & awareness of all that God can do in our lives when we allow it.
Taize Prayer: The third Thursday each month from 7:00—8:00 PM in the Holy Family Chapel. This prayer includes song, scripture, and silence, praying to be open to God's presence in our lives.
Sister Noreen Muldoon and Sister Shirley McNamara will be hosting an evening or afternoon once a month for single women who would like to share their faith. We will use the book "The Cup of Our Life" by Sister Joyce Rupp as a basis of prayer and refection. If you are interested contact Sister Shirley at 474-3800, Extension 295 or email: smcnamara@csjssm.ca

Knights of Columbus Meetings

Fr. Michael Cundari Council, 12030 at Holy Name Church: General Meeting third Tuesday of each month at 7:30 PM
Contact: Joe Sinicrope at 497-0604
Corpus Christi Knights of Columbus Council 12106 now meet second Tuesday of each month with regular and executive meetings held the same day at the Canadian Forces Base Church (Queen of Peace). Contact: Art Tiernay at 358-1368
We also collect pop cans for charity work. Please drop off your cans at Holy Name Church beside the Garage.
Knights of Columbus Council #1007 Executive Meeting at 6:30 PM and General Meeting at 7:00 PM on the first Wednesday of each month September to June at St. Peter's Church in the Parish Hall. Refreshments served. New or transferring members can contact Mike Joly at 495-1792.

Loving God,



I sense that all is your creation and everything, and all of us, are being drawn back toward your loving heart.
Help me to be a person of peace, to speak about it in an uneasy world, and to live it among the people you have put into my life every day.
Light in me a desire to prepare for your coming to stand in the darkness, waiting, eager and filled with joy.