22 January 2017

3RD SUNDAY IN ORDINARY TIME

PRO-CATHEDRAL OF THE ASSUMPTION

480 McIntyre Street West - North Bay, Ontario - P1B 2Z4

Welcome to Your Father's House!



The first reading from the book of the prophet Isaiah proclaims a message of hope and joy, saying that *the people who walked in darkness have seen a great light*. Saint Paul in the second reading urges the Corinthians to put aside rivalries, and instead be united in their faith in Christ. Today's Gospel relates how Jesus calls Peter and Andrew to put down their nets and come and follow him. Today's Gospel tells of how Jesus calls Peter, Andrew, James and John to come and follow him. All four respond immediately to Jesus' call by leaving everything behind to go and follow him. Similarly, Jesus calls us to follow him and live as his faithful disciples each day. Do we have the faith and courage to answer his call?

Our Parish Mission Statement

We, the members of the Pro-Cathedral of the Assumption community, believe that we have been called through Baptism to live the Good News of Jesus Christ under the patronage of Mary, our Mother. We accomplish this by proclaiming the Word, celebrating the Sacraments, & reaching out to others.

PASTOR **Most Rev. Marcel Damphousse , D. D.**
Bishop of Sault Ste. Marie

RECTOR
Msgr. Dave Tramontini

ASSISTANT
Rev. Rex Lumine

IN RESIDENCE

Msgr. Normand Clement Chaplain, Nipissing-Parry Sound District Schools
Rev. A. Man-Son-Hing Pastor, St. Peter the Apostle & St. Elizabeth Temagami

PERMANENT MINISTERS

Deacons	*Diocesan Order of Women*
Rev. Mr. Albert Falconi	Mrs. Shirley Falconi
Rev. Mr. Donald Shago	Mrs. Norma Milligan
Rev. Mr. Rick Hamelin	Miss Ruth Godon
Rev. Mr. Gary Westenenk	Mrs. Frances-Clare Fraboni



(705) 472-3970
(705) 494-8222
cathedral@bellnet.ca
procathedral.ca
facebook.com/procathedral

Our faith community dates back to 1886 when we were **originally located on Main Street West and called St. Mary's** of the Lake and the cornerstone of the existing Cathedral was laid in 1904. The history of our parish is recorded in the memories of thousands of people who built our community.

Parish Liturgies



Marriage: Please pick up a Marriage Information Booklet in the Church Vestibule to review prior to contacting the parish office.

Anointing the Sick: Please call the parish office for more information.

Reconciliation: Every Saturday from 3:00 until 3:45 PM.

Eucharist: Please see mass schedule published in this bulletin. Call the parish office to arrange for a Eucharistic Minister to visit the sick and shut-in who are unable to attend Mass.

Adoration of the Blessed Sacrament: On the First Friday of each month from 10:00 AM until 12:00 noon.

Baptism: Please pick up a Baptism Information Booklet in the Church Vestibule to review prior to contacting the parish office.

The Pro-Cathedral is **wheel chair accessible**. The entrance to the elevator is on Algonquin Avenue. Please enter the vestibule and ring the bell for an attendant. Service available at all weekend masses. Weekday masses service available 11:30 AM to 12:45 PM. A **Hearing Aid System** is available for use by the hearing impaired. Please ask an Usher or Sacristan to assist you upon entering the church.

OFFICE HOURS THIS WEEK

MONDAY	**8:30 AM to 12:00 NOON**
TUESDAY to FRIDAY	**8:30 AM to 4:30 PM**

WEEKLY READINGS
23—29 JANUARY 2017

Monday	Hebrews 9. 15, 24-28; Mark 3. 22-30
Tuesday	Hebrews 10. 1-10; Mark 3. 31-35
Wednesday	Acts 22. 3-16; Mark 16. 15-18
Thursday	2 Timothy 1. 1-8; Luke 10. 1-9
Friday	Hebrews 10. 32-39; Mark 4. 26-34
Saturday	Hebrews 11. 1-2, 8-19; Mark 4. 35-41
Sunday	Zephaniah 2. 3; 3. 12-13; 1 Corinthians 1. 26-31; Matthew 5. 1-12

ENVELOPE USERS

Please do not use envelopes from any other year than 2017. It affects our record keeping as someone else is using your number from previous years.

We have the following envelope numbers being used for 2017 and we do not know who you are. Please call the parish office as soon as possible to identify that you are the user of the following envelopes:

31, 178, 233, 374, 386, 415

SOCIAL SUNDAY NEWS

Our next Social Sunday will be held Sunday, February 5 after the 11:00 AM Mass. Putting on a Social is a lot of fun but it sure makes it easier with more hands to help!

Perhaps you would like to provide a special dish to supplement our usual fair? We would love if you would like to share a cultural dish. Or perhaps your parish ministry would like to host a Social Sunday? Let us know. What a great way to let others know about your ministry and maybe even get some new volunteers. Are you interested in any of the following? Call the parish office if you can help out in any way.

- ☺ Host a Social Sunday
- ☺ Help to serve
- ☺ Bake or provide snacks
- ☺ Help set up
- ☺ Offer hospitality
- ☺ Help to clean up

Michelle Chew, Social Sundays Coordinator

Dear Parishioners,

Helping Others

It is not uncommon that people who come to worship at the Pro-Cathedral are asked for money by people on the sidewalk. This has always been a generous parish, however, sometimes the generosity that is given is not always used in a helpful or healthy way. If you are approached by someone please tell them to come and see me as I will help them with food and referrals if necessary.

Msgr. Dave

Food Bank Sunday ~ Next Weekend

Our next Food Bank Sunday Collection will be held next weekend. Please be generous in helping with our collection of non-perishable food items for our neighbours in need!



Weekday Masses are Held at 12:05 PM

MASS SCHEDULE

Monday, 23 January - Weekday in Ordinary Time
Teresa Kelly - Claire Achtenberg
Michel Larmand - Don and Lorraine Cappadocia

Tuesday, 24 January - St. Francis De Sales, Bishop/Doctor
Gabrielle McHugh - Mary Lou and Paul Smith
For Special Intentions - Judy Montgomery

Wednesday, 25 January - The Conversion of St. Paul, Apostle
Devotion to Our Lady of Perpetual Help
Lillian Sullivan - Ann Sullivan
John Doyle - The Family

Thursday, 26 January - St. Timothy and St. Titus, Bishops
Rose Moher - Brenda Lecours-Bowker
Intention of Jack and Monica Sullivan - Brian Sullivan and Family

Friday, 27 January - Weekday in Ordinary Time
Bob Robertson - Art and Elizabeth Appleton
Ken Wharram Sr. - Joe and Louise Defonzo and Children

4:00 PM - Saturday, 28 January - 4th Sunday in Ordinary Time
Monica Edwards - The Hanley, Alexander and Bethune Families
Bill Balfour - Mary Ellen Balfour

Sunday, 29 January - Fourth Sunday in Ordinary Time
9:00 AM Lou Gosselin - Maria Gosselin and Family
Donna Gignac - Ed and Mary Foley

11:00 AM Intention of the Parishioners - Msgr. Dave Tramontini

Congratulations to
Vince and Helen Zappala
who celebrate their
50th Wedding Anniversary this week!
May God, who has given you these years together, of his infinite goodness and mercy continue to bless you and your union.
With all our love on this special day,
may God bless you both!
Love, your family and friends

Loving God, give us the courage to speak His name to those who are close to us and the generosity to share His love with those who most need it. Help us be missionaries in His name. We ask this through Christ our Lord. Amen

Collection: 15 January 2017

Sunday Offering	Building Fund
$6,294.80	$1,050.00

Have you signed up for Discovering Christ Yet?

JOIN THE KNIGHTS OF COLUMBUS THIS YEAR

In 1882, Father Michael J. McGivney gathered a small group of parishioners in St. Mary's Church in New Haven, Conn. His purpose was to establish a group of men, united in their faith and to provide for Catholic families in times of need. This was the beginning of the Knights of Columbus.

Guided by the principles of charity, unity, and fraternity members of the Knights of Columbus work to overcome the hardships that people face in their parishes and communities. We are a growing organization - more than 1.9 million members - and for over 130 years have committed to overcome the challenges of the need for food, shelter, warm clothing and financial security, as well as provide aid for widows and orphans in our local communities.

Joining your local council #1007 of the Knights of Columbus can change your life. As a Knight, you have the opportunity to strengthen your parish, give back to your community, and grow in your faith.

New or transferring members can contact Mike Joly at 495-1792

Knights of Columbus Council #1007 Executive Meeting at 6:30 PM and General Meeting at 7:00 PM on the first Wednesday of each month September to June at St. Peter's Church in the Parish Hall. Refreshments served.

Interested in Learning More About the Catholic Church?

The process by which adults come into the Church is known as "the RCIA", which is short for "The Rite of Christian Initiation of Adults."

Who is the process for?

1. The unbaptized. The primary focus of the Rite of Christian Initiation of Adults is on those who are not already Christian and have not been catechized.
2. Baptized but uncatechized. Those who have been baptized either as Roman Catholics or as members of another Christian community but did not receive further catechetical formation or instruction. These typically have also not celebrated Confirmation nor Eucharist.
3. Those seeking full Catholic Communion. These are baptized, practicing Christians from other denominations who seek entry into the Catholic Church.

Call our parish office at 472-3970 for more information.

PRAYER LINE

Do you have prayer requests you would like others to pray for? These requests may be anonymous or in detail. If so, please call Sister Shirley McNamara at 474-3800, Ext. 295 or Lorraine Atchison at 474-0613 and they will gladly pass them on to others who are waiting to receive your requests. If you wish to join a prayer line to pray for intentions, call the above contacts as well.

PRO-CATHEDRAL CATHOLIC WOMEN'S LEAGUE

The new executive will be installed next weekend, January 22 at the 11:00 AM Mass.

President - Maudena Farnsworth
President Elect / Membership & Organization - Shirlene Condie
First Vice-President / Spiritual Development - Sr. Shannon Hickey
Treasurer - Vicki Doucette
Recording Secretary - Mary-Lynn Truchon
Corresponding Secretary - Louise Defonzo
Past President - Diane Carmichael
Communications - Leah Pierce
Christian Family Life - Barb Foubert
Education and Health – Gerri Reid & Evelyn Ridell-Gruber
Community Life - Elizabeth Delarosbel
Resolutions and Legislation - Dawn-Marie Duffy
Parish Activities - Annette Dutrisac

Attention all women: Are you nervous about speaking in public? Do your knees knock? Come out and learn effective public speaking techniques in a safe, supportive and fun environment on Saturday, February 18 at 9:00 am in the McColgan Room at St. Joseph's Motherhouse (handicap accessible). Please bring a **brown bag lunch**. Coffee and tea will be available throughout the day. This interactive workshop is sponsored by The Catholic Women's League. **All women are welcome**. If possible, please register by calling Anna at 472-0354.

Like us at facebook.com/procathedral
See our new page, watch for coming events—ask your friends to like us too!

If you or someone you know is unable to physically be with our community, please call the parish office for additional information on bringing the Blessed Sacrament to them.



We would love to be of assistance!

Pope Francis' January Prayer Intention for CHRISTIAN UNITY

That all Christians may be faithful to the Lord's teaching by striving with prayer and fraternal charity to restore ecclesial communion and by collaborating to meet the challenges facing humanity.

Week of Prayer for Christian Unity



This year, we rejoice in the opportunity to pray with the Christians of Germany who have chosen the theme ***"Reconciliation – The Love of Christ Compels Us,"*** inspired by 2 Corinthians 5:14-20. They invite Christians around the world to celebrate God's reconciling grace, recognize the pain of the deep divisions which afflict the Church, and urge us to become ambassadors of Christ's message of reconciliation. ***Our Regional Ecumenical Service will take place on Sunday, January 22 at 2:00 PM at St. Peter the Apostle Church.*** Everyone is invited to attend.

Knights of Columbus Meetings

Knights of Columbus Council #1007 Executive Meeting at 6:30 PM and General Meeting at 7:00 PM on the first Wednesday of each month September to June at St. Peter's Church in the Parish Hall. Refreshments served. New or transferring members can contact Mike Joly at 495-1792.

Isn't this the year to join?

The Tweetable Pope: "May we make God's merciful love ever more evident in our world through dialogue, mutual acceptance and fraternal cooperation."

CANA Come to us for all your religious supplies for cards, rosaries, sacramental gifts, religious medals, statues, books & more! Call 776-2192 or email: cana12cana@gmail.com for assistance.



Blessed white candles are available ½ hour before and ½ hour after all masses on the weekend and weekdays. You may enter the Sacristy and ask our Sacristan for your vigil candle. It will be lit and at that time you may place your candle on the stand. An offering of $5 per candle is suggested to help defray costs.

REGIONAL NEWS

POSITION AVAILABLE - Christ the King Parish is seeking to fill the Secretary position for 35 hours per week, Monday to Friday, 8:30 am – 3:30 pm. This job includes meeting with parishioners and requires good office, bookkeeping and computer skills. A working knowledge of Simply Accounting would be an asset. Resumes and references are now being accepted by fax at 705-674-2921 or email: christtheking@diocesessm.org. Deadline for submissions is January 25, 2017.

A pancake and sausage breakfast hosted by North Bay Right to Life will take place on Sunday, January 29 after the 9 & 11 am Masses at St. Peter's Church. Held in conjunction with their Annual Membership Drive. Everyone is welcome! It is an easy way to show support for pro-life efforts to inform and protect all stages of human life from conception until natural death. Children under 3 years of age-free, children aged 3 to 10 years-$3.50 each (or 3 for $10.00)–Everyone else $6.00 per person.

Costa Rica Mission Trip 2017 - Duke of Edinburgh 5th Annual Spaghetti Supper on Sunday, February 12 at St. Peter's Church. Cost: $12/Adult; $5/children under 10. Take-out available. For tickets call Frank 474-3809 or Marcelle 475-1851

Prayers for the New Evangelization in our Region: If you feel called to pray for the New Evangelization in our Region, Join us every Tuesday at Holy Name Church from 10:45 AM to 11:45 AM. In front of the Blessed Sacrament, we will pray for the Holy Spirit to help us to be Evangelizers. For information contact Fran 476-4146 or Holy Name 495-1501

Adoration of the Blessed Sacrament is held weekly at Holy Name of Jesus Church. Please come and visit Jesus even for a few minutes. He waits for us. Hours of Adoration: Monday and Thursday 12 noon to 5 pm; Tuesdays 12 noon to 9 PM; Wednesday and Friday: 12 noon to 6 pm. To make a weekly one-hour commitment, please call Lena Butler 497-3434.

Open Adoration: St. Alphonsus in Callander every Friday 8:30 AM to 12:00 Noon. First Friday 8:30 AM to 8:30 AM (24Hrs). **St. Joseph's Motherhouse** first Sunday of the month from 3:30-4:30 PM in Holy Family Chapel and Pro-Cathedral First Friday 10:00 AM to 12:00 Noon.

Devotion to Our Lady of Perpetual Help every Wednesday at 11:55 AM at Pro-Cathedral prior to the 12:05 PM mass.

Marriage Preparation Weekends: Call Regional Catholic Services at 472-5821 to reserve your place. Material cost is $40.00 per couple payable at time of registration. **Spring 2017 Sessions:** 24-25 February, 21-22 April. Register early!

Lenten Retreat at Villa Loyola ARE YOU KIDDING? – Remembering and reclaiming the gifts of the child. Friday March 10 (7 pm) to Sunday March 12 (1 pm) with Director: Fr. Philip Chircop, S.J. Jesus said "I'm telling you, once and for all, that unless you return to square one and start over like children, you're not even going to get a look at the Kingdom." In this retreat we will explore some habits of the heart intended to educate us into becoming childlike once again. Cost: $230.00, all inclusive (a non-refundable $30 deposit is required with registration) For more information and registration 705-522-3502 ext. 0 or loyola@isys.ca

THE EDGE Catholic Youth Group: Calling Grades 5, 6, 7 and 8's!! Join us Mondays at 6:45 PM in the hall of St. Joseph's Church, Clark St., Powassan. THE EDGE uses live music, drama, small group discussions, guest speakers, games, Scripture, crafts and other cool stuff to explore issues about our Faith, solid values, youth concerns and happy living!! No need to pre-register. Call Pauline 724-5964 for information or transportation.

CLAY- (Catholic Love Attitude Yes!) A Youth Program for JK to Grade 5, Thursday evenings 6:30-8:00pm at St. Gregory's School Gym, Powassan, back entrance. Come out and join us for games, crafts and faith teachings in a fun filled and positive environment. For more information please contact Laurie Dobbs at 724-1277 or Jessica Sheppard at 724-1835 or jessicashepp-pard@gmail.com.

Sisters of St. Joseph (Motherhouse) Presents:
Christian Meditation: Each Wednesday 1:30—2:30 PM January to April 12 Holy Family Chapel. "This is an invitation to journey deeply into your own heart, into your own being. Only with such depth of experience and vision can we live in real harmony with what is." .....John Main.
Year of Mercy Film Series 2nd Friday each month 6:00—9:00 PM Bishop Carter Room
Taize Prayer: Third Thursday of month (Sept.—June) 7:00—8:00 PM Holy Family Chapel. Taize prayer includes song, scripture, and silence. Silence is to meditate and pray for openness to God's presence in our lives - join us to pray for peace in the world.

Birthright: Pregnant? Need Help? Call 1-800-550-4900 or visit: www.birthright.org Email: info@birthright.org "We're in this for life!" A free confidential service as an alternative to abortion.